

2019-2020  
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# Sketch Book

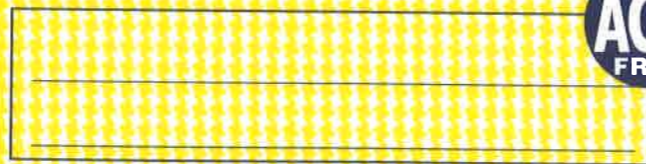
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# Soraya's keen for ninja finals

## RECREATION

A FASCINATION for the Nine Network television program *Australian Ninja Warrior* has inspired Bathurst's Soraya Kean to pick up the activity as her key sport.

Soraya, 12, is now set to represent Bathurst at the Australian Ninja Games Finals in Adelaide on Sunday, October 6 after successfully qualifying at a Sydney challenge event in July.

With a background in gymnastics and CrossFit, Soraya said she's looking forward to competing against some of the finest ninja warriors in the country.

"I'm eager to take on a range of obstacles I've never attempted before," she said.

"The Sydney event was my first ninja warrior competition, so I'm looking forward to developing my skills further."

Soraya is expected to compete alongside a projected 150 competitors at the Adelaide finals.

The Sydney event, held at the Ninja Kids gym in Brookvale, brought Soraya in contact with Betsy Burnett, who is better known as the 'Disco Ninja' in *Australian Ninja Warrior*.

Jason Kean, Soraya's fa-

ther, said her background in fitness has allowed for a smooth transition into the sport.

"Soraya hasn't needed any encouragement, as she's the one coaxing us to attend every event," Mr Kean said.

"She's already built up strength and agility from CrossFit and gymnastics, which has helped her transition with ease."

Soraya also participates in parkour classes at Bathurst PCYC, and is set to attend a workshop with *Ninja Warrior* or contestant Olivia Vivian in Orange next weekend.

- SAM BOLT



**BALANCING ACT:** Kelso High Campus Year 7 student Soraya Kean is set to represent Bathurst at the Australian Ninja Games in Adelaide next month. **Photo: SAM BOLT**



**AN UNSAVOURY SIGHT:** Vandals have targeted the Kelso High Campus bus interchange in the region's latest graffiti attack. **Photos: SAM BOLT**

## Kelso bus bay tagged by vandals

### GRAFFITI

MERE months after the rejuvenated site was unveiled, the Kelso High Campus bus shelter has become the latest target for vandals.

Vandals spray-painted graffiti over various parts of the shelter, including windows, covered walkway sup-

ports and the brickwork.

The graffiti attack comes four and a half months after the bus shelter was officially unveiled in May alongside a covered walkway connecting the shelter to the school's administration block.

The state government committed \$120,000 towards

the bus shelter, and member for Bathurst Paul Toole expressed disappointment towards the act of vandalism.

"This shelter provides protection from the sun and keeps commuters dry when it rains and an act like this is just disgusting," Mr Toole said.

Bathurst mayor Graeme Hanger also condemned the graffiti attack, but commended the irregularity of such acts in the region.

"It is disappointing that this vandalism has occurred, however we are fortunate that we have very few incidents like this in our city," Mr

Hanger said.

"Most of the community respects the facilities we have and this was a senseless act of vandalism."

"Incidents of graffiti and other acts of vandalism can be reported to Bathurst Regional Council by calling 6333 6111."

*Western Advocate Wednesday 18th September*

# Saints can prove they reign supreme at tag



**ANOTHER TROPHY?:** St Pat's want to add a Premiers Challenge crown to their Group 10 premiership by beating Dubbo CYMS on Sunday.

## LEAGUE TAG

BY ANYA WHITELAW

THEY are the undisputed league tag heavyweights of Group 10, but come Sunday afternoon St Pat's want to prove they are the best in Western Division as well.

That is when the Saints will meet Dubbo CYMS at Wellington in the Premiers Challenge.

The Mick Armstrong coached Saints won the inaugural edition of the challenge last season - one which pits the winner of the Group 10 competition against the Group 11 premiers - when downing Parkes at Carrington Park.

The Saints have also won

three consecutive Group 10 premierships and the last four pre-season Western Challenge crowns.

But just as the Saints finished as the undefeated Group 10 premiers in 2019 after beating Orange Hawks 10-4 last Sunday, Dubbo CYMS' 24-4 win over Forbes in the Group 11 decider meant they matched that effort.

"It wasn't something that really got mentioned last week, but obviously it was in the back of their minds that if they did get up, they would get a chance to play a CYMS team which has been undefeated as well," Armstrong said.

"It will be interesting to see

how they perform. Last year Parkes had a few girls out which made it a lot easier for us to focus and put in a good performance in that game, but I'm not 100 percent sure how they'll go to be honest.

"I'm hoping that they'll be able to focus and put in a good performance ... I think they'll be fine, they're experienced enough to understand that they've got to play well again.

"It would be disappointing not to win this game after you've won your grand final, but I'm sure they'll feel they would be worthy winners of this event as well. It means we've got to be on our game."

From the side which beat Hawks in the grand final, the Saints will be missing outside backs Candice Boggs, Taneisha Pringle and Elise Woods.

Dubbo CYMS will also be missing some of its premiership line-up with captain Nic Grose and Group 11 player of the year Alahna Ryan amongst those will not play on Sunday.

But there is still plenty of quality in both squads which will contest the Premiers Challenge and Armstrong is not under-estimating the threat CYMS pose.

It was CYMS who battled it out with the Saints in the pre-season Western Challenge final, the blue and whites winning that 12-0.

"I don't know a lot about them, but they are obviously a pretty good team because they won their grand final 24-4, which is a good sized victory in a grand final and shows they are a quality team and have plenty of points in them," Armstrong said.

"We just have to make sure we don't give them too many opportunities and don't let them get across the line. It's pretty much the same as any footy game, if you can limit their opportunities and make them work out of their end then it's pretty hard for them to put points on.

"If we can do that and take our opportunities, then hopefully it will be enough."

Kick-off is at noon.

# St Pat's out to clip the Magpies' feathers

## RUGBY LEAGUE

FRESH from a solid 20-8 win over city rivals Panthers in the grand final on Sunday, the St Pat's under 18s side now turns its attention to the Premiers Challenge on Sunday, as they take on the best of Group 11.

St Pat's will tackle the Forbes Magpies, who won its Group 11 under 18s grand final with a narrow 26-24 win over Dubbo CYMS earlier this month.

And Forbes are a familiar opponent for St Pat's, having played the Magpies at the start of 2019 in the Brendon

'Stubby' Collis Memorial match.

St Pat's lost that pre-season match and coach Kevin Grimshaw is expecting another tough match at Wellington on Sunday.

"They're a pretty good side, with some really good forwards," he said.

"There's a few of their players that are moving to Sydney next year and I think they've got a couple of Country players in their side."

A strong portion of the St Pat's side actually have experience in the Premiers Challenge competition, with



**GAME ON:** St Pat's under 18s will be looking to follow up its Group 10 win with victory in the Premiers Challenge.

the likes of Blake Martin, Colley all starring in St Pat's Ash Cosgrove, Noah Cooney, 38-18 win over Red Bend in Josh Hanrahan and Tyler 2018.

Grimshaw said Sunday's match, while just a one-off game, is still an important fixture for his side.

"We're going in determined to do our best," he said.

"It's not just a fun game for us, it's a pretty prestigious event I think, to be crowned the area's top side."

Grimshaw has named the same team that got the job done against the Bathurst Panthers in the grand final last Sunday, however, his line-up may change through injury and unavailability before kick-off.

Kick-off is from Kennard Park in Wellington at 1.10pm. The match will featured just 30 minute halves.

**ST PAT'S:** 1 Tyler Colley, 2 Noah Cooney, 3 Josh Bellanti, 4 Ash Cosgrove, 5 Jayden Jenkins, 6 Jayden Fisher, 7 Zach Fosket, 8 Tom Rodham, 9 Jack O'Neil, 10 Cooper Actroyd, 11 Josh Hanrahan, 12 Ben Mackey, 13 Nic Barlow, Bench: 14 Michael Clark, 15 Jacob Ciccioppo, 16 Max Booth-Martinez, 17 Zane Watson, 18 Ike Bellamy, 19 Jacob Goodwin, 20 Evan Booth, 21 Jackson Vallis, 22 Pat Halsey, 23 Blake Martin.

- BRADLEY JURD

## A call for action on climate

With a colourful array of signs in tow, more than 200 members of the Bathurst community came together yesterday to campaign for increased action on climate change. A mixture of students, teachers, workers and community members marched from the Bathurst Court House to Ma-chattie Park to show their support for the divisive issue.

| Full story, page 6



SIGN OF THE TIMES: A section of the 200-plus crowd who attended yesterday's Global Climate Strike event in the Bathurst CBD. Photo: SAM BOLT

*Western Advocate Saturday  
21st September*



CHAMPIONS: Kelso posted a 5-2 win over Souths in Saturday's Bathurst Women's Hockey Association first grade grand final. Photo: PHIL BLATCH

# Bosianek double helps Kelso to another title

## HOCKEY

BY ANYA WHITELAW

A GRAND final double from captain Bec Bosianek helped Kelso to its third Bathurst Women's Hockey Association first grade title in four years, the green and whites downing Souths 5-2 on Saturday at Bob Roach Field.

While Souths clinched minor premiership and was the first side to qualify for the grand final, this year's squad could not replicate the efforts of the 2011, 2012 and 2015 units which denied Kelso in the premiership decider.

For Bosianek, who re-

turned to hockey this season after sitting out 2018 following knee surgery, the win was sweet.

"Every single time we win it is special, the last time I played in 2017 we won Premier League and we won first grade. My first season back again, to back that up, it's pretty special," she said.

"We finished third overall on the ladder, but we just pulled it together for three games in a row.

"It was just who wanted it more and we fought for every ball. That 50-50 ball, we were there, we got it and we took the opportunities we had."

While Bosianek's goals - both off penalty corner plays - were vital in seeing Kelso deny Souths, the skipper said Saturday's success was due to strong performances from all of her team-mates.

"Yeah I got the double, it just clicked together for me today, so I was pretty lucky really," she said.

"They just stuck it to us, but we kept on them. I really don't think there was one stand out player in our side, I think we all did our jobs, we all clicked, we all worked really well together."

It was Rani Johnson who put Kelso ahead in the third

minute when she tucked the ball in on the left post, but four minutes later Souths was back on level terms.

From the first penalty corner play of the match Souths had two shots blocked by Kelso goalkeeper Kylie Tattersall, but attempt three from Emma Siejka found the mark.

The frenetic start continued as Bosianek put Kelso back in front in the eighth minute and while Souths earned three consecutive penalty corners at the 10 minute mark, a fine Maddy Tattersall stick save kept her side in the lead.

Lisa Quinn made it 3-1 to Kelso 15 minutes out from the break, but when Ali Stanford struck for Souths two minutes after the resumption, it lifted the two blues.

Then when Quinn was yellow carded for a bad tackle on Sophie McCauley it gave Souths a one-player advantage, but they could not capitalise.

Instead Bosianek got a second from a penalty corner - her effort deflecting off the stick of a Souths defender and flying into the top of the goal - before a Jess Gardner effort sealed the deal with a tick over eight minutes left.

*Western Advocate Tuesday 24th September*

# BATHURST EDGELL JOG

After a week where the weather went through all four seasons, the clouds cleared and the sun was out for the annual Bathurst Edgell Jog.

There were over 650 competitors from local running groups and country areas that pounded the pavement for a chance to win this annual event.

The course closes a number of streets in the area, with a number of challenging areas such as the infamous Heartbreak Hill.

The event sees a huge variety of entrants from elite athletes through to families

walking the course.

One group of Bathurst residents that participated have a combined total of over 200 years in competing at the Edgell Jog between the eight members. This group have been jogging or walking now for over 40 years and are regularly seen walking early each morning.

Words by Rich Evans.

Photos supplied by Alan Sadleir

Above: Competitor Loviista Majuri from Tampere Finland. A visiting student attending Kelso High School. Also pictured host Erik Moll from Bathurst Daybreak Rotary.

Bathurst City Life 29 September - 1 October

## Group 10 team of the year voting is near



VOTING'S ALMOST OPEN: Bathurst Panthers' Blake Lawson is certain to be among the voting for centre in the upcoming Group 10 people's choice team of the year. Photo: ALEXANDER GRANT

Western Advocate Friday 4th October

### RUGBY LEAGUE

MORE than 5,000 votes rolled in for the Central West Rugby Union equivalent and now, with Bathurst Panthers' second straight premiership in the bank, it's time to have your say on who makes The People's Choice Group 10 Team of The Year.

Our resident experts will put together their short-list of nominees for each position, before opening voting up to the public to have the final say.

Of course voting isn't restricted to the players our experts nominate either, the public will be able to enter their own nominations as well and should they receive enough votes they will be included in the final team.

For the multiple-player positions - prop, second row, centre and wing - our experts will nominate eight players and the public will vote on two each, with the two highest-polling players

to be named.

For the single-player positions - hooker, lock, halfback, five-eighth and fullback - there will be five nominations, with the highest-polling player to make the final cut.

Voting for coach of the year will also be included, so with a number of player-coaches in Group 10 don't be surprised to see some double ups.

"We want to hear what the fans and players around the competition think, because as anyone knows it's accolades you receive from those people that really matter rather than just our opinions," Central Western Daily's Matt Findlay said.

"There's been some incredible individual players in 2019 and we really hope this helps highlight their efforts. It'll be interesting to see who eventually makes the cut."

The voting will kick-off on Monday.

## Denison features at nationals

### VOLLEYBALL

A GROUP of nine Denison College volleyballers have returned from the nation's capital after competing in the Australian Junior Volleyball Championships earlier this month.

The tournament, which ran from September 29 to October 5, crowned the national champions for girls and boys across four ages - under 14s, under 15s, under 17s and under 19s.

Macson Alexander was one of the Denison students that competed in the tournament, as he featured for NSW in the oldest age group - boys

under 19s.

"My team through the week performed really well but towards the end of the week other teams started playing better so we were slowly being knocked out of medal contention," he explained.

"In our third last game we needed to win convincingly to make a medal appearance and we did. And the next day we played South Australia to get into the gold medal match and we did that."

It was a tough match against South Australia, with NSW down two sets to one, but recovered to win the last

two sets 25-16 and 15-7 to progress to the gold medal match against Queensland Maroon.

Unfortunately NSW were able to defeat their northern rivals, going down in three sets 15-25, 18-25, 21-25.

"The quality from the other teams was very good they were very skilful and performed very well together," Alexander said.

**DENISON COLLEGE VOLLEYBALL PLAYERS:** Hamish Alexander, Macson Alexander, Teagan Bush, Harriet Fitzsimmons, Lily Grimmond, Kurt Hernandez, Tyler Pears, Zara Shearer, Maddy Vallis. **COACH:** Hayden James



HARD WORK: The Denison College players that competed in the Australian Junior Volleyball Championships earlier this month. Photo: SUPPLIED

Western Advocate Wednesday 16th October

# Sloan's passion rules

Decades of service leads to an award

## AUSTRALIAN RULES

BY ANYA WHITELAW

**F**ORTY-ONE years ago when Mick Sloan got his first taste of Australian Rules as a West Canberra Magpies junior, he had no idea the sport would become one of his real life passions.

It is a passion that this year led to him being presented with a prestigious merit award for Outstanding Service To Australian Football by the AFL.

To be eligible a nominee must have contributed significantly to the sport in a number of roles for more than a decade and even then, each state and territory has just two winners each season.

Sloan was shocked when presented with his award during the AFL Central West's annual presentation night.

"It's really special. There's two awards presented in the state every year, so to win one of those knowing the amount of work that goes on in clubs and associations across the state is really humbling," he said.

"I'm really honoured to win it, you don't expect that sort of recognition, it's really nice but the work that I've done is just because I love the game. It's something I've always loved since I was a seven-year-old playing in Canberra."

While growing up in a family who's sporting



**SPECIAL MOMENT:** Mick Sloan has enjoyed plenty of coaching highlights, including being an assistant mentor to this year's AFL Central West title winning women's side. **Photo: PHIL BLATCH**

passion was hockey, when a friend of Sloan's father decided to form a junior rules team he signed up. He became a West Canberra Magpie in 1978.

From there Sloan's involvement in the sport has seen him been a player, a coach, a premierships winner, a club official, an umpire and a life member.

It was in 1993 when Sloan moved to Bathurst, joining AFL Central West outfit the Bathurst Eagles. He spent one season in the ruck and had time in the forward line, but in the main played at centre half back.

He enjoyed a remarkable run of success as both a player, a coach and a playing coach. He was a five-time premierships winner, but nominated season 1997 as the pick.

"It's great to coach and help out, but there's nothing like playing the game. We just had some really good,

capable, talented footballers but most of all, it was a such a great club," he said.

"We were all a pretty young group, most of us were in our 20s, and the club was really tight. We played for each other, supported each other and had a lot of success, so yeah, they were really fun times.

"The '97 grand final, we won by under a kick over at Orange. That was an amazing game, we weren't expected to win that game, it came right down to the wire, it was really wet and cold.

"One of the Orange guys had a shot from about 30 out that would have won the game, but it didn't come through, so we ended up holding on for a really memorable victory.

"In 97 I won the best and fairest, was granted life membership and also we won the premierships, so that was a really special year."

Sloan also served as

president of the Eagles before the club merged with CSU to become the Bathurst Bushrangers.

For the Bushrangers Sloan was a junior coach and Auskick co-ordinator, while he has also served as the president and committee member of the AFLCW.

He has guided the Northern Heat representative development squad, while currently in terms of AFLCW clubs Sloan is involved with the Bathurst Giants.

This year as an assistant coach of the Bathurst Giants women, Sloan was involved with his first premierships success since the 1997 win with the Eagles.

His involvement with females also extends to a school level, his accomplishments including guiding this season's Denison College team to second place in the Western Sydney regional final of the Giants Cup.

"Working with boys is

fantastic as well, but the girls ... because most of the girls don't have that long term knowledge of the game, they are really keen to learn and improve and develop," Sloan said.

"That's really rewarding for a coach when they are so receptive. The game of AFL is a really good game for competitive people - male or female - and that's what we are seeing with the Giants and Denison.

"We are seeing girls who have that will to win, they put all the plans into practice, so that has been a lot of fun ... it has been really fun to see how the game is growing, especially in the female space."

Continuing to build the ranks of female participants is something Sloan sees as important to the growth and future of the AFLCW.

But he feels the most critical factor is fostering junior talents - players like

those in the under 14 Giants team he guided this year.

"In 1993 when I first came to the area, we had no juniors back then, there was no structured junior competition and a women's competition was not even thought of as a possibility," he said.

"There were two grades and the standard actually was good pretty good. There were some very handy players in the competition, but a lot of players were people who had moved here from outside the area.

"Now what we are seeing is the sustainability, Bushrangers and Giants have both done a lot of work in developing their juniors, their local players and developing their women's teams.

"Cobra were fantastic 10 years ago, through that period of time they had a lot of their local talent who they were able to develop and bring through. Orange have done a lot of work with juniors as well.

"That model of investing in your juniors, working really hard - particularly like we've seen from Orange, the Giants and the Bushrangers - developing juniors, that is the future of the game. The standard of juniors is improving and there are some really good kids that are coming out of this area."

Another area Sloan feels needs work is umpire recruitment. Amongst his impressive resume is three seasons spent as a whistle blower.

"It is something the league really needs to address if they want to continue the game to grow," he said.

"They need to attract people with the ability to umpire because the umpire controls the game and a good umpire will make a huge difference."



**CREATIVE:** Kelso High Campus students will perform at a special night at the school this Tuesday.

## Students taking centre stage

### EVENTS

DANCE, drama, circus and music talents will be on show at the Creative and Performing Arts (CAPA) Night at the Kelso High Campus this Tuesday.

"Any students are able to perform on the evening, however, there is a special focus on work done in class and in peripatetic groups," music teacher Oriana

Zanon said.

She said one of the highlights on the evening will be a chair drumming segment.

"This comes from an interactive program which allows students to learn a basic drum beat and then play along to a range of songs to embed their learning," she said.

"Not only will you hear familiar songs being played by

students, but also arrangements of songs, which have been given a twist.

"Circus students will perform hula hoop and floor work, while the dancers will thrill you with their repertoire of contemporary dance movements."

CAPA Night will be held this Tuesday, October 22 from 6pm in the gymnasium (entry by gold coin donation).

*Western Advocate Saturday  
19th October*

*Western Advocate Tuesday 8th October*



**SUCCESS:** Graduates of Bathurst's Fit for Work program following the completion of their course in June.

lice we have on hand and the girls can talk to them about anything that's happening and it's a nice, relaxed, informal atmosphere."

Mr Hummerston said the best thing about the program is the girls get the chance to do something they normally wouldn't do.

Likewise with the club's Fit for Work. Mr Hummerston said participants get the chance to complete first-aid certificates, white cards and other qualifications they may otherwise not achieve.

"They can also do their Certificate 1 in Retail, and they learn other skills like problem solving which they can then take into the workforce," he said.

Mr Hummerston said the Orange PCYC ran its Fit For Work in term one, and is running a second class in term four.

He said one of the best things to come out of the class was the relationship the participants had maintained with the club, even though they had completed

the program.

"They'll pop in and say hi, or if they need some help with something, we're here to give them assistance," he said.

**THE TEMPTATION'S BEEN TAKEN AWAY**

DUBBO PCYC manager Mark Nuttall said the club runs three programs: a Friday night diversionary program; the Fit for Life breakfast club; and Fit for Work, a program that aims to engage young people in

their education and get them work ready.

He said the Friday night program was run closely with Orana Police District, with the aim of keeping kids off the street.

Every Friday night, more than 80 kids attend the program.

"They come in here and play TV games, we feed them, and at the end of the night we bus them home," he said.

He said the program has had a dramatic effect on reducing youth crime.

"When they're here,

the trouble or temptation isn't there."

Asked if the kids enjoy it, he said "they keep coming back".

He said the kids like the fact it's safe and secure and "they develop great mate-ships here".

He said one of the major advantages of the program was kids were engaged and weren't out roaming the streets or finding ways to get themselves into any trouble.

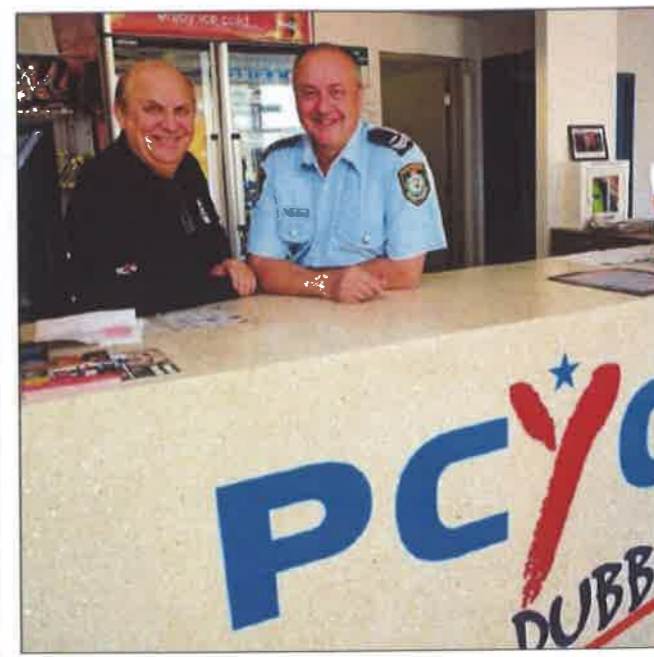
"But it's more than that, it's about strengthening the relationships between kids and the police," Mr Nuttall said.

He said the club's Fit for Work program had run twice this year and the club itself had employed four of the graduates.

"We've got one of the boys working in the gym and hired three others to work up until Christmas," he said.

"It's great. They come on Friday nights and help us mentor the other kids and they can see, they've done the program, and here they are with a job."

Similarly, of the club's first Fit for Work program, six of the graduates secured jobs in the community.



**CHANGING MINDSETS:** Dubbo PCYC manager Mark Nuttall and Senior Constable Craig Skene.



**TEAMWORK:** Senior Constable Helen Baker conducts a Fit For Work lesson at Orange. Photo: JUDE KEOGH

Mr Nuttall said the club's Fit for Life breakfast program was also helping keep kids engaged.

"It gets them into the routine of going to school," he said.

"We pick them up, get them doing some physical activity, give them some breakfast and get them to school."

He said the program has an early start, but the kids are still keen and show up week after week.

"While it's not as bad as Bathurst, winters here are still not pleasant, but they

still get up at six in the morning to be part of the program, which I think says it all - they want to be part of it," he said.

He said at the end of the day, the relationships between the young people and the police are improving as a result of these programs, which is the key to long-term change.

"In the future, five, six, seven years down the track, what was once a disconnect has been alleviated and what a chance that is for us," he said.

"It's a generational shift in the mindset."

**SO WHAT ARE THE RISEUP PROGRAMS?**

**Fit for Life:** Intervention program for young people aged 10-17 facing challenges at home, at school or in the community. The program includes a morning fitness session, breakfast and transport to school.

**Fit for Work:** A holistic program designed to address a young person's disengagement from family, education and community and get them into employment. It's a 10-week program for 15 to 17-year-olds looking at life skills, employment certificates and work experience.

**Fit for Change:** Aims to prevent re-offending in young people aged 12 to 17. Run over nine weeks, the program addresses specific crime issues identified within each police area command. It incorporates a PCYC Job Ready skills course.

**Fit to Learn:** An eight-week program designed to re-engage young people aged four to 17 with the education system.

**Fit Together:** Aims to instil confidence and self-esteem in young Indigenous people, reduce a risk of re-offending and establish positive relationships with police.

**Fit to Strive:** Crime prevention program for young people eight to 13. Focuses on decision making, values, problem solving and resilience. The program targets young people with multiple risk factors.

**Fit for Home:** Aims to break the cycle of domestic and family violence. For young people aged 12 to 17, the program has separate victim and offender streams, which run over a 10-week period.

**Fit for Service:** Helps young people with an interest in pursuing a career in policing, defence or the emergency services. Mentors help participants as well as provide a pathway into the industries.

# Rise and rise of a program that's for life

## Building youth connections

JACINTA CARROLL

ENGAGED youth across the region are adopting a new outlook on learning and looking at brighter futures thanks to a program targeting teenagers at risk.

RISEUP, a program initiated by NSW Police Commissioner Mick Fuller, was launched just on 12 months ago but is already having an impact at a regional level.

RISEUP incorporates job-ready programs, mentoring and vocational training for at-risk teenagers, aiming to have young people re-engage with school and the community and, in some cases, divert them from the risk of criminal activity.

Commissioner Fuller is the first police commissioner in 80 years to list youth as their top priority - and a year on, those on the ground say the program is already kicking goals.

Chief Inspector Glenn Cogdell, who holds the youth and crime prevention portfolio for the Chifley District, said the program is all about giving young people the connections they need.

"The PCYC offers programs which are not only engaging young people in their education, but giving them workplace training and life skills," he said.

He said RISEUP is all about connecting young people facing challenges at home,

employment opportunities".

While the program is in its infancy, Chief Inspector Cogdell said they are already seeing strong evidence of success, and the feedback from students is good.

"This an excellent program, providing high school students with a step up in obtaining meaningful employment opportunities," he said.

It was a sentiment shared by Central West Police District's acting Inspector Vincent Robinson, who said having students work closely with the police gives them an opportunity to build positive relationships with them in the community.

"It's really about breaking down barriers," he said.

Denison College of Secondary Education Bathurst Campus principal Ken Barwick is another to sing the praises of the program.

He's just had 11 students from his school complete the Fit to Learn program and said the response has been nothing short of amazing.

"This is the feedback I was getting every Tuesday afternoon: one of the kids would walk into my office [after attending the PCYC] and thank me for giving them the opportunity to attend that week," he said.

"I'd ask them what they were getting out of it and they said 'a plan' [for their future]."

"They'd say 'we've got our

resume ready to go'."

Mr Barwick said being part of the program changed the perspective of the students, who were now re-engaged and ready to build on their experience.

"They're talking about looking for work experience, and talking about looking for casual work [as a result of the program]."

Mr Barwick, who as a young student was a graduate of PCYC programs himself, said the program was enough to ignite a spark in each student to fulfil their future dreams.

"They all now have that mindset about what they want to achieve and how they are going to do it," he said.

He also said people need to get past the idea that the PCYC only deals with 'naughty kids'.

"The PCYC deals with all kinds of kids, and they have really great programs that are beneficial to all students," he said.

### SKILLS TO BRING INTO WORKFORCE

IN Orange, the PCYC offers Fit for Life on Wednesday mornings to a group of senior primary school girls.

Manager Neil Hummerston said the group attends every week without fail, "so they must really enjoy it".

"They play sport, have some breakfast and a chat and then get dropped off to school," he said.



**SUCCESS:** Graduates of Bathurst's Fit for Work program celebrate their course in June.

lice we have on hand and the girls can talk to them about anything that's happening and it's a nice, relaxed, informal atmosphere."

Mr Hummerston said the best thing about the program is the girls get the chance to do something they normally wouldn't do.

Likewise with the club's Fit for Work, Mr Hummerston said participants get the chance to complete first-aid certificates, white cards and other qualifications they may

"They can also do the Certificate 1 in Retail, as they learn other skills like problem solving which they can then take into the workforce," he said.

Mr Hummerston said the Orange PCYC ran its For Work in term one, and is running a second class in term four.

He said one of the best things to come out of the class was the relationships the participants had maintained with the club, even



# Bathurst students to start their Higher School Certificate exams

AS HUNDREDS of Bathurst students prepare to sit their first Higher School Certificate (HSC) on Thursday morning, it will also mark the beginning of the end for 13 years of education.

The first exam that students will be required to sit is English, which is a two-part exam, with the second paper on Friday.

English (whether its English Studies, Standard or Advanced) is the only compulsory subject for HSC students.

Ahead of Thursday's first exam, it's mixed emotions for Kelso High Campus students Bridget Annand and Isaac Connor.

"It's exciting," Ms Annand said on starting her exams on Thursday.

"You've spent 13 years at school and then it's all over. You don't know what to expect and that's exciting."

And while Mr Connor is feeling a bit excited about his exams, he's also feeling quite nervous too.

"I'm nervous but I'm definitely excited to get them done," he said.

"I haven't thought too far ahead [about what I want



**HARD WORK:** Kelso High Campus students Bridget Annand and Isaac Connor are about to start their HSC exams. **Photo: BRADLEY JURD**

to do after school]. There's the HSC exam period will run over a period of almost four weeks, commencing on Thursday, October 17, and concluding on Monday, October 25. Biology on Oc-

tober 28, Legal Studies on November 5 and Chemistry on November 7.

For those students studying Design and Technology the final day.

# Girls tackling a new sport

**RUGBY LEAGUE**  
BY ANYA WHITELAW

"STRAIGHT into it, hit hard."

That is how Mia Doppler describes her new sporting passion - rugby league - and the 14-year-old who is proud to call herself a Panorama Platypi is by no means alone.

Doppler is currently in her second season as a Platypi, playing in the under 15s division of the Western Women's Rugby League competition.

There are under 13s, under 18s and open age Platypi players as well and they have plenty of keen Western Division rivals in the form of Vipers, Castlereagh, Woodbridge, Mudgee and Goan-nas teams.

It is undoubtedly a big growth sport in the region and young females like Doppler are ranking it above their other pursuits such as league tag, basketball, netball and touch football.

"I play like five different sports, but this is definitely the top. I love it, it's like straight into it, hit hard," Doppler said.

"I'm such an aggressive person and I just love to tackle."

"Especially because I'm small at the start it was very intimidating, but now I just get into it."

One of Doppler's under 15s team-mates, Rhiani Rozga, is delighted to now have an opportunity to play a sport she previously watched boys participate in.

She was also nervous at

first, but now relishes the physicality of rugby league and the camaraderie she has found with her fellow Platypi.

"I liked playing around with my brother a lot, I saw him play and I thought I might give it a go. It looked fun and it is so much fun," she said.

"Our first game was pretty nerve-racking, but after we all made our first tackles we were so revved up. Then we scored our first try we were like 'We've definitely got this in the bag now'."

"You think it's scary when you get out there, but you don't get hit that hard, it's hard to explain. It's fun, especially if you've got a good coach who can teach you how to tackle properly and run the ball properly, we learn a lot of plays."

"We are so supportive of each other, we've always got everyone's back and we make sure that we're all supporting each other and working as a team."

"I play AFL too which is kinda of similar. AFL and this are definitely my top two sports because there's that contact, you can get really aggressive, you don't have to be shy about it."

The under 15 Platypi began their latest campaign with a 26-6 win over the Vipers. It was a result which boosted the confidence of the club's new recruits and was relished by all.

"Our first game of last season we smashed them and then this season we smashed

them too, it was awesome. We were kind of nervous before we got out there because we have got a lot of new girls this season, we have like 20 enough players for two full teams in our one team," Doppler said.

"The newer girls were a bit nervous and we got scored against first, but after that we put our heads in, we came together and we scored and we just kept scoring."

When it comes to the youngest Platypi, the under

13s, the feelings about rugby league are very similar.

"I'm a very aggressive person and I need a way to get it out of my system aside from fighting my brothers where I always loose," 12-year-old fullback Samantha Hanrahan said.

"It was sort of like a roller coaster, the first time is scary if anything, but then you just start getting used to it. It's fun."

"It's a great sport, now they've got the NRL involved

with it and women are playing in the big leagues, I think it's pretty cool."

Bonny Campiao, who was switched from the centres to the front row for her first game against the Vipers, said she was inspired by the chance to try a non-traditional female sport.

While joking she was "crapping my pants" before her first touch of the ball and first impact, she now can't wait to take on her Western Division rivals.

"I played because it is with my friends and it shows women can do whatever sport men can do," she said.

"It was pretty scary, especially the ones who are way bigger than you. The first game you get really nervous, but then you go out there and you just do it. I'd highly recommend it to anyone."

The four Platypi teams will take on their Woodbridge Cup rivals this Sunday at Carrington Park, with the action commencing at 10am.



**TACKLING A NEW SPORT:** Panorama Platypi players Mia Doppler (14), Bonny Campiao (12), Samantha Hanrahan (12) and Rhiani Rozga (15) are loving the Western Women's Rugby League competition. **Photo: ANYA WHITELAW**

Western Advocate Saturday 19th October

Western Advocate Thursday 17th October

# Lepaio double helps Bulldogs to success

## RUGBY UNION

**BATHURST** Bulldogs forward Haylee Lepaio quite literally made an impact at the Building Durability Bathurst Rugby 10s tournament on Saturday as she helped her side to its second consecutive cup win.

She began the tournament with a strong charge that knocked a Beer and Ball Runners defender to the turf and finished it with a pair of tries in the final against the same rival, Bulldogs taking the spoils with a 17-0 result at Ashwood Park.

The former US college bas-



**BACK-TO-BACK:** Bathurst Bulldogs took out the Bathurst Rugby 10s tournament for the second consecutive year.

premiership - and turned out its 10s title.

It was the Beer and Ball Runners - an outfit essen-

tially made up of CSU talents - who finished on top of the ladder after the pool games and went into the final as favourites.

But after just 55 seconds, when sending the ball long on a line-out play then deliv-

ering it into the arms of Lepaio, Bulldogs had the lead.

Lepaio scored her second with around two minutes of the half remaining, charging over from close quarters, to take the score to 12-0.

In the second half Bulldogs sealed the win as Lilly McIntosh helped put Alicia Carr over following a scrum

on the Beer and Bull Runners' line.

"We got four new girls here and it's not easy when you do that, they were all in

the backs, but we sorted it out very well and I am very happy with how they went. You've just got to play the best you can in 10s and that's it," Bulldogs coach Tuma Aisake said.

"I am very lucky with those girls and the effort they put in. Last year we won and we did the same thing again, I'm so proud of them. I just love it, these girls are just amazing."

- ANVA WHITELAW



**A KIND OF MAGIC:** The cast of Aladdin Jr from the Carillon Junior Theatrical Society. Photo: CHRIS SEABROOK 102019scaladdin

## Ready for the magic carpet ride?

### EVENTS

THE work's been done and now the performers of the Carillon Junior Theatrical Society are set to unveil their latest show.

The performers have been preparing for months for their production of Disney's *Aladdin Jr* and say they are

now ready to take audiences on a magic carpet ride.

Carillon Junior Theatrical Society's Bronwyn Colley says the cast of "65 super-excited students" is led by Max Kendrick (Aladdin), Daniel Van Klooster (Genie), Grace Egan (Princess Jasmine), Will Arnold (Jafar), Laura

Martin-Clark (Iago), Ray Cross (Sultan) and Aladdin's pals, Liam Gildea (Kassim), Brodie Wolfe (Babkak) and Bayden Wolfe (Omar).

"As well, there is a host of fabulous supporting characters and ensemble parts and they are busily rehearsing for their opening performance

at Bathurst Memorial Entertainment Centre in just one week," she said.

School shows, with limited public seating available, will be at 10am on Thursday and Friday, October 31 and November 1.

Public shows will follow at 11am and 3pm on Saturday

and Sunday, November 2 and 3.

"The show is jam-packed with colourful hand-made costumes, catchy tunes and amazing sets, props and effects," Mrs Colley said.

Visit [www.bmec.com.au](http://www.bmec.com.au) or call the BMEC box office on 6333 6161 for tickets.

*Western Advocate Thursday 24th October*

*Western Advocate Monday 21st October*



# BEST WISHES HSC STUDENTS



## Denison College of Secondary Education

Bathurst and Kelso  
High Campuses

We wish Year 12 all the very best for their HSC examinations and their future endeavours. We are very proud of our students' achievements and their participation in opportunities provided by Denison College.



# YEAR 12 CLASS OF 2019





**TALENT IN SPADES:** Pollet's Martial Arts members with their trophies from the recent CCP event. Photo: ALEXANDER GRANT

# Pollet's finishes top of the standings at open

**MARTIAL ARTS**  
BY ALEXANDER GRANT

POLLET'S Martial Arts Bathurst enjoyed a special SSKA Australian Open CCP tournament on Sunday with leading club honours and many individual placings at the Liverpool tournament. The club already has its eyes on the World Championships in Australia next October and this event was one of the many lead up tournaments Pollet's will be using to gauge their progress. If CCP is anything to go by then they're on the right track.

Isabella Torresan led the way again for the Bathurst club with her six victories while several of the younger members got themselves to the top of the podium. Hanshi Ian Pollet said the club should be proud of the results, especially finishing top of the standings as a group, against the best Australia has to offer. "The CCP is a big tournament in the lead up to the World Championships next year. There was over 600 competitors and some stiff competition," he said. "Our guys from Bathurst are very talented and we had

a lot of people finishing in first place. Isabella, who does this level of competition all the time, finished with six first placings. She's an amazing young lady. "We had four boys who won first place in their divisions. They all placed well in the competition and one the day we had amazing talent from across Australia competing on the day." The club are already eyeing off their next event, and it's one they'll be determined to perform well in considering where it's at. That's because the event takes place in Bathurst

next February. "It's going to be a very exciting lead up to the World Championships, and the CCP was an example of the amazing talent that we have in this country," Pollet said. "Our young martial artists in Bathurst have been training well and getting great results in competition. "Whatever they do they seem to do very, very well. We have a broad spectrum of levels we train under and we're becoming quite successful at it." Pollet said there were many memorable moments for the Bathurst group at

CCP, and he'd love to see those performances carry over throughout the next 12 months of competition. "Isabella was a real standout. She's won so many things now from karate to muay thai to jiu jitsu. It's not easy to be that talented," he said. "There's a lot of our younger guys who, in the future, I can see becoming world champions and that's a great thing for Bathurst. "When you look at the talent we've got in this town and where it could take them, you'll end up seeing a lot of them on the big stage."

## LETTERS TO THE EDITOR

### WE NEED BIG IDEAS TO FLOW TO SOLVE NATION'S DRY WOES

An open letter to federal Member for Calare Andrew Gee.

Andrew,  
I remember attending your meet the candidate meeting in a shearing shed back three years. You seemed enthusiastic, stating (among other things) your hope that one day an expressway would be built across the route of Bells Line of Road. I keep my ears and eyes open, but don't seem to hear a great lot from you as our federal member (unlike our state member). I think you and all local members, state and federal, should be shouting from the highest hills in support of John Barilaro with his push to build new dams, bypassing all the greenie-checks, etc. This country (mainly because of the greenies, I fear) hasn't built a major dam for about 45 years.

The population of Australia has more than doubled in that time. It was announced recently that a new dam and the extension of another will go ahead forthwith. But John and his team can only operate within NSW. I am sure he has some ideas where the Federal Government can step in with a bigger wallet. The Murray-Darling scheme has been a disaster for some time now and I think the only real solution is to build a couple of huge water storages (Lake Argyle size) in Queensland where the tropical water just goes to waste. These storages may need several dam walls to contain the water. Then pipe the water to the headwaters of the Paroo River (or build canals). Something of this nature must be done to help drought-proof this country. Up until now, everyone has been sitting on their hands. The Queensland scheme I have mentioned would cost billions alone, but we must bite the bullet.



**DRY AGRUMENT:** Reader Barry Iddles says water from the Darling River basin. Photo: MARINA I

John Barilaro is the first politician with the guts to say what he has recently. Another thing. I'm just an ordinary person, not a bleeding heart, but how long are those people on Manus Island going to remain locked up like animals in a zoo? Our borders are secure and people are apparently doing the same thing by plane now. That puts them here, on the ground. Mr Dutton needs to go back to reality school. The money that's being spent on this endeavour could probably build a new dam. Barry Iddles, Hobbys Yards

### ACTIONS SPEAK LOUDER THAN WORDS WITH RIGHT TO KNOW

I THINK it's safe to assume that the majority of Australia supports media organisations taking a stance in the #Righttoknow campaign, and so we should. This very letter would not be in public view if it weren't for these fundamental principles that we sometimes take for granted. In the past few weeks, we've seen various

organisations included. In the Senate Advocates report, supporting principles that we understand. Unfortunately, expressed. On Watch dealing with that. Mr G of the C descr "hijack. An time the g only Zac B

*Western Advocate Wednesday  
30th October*

*Western Advocate Saturday 26th October*

Lawson can't wait to take on the French

# Respectful Ram

**RUGBY LEAGUE**  
**BY ANYA WHITELAW**

HE LEARNED the importance of a Western Rams jumper in a different fashion to most players, but come Wednesday night's clash against France Blake Lawson will still bring plenty of passion to the green and white.

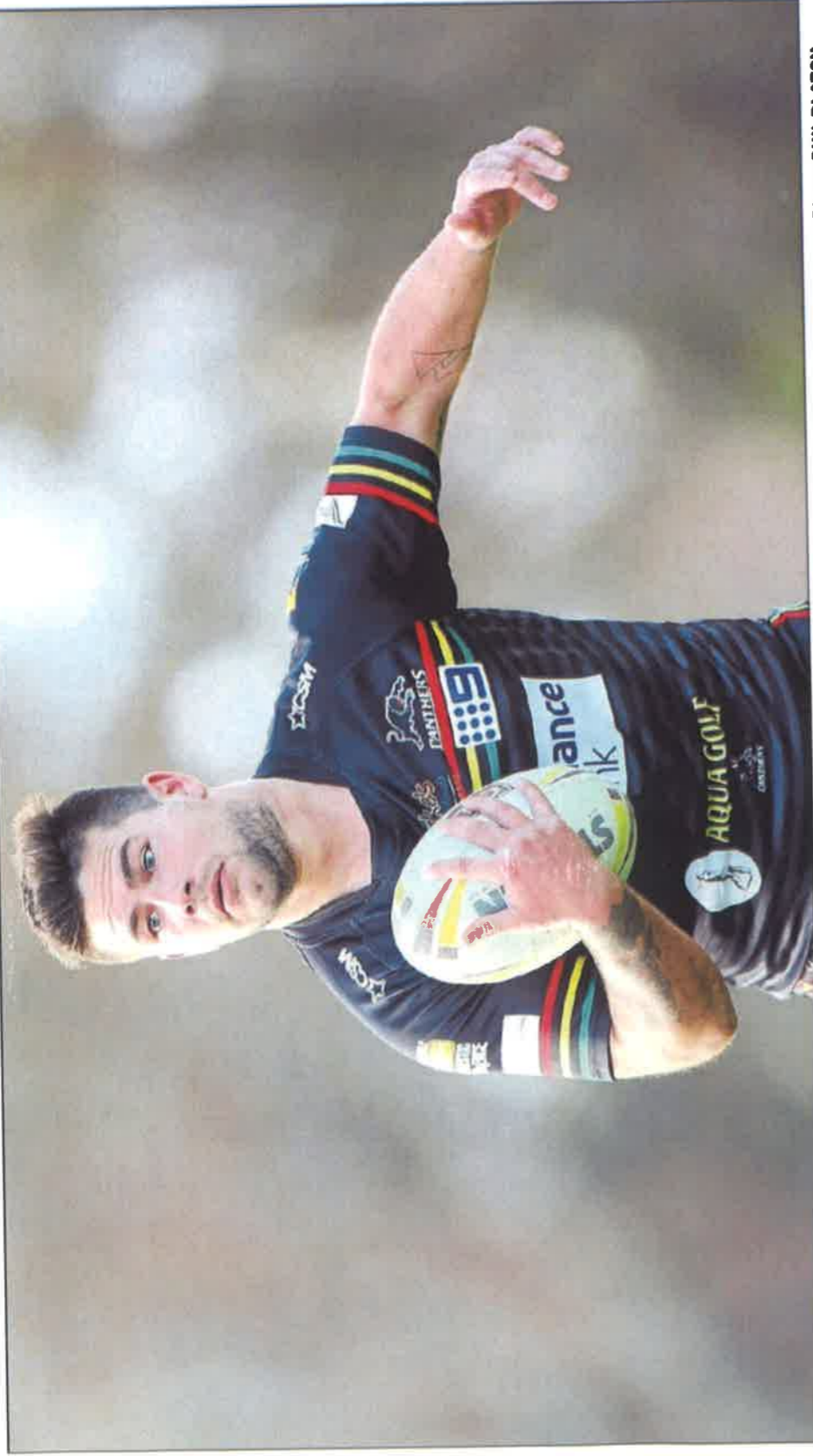
The Bathurst Panthers centre only seriously started playing rugby league in his mid-teens and it was back then while giving lip to one of the club's more senior talents - winger Nathan Rollinson - that he was handed a lesson in respect.

"I remember being at high school and I was probably not being a very good kid and we were being smart-arses about something to Nathan Rollinson. I remember him saying something back to me along the lines of talk to me when you've played first grade Rams," Lawson revealed.

"That has stuck with me, how important that sort of stuff is. Playing for the Rams is right up there."

Just as noted try-scorer and Group 10 premiership winner Rollinson knew the prestige of playing for the Rams back then, it is now something Lawson has experienced firsthand too.

His experience in the green and white includes playing against the Federation of Italian Rugby League Australia at Carrington Park, while he also lined up for the



**KEEN:** Bathurst Panthers centre Blake Lawson can't wait to line up for the Western Rams on Wednesday night against France. **Photo:** PHIL BLATCH

Rams in last Saturday's 18-6 win over Riverina.

Though having been one of Panthers' most consistent players this year as they defended their Group 10 premier league crown - he crossed for 13 tries in 19 games - Lawson was still surprised to make the Rams' squad for the clash with France at Parkes.

"It's not something I really expected, but it should be a good game. It's good to be able to test yourself against an international team. I know they will probably be missing a few people, but it's always good to throw on the white and green jumper," he said.

"I'm one of those tragics who is a bit upset there is not senior representative football that goes around anymore, it's bit disappointing it's gone down to 23s and left us in limbo pretty much. So to get this chance is really

good, it's a great concept. "It's good to test yourself and it's also good to get to play with a few boys from Group 11."

Lawson felt the Rams' win over a physical Riverina outfit was a good warm-up for the French clash. They had just one training session prior to that match and took some time to find their cohesion, but once the combinations clicked they produced some clinical football.

"But once we built into the game it got a bit smoother and a bit cleaner."

From that that victorious squad former NRL players Justin Carney and Josh Starling have been added to the

Rams' ranks. It gives Lawson hope that can surprise the French.

"When they first named that French squad there were 10 or so who had played in the Super League comps, obviously they have a few other players that aren't quite at that level, but you still are going to get the chance to test yourself," he said.

"I think it will be a closer contest than some people think, we'll see how we go."

## Set to be a spooky occasion

It may be a massive tradition in the United States, but Bathurst businesses are ready to embrace Halloween on Thursday, October 31.

Annie's Ice Cream Parlour will be serving Halloween-inspired sundaes to celebrate the day, while Fast Lane Drive-Thru Coffee has plans to deck out its shop in spooky-inspired props and decorations.

| Full story, page 6



**SPOOKY:** Jessica Dufty from Annie's Ice Cream Parlour with her two sundae creations for Halloween. **Photo:** CHRIS SEABROOK 103019canniest

*Western Advocate Thursday  
31st October*

*Western Advocate Monday 28th October*



AT THE MOVIES: Bathurst Youth mayor Jack Lynch with his fellow councillors ahead of Food and Flix. Photo: CHRIS SEABROOK

# Enjoy movie and food at the park

**COMMUNITY**

BATHURST Youth Council will host its second outdoor cinema event Food and Flix at Adventure Playground next month. The event, held on Friday, November 15, will feature limited food stalls and an open-air movie screening.

The council, which was elected back in June, has decided to screen the 1971 classic *Willy Wonka and the Chocolate Factory*, an adaption of Roald Dahl's famous children novel *Charlie and the Chocolate Factory*. Last year's Food and Flix was originally planned to be

held in November too, however, due to weather, it was rescheduled to February, 2019. Organisers had hoped for a crowd of 300 to the event, but their expectations were smashed when a crowd of over a 1000 showed up in perfect weather conditions

to watch the 2017 hit film *The Greatest Showman*, starring Australian actor Hugh Jackman. The free event starts at 6.30pm, with the movie screening from 8pm to 9.45pm. People attending are encouraged to bring a picnic

dinner because of limited stalls. The youth council will be hoping for a similar turn-out come next month. For more information on the Food and Flix event, call 6333 6523 or visit Bathurst Regional Council's website at [www.bathurst.nsw.gov.au](http://www.bathurst.nsw.gov.au).

*Western Advocate Thursday 31st October*

# Spectacular success for Bathurst pair

**EDUCATION**

TWO talented Bathurst dancers this week joined a mass rehearsal for the 2019 Schools Spectacular as the countdown to opening night continues.

Denison College students Lily Cole (Bathurst High) and Mia Ryan (Kelso High) are both featured dancers in this year's Spectacular, which has drawn performers from across the state.

In a Schools Spectacular first, about 1000 performers gathered at Sydney's Qudos Bank Arena on Monday to rehearse the show's finale, joined by more than 4000 performers who registered for a live online video link. Together they went through the paces of the iconic finale recognised as the jewel in the crown of the Schools Spectacular.

Co-executive producer Rosemary Davis was delighted by the how well the rehearsal came together. "It was the best ever," Ms Davis said. "Everyone was just amazing and there was an exciting energy with every performance. "The success of the rehearsal is a great start and a huge motivation as the pace of practice gathers momentum for schools and ensembles. "We're very excited how the show is coming together."

The 2019 Schools Spectacular brings together 40 featured performers, a 100-piece symphony orchestra, stage band, 2700-voice choir, 2300 dancers, the D'Arts Ensemble disability program, the Aboriginal Dance Company, puppets and an indispensable behind-the-scenes team. The four Schools Spectacular performances will be at Qudos Bank Arena at Sydney's Olympic Park on Friday, November 22 (11am and 7.30pm) and Saturday, November 23 (1pm and 7.30pm).



STAR PERFORMERS: Denison College dancers Lily Cole (Bathurst High) and Mia Ryan (Kelso High) are both stars of the Schools Spectacular. Photos: SUPPLIED



REHEARSAL: Lily Cole of Bathurst High Campus is again a featured dancer in the 2019 Schools Spectacular. Photos: SUPPLIED



IN STEP: Talented Kelso High Campus Schools dancer Mia Ryan is a featured dancer for the 2019 Schools Spectacular. Photos: SUPPLIED

*Western Advocate Friday 1st November*



**GOING VERTICAL:** The team scales the wall during the Spartan Race at Canberra on Saturday.



**MAKING THE ASCENT:** Canberra's Spartan Race had a number of obstacles, including this climb.



**USE THOSE MUSCLES:** Competitors carry water-filled containers during Saturday's Spartan Race at Canberra.

# Showing Spartan qualities

**MARTIAL ARTS**  
BY ALEXANDER GRANT

PRECISION Martial Arts Bathurst have been keeping themselves busy in recent weeks with successful campaigns at both the ISKA CCP Cup and the Canberra Spartan Race.

Precision's tournament squad gave it their all at the ISKA CCP Cup, knowing it was the last chance for competitors to qualify for the ISKA Nationals next month.

Several Bathurst competitors were up for the challenge as Kiara Blattman (kata, weapons kata), Shaye Benn (jiu jitsu), Stella Hall (kata) and Elias Burke (point sparring).

To be eligible to compete at nationals an entrant must be ranked in the top 10 in their division for their state or have placed at the CCP Cup.

The Bathurst club now has members who have qualified thanks to their CCP Cup efforts.

Other members who placed at the event were Beau Blattman, Adan Coello, Isabella Morris, Jethro Hartmann and Jordan Hickey.

Coach Taylor Sargent said everyone placing at the event

“Everyone came away with a place, which was fantastic.”

**Taylor Sargent**

is no easy feat.

“It was a really good tournament for us. It's the biggest one we've been to all year,” she said.

“A few of our guys had other commitments and had to re-qualify for nationals and didn't go, so we only had a small team. They all did really well and everyone came away with a place, which was fantastic.”

“They've been training really hard because a lot of them are working towards their black belts at the end of the year, like Jethro, Isabella and Beau. The tournaments is an extra little goal along the way to keep them focused.”

Sargent was part of the team who went down to Canberra to take part in the gruelling 5km Spartan Race.

Amanda and Matt Breen, Murray Cheers, Caleb Googe, Jason, Amber, Aaron and

Wendy Gay, Peter Woodhead and Ray Webb all put themselves through the test.

The race at King's Park had 20 obstacles scattered throughout the run including straight walls, an inverted wall, a rope climb, roman rings and monkey bars to name a few.

Googe was the highlight for the Bathurst team, finishing the course in 36 minutes and placing second in the side's heat.

“It's a great team building event. We weren't down there necessarily to compete but everyone's got so much more fitter as they worked towards the race,” Sargent said.

“Seeing the team finish in under an hour was great. No-one really expected that.”

The ISKA Nationals will take place in Sydney and will run over November 15 to 17.

Precision Martial Arts are hoping to take a team of around 15 students to compete at the event.

The black belt grading takes place on November 8 and 9 while several team members will push themselves further at another obstacle event, this time over 13km in Bright, Victoria on November 16.



**WORKOUT:** Precision Martial Arts have kept themselves very busy in recent weeks, with teams attending the Canberra Spartan Race (top) and the ISKA CCP Cup (bottom).



## Local Dancers getting ready for the Schools Spectacular

LILY COLE OF Denison College Bathurst High Campus is again a Featured Dancer in the Schools Spectacular.

Just embarking on Year 12 studies, Lily will bring to Qudos Bank Arena the skills and experience that she has recently brought back from Las Vegas where she trained with the Joffrey Ballet School. The 16-year-old successfully auditioned for a place in the world renowned school that gives aspiring dancers who are not yet professional the chance to train and perform as a professional.

As part of her experience, Lily perfected seven minutes of the Michael Jackson Show which is currently in season at Las Vegas.

Talented Bathurst dancer Mia Ryan returns to the 2019 Schools Spectacular as a Featured Dancer. Mia is just completing Year 10 at Denison College Kelso High Campus and is already a seasoned featured performer with a bright future ahead.

Pictured above: Denison College dancers Lily Cole of Bathurst High Campus and Kelso High Campus's Mia Ryan are both STARS of the Schools Spectacular.

Picture left: Lily Cole rehearsing at Qudos Bank arena



*Bathurst City Life*  
6-12 November

# Join the magic carpet ride

REVIEW  
BY KATE HANLON

THE Carillon Junior Theatrical Society are proudly presenting their production of Aladdin Jr on Saturday and Sunday at our wonderful Bathurst Memorial Entertainment Centre at 11am and 3pm.

The story has Aladdin, played by Max Kendrick, as a good hearted "street rat" who is looking for direction in his life when he meets the Sultan's daughter, Princess Jasmine, played by Grace Egan, who has run away from her father.

Aladdin is captured by the palace guard and imprisoned while Jasmine is returned to the palace to submit to the wishes of her father, the Sultan (Ray Cross).

Meanwhile, the Grand Vizier, Jafar (played by William Arnold) along with his off-sider Iago (Laura Martin-Clark) are plotting to overthrow the Sultan and need a certain Magic Lamp to aid their evil intent.

Having been thrown into the dungeon, Aladdin stumbles across the Magic Lamp



**A KIND OF MAGIC:** The cast of Aladdin Jr from the Carillon Junior Theatrical Society. Photo: CHRIS SEABROOK

and becomes acquainted with a very funny and very smart Genie portrayed by Daniel Van Klooster. This is where the mischief begins.

Aladdin and his friends

need the very same Magic Lamp as Jafar and Iago but their wish is to use it only for good. These characters are supported by a myriad cast including palace guards,

the princess' attendants and Aladdin's best friends along with beggars, fortune tellers, apple vendors, ladies of the harem, dancers, shopkeepers, snake charmers, tumblers, statues, hat peo-

ple, baklava girls, Alibaba boys, washer women, gold mounds, treasure chests, magic carpets and... a camel. Each and every one of these performers adds to the excitement.

Special thanks must go to the director, Bronni Colley, who keeps excellent and she is ably assisted by her assistant directors, Mack Hastie, Gabbi Bolt, Sharon Lockhart and Eve Summerton. Visit [www.bmsc.com.au](http://www.bmsc.com.au) or call the BMEC box office on 6333 6161 for tickets.

The cast swarms onto the stage in their very bright, very colourful costumes.

It is loud and noisy, just like our concept of an Arabian market.

The wardrobe staff are to be congratulated and some details have been brilliantly conceived by the talented workers.

The music, under the direction of Gabbi Bolt, is particularly contagious - very toe-tappin' and very hard to keep your feet still.

Given the different requirements for the wide range of performers, the choreography under the direction of Eve Summerton is splendid with plenty of colour and movement.

There are so many talented people involved in this production and it is a joy to watch.

## LETTERS TO THE EDITOR

### THERE IS GREAT WISDOM IN LOCAL IRRIGATOR'S WORDS

I DON'T know of any farmer in Bathurst that would know more about crops and irrigation than Jeff McSpedden ("Bathurst irrigators set to lose most of their water allocation", October 21).

His comments here are made with great wisdom and many years' experience.

We are encountering a major drought and feeling the effects of climate change and we all need to make sacrifices ... and they could be quite lengthy.

Tony Hatch, Cow Flat

### LIMITING THE PATIENTS DOES NOT HELP THEIR PROGRESS

RE: "Ex-patient shares fears over open-door policy at Panorama Clinic", November 2.

I am a former patient of Panorama Clinic and Orange Bloomfield Hospital.

I think it is a requirement that patients have some sort of freedom.

Being in a vulnerable situation and being kept at that level is not healthy.

Being restricted only limits your progress and us as the patient need to take control and responsibility of our actions and consequences.

Most patients are bound to go home and should not be limited in their environments and drastic changes.

Name supplied, Bathurst

### HOW DOES A DOG PARK HELP A FARMER HURT BY DROUGHT?

RE: "Dog park across the road a pet peeve for Rocket Street residents", November 1.

With reference to the dog park being built at Hector Park, could someone please tell me how that is any sort of stimulus for drought-affected businesses or farmers.

Surely the drought stimulus funding package is meant for projects which help businesses or farmers or communities affected by drought.

Jan Cody, Sofala



**NOT HAPPY:** Rocket Street residents Sonia Scott, Nicole Artery and Paul Phinn across the road from a dog park being built using drought stimulus funds.

### TAKE A MINUTE TO MARK THEIR INCREDIBLE SACRIFICE

AUSTRALIANS are justifiably proud of our Australian Defence Force current serving members and our veterans.

On November 11 at 11am, this and every year, I encourage all Australians to pause for a minute's silence and remember all those who have suffered and died in wars, conflicts and peacekeeping operations.

Every year we mark Remembrance Day because it was at this time and date in 1918 that the guns fell silent on the Western Front, officially ending the First World War.

Originally known as Armistice Day, this day reminds us to pause and remember those who served in the 'war to end all wars' and every conflict and peacekeeping mission since.

We especially honour the more than 102,000 Australians who have made the ultimate sacrifice for our country and the freedoms we enjoy today.

Remembrance Day is commemorated in towns and cities across Australia and

overseas and I encourage everyone to attend a service and wear a red poppy in memory of our servicemen and women.

Thank you for your service.

Lest we forget.

Darren Chester, Minister for Veterans and Defence Personnel

### FROM FACEBOOK: DO WE NEED MORE OFFICE SPACE IN CBD?

WHERE: will the people who work in these offices park? Parking in the Bathurst CBD is such a problem.

Suzanne Degiorgio

OUR strict height and development restrictions are choking new development, offices and businesses out of Bathurst. Go have a look at the developments in Orange and Dubbo. Office space is scarce in Bathurst. Have a look at the new NDIS office; they've had to resort to a shopping centre because large office space is missing from our CBD.

Zac Belmonte

*Western Advocate Wednesday 6th November*

*Western Advocate Friday 1st November*



# Blitzen blitzes the Comets

**TENNIS TALK**  
BY JOHN BULLOCK

THIS year's Bathurst RSL Club's spring competition has new logos with each of the six teams' team name after Rudolph's Reindeers.

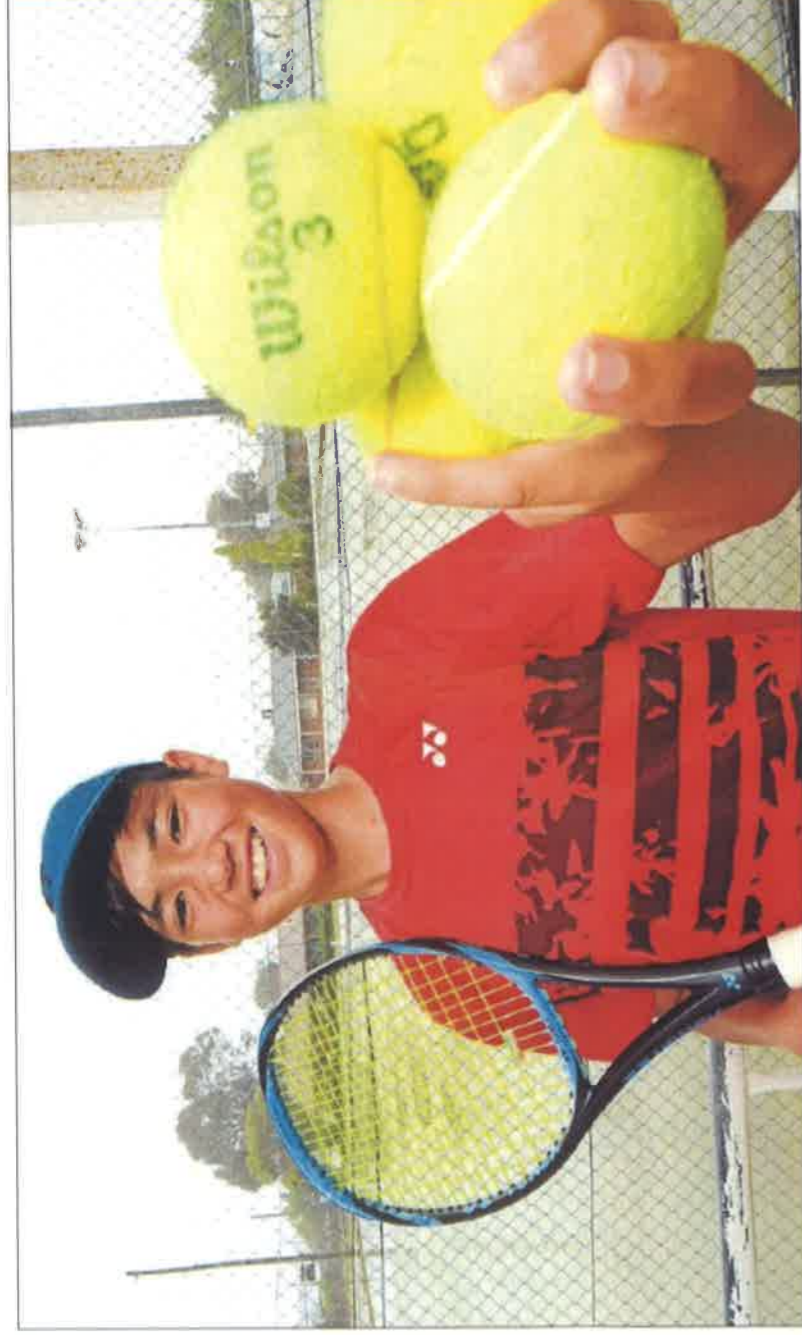
Team Blitzen, Comets, Rudolph, Vixen, Dasher, and Prancer will battle it out to see who takes home the trophy come December 14.

The first round kicked off last Saturday.

The six captains Sarah Tree, Jason Molkenstin, Andrew Howarth, Bryan Reiri, Jason Honeyman and Allyson Schumacher believe the new look captains have a very hard task in grooming their players to peak in the big matches.

"It's going to be a very cat and mouse competition with the teams very evenly matched," Honeyman said.

Sarah Tree captain of team Blitzen was full of confidence and sent out a sound warning to her rival sides that they are full of running after her side had a convincing win over Jason Molkenstin's Comets nine sets to one in round one.



**TOP FORM:** Star junior Jorge Collins won each of his four sets to help Blitzen to a convincing victory. **Photo: CHRIS SEABROOK**

"It was a stroll in the park for my side last week so watch out you tall poppy sides, were coming to get you," Tree said.

The star players in this match were Blitzen's Jorge Collins and Sebastian Honeyman.

a dangerous player to watch out for in the big matches.

Robert Mack was no slouch for team Blitzen as his power game proved a headache for his opponents. Macks 6-3, 6-4, 6-4 sets wins were quite impressive and

will be a player that the tall poppy players need to tread very carefully against.

They have been keen rivals in past competitions, but not in this competition as the Iron Lady Allyson Schumacher and Slugger John



Sebastian Honeyman

Bullock team up together in a side that is just going to take match by match and not getting too carried away with all the hype.

The iron lady's team Prancer had a big win seven sets to three wins over Honeyman's team Dasher.

The third match saw team Rudolph of Brook Lynch, Jacob Bicanic, Kath Wilkinson and Andrew Howarth belt team Vixen of Bryan Reiri, Matt Tree, Phil Duty, and Kay Sandridge seven sets to three.

The star player in this match was Rudolph's Andrew Howarth who won all of his for sets 6-0, 6-3, 6-1, 6-2.

# Students inspired to fulfil dreams

**EDUCATION**  
BY JACINTA CARROLL

EIGHTY-SIX per cent of Australians don't like what they do, and on Tuesday the next generation of leaders was told do 'find something they love and share it with the world.'

Inspirational speaker, author and leader John Coutis worked with senior students from schools across the Central West, as part of a motivational day held at Kelso High campus.

Mr Coutis, who was born with spina bifida and had both legs amputated when he was 17, spoke of the difficulties he endured as a child, and more importantly how he has overcome them.

He encouraged the students to follow their dreams.

He recalled the horrendous bullying he was subject to at school.

"I had no friends; every recess and lunch I sat on my own, some people threw food scraps at me."

Sometimes he just hid under the teachers desk.

"I was never invited to a sleep over and never went to anyone's home."

But, he doesn't dwell on the past, instead choosing to



**GREAT DAY:** Tom Rodham, Laura Risch, key-note speaker John Coutis, Ella Davis and Harvey Shead.

always move forward, grabbing every opportunity life throws his way.

He told the students the sky was the limit, and they can achieve anything they want to.

"If I can do it you can," he said.

Mr Coutis, who speaks at up to 160 schools across Australia every year, said if he can help just one kid who is doing it tough, it's worth it.

Thomas Rodham, from Kelso High School, said John was "really inspirational".

"He is a really great guy, who has given me and other students things to really think about."

Thomas said he didn't think he would get as much as he did out of the session.

"I really didn't think it would be that good." He said the lesson took out of the day was "to be grateful for what you have in life."

Michael Sloan, acting principal for Denison College, said the event was the idea of last year's Student Representative Council.

"They had a vision to get all the students together, they came to me with the idea, and through the principals network all the schools got on board," he said.

Mr Sloan said the capabilities of leadership teams from all public schools across the Central West were incredible. He said feedback on the day was positive.

"We will do an evaluation with them, but you can see here the mood is great. The students are sharing and learning from each other."

*Western Advocate Thursday 7th November*

*Western Advocate Wednesday 6th November*

Platypi 15s keen to avenge semi-final loss

# Pain acts as fuel

## RUGBY LEAGUE

BY ANYA WHITELAW

NO PAIN, no gain - it is a mantra which many sporting teams have used to drive themselves in pursuit of glory and when the Panorama Platypi under 15s run out onto Carrington Park on Saturday, they too will be using a painful memory as motivation.

When the Platypi outfit bowed out of last season's Western Women's Rugby League title chase after a two-point loss to the Wiradjuri Goannas in the semi-final, it was a result which stung.

But now the Platypi get the chance to avenge that loss when they host the Goannas in the final round match which will decide second spot on the ladder. It's the position the Michael Roels coached Panorama outfit are hungry to secure.

"It was heart-breaking for the girls when we lost that semi, they really tried hard in that game, so they really want to come out and have a go this week," Roels said.

"The biggest thing in that game was we came out in the second half and stopped playing, but our attitude this season has been a lot better in the second halves. So as long as we keep with them in the first half, we can run them down in the second."

Roels' confidence in his squad stems from what he has seen from them so far this season. The young Platypi



**HUNGRY FOR GLORY:** The Panorama Platypi under 15s side wants to head into the finals on the back of a win over the Wiradjuri Goannas.

have posted convincing wins over the Vipers (26-6) Casdereagh (44-6) and Mudjee (40-6) and were solid in a 14-4 defeat against the powerhouse Woodbridge outfit.

The coach has also seen improvement from his squad across the field.

"We've won three of four games, we lost the one game here to Woodbridge but that was three tries to one and last year they got us six tries to two, so we are getting clos-

er to them," he said.

"We are strong all across the park, our backs have got good strength and pace, our forwards aren't afraid of getting hit and giving a couple out either. I've also got eight girls who can play any position on the field, so that's great.

"From the first part of the season to now, the improvement is huge. The extra girls that have come in and are new, a couple of them have

absolutely grabbed hold of it and said 'This is what I want to do'.

"Once they get a taste of that collision and making sure they do it right, getting their head in the right spot, making sure they use their arms properly, they realise they won't hurt themselves."

Like the Platypi, the Goannas have won three of their four games so far this season.

Roels knows they will provide a stern test, so is looking

for the two most experienced members of his squad - Kate Fallon and his daughter Lauren Roels - to lead the way. He is also tipping forward Rhiani Rozga to make her presence felt.

"My daughter and Kate, they are two of the strongest players on the field every week," Roels said.

"Lauren plays lock in the middle of the field, which is the toughest position for defending, and I think she's

probably saved eight or nine tries this year through her on-line defence.

"Rhiani Rozga, she started at the start of the year with us. In the first couple of games she got beaten up a bit, so I showed her a few more things with tackling and she just took off."

Saturday's under 15s match at Carrington Park kicks off at 11am, with the under 13s to play at 10am and opens from noon.

*Western Advocate Saturday 9/11 November*



FOAM ZONE: PCYC gym co-ordinator Lauren Clemens watches year eight Kelso High student William Foskett, 14, try out the new foam pit. Photo: CHRIS SEABROOK 110619cfoam1

## That's a giant leap for PCYC

AN addition to PCYC Bathurst has put the club into some unique company in the state. The local PCYC club is now one of only six in NSW to have a foam pit - which will help local gymnasts improve their skills and will mean they don't have to travel to train for competition. The club's fundraising efforts led to the much-anticipated foam pit being built. | Full story, page 5.

Platypi make in three wins on the trot

# Defence force 15

RUGBY LEAGUE  
 BY ANYA WHITELAW

THE Panorama Platypi under 15s showed exactly what it means to tackle like girl on Saturday as a brilliant defensive performance helped them to a 24-10 win over the Wiradjuri Goannas in the final round of the Western Women's Rugby League competition.

Through the 50-minute contest at Carrington Park the Platypi pulled off some brutal hits - driving their opponents backwards and joining the ball lose numerous times - to cement second spot on the ladder.

Centre Kate Fallon got through a mountain of work in defence, while forwards Lillie Bullock, Lauren Roels and Rhiani Rozga helped the Platypi assert their authority through the centre of the park from the opening set.

That the win came against the Goannas outfit which defeated them in last season's semi-final made the result even sweeter.

"The communication was over the top today, they moved up well, they attacked well and stuck to the game plan, just holding that ball and driving up the middle. That's all we needed to do," coach Michael Roels said.

"The way the girls worked in the middle there, Lauren and Kate and Rhi, they were all great. Then we had the likes of Rani [Johnson] who was just destroying it

from hooker all game, she was great.

"Shanese [Lane Bergen] was great up the sideline with Tia [Monks], Charlie [Fox] in her role as fullback has been fantastic - I could mention everyone."

Looking to head into the finals on the back of three consecutive wins, the Platypi made an impressive start to the contest.

A big hit from Bullock forced a turnover to put her

side into attack then, following a penalty tap, the ball was spread wide to fullback Fox who showed her strength in grounding the ball despite the attention of multiple Goannas defenders.

Five minutes later the Platypi were in again, this time via a strong charge from Rozga, and when Fallon converted it took the lead to 10-0.

Though the Goannas hit back via Makaah Darcy, with

less than a minute remaining in the first half Molly Dowling crossed to restore the Platypi's 10-point buffer at 14-4.

It was a margin which grew five minutes after play resumed as prop Sarah Battersby chased through after Lane Bergen kicked, the ball bouncing up into her arms and she dived over between the sticks.

Though the Goannas won the ball back via a short kick-

off and found themselves in a good attacking position, again the Platypi rallied in defence and forced their rivals into touch.

With 15 minutes to go Lane Bergen once again combined with Battersby for a try, this time a nice short-ball finding the forward on an angled run. That pushed the score out to 24-4.

While Goannas winger Lilly Dayes produced a nice piece of individual brilliance

CHARGE: Lock Lauren Roels makes good yards for the Panorama Platypi in Saturday's win over the Goannas. Photo: ANYA WHITELAW



out the match.  
**PANORAMA PLATYPI 24** (Sarah Battersby 2, Charlie-Mae Fox, Rhiani Rozga, Molly Dowling, Kate Fallon 2 goals) defeated  
**WIRADJURI GOANNAS 10** (Lilly Dayes, Makaah Darcy tries; Lilly Dayes goal)

# Panorama Punish gives back

THE 2019 PANORAMA Punish footrace around the iconic Mount Panorama race track was a resounding success with nearly 1,000 entries, and is looking forward to an even bigger record year in 2020. The team at the Punish, Jennifer Arnold and Stephen Jackson, are pleased to announce that they have begun distributing the proceeds of the Punish to worthy causes based locally. Today, \$500 was donated to the Kelso High

Support Unit to help with purchasing equipment for the students. "We are keen for the Punish to support the local community and to provide yet another great reason for people across Australia to visit Bathurst" said Jackson. "With the Gold Coast V8 race not conflicting with us in 2020, we are already seeing interest from the car racing community which will swell numbers" said Arnold. Further donations, grants, and

sponsorships will be made before Christmas, and applications from local community or sporting groups for amounts up to \$1000 will be invited in the new year. Keep an eye on panoramapunish.com or the Panorama Punish facebook page for details. The 4th edition of the Panorama Punish is locked in for Sunday, 25th October 2020 with entries opening early in 2020. - Photos and Story supplied



*Bathurst City Life 13-19 November*

# DEVRO CELEBRATES 40th BIRTHDAY

Bathurst manufacturing business Devro celebrated its 40th anniversary on Saturday night.

The event welcomed staff from not only here in Bathurst, but from across the globe, including CEO Rutger Helbing. Despite the cold weather, Boxgrove turned in a great event and I was pleased to join the Devro team to mark the significant milestone.

The celebrations also included the extremely talented students from Kelso High School's circus program who provided great colour and fun to the event.



▲ Pictured with Sally Russell, Beverly Munro, Cr Bobby Bourke, Rutger Helbing and Dean Patton



# Student Careers get a boost at Denison College



FOLLOWING A SUCCESSFUL 18-month trial, Denison College launched its Career Connection Academy last Friday.

Industry partner Simplot provided very positive feedback about the trial which resulted in some fantastic opportunities for students.

The Career Connection Academy

is a program that connects year 10 Denison College students to local industry partners who provide opportunities for the students to experience specific types of roles within their chosen fields of interest.

It enables students to make informed decisions about their future study and employment by providing

industry experience.

The Career Connection Academy will be an extension of the Future Directions process from 2020. The opportunity to engage in this unique program will be offered to every Year 10 Denison College student.

- Photos supplied

*Bathurst City Life 20-26 November*



**TOO GOOD:** Centennials Bulls talent Flynn Taylor hit an unbeaten century and took six wickets in his side's win on Sunday. **Photo: BRADLEY JURD**

# Maiden senior ton for promising Bulls talent

## CRICKET

BY BRADLEY JURD

**CENTENNIALS** Bulls youngster Flynn Taylor sure had a field day on Saturday with both the ball and the bat in Presidents Cup.

The slow bowler picked up figures of 2-9 off five overs to help dismiss Bathurst City for 131, before hitting an unbeaten 100 on his side's way to declaring for 4-304.

Interestingly enough, Taylor thought he had to retire if he scored a century, so he walked off the pitch after posting his maiden senior ton.

However, when he came to the sideline, he found out that he didn't actually have to retire.

"It's pretty exciting," Taylor said about his efforts on Sunday.

"I walked off and the coach said, 'Good job'. Then someone told me I didn't have to retire. The coach told me he was going to retire me anyway."

It's remarkable that he even made 40 runs, considering his opposition dropped him on two separate occasions.

"I got dropped twice around the 20-30 run mark,"

he said.

After Centennials declared for 4-304, Redbacks were sent back in to bat again and Taylor continued his fine form with the ball, picking up four wickets for a total of six across two innings.

Centennials were unable to dismiss Redbacks to claim the outright points, with Bathurst City finishing the game at 8-135.

Bulls had achieved an outright win the round earlier when they defeated Bathurst Bushrangers, with Taylor picking up five wickets across two innings.

He didn't enjoy as much

success with the bat, dismissed for a duck.

His total of 100 runs from two innings in fourth best in the league, while his 11 wickets from two matches is the highest by any player this season in Presidents Cup.

It's been about four years now since Taylor begun playing cricket in Bathurst, after his family moved from Adelaide.

He had previously played junior cricket for Rugby Union, before he linked up with Centennials Bulls for this season's Presidents Cup, because he knew the coach.

Back in South Australia,

he played his junior cricket with Vale Park and Hope Valley, before moving to Bathurst, where he said the "climate is completely different than Adelaide".

"It's so much colder," he said.

Taylor will be hoping to line-up again for Centennials when they take on St Pat's Old Boys Gold at Police Paddock this Saturday.

Centennials are undefeated after two rounds and lead Presidents Cup, ahead of ORC.

Gold sit in fourth, having lost one game and another.

The match starts at 1.30pm.

# Students get insight into a future career

## EDUCATION

BY JACINTA CARROLL

**A PROGRAM** connecting Year 10 students with industry partners to help them decide future pathways has been launched in Bathurst.

Following a successful 18-month trial, Denison College has launched its Career Connection Academy, and is now looking to expand the program with other local businesses.

The academy is an extension of a Future Directions Process, and ultimately gives students the opportunity to experience work in a specific role of their choice in their field of interest.



Students (clockwise from top left) Achlan Bemrose, Lucy and Abbie Writer, Matt Markwick.

*Western Advocate Monday 16th November*

*Western Advocate Saturday 16th November*

*Western Advocate Tuesday 19th November*



LEARNING DAY: Alex Brown, Ethan Madden, Tyler Harvey, Sophie Lindsay, Lauren Rigby and Clara Bromfield enjoying the day.

# Making learning fun for students

## EDUCATION

LOAD rated bridges built from spaghetti and online code breaking were just two of the challenges facing students in the inaugural Denison Decathlon, held at Kelso High School on Monday.

Fifty students from Denison College's local primary

partner schools joined with

Year 7 students from Kelso and Bathurst High campuses for the event, which sees participants work together in mixed teams to undertake a range of problem solving activities in geography, art, poetry, STEM, history, maths, English, spelling and

general knowledge. Ms Hertel said the program also provides an additional transition point for students in Year 6 who will be attending Bathurst High and Kelso High campuses next year, and an important starting point for the i:extend

program. The i:extend program targets academically talented students from both Kelso and Bathurst High schools, providing them with opportunities to extend on their capabilities and further develop their skills through cross campus collaboration.

"They're having a great time," she said.

The i:extend program targets academically talented students from both Kelso and Bathurst High schools, providing them with opportunities to extend on their capabilities and further develop their skills through cross campus collaboration.

*Western Advocate Wednesday 20th November*

## EDUCATION

BY JACINTA CARROLL

YEAR 10 commerce students from Kelso High School learnt the highs and lows, of investing in the stock market, thanks to an international competition "The Stockmarket Game."

One group of Kelso High investors managed to make a profit of almost \$8,000 in the competition, which attracted students from all over Australia, China and New Zealand.

Callum Furner and Jeremy Igglesden, both of Year 10 managed to make a profit of \$7,925, and in doing so placed 45th in NSW, and narrowly missed out on a top 100 placing Australia wide.

Through the game students learnt about the difficulties in making money through the share market, and also saw first hand how volatile the market can be.

Jeremy said at the beginning of the challenge, each group was given \$50,000 on paper to spend on real stock, build a portfolio and try and make as much money as possible.



STOCK MARKET ANALYSTS : Kelso High Campus year 10 students, Callum Furner with Jeremy Igglesden. Photo:CHRIS SEABROOK 110519cstockmkt

The challenge went for 10 weeks, and Jeremy said to stay on top of the game, he and Callum had to check share prices repeatedly through the day.

"We were checking it in the morning and again throughout the day to see if we could buy any more shares," he said. One morning they struck gold, when one of their companies was purchased

by a Chinese investor and the share price went through the roof.

"The stocks shot up and we made \$7,000 in one day."

He said other shares, which weren't as profitable, were also sold off, so they money could be reinvested in more profitable options.

The pair said they learnt a lot from the competition, namely how hard it is to make money trading shares.



I know people make money but it's risky."

Jeremy Igglesden

"I know people do make money but it's pretty risky," Jeremy said.

Callum agreed saying it was hard to strike the right balance between what to buy and what to sell.

"And it can be all gone in one second."

Sharon Mendes, Head Teacher HSIE, Kelso High campus, said the boys did really well.

"They managed to turn their \$50,000 into \$57,925 and only missed out on the top 100 of all schools in Australia by \$20," she said.

She said this year during the competition, the market was particularly volatile, which was a real eye opener.

"In the 10 weeks of competition a lot changed, and they could see how people make the money and how easy it can be to lose it."

Close win leads to title for Bathurst

# A dramatic over

## CRICKET

BY ALEXANDER GRANT

A THRILLING final-over triumph over Dubbo and a dismantling of Lachlan over the weekend has seen Bathurst claim Western Zone Cricket under 16s glory.

Bathurst's comfortable six wicket win over Lachlan on Sunday afternoon saw them lock down the title but it was the two run win earlier in the day over Dubbo which was the real talking point.

Dubbo looked certain to chase down Bathurst's total of 119 with just three runs required in the final over of the Twenty20 game but a clutch performance with the ball from Angus Parsons saved the day.

A bye on the first ball was all Dubbo could muster as Parsons delivered five successive dot balls to secure an exciting win.

However, Parsons' magic over would not have been possible if not for the efforts of Tom Lynch (38) and Cooper Brien (35) with the bat.

The pair of wins gave coach Clint Bryant his fourth title with the team over the past six years, and when looking back on the journey for his team up to under 16s he couldn't be prouder of what they've achieved.

"There's seven of the boys in this team who have been there over the six years that I've coached this side," he said.

"Over six years, winning



**WE'RE NUMBER ONE:** Bathurst's two wins over the weekend have taken them to Western Zone Cricket under 16s glory. Photo: CONTRIBUTED

four competitions and losing the other two in grand finals, is a really great effort."

Brien and Harry Noonan (14 not out) added valuable runs for Bathurst in the closing overs against Dubbo, taking the team from 7-66 up to their final total of 119.

Accuracy with the ball

played a big part in the result - Bathurst only bowled 10 extras to Dubbo's 23.

"For a side at that age group and that level, that number shouldn't be happening," Bryant said of the Dubbo figure.

"Dubbo needed 16 runs off the last two overs and got

12 off the second last one which really put us under the pump.

"Angus Parsons is probably the best death bowler in Bathurst at this age group. Tom Coady, who's an Australian junior representative, was on strike but he took a single off a bye and Gussy bowled

five dots." Parsons finished with leading figures of 2-14 but his great day didn't end with the Dubbo game.

He led the way with figures of 3-9 off his four overs against Lachlan, while Blake Kreuzberger (37) and Tom Judge (29) did the most work

with the willow.

Lachlan scored 9-94 and Bathurst chased it down with four overs in hand.

The final round of the competition takes place on December 1, with Bathurst having the bye but being too far ahead for any rival to catch them.

*Western Advocate Wednesday 20th November*

Western Advocate Thursday 21st November



REHEARSALS: Tarquin Halls-Corbett with students from Kelso High's Cirkus Surreal, preparing for their performance on November 28 and 29.

## A performance not to be missed

### EDUCATION

KELSO High School's Cirkus Surreal will take its audience on a tour through the decades, at its annual end of year performance, being held at the school gym, November 28 and 29.

Teacher Tarquin Halls-Corbett said the stu-

dents have been rehearsing for months for the performance, which he said would be "really special."

"The students have collaborated and developed the whole concept," he said, adding characters in the performance will travel through time visiting iconic events

and places. The performance will also feature music from different eras with everything from Elvis Presley, Michael Jackson to Led Zeppelin.

A massive back screen will feature videos and special effects complimenting the performance.

"This performance will be our biggest one yet, it's the end of a decade so it's really special," he said.

This year over 60 students from Years 7-11 are part of the performance, with participants including people who have just started to sea-

soned Cirkus performers. Tickets are available from the school's front office.

Western Advocate Friday 22nd November

# Chasing a successful start

### CRICKET

BY ALEXANDER GRANT

BATHURST'S under 16s have their chance to follow in the footsteps of their Western Zone Carnival counterparts when the Mitchell Cricket Council competition gets underway this Sunday.

The city's first string 16s team wrapped up the Western Zone title last weekend and now Bathurst's 'B' side will look to do the same in the MCC edition, travelling to face Orange the opening round.

But for a 'B' squad there's a tonne of talent in the Bathurst ranks. Many in the Bathurst team are in their first season of under 16s cricket and are looking to make an impression before taking the next step in their junior representative careers.

Coach Phil Chie said there's a stack of players in his side who have proven themselves at the district level before.

"This competition will give the kids a few extra games of cricket, for those who might not normally play on turf this

year. It's good experience for them," he said.

"Quite a few of the kids have played rep cricket before. A lot of them are 15s who will step up next year.

"Calvin Windus is our captain. We have Andrew Chie, Flynn Taylor and Jamie

Bennett, who all have several years of rep cricket."

Bathurst's side contains several members of the Stanislaus' College under 16s team who qualified for the Berg Shield semi-finals thanks to their two wins on Monday.

Bathurst's first opponents Orange will also be fielding a second-tier team in the competition while Blue Mounts and Mudgee complete the field.

"The bigger towns usually have quite a lot of kids to choose from, so I'm expect-

ing Orange to be quite competitive, especially on their turf," Chie said.

"I'm expecting Blue Mounts and Mudgee to be quite good because these will be their normal teams."

Play begins at the Country Club Oval from 10am.



LEADERSHIP: Calvin Windus will captain the Bathurst under 16s team during this season's Mitchell Cricket Council competition.

BATHURST UNDER 16s: Calvin Windus (C), Jamie Bennett, Andrew Chie, Hayden Goodsell, Will Grant (WK), Cooper Grenfell, Caiden Grimmert, Ryan Howarth, Robert Jefferies, Alex Kinghorne, Ruben Martin-Clark, Jonathan Nicholls, Lewis Schoenmaker, Flynn Taylor



# Bathurst wants return to the top of under 18s

CRICKET

BY ALEXANDER GRANT

THE previous Western Zone Cricket Under 18s Carnival wasn't the successful one Bathurst were hoping for but with home turf beneath them the team are hopeful their next endeavour goes more smoothly.

Bathurst entered the 2018-19 carnival with high hopes of bringing down Dubbo but they were soundly beaten by five wickets.

It's time to make amends.

Four players in the new Bathurst team - captain Bailey Brien, Cooper Brien, Matt Beattie and Tom Lynch - were part of that side who went down last season, and they won't be in the mood for back-to-back opening round losses.

Majority of the Bathurst boys are newcomers to the team but they're all long time members of the district's junior program.

They'll face the Chairman's XI in Saturday's first round game at Morse Park, with victor to face the winner of the Orange versus Dubbo clash.

Phil Cant steps into the coaching role for Bathurst this season.

He knows there's no shortage of determination among the Bathurst team to get back on the top step of the podium.

"There is a bit of unfinished business," Cant said.

"We've always been strong in this age group. This team won under 12s, 14s and 16s all the way through, though we have lost of few players due to kids leaving town.

"We've probably got more of a mixture of under 16s and under 18s. Probably a third



**REDEMPTION QUEST:** Bailey Brien has captaincy of Bathurst under 18s side who go into this weekend's Western Zone Cricket Carnival looking for success on their home turf. **Photo: PHIL BLATCH**

of this team are strong under 16s players.

"For the guys in it last year they will be wanting their revenge, but there's lots of motivation for all the boys to gain selection in the Western Zone team."

The Chairman's XI is an outfit pieced together from the remaining Western Zone centres outside of Bathurst, Orange and Dubbo.

This season's team is captained by Mudgee's Lachlan

Endacott, who will hope to lead the squad to a successful title defence.

However, only one member of that victorious Chairman's XI team (Lachlan Rayner) is on deck to defend the crown.

Cant said it's great to have the strongest Bathurst side available to take on the combined might of the Chairman's team.

"I know the two Scots All Saints boys, Ben and Hugh,

weren't able to play last time due to school cricket but we've swapped that game around this time," he said.

"We have Cooper Brien coming up from under 16s, a big strong player who's been scoring runs, and then Bailey Brien and Jack Goodsell who have lots of good results on the board already.

"We want be going in overconfident. I know that Orange has a very strong team this year. If we were to win

our opening game I'd really look to going up against them or Dubbo the next day."

Bathurst and Chairman's XI play on Morse Park 1 from Saturday 10am with Orange and Dubbo facing off next door on field two.

**BATHURST UNDER 18s:** Bailey Brien (c), Ben Cant, Cooper Brien, Hugh Parsons, Aiden Macauley, Jack Goodsell, Charlie Hutchings, Matt Beattie, Tom Judge, Hamish Siegert, Ethan Muller, Tom Lynch

## Students star at spectacular

### SCHOOLS SPECTACULAR

AS A large group of Schools Spectacular stars settle back into their Bathurst schools after their triumphant performances on November 22-23, their excitement now switches forward to reliving the exhilaration of the show on national television.

**Kelso High student Mia Ryan** and Bathurst High student **Lily Cole** were some of the stars that featured at Schools Spectacular at the Qudos Bank Arena last week, as well as groups from Bathurst Public School, Bathurst South Public School

Seeing the show they were part of is a real star moment.

**Schools Spectacular's Jane Simmons**

and Eglinton Public School.

The 2019 Schools Spectacular performances will make its television debut on Sunday, December 7, at 7pm on the Seven Network, including local station Prime Seven.

co-executive producer Jane Simmons said while the stars of Schools Spectacular love to relive their moments in the spotlight and share it with family and friends, the show is outstanding entertainment for everybody.

"For these students seeing the show they were part of is a real star moment," Ms Simmons said.

"Our theme was 'Stars' and we will truly present a galaxy of stars on television screens around Australia.

"We would love everybody to feel the power, enthusiasm and sheer enjoyment of these talented young people."



**STAR PERFORMANCE:** Eglinton Public School dancers got into the spirit of the iconic Schools Spectacular finale last week. **Photo: CONTRIBUTED**

*Western Advocate Saturday 23rd November*

*Western Advocate Wednesday 27th November*



**YEAR 12 GRADUATION:** Chloe Howard and Akira Berrisford, before Kelso High's Year 12 grad.

### **KELSO HIGH GRAD**

Kelso High School's Class of 2019 graduated in style on Friday night, meeting for official photos at the Court House before moving onto the Bathurst Goldfields for their graduation dinner. More photos at [www.westernadvocate.com.au](http://www.westernadvocate.com.au)



**CELEBRATION:** Year 12 Kelso High students enjoying the evening, pictured just before the graduation started.



**END OF YEAR 12:** Thomas Lyons and Xania Graziani, enjoying the evening.



**YEAR 12 GRAD:** Angus Willshire and Erin Mullen, enjoying the night.



**GRADUATION NIGHT:** Kendra Willott and Toufica Makhoul at the Kelso High School graduation evening.



**GREAT NIGHT:** Alyssa Callen, Tracy Callen and Gail Gajewski.



**GREAT NIGHT:** Jasmine Morris, Claire Sheehan, Maddie Howie and Charlotte Cosgrove.



**GORGEOUS:** Laura Sennett, Taya Patching and Rosie Forsyth enjoying the evening.



**END OF YEAR 12:** Braiden Curran with Carrissa Davis and Chloe Hawkins.



**STUNNING:** Kathleen Murphy, Rosie Forsyth and Lucy Butler, pictured before the Kelso High grad.



**YEAR 12 GRAD:** Jayden Beale, Ashley McGrath, Jack Mobbs, Mackenzie Ryan and Isabella Mooney.



**YEAR 12 GRADUATION:** Nerida Lord and Ethan Winfield at the graduation.



**GREAT NIGHT:** Jo and Jacob Goodwin and Chloe Smith.



**HAPPY GRADUATION:** Alivia Bourke and Josie Geerkens, at the Kelso High grad.



**GRADUATION:** Jeremy Cummings and Joseph Halliday.



**KELSO HIGH GRAD:** Sam Cosgrove and Hannah Wardle enjoying the Year 12 grad.



**GRADUATION:** Tamar Harvey and Amber Hamrahan, enjoying the graduation.



**FAMILY CELEBRATION:** Lilli, Di, Isabella and Brett Mooney enjoying the Year 12 graduation.

Western Advocate Wednesday  
27th November



**PRACTICE PAYS OFF:** Precision Martial Arts Bathurst's ISKA National Championships team celebrate with their medals. Their haul saw the club finish sixth overall.

## Displaying strong credentials

### MARTIAL ARTS

PRECISION Martial Arts Bathurst had seven reasons to smile after their recent International Sports Karate Association (ISKA) campaign at Liverpool.

That's because the club came home with seven national titles to their name - a effort strong enough to see the dojo finish sixth in the standings.

Isabella Morris (point sparring), Taylor Sargent (kata), Kiara Blattman (kata), Stella Hall (weapons kata), Lexi Matiszik (clash sparring), Adan Coello (self defence) and Jethro Hartmann

(kata) can all call themselves 2019 national champions after stellar performances in Sydney.

Top three finishes came the way of the club in spades.

Those results went the way of Kiara Blattman (second in weapons kata), Hall (second in kata), Matiszik (second in sword combat, third in sumo), Jordan Hickey (second in kata, point sparring and weapons kata), Beau Blattman (third in self defence), Jacinta Bignell (third in point sparring, second in sword combat), Jaeden Gunning (second in kata) and Troy Wright (third in

point sparring). Sargent said the collection of victories is a testament to the students' diligence in training.

"Team members train between four and 10 hours per week at the dojo as well as training at home," she said.

"To come away with seven national titles between us goes to show that our principles of train hard, train frequently and train precisely have paid off. You get back what you put in.

"We are very proud of our team and the work they have put in."

-ALEXANDER GRANT

Western Advocate

Bathurst teen shines in CrossFit Open

# Roxy, by George!

## CROSS FIT

BY ANYA WHITELAW

SHE might be a teenager with a cheeky nature but when it comes to the CrossFit Open, Roxy George's performances are seriously good.

So good in fact that the 13-year-old has finished this year's CrossFit Open as the seventh best performed athlete in Australia and 74th ranked in the world in an age division which includes girls up to two years older than her.

It has involved more than just impressing in a series of five workouts - there has been plenty of training for the CrossFit 2795 talent as well as managing other sporting pursuits - but George has done well enough to progress to the next stage of the global competition.

Not surprisingly her father and CrossFit 2795 trainer Dan George is proud of her achievements.

"It puts a smile on my dial that's for sure. Sometimes I forget that she is only 13, she comes into the classes, when a new person walks through the door she goes up and introduces them," he said.

"She's got a couple of little friends she's been doing it with since we started Believe BootCamps about eight or nine years ago. They've filtered through our kids program ... they are still cheeky teenagers, but they like seeing each other succeed and thrive off the success of



**STAR PERFORMER:** Bathurst teenager Roxy George has qualified for the next round of the CrossFit Open. **Photos: CROSSFIT 2795**

each other.

"We set making the next round as a little goal for her, we said it was a possibility if she was keen to try and juggle it with her basketball. It was let's find a routine with what she can do and she's done that well actually, she juggled both sports."

Dan George explained that while Roxy was at a disadvantage in some areas when trying to outperform older girls in the 14-15 years

category, her gymnastics background helped her to excel in others.

"It is a disadvantage especially when it comes to the strength side of things, some of these girls can be two years older, skill-wise it can be a disadvantage as well," he said.

"But one of her strengths is her actual barbell work in the strength component of what we do and she has got a gymnastics background

from her years at Aspire. That has transferred over to the high skill end of the gymnastic pieces which really sort of pushes her up into that top category."

Having ranked in the top 10 in her age group in Australia, Roxy George has booked her place in the next round of qualifiers. She will take on 200 of the world's fittest in her category next year at a date yet to be confirmed.

She joins fellow CrossFit

2795 athletes Ash Corby and Brodie Scott in that next round.

"It's basically everyone goes back to zero points, the top 200 verse each other and they will do four workouts. We have no idea what they are going to be, they release it Friday lunch-time and she'll have until Tuesday lunchtime to do it. Record her results, video it and submit her scores," Dan George explained.

"She's the only one in our junior age that is going through and we've got Brodie and Ash in too."

"Five years ago when we first started, never did we think we've had so many guys attending classes day in and day out and following the same programs that everyone else does. It really is motivating. It shows that anything is possible if you get the right recipe together and have fun with it."

*Western Advocate Thursday 28th November*

# A triathlon transformation

## TRIATHLON

BY ANYA WHITELAW

wasn't like run for no reason, it gave me a purpose.

"Perhaps the reason I've stuck with it is because I've gained so many wonderful friendships from it and so much fitness and fun.

"The women's tri was such a lovely event it just enticed me to keep doing them."

Prior to that event Adams had plenty of experience in the pool, but the cycle and run legs were a different story. It was daunting to embrace those new disciplines, but she is glad she did and encourages others to do the same.

"I'd swum a lot as a child, but I was completely new to cycling, I forgot how to ride a bike," she laughed.

"And running has always been a very big challenge of mine, so I was pretty new to running. I'd done the odd Parkrun but had never really been committed to running, it was all a little bit too hard.

"I would say that the Wallabies Triathlon Club is so inclusive and supportive that if there is something you feel you can not do, they will find a way to meet your needs. Whether they modify the event, whether they help you with your training, whether they support you in actually doing that particular leg, they will find a way to accommodate you.

"I think we grow most as humans when we take on challenges we think we can't do. So I would just encourage people to trust that they are in a supportive enough environment to me exercise, it

SWIMMING, cycling, running in a supportive environment with a big smile on her face - doing that has proved to be life changing for Jess Adams.

Adams is one of the ever growing number of female members of the Bathurst Wallabies Triathlon Club and come this Sunday, will be there swimming cycling and running when it stages its second women's only race.

"I would not have taken it up had it not been for that women in tri program, it really has transformed my life," Adams said.

"I'm a different person than I was 12 months ago. I am so vibrant and I have purpose and I'm fit and healthy. It really has transformed my life, it's been so good."

Looking for a way to become more involved in the community, Adams got her introduction to the sport at last December's inaugural women's only triathlon.

She enjoyed the training program in the build up with the Barnyard group then the race itself so much, she has since become a regular at Bathurst Wallabies events.

"I was fairly new to Bathurst still so I was looking for a supportive community or a way into the community and the Wallabies' women's tri allowed that," Adams said.

"It actually gave me a structure to me exercise, it



**TRANSFORMATION:** Jess Adams did her first triathlon 12 months ago and has continued on in the sport she says has changed her life. She is encouraging more women to get involved. Photo: ANYA WHITELAW

ronment and they can do it," she said. "The Wallabies have been there at every finish line cheering me on too."

Sunday's women's only triathlon will be a shorter distance, with competitors to tackle a 200m swim, 16km bike and 2.5km run. Adams said those who take part can expect plenty of encouragement along the way.

"They have totally embraced me and I'm so grateful for that, it has been very surprising," she said.

"All the sporting agencies

I'd been involved with previously had a lot of politics behind them and things like that, whereas the Wallabies don't. They are purely there for the love of the sport and to encourage a wonderful, fit, healthy lifestyle.

"She challenges herself, she trains really hard and she just inspires everybody with how she participates fully in everything. She is improving all the time, she's our little super star definitely."

Wallabies women's coordinator Anna Blackie said the way Adams has embraced the sport is a perfect example of what the emphasis on female participation can lead to.

"From a club's point of view, she just epitomises everything we are trying to achieve with the women's program," she said.

"She challenges herself, she trains really hard and she just inspires everybody with how she participates fully in everything. She is improving all the time, she's our little super star definitely."

Sunday's race starts at 9am.

# Sharing Christmas joy

## COMMUNITY

WHAT began as an idea over a few beers has grown into one of the city's proudest traditions; a Christmas lunch bringing together people who have no one else to celebrate with.

For around 30 years, Barney Rumble, with the help of a team of volunteers has been making Christmas a little brighter for people around Bathurst.

Through the annual Bathurst Community Christmas Lunch, at the Hope Church, in Gilmour Street, Mr Rumble ensures everyone has access to a meal on Christmas Day, where they can also be surrounded by friendly faces.

In it's first year the luncheon had about 40 guests, last year there were over 240 people, something Mr Rumble thinks is probably a "sign of the times."

He said the idea behind the lunch is to make sure no one spends Christmas Day alone.

Over the years his band of volunteers as well as the generosity from the community has enabled the lunch to



**CHRISTMAS LUNCHEON:** Barney Rumble, with his daughter, "Elf in Charge" Kathleen Clarke, are busy preparing for the Community Christmas luncheon.

go ahead.

"People donate goodies, presents for the kids, hams, drinks and food and that's what we need again this year," Mr Rumble said.

"Whether it's food, a toy, wrapping paper, borbons, any type of Christmas fare would be great."

Those who would like to make a donation are asked to

drop non perishable items, drinks, and Christmas presents into the Western Advocate, or Kelso High School's front office. Those donating perishable items can call Mr Rumble to make arrangements.

In addition to food, decorations and gifts, Mr Rumble has also made an appeal for volunteers to help on Christmas Day.

Mr Rumble said anyone in the community, including adults and children, who would like to join in the Christmas lunch is welcome to come along.

"As long as they are there on the day, we don't ask questions," he said.

To assist people in attending, free transport will be

provided to the church for those who need it.

Those wanting to attend the Christmas Day lunch can register by calling the Neighbourhood Centre on 6332 4866.

Inquires can be directed to Barney on 0409 785 990, or Hans Stroeve, who is helping out with the Christmas luncheon on 0414 623 296.

*Western Advocate Friday 29th November*

*Western Advocate Monday 2nd December*

# Great experience at UN tournament

**EDUCATION**

BY BRADLEY JURD

HE MAY have not made the cut to go through to the next round, but Kelso High Campus student TJ Henderson has made the most of his recent experience in the United Nations Voice competition.

The United Nations Voice tournament is a competition for students in year 7 to 10, who are required to solve issues that affect the community, nation and the world.

The year 9 student competed at the competition at the University of Technology Sydney on Friday, November 22, and was up against 29 students from across NSW, who were keen to qualify for the top 10 that would progress to the next round.

He had the option of six topics prior to attending the event, choosing to speak on the subject of improving economic equality between citizens.



**VOICE:** Year 9 Kelso High Campus student TJ Henderson competing at the United Nations Voice competition in Sydney on November 22. **Photo:** CONTRIBUTED

"I had a five minute speech and the adjudicators asked me questions," he said.

"I had just one minute to prepare my answers and then I had two minutes to give my response.

"It was stressful because it can be difficult to come up with good responses to the answers that quickly. I just

had enough time to jot down a few points."

It's not the first time Mr Henderson has experienced public speaking and said it's something he finds fun to do.

"It also gets me out of class," he laughed.

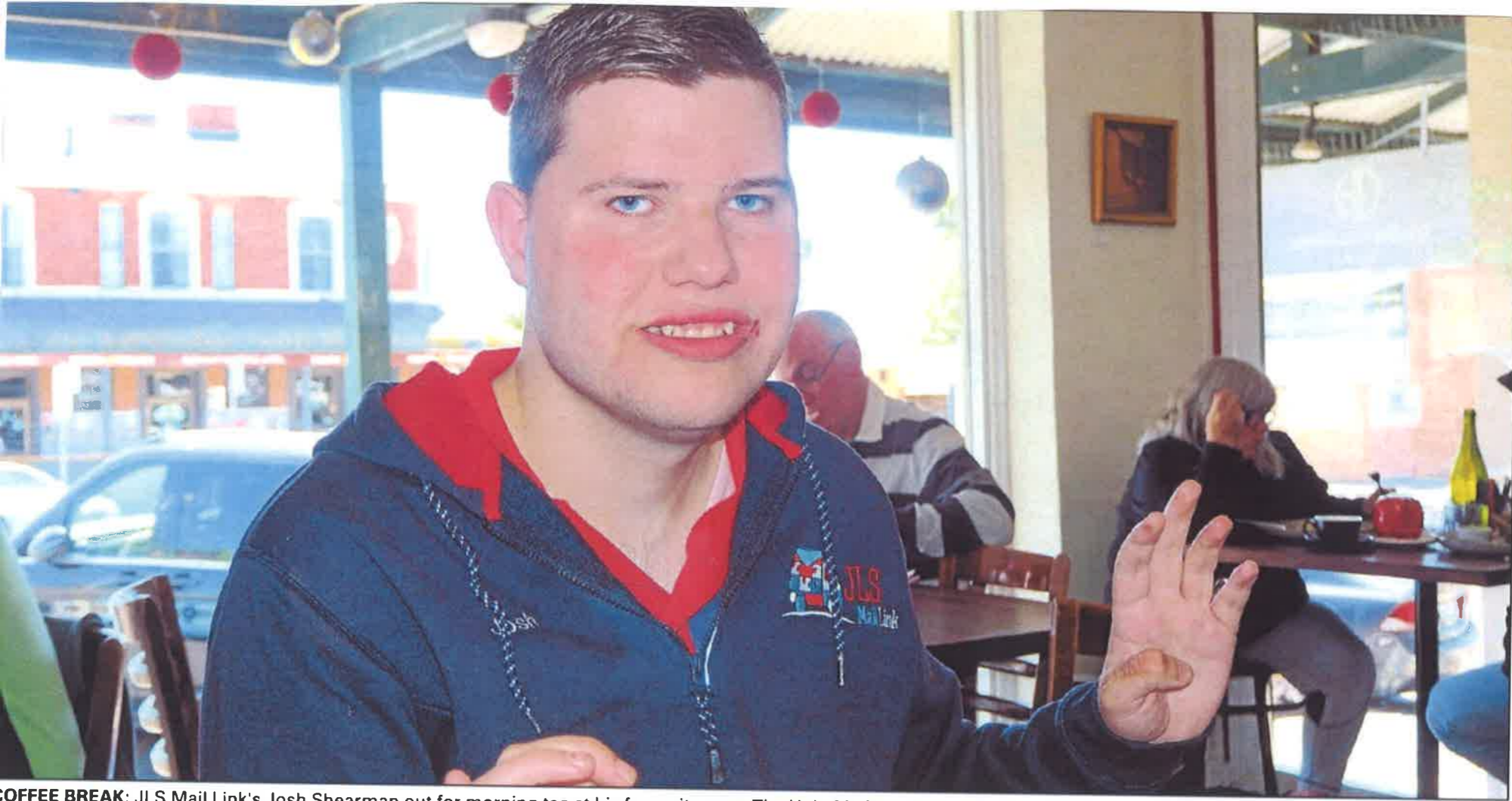
Mr Henderson qualified for the state round after progressing from the regional

competition that was held at Bathurst High Campus previously.

The grand final for the United Nations Voice competition will be held on Monday, December 9, at Canberra.

For more information, visit [unyouth.org.au/event/voice-nsw/](http://unyouth.org.au/event/voice-nsw/).

*Western Advocate Monday 2nd Decembe*



**COFFEE BREAK:** JLS Mail Link's Josh Shearman out for morning tea at his favourite spot, The Hub. Mr Shearman collects and delivers mail to 14 local businesses. **Photo: SAM BOLT**

# Josh Shearman is helping businesses stay on top of their mail

# POSTMAN JOSH

**BUSINESS**  
**SAM BOLT**

ESTERDAY may have been International Day of People with Disability, but for Bathurst's Josh Shearman, it is business as usual. Mr Shearman, 20, runs his own business - JLS Mail Link - where he collects mail from the Bathurst Post Office

to deliver to 14 businesses throughout the city.

Vanessa Shearman, Mr Shearman's mother, said he follows an organised, day-to-day routine to ensure he gets the most out of each day on the job.

"The businesses in Bathurst have really gotten on board with Josh's service and it has allowed him to build

relationships with the wider community," Ms Shearman said.

"In addition, it creates awareness about providing an inclusive community atmosphere for people with a disability."

Mr Shearman was diagnosed with a rare genetic disorder [later found to be Pettigrew syndrome] at the

age of two, which affects his verbal communication and fine motor skills.

However, Ms Shearman said his disability has proven no barrier to becoming a well-respected individual in the community.

"Josh loves driving around in the company car and as the clients are scattered all over Bathurst, he gains expo-

sure to a variety of different business sectors," she said.

"It's important for regional communities to provide opportunities for people with a disability, as they are capable of making a positive difference."

Adam Lawson, who assists Mr Shearman on his mail runs, said all the businesses welcome his dedication

to ensure their mail is up to date.

"Every day is different, and I enjoy helping Josh run his daily errands," Mr Lawson said.

"These initiatives wouldn't be possible without a great deal of support from the community, and Bathurst is a big part of Josh's life."

**[To page 2**

*Western Advocate Wednesday 4th December*

## EDITORIAL

# A day to remind us that we can all be better



**W**E HOPE Australia is getting better when it comes to the treatment of people with a disability, but we should not fool ourselves that there is still not more to be done.

Tuesday was International Day of People With a Disability, a perfect opportunity to reflect on how far we've come.

Kurt Fearnley was patron for the day, saying he wanted it to be "a launching pad for further action".

He said people with disabilities were entitled to the same "respect, independence and choice" as others. He's calling for honest discussion about the barriers in society that prevent this. He wants people to work together to break down these barriers.

He asserted that people with disabilities have the same rights to employment.

respect, independence and equality as everyone else.

And one of his messages is that we all have a role to play in breaking down the barriers faced by people with disabilities.

Mr Fearnley says one-in-five people in Australia live with a disability. That's 4.3 million people.

He says people with a disability are less likely to have a job. They face daily challenges that people without a disability rarely do.

And that's one of the reasons we've today decided to prominently feature the story of Bathurst man Josh Shearman in the *Western Advocate*.

Josh, 20, was diagnosed at age two with a rare genetic disorder that has affected his verbal communication and fine motor skills.

But his story is all about what he can do rather than what he can't.

Josh (pictured) runs his own business, JLS Mail Link, where he collects mail from the Bathurst Post Office to deliver to 14 businesses throughout the city.

The work gives him purpose and a routine, and a great deal of satisfaction. Crucially, though, he has been accepted in his role by the many businesses he comes in contact with throughout the day - and that's an example for the rest of us.

"It's important for regional communities to provide opportunities for people with a disability, as they are capable of making a positive difference," Josh's mother, Vanessa, told the *Western Advocate*.

We all have a role to play and our society can only benefit from becoming more inclusive.

And not for just one day a year. The challenge for all of us is to be better every day.

# Stars to shine in the semis

Western Advocate Wednesday 4th December



**WEAPON:** George Collins will be looking to take his game to another level in the semi-finals for Team Blitzen. **Photo: CONTRIBUTED**

## TENNIS TALK

BY JOHN BULLOCK

IT'S been a long gruelling spring competition for the six sides competing but now only four remain to battle it out in this weeks semis. Let's have a look at the sides and their form:

### TEAM PRANCER

**ALLYSON SCHUMACHER** - They don't call her the Iron lady for nothing as Allyson has the nerves of steel when the pressure tennis is applied. A good leader.

**JOHN BULLOCK** - He has the uncanny knack of playing his trump card in big matches to perfection. Slugger Bullock is aiming to become the first player to win six grand finals if successful in this competition.

**DANIEL MCLEAY** - One of the best number threes in this competition. A good serve with a good all-round consistent game. A danger player to watch out for.

**DAVID BANT** - This guy is a real goer. When he steps on the court you know he will give you 100 per cent. Not to be underestimated.

### TEAM RUDOLPH

**MATT TREE** - A big hitter with a good all-round game. Tree has the game to worry the big gun players. If Tree is given room to move, watch out as he will tear you apart with his powerful hitting.

**BRIAN DWYER** - This guy is peaking just at the right time. Dwyer on his day has the game to upset the more fancied players. Don't let your guard down as he will pounce on you.

**KATH WILKINSON** - Reads the play well. Not to be taken lightly in this match.

**ANDREW HOWARTH** - A good steady player with speed to burn. Will fight to the end and as captain will rally behind his troops.

### TEAM BLITZEN

**GEORGE COLLINS** - Nationally ranked Collins comes into this match with hot form. Has a powerful game that puts his opponents in panic mode. If the pressure tennis is applied he rises to another level.

**SARAH TREE** - Has a big forehand and steady all-round game. If Tree gets that little sniff of victory its good

night dick.

**ROBERT MACK** - A big server with big ground strokes. If Mack is given room to move he will pounce on you. A huge threat.

**SEBASTIAN HONEYMAN** - A good steady player who battles on gamely in his matches. This guy is on the improve and comes into this match full of confidence.

### TEAM DASHER

**GARTH HINDMARCH** - This guy has a big serve volley game with a stylish chip and charge game. Hindmarch is ready for the game of his life.

**JASON HONEYMAN** - A big server and powerful smash help contribute to his crafty court craft game. A player not to be taken lightly.

**BAILEY HONEYMAN** - This player improves week in week out is ready for this semi clash. If he serves well the rest of his game will flourish.

**BARRY HURST** - Has played in many semi finals and is ready for this clash. Hurst will give it his all, and if he sees and opening on the court to attack the ball he will prove troublesome.



Kelso team searches for new challenge

# Honourable leap

## VOLLEYBALL

BY ALEXANDER GRANT

KELSO High School's under 17s team have been a force at nearly every event they've attended but now they're ready to push themselves to the limit.

The girls squad is one of three Kelso teams attending the upcoming Australian Schools Volleyball Cup on the Gold Coast, and while they're no strangers to the event they have never taken part in the top honours division.

Until now. The team will be pitting themselves against the top schools volleyball teams for their age group from across Australia.

The expectations won't be immense for the Kelso team testing themselves at a new level, but with five NSW representatives in the mix it would be wrong to rule them out of the hunt.

Kelso will face Rossmoyne (WA), Billanook (VIC), Brighton (SA) and Cleveland (QLD) in a division showcasing talent from every corner of the country.

Coach Jerry Sheader said it's a challenge the team are ready to tackle head on.

"It's a big change going from division one to honours and that's something we've only ever done once before with one of our previous year 10 boys teams," he said.

"This is the dream team who have been training to-



**TALENTED:** Two years ago the Kelso High School year 8 side won gold at the ASVC (pictured). The team looks to repeat that effort this week.

gether since year 7. They're lost very few players in that time and it's the same team who won the state carnival earlier this year. They win a lot of games and they've been doing a lot of work.

"Hopefully we can go up there and win more games than we lose. To medal would be astounding though."

In the space of a year the team have ascended to a new level of play, according to Sheader.

"The amount of time and effort they've put in throughout the years should allow them to be very competitive and consistent," he said.

"We've got some real power. There's three girls who can hit the ball really hard now. The level of maturity between a year 9 and 10 girl in terms of strength can be big. Our attacking weapons are starting to strike.

"We have a really good centre, Harriet Fitzsim-

mons, who trains with the Australian junior side. Having a player of that calibre at that position is a big thing."

Kelso's other two teams will feature in boys year 10 division two and girls year 9 division three.

The boys side are looking for back-to-back titles after taking out the year 9 division two prize in the 2018 event at Melbourne.

Sheader said the team has a handful of players ca-

pable of seizing momentum from opponents.

"The boys have gone back into that division with a really good track record. We have no senior any more so they've basically been our senior team and have been playing at a high level," Sheader said.

"Three of the boys have played in the under 17s NSW side so they've got some strength there.

"Our year 9 girls are new

to volleyball this year and experiencing what the sport has to offer. They're all really good athletes.

"While volleyball's not the number one thing for them, as they play other sports, they're a great group of friends who have been trained by one of our ex-players, Brooke Wright, and that's been wonderful to see."

The tournament runs from Friday through to December 14.



**EXCELLENCE:** International media executive Owen Franks is 2019's Kelso High Campus Decade Award recipient.

## Prized Kelso High honour for Franks

### DECADE AWARD

WORLD-RENOWNED media executive Owen Franks has been named as the recipient of the 2019 Kelso High Campus Decade Award for excellence in his chosen field.

Mr Franks, who is currently the head of Asia Pacific at global news network TicToc by Bloomfield, graduated from Kelso High in 1990, before completing an honours degree in political science and government at the University of Sydney.

Currently based in Hong Kong, Mr Franks has pre-

viously worked for the BBC and Al Jazeera across the United Kingdom, Qatar and the United States.

Mr Franks is the third in his family to receive the award, after his sister Alison [1997] and brother Ashley [2018].

The Decade Award was introduced in 1997 by former teacher Hans Stroeve to recognise Kelso High graduates who have gone on to achieve outstanding success in their career.

Other notable recipients include Kate Smith, Gavin Coles, and Janelle Lindsay.

*Western Advocate Friday, 6th December*

*Western Advocate Friday 6th December*

# TOUCH FOOTBALL

Hopeless versus BenchWarmers - Bathurst Touch Football Association under 14 girls



**ATTACKING MOVE:** BenchWarmers player Roxy George passes to team-mate Tahliia Spears in their under 14s touch football match. Photo: CHRIS SEABROOK 120219ctgouchf5

## A HOPELESS VICTORY

Team Hopeless posted a 6-2 win over BenchWarmers in their under 14s girls Bathurst Touch Football Association match at Learmonth Park.



**HOPELESS, NOT WINLESS:** Team Hopeless, from left, Bree Muldoon, Lily Mulligan, Aleks Fraser, Ella Redman, Emme Wardle, Charli Lynch and Sierra Hoolahan won their under 14s girls match against BenchWarmers 6-2. Photo: CHRIS SEABROOK 120219ctgouchf1



**ON THE BURST:** Charli Lynch (team Hopeless) looks for a way past her BenchWarmers rival Tess Browne. Photo: CHRIS SEABROOK 120219ctgouchf9



**GOT YOU:** Emme Wardle is tagged by Tess Browne in their under 14s girls Bathurst Touch Football Association match. Photo: CHRIS SEABROOK 120219ctgouchf4



**FAB 14S:** The BenchWarmers team which competes in the under 14 girls competition, Alex Taylor, Tess Browne, Emily Weal, Tahliia Spears, Polly Taylor, Roxy George, Abbey Bracken and Jade Leven, Photo: CHRIS SEABROOK 120219ctgouch2



**PROBING:** Lily Mulligan, from Hopeless, looks for a way through BenchWarmers' defence in their match at Learmonth Park. Photo: CHRIS SEABROOK 120219ctgouchf6



**GOT YOU:** A team Hopeless player is tagged by her BenchWarmers rival. Photo: CHRIS SEABROOK 120219ctgouchf8



**FINDING SUPPORT:** Bree Muldoon (Hopeless) links with one of her team-mates in their under 14s girls match at Learmonth Park. Photo: CHRIS SEABROOK 120219ctgouchf10



**ON THE BURST:** Team Hopeless player Ella Redman puts on a burst of speed in her side's match against BenchWarmers. Photo: CHRIS SEABROOK 120219ctgouchf7



**DOWN THE FLANK:** Sierra Hoolahan tries to find space down the sideline in her side's match against BenchWarmers. Photo: CHRIS SEABROOK 120219ctgouchf11

*Western Advocate Tuesday 10th December*

Four Bathurst players named for Western

# Premiers picked

**CRICKET**

BY ALEXANDER GRANT

FOUR of Bathurst's best under 16s cricketers have been rewarded for their fine form early in the season with a place in the Western Zone Bradman Cup team.

Blake Kreuzberger, Tom Lynch, Cooper Brien and Jacob Ryan will be off to Albury next month to face the top country cricketers in the state - and they will all bring with them outstanding resumes.

The quartet all enjoyed Western Zone premierships glory with Bathurst and have been in great form across school and club level.

Their Mitchell coach Clint Bryant has been able to mentor the group across several seasons and has enjoyed watching their rise.

"It's no real surprise to see those four boys named. They're the pick of the team," he said.

The four players all played important roles for Bathurst's Western Zone team and Bryant said the boys will be some of the most important pieces of the Bradman Cup squad.

"Blake's big and strong and hits the ball a long way. He dominated the Under 15s State Carnival where he was the second leading run scorer," he said.

"Lynchy is probably our quickest bowler and usually bats in the lower middle order. Something's clicked for



**NEXT STEP:** Jacob Ryan, Blake Kreuzberger, Cooper Brien and Tom Lynch have been selected for Western. Photo: CHRIS SEABROOK

him this year and he's just dominating at the end of our innings.

"Cooper's just been selected in the Western under 18s and he's been dominating second grade in Bathurst. He'll be an X-factor with the ball."

Unsurprisingly, Bathurst and Dubbo players domi-

nate the team after finishing the Western Zone competition in first and second respectively.

Nine players from the two districts made up the squad of 13.

Western have a strong re- cent history in the Bradman Cup and were champions of

month's tournament.

**WESTERN UNDER 16S:** Cooper Brien, Blake Kreuzberger, Tom Lynch, Jacob Ryan (Bathurst), Anthony Atlee, Tom Coady,

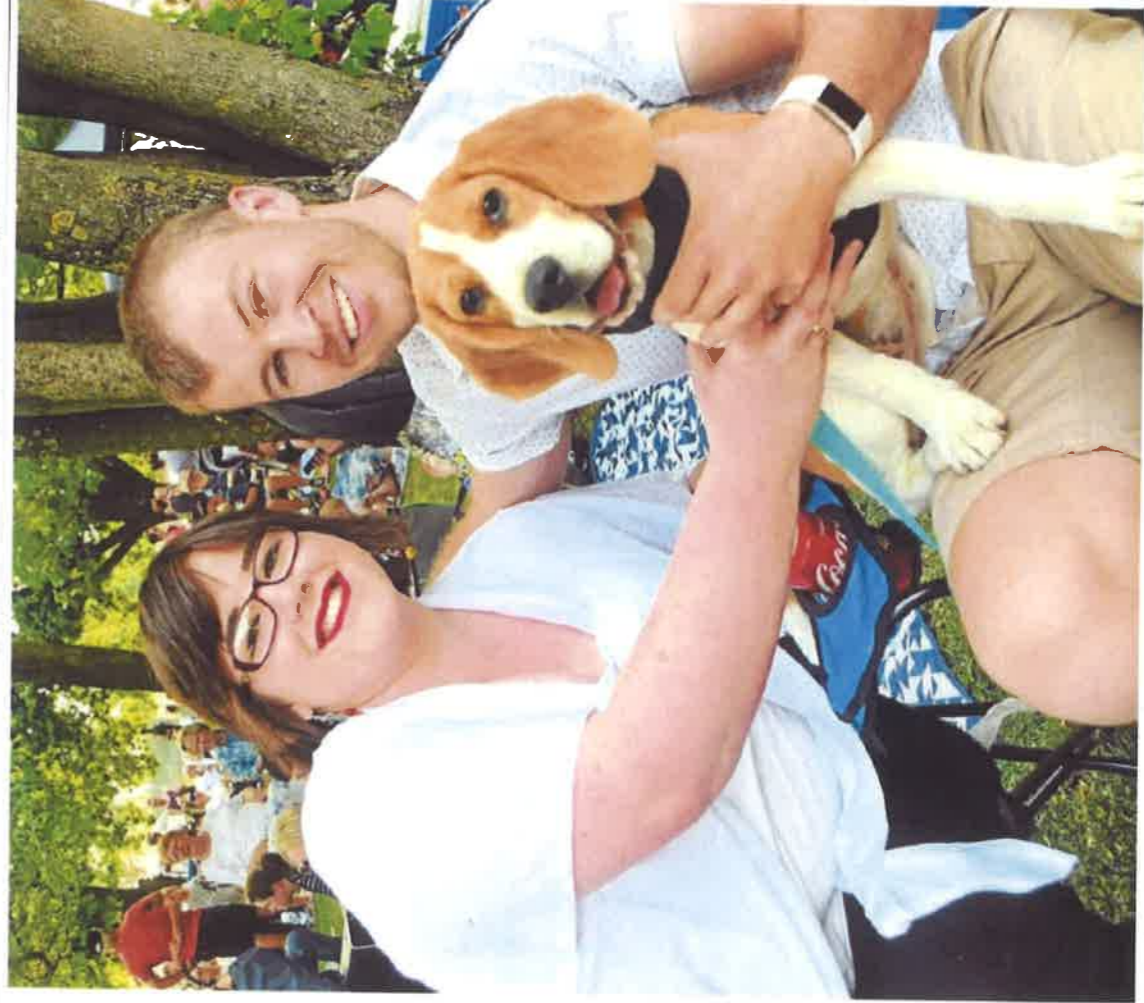
Lawson Shepherd, Koda Sissian, Campbell Watts (Dubbo), Harry Bayliss (Parkes), George Cumming (Orange), Mikey McNamara, Mac Webster (Cowra)



**IN THE PARK:** Madeline and Luca Scott, 3, with Bridgette Muldoon. 120819carols10



**OUT AND ABOUT:** Justin Press with Sharla and Brett Staines. 120819carols5



**HAPPY FACES:** Lauren Gottschau, Chris Davis and five-month-old Beagle Rosie were in the crowd of people at Carols by Candlelight on Sunday. Photos: CHRIS SEABROOK 120819carols7



**THEY WERE THERE:** Laura King of Orange with Bathurst's Tess Wilson. 120819carols8

**CAROLS BY CANDLELIGHT**

ALTHOUGH there was quite a lot of smoke in the air, the community still came out to support Carols by Candlelight. The event is coordinated each year by the Mitchell Conservatorium and features a range of talented musicians.



**ALL DRESSED UP:** Greg and Kylie Taylor with their kids Ella, 12, Claire, 10, and Paige, 9. 120819carols6



**LEADING THE CROWD:** Mitchell Conservatorium executive director Graham Sattler.

# Part-timer Judge rules as he snares hat-trick

CRICKET

BY ANYA WHITELAW

THE story of Trent Copeland transitioning from a wicket-keeper to a strike bowler is a well-known one, but it seems he is not the only Bathurst player who has shown good form when trading gloves for a job with the ball.

While ORC talent Tom Judge is better known for his skills as a top order batsman and wicket-keeper, on Saturday the self-professed medium pacer claimed a hat-trick.

After he had hit 17 off 19 deliveries opening the batting in ORC's under 15s-opens Bathurst District Junior Cricket Association match against St Pat's at Morse Park 1, Judge and his fellow Tigers headed into the field.

They were tasked with defending their 81-run total, but the Saints were travelling well in pursuit at 1-32 before Judge switched the momentum with his third over.

"I'd bowled two overs before it, I think one was a maiden and I went for two or three off the second one," the 15-year-old said.

"I think it was my second ball in my third over that I got Ryan Cottam out bowled, when my third ball was Jayden Ankens which was bowled. When the last one was Ryan Cottam which was caught.

"It was a good catch, the elder had to make up a fair bit of ground to take it. "It was a pretty good feeling, it's the first hat-trick I've ever taken.

"I'm actually normally a batsman and a wicket-keeper. In juniors we have another wicket-keeper, so I bowl in juniors then keep in seniors



**ON THE BALL:** While Tom Judge is only a part-time bowler, he managed to snare a hat-trick for ORC last Saturday in his under 15s-opens match. **Photo: ORC FACEBOOK**

and district."

After striking twice in as many deliveries, Judge said there was one thought going through his head as he returned to the top of the mark on the cusp of a hat-trick. It was "attack the stumps, try and hit that no matter what".

"There was a little bit of pressure, but it's just cricket,

so it was just another ball really," he said.

He executed that third delivery and with Jonathan Nicholls taking a good catch, Judge was able to celebrate the special moment.

It took the score to 4-32 and while there was more drama to come as Nash Hutchings (33) rallied for the

Saints, ORC held on to win by one run.

Judge finished with figures of 3-7 off his four overs, taking his tally of wickets for the season thus far to 10 at the more-than-handly average of 9.2.

The hat-trick is another highlight for Judge, adding to being part of the undefeated

Bathurst District under 16s.

So is Judge now going to follow in Copeland's footsteps and opt for more responsibility with the ball rather than concentrating on his wicket-keeping?

"Ahh, maybe," he laughed.

"I bowled bit in second grade last weekend and yeah I enjoy it [bowling], it's good."

# Kelso High's memory lane

HISTORY BY SAM BOLT

DENISON College Kelso High Campus' 43-year history has found a new home online and in print courtesy of a community-sourced initiative.

The initiative, lead by former teacher Hans Stroeve [Stroevy], saw a number of ex-Kelso High students and teachers contribute priceless items of memorabilia to the archive.

With much of Kelso High's history lost to the devastating 2005 fire, Mr Stroeve said the archive will help keep memories of the original school alive.

"It's been a long journey, but the response from the community has been outstanding," he said.

"Since we lost so much in the fire, I felt it was necessary to preserve a record of Kelso High's history for future generations."

Mr Stroeve launched the initiative in June, and has since received memorabilia from around 50 people, including old uniforms, school captain badges, pamphlets



**OLD MEETS NEW:** Former Kelso High Campus teacher Hans Stroeve with the physical and digital versions of the school's brand new archive spanning its entire 43-year history. **Photo: SAM BOLT**

and old assignments.

In addition, the archive includes a significant collection of items donated by Kelso High's foundation principal, Norm Robinson.

"There's a range of resourc-

es from 1976 to now, and it was especially pleasing to receive so much pre-fire memorabilia," Mr Stroeve said.

"The school's library has been really helpful too, as they've compiled over 30

scrap books of post-fire media articles featuring past and present students."

Mr Stroeve, along with the school's former technology support officer [TSO] Todd Miller, spent numerous

hours uploading over 1400 items to the archive.

"It isn't the prettiest website ever, but it's easy to navigate and most things are date-stamped," he said.

"The reaction from the

“

Since we lost so much in the fire, I felt it was necessary to preserve a record of Kelso High's history for future generations.

Hans Stroeve

community has been positive, which has made the project worth all the time spent on it."

The archive also includes the *Western Advocate's* complete coverage of the 2005 fire and subsequent response from the Bathurst community.

"I hope this archive will provide some cherished memories for ex-students and staff, as Kelso High has played a major role in so many lives," Mr Stroeve said.

To view the online archive, visit [archive.kelsohigh-school.com.au](http://archive.kelsohigh-school.com.au).

Western Advocate Thursday 12th December

Western Advocate Friday 13th December



**CHRISTMAS CHEER:** The St Pat's league tag side with the boxes they are donating to Ladies of the Land. Photo: CONTRIBUTED

# St Pat's unite to help out Ladies of the Land

**LEAGUE TAG**  
BY ANYA WHITELAW

ONE of the keys behind the huge success of the St Pat's league tag side over the past five years has undoubtedly been their spirit and camaraderie - qualities which they are now putting to a different use.

The Saints have banded together to fill around 40 boxes which they will donate to Ladies of the Land. It is an initiative which sees parcels delivered to those women who work the land in the worst drought areas across the state.

"We thought we'd do something for the ladies who might not think of themselves over Christmas. We got together and organised buying things to put in the shoe boxes and I was also able to organise some support from local business houses," St Pat's committee member Leanne Ashcroft said.

"A lot of the league tag girls are from small country towns, they are not all originally from Bathurst and they are from the land and know how tough it can be.

"So we just put our heads together and wanted to come up with something nice for

the ladies who might not have such a good Christmas this year.

"We've used chocolates and wine glasses and wine, candles, hand creams, face masks - things they wouldn't spend money on themselves for after a tough year. It's just a little bit of a luxury pack for them."

As the league tag players wrapped the 'pamper boxes' they created in newspaper and tied bows around them, Ashcroft said the spirit within those Saints was evident.

It is something she is proud to see from a group of players who have won three

consecutive Group 10 league tag premierships and four in the last five years.

Ashcroft said it shows the Saints are not just concerned with on-field success, but the well-being of the broader community.

"The girls are always trying to do something for other people, they are always there supporting the club and always there supporting each other too," she said.

"That's a testament to them and I think that's why they go so well on the field, because of the great rapport that they have with each other off the field. There's just re-

ally good team camaraderie. That's sort of team they are, that's the spirit they have."

The Saints' donation adds to what has been a strong response since the Ladies of the Land was launched. Organisers were aiming for 100 boxes before Christmas, but have far exceeded that number as pledges have not only come from across Australia, but from the UK and the USA.

Pat's thank Sportspower, Larkin Bros, Moodies Pharmacy, Easy Living Footwear, Coles Bathurst and Huntley Berry Farm for their assistance.

# Students 'fit to learn'

**PCYC**  
BY JACINTA CARROLL

YEAR 10 students from Kelso High are the latest cohort to graduate from the PCYC's Fit to Learn program.

The 10 students are the third group this year to graduate from the program, which is designed to re-engage disengaged youth into the education system, allowing them to further develop intellectual and social skills.

Of the two groups who completed the course earlier in the year, many have gone to secure trades, or part time work, while they continue their secondary education.

Senior Constable Rikki Bowden, from the PCYC, said the course is about getting students job ready by allowing them to further develop intellectual and social skills.

She said the program encourages participants to explore their strengths in building respectful relationships within the school environment whilst also developing emotional intelligence skills preparing them for future employment.

"The course goes for



**A JOB WELL DONE:** Police and PCYC staff with Kelso High School's graduates from the Fit to Learn program. The group graduated on Tuesday.

eight weeks and it's run every term," she said adding Bathurst High students alternate term about in the program.

Chief Inspector Glenn Cogdell, from Chifley Police District said the program was having a positive impact on all students involved in it.

He said it was great to see the students engaging

with PCYC and extending their learning.

"Anything that assists with the education of youth, that is extra curricular to their standard secondary schooling is always advantageous, and certainly a step in the right direction for their future, both educationally and for their employment prospects," he said.

Chief Inspector Cogdell, who holds the youth portfolio as part of his position within Chifley Police District, was one of a number of police attended to the student's graduation, all eager to acknowledge the hard work they invested in the program.

Presenting the students with their certificates and white cards Chief Inspector

*Western Advocate Friday 13th December*

*Western Advocate Thursday 12th December*



**FRIENDS:** Jade Leven and Hannah Knight. 121419cxhampers5



**CHEER:** Abbie, Harry and Thomas Dubojski. 121419cxhampers7



**DRESSED UP:** Rachael Denning and Sue Brilley. 121419cxhampers3

### PACKING THE HAMPERS

More than 180 people turned up to Mount Panorama's Pit Straight on Saturday to pack 1200 food hampers for the 2BS Lions Christmas Miracle Appeal.

The attendees ranged from individuals to families and community organisations, all with the shared goal of helping to provide some Christmas cheer for the elderly and less fortunate members of the Bathurst community.



**HAMPERS FOR A GOOD CAUSE:** Adam Williams and Paul Hennessy from the 3rd Bathurst Rover Scouts. Photos: CHRIS SEABROOK 121419cxhampers1



**LENDING A HAND:** Brad and Rebecca Harding.

*Western Advocate Monday 16th December*

## Kelso High Campus graduates excited for their future careers

A NUMBER of relieved expressions adorned the faces of Denison College Kelso High Campus graduates yesterday as they received their Higher School Certificate [HSC] results.

The graduates were satisfied with their results across the board, and expressed many sighs of relief that a challenging year was finally at an end.

Josie Geerkens was pleased to wake up to the news that she had received three Band 6's in advanced English, extension 2 English and visual arts.

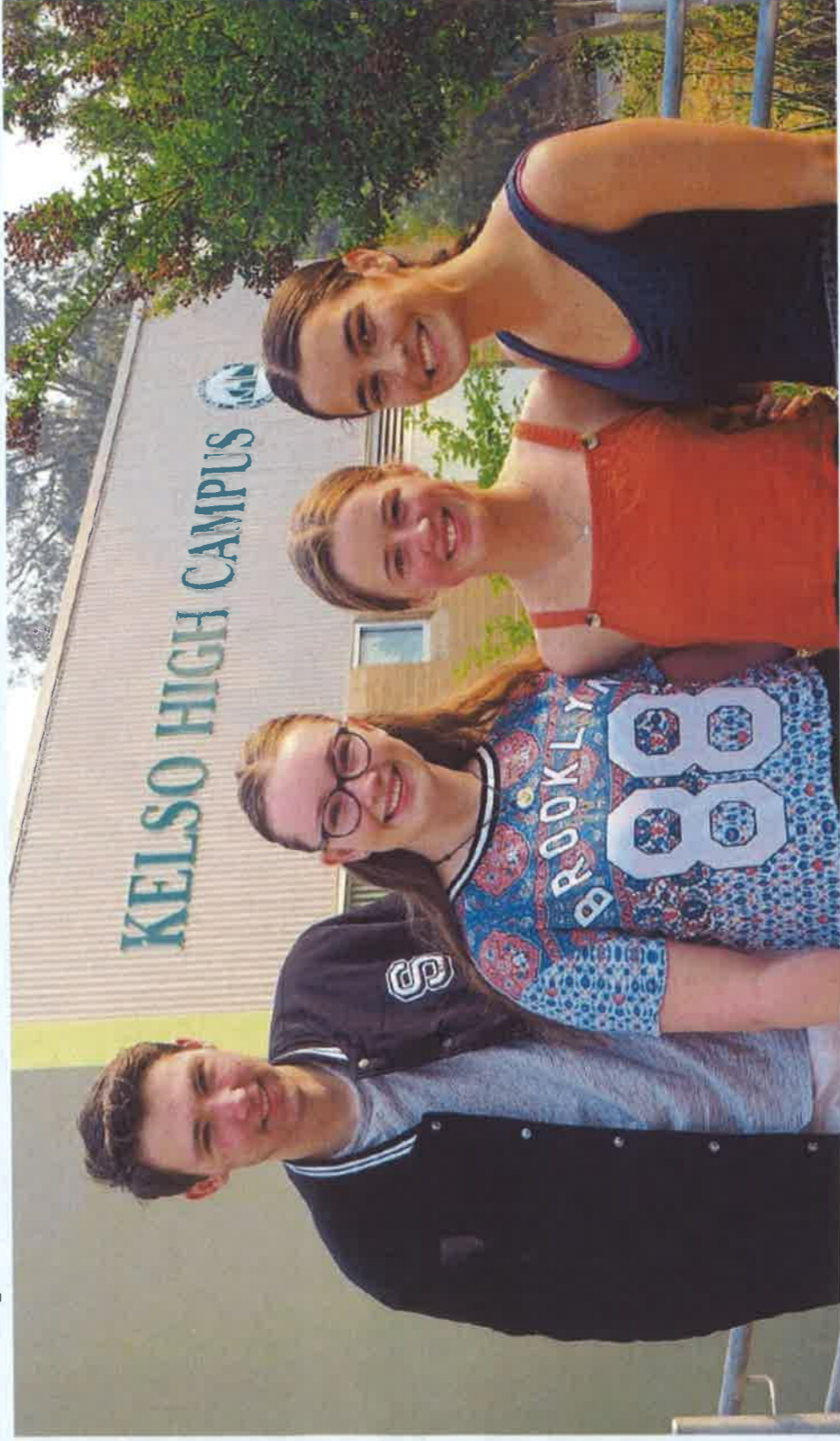
"It's nice that all the studying paid off," Josie said.

Alivia Bourke expressed delight at her Band 6 in textiles, as she intends to pursue a career in the field.

"I'm attending the Whitehouse Institute of Design in Sydney next year, so I'm glad my textiles result stood out," Alivia said.

Isaac Connor had to battle through a hospital stay throughout the HSC period, but was still happy with his end result.

"I managed a Band 5 in legal studies so considering the circumstances, I'll take



**HAPPY:** Kelso High Campus graduates Isaac Connor, Kathleen Murphy, Lucy Butler and Bridget Annand are all pleased with their HSC results.

that as a win," Isaac said, Kathleen Murphy, who scored a Band 5 in advanced English, attributed her success to a prolonged

effort throughout her later school years.

"You can't bomb Year 10 and 11 and expect to ace Year 12, it requires a con-

sistent amount of work," Kathleen said.

For both Lucy Butler and Bridget Annand, their early acceptance into university was the bigger achievement. "I decided not to look at my results, as I'm already off to the University of New-

castle to study architecture," Bridget added.

*Western Advocate Wednesday 18th*

# TRIATHLON

Race two: Bathurst Wallabies Triathlon Club series



**ONE DOWN:** Chris Howarth heads towards transition one after completing his swim leg. Photo: ANYA WHITELEW

## FESTIVE TRI EXPERIENCE

Jack Reen and Hollee Simons claimed the long course honours in round two of the Bathurst Wallabies Triathlon Club's 2019-20 season on Sunday.



**YOU BEAUTY:** Percy Raveneau got into the spirit of Sunday's Bathurst Wallabies Triathlon Club race. Photo: ANYA WHITELEW



**POWERING ALONG:** Will Kelly completes the first lap of his run leg during Sunday's triathlon. Photo: ANYA WHITELEW



**RACE WITHIN A RACE:** Danielle and Luke Patterson race to get their shoes on before setting off on the run leg. Photo: ANYA WHITELEW



**SUCKING THEM IN:** Steve Jackson powers through his 5km run leg during Sunday's Bathurst Wallabies triathlon. Photo: ANYA WHITELEW



**THUMBS UP:** Keith Tuynman gives the thumbs up during Sunday's triathlon. Photo: ANYA WHITELEW



**DONE AND DUSTY:** Kristy Power climbs out of the pool after completing the swim leg of the long course race. Photo: ANYA WHITELEW



**READY TO RUN:** Richard Hobson's unclipped and ready to head into transition after the 16km bike leg. Photo: ANYA WHITELEW



**ENJOYMENT:** Jess Adams has a smile on her face as she completes the 16km cycle leg. Photo: ANYA WHITELEW



**OFF AND RUNNING:** Todd Nelson sets off on the final leg of his race in Sunday's Christmas triathlon. Photo: ANYA WHITELEW



**IN THE SPIRIT:** Jasmin Carter and Natalie Turner had their Australia Day gear ready. 012620cpool4



**THEY WERE THERE:** Storme Klower, 14, Halle Turner, 15, and Chloe Hynes, 12, at the aquatic centre. 012620cpool5



**OUT AND ABOUT:** Trevor and Amelia White, 11, went swimming on Australia Day. 012620cpool6



**POOLSIDE FUN:** Dylan Branda, Steven Biatch, Cayden and Noah Cusack at the Manning Aquatic Centre Bathurst. Photos: CHRIS SEABROOK 012620cpool1

## AUSTRALIA DAY

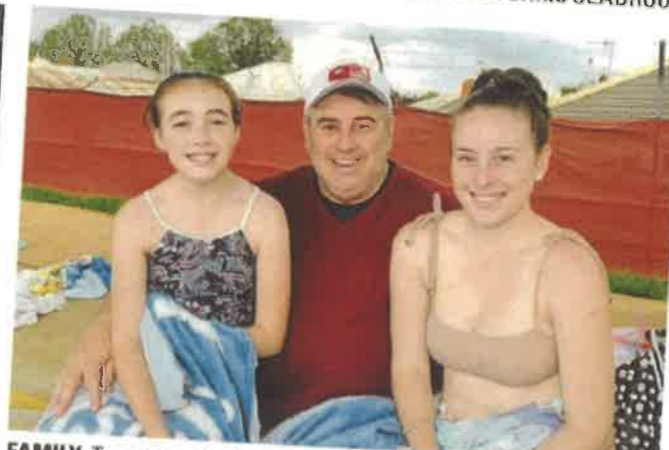
**BATHURSTIANS** celebrated Australia Day with multiple events on January 26. Among the events people could enjoy were the Eglinton barbecue breakfast and activities at the Manning Aquatic Centre Bathurst.



**ANNUAL EVENT:** John and Colleen Breen at the Australia Day event at Eglinton. 012620cego12



**ENJOYING A SPLASH:** Andrew Gibson at the pool with kids Gemma, 8, and Lili, 5. 012620cpool3



**FAMILY:** Ten-year-old Kirra, Mai and Makala Shephard, 17, enjoying Australia Day together. 012620cpool2



**BREAKFAST TIME:** Wayne Lowe with Bob Newton, seen out at the Eglinton barbecue breakfast. 012620cego11

## A new women's tournament

### CRICKET

Games would be played at Police Paddock and would start at 5.30pm. Cain said female cricket participation in Bathurst is growing.

"We started the Thunder girls cricket about four years ago and now we've got district teams," he said. "Girls were then learning how to play the sport, but now they're playing against the boys and playing representative cricket."

"We need to go back to the grassroots to support the next generation." Cost is \$60 per person, all equipment is supplied and

it's expected that all games would be played at Police Paddock. The competition would run for six to eight weeks, starting in February, for girls 12 or older.

To register visit playcricket.com.au and search for 'Sydney Thunder Social Cricket Bathurst'.

For more information email Jodie at jodie@jodie1986@gmail.com or Cain at stephencain.brc@bigpond.com.

Players can enter their own team of eight or be sorted into another one.

— BRADLEY JURD



**NEW TOURNAMENT:** One of Stephen Cain's junior girls side. A new female-only competition is hoping to start this month, with games on Wednesday afternoons.





## CSU NEWS: JULIA ANDREWS

### The achievers' efforts bode well for future of the region

**C**HARLES Sturt University was delighted to host the Denison College high achievers' reception in our Engineering building last Tuesday evening.

Events like this, celebrating the efforts and achievements of our local high school students, provide a glimpse into our future, not only as a university but as a region - and the future looks bright.

"Charles Sturt is committed to seeing our communities grow and thrive, and investing in educational partnerships is key to making this happen," our foundation Professor of Engineering Euan Lindsay said.

"Strong communities come from strong citizens, and it is a pleasure to be part of celebrating the achievements of these future leaders."

The evening kicked off with more than 200 students, parents and teachers mingling at a reception in the foyer of the Engineering building at the Bathurst campus.

Relieving principal Michael Sloan spoke of the importance of celebrating the high standard of teaching, learning and leadership of Denison College.

"The high achievers' reception is a great way to bring people together, to recognise these amazing young people, who we are all very proud of," he said.

"In recent years, Charles Sturt University Faculty of Engineering has hosted this event.

"Denison College has a strong educational partnership with Charles Sturt University and this is one example of how we work



**SPECIAL NIGHT:** Layla Wohlgenuth, Professor of Engineering Euan Lindsay and Denison College relieving principal Michael Sloan.

together.

"To have a high class tertiary institution like Charles Sturt University in our town can only be good for our students."

The guest speaker this year was Arts OutWest CEO Tracey Callinan, who spoke to the students about three key strengths she would encourage them to cultivate: resilience, creativity and collaboration.

Seventy-seven students from years seven through to 12 were recognised for their achievements on the night.

There were so many students worthy of mention, in particular the following year 12 multiple Band 6 recipients:

- Bradley Mounce-Stephens: achieved Band 6 in mathematics and software design and development.
- Saskia Dorsman: achieved Band 6 in mathematics and German beginners.
- Reilly Mitchell: achieved Band 6 in investigating science and personal development, health and physical education. Reilly also achieved band 5 in all his other subjects.

■ Josephine Geerkens: achieved Band 6 in textiles and design, visual arts and Band 6 equivalent in English extension 2. Josie also achieved Band 5 in all her other subjects.

■ Charlton Lew: achieved Band 6 in chemistry, mathematics, physics, personal development, health and physical education and Band 6 equivalent in mathematics extension 1. Charlton also achieved Band 5 in advanced English.

#### WELLBEING EVENING

A Be You Early Childhood Educator Professional Development and Wellbeing Night will be held at Charles Sturt in Bathurst next Wednesday, February 19 from 6.30pm to 8pm.

Registration for the event is free and the keynote speaker will be Dr Kathryn Hopps, who will talk about the Be You Beyond Blue national mental health initiative.

For more information or to register, contact Annette Meyers on 6331 8944 or [annette@centacarebathurst.com.au](mailto:annette@centacarebathurst.com.au)



**DELIVERY INBOUND:** Western's Maddy Spence charges in to bowl at a Hunter opponent during Tuesday's game at Watson Oval. Western finished the day with one win and one loss, just as they did on Monday. Photo: CHRIS SEABROOK

## Gallant Western chase comes up just short

### CRICKET

BY ALEXANDER GRANT

WESTERN'S bid to claim a winning double from Tuesday's second round of Twenty20 matches at the NSW CHS Girls Cricket Championships came up just 23 runs short.

The home side ran out of time in their pursuit of Hunter's total of 153 at Scots All Saints College's Watson Oval but there was plenty for Western to be proud about.

After a quick start to the chase - courtesy of Parkes' Marites Woods (14) and Wellington's Amali McNeil (12) - Western soon lost four wickets in the space of just 26 runs to be in serious trouble at 4-46.

Bathurst's Chloe Stapleton (18) kept Western in touch with several leg side boundaries before Broken Hill talent Katie Letcher started to find the gaps.

Letcher saw out the rest of the innings on her way to an unbeaten 42 but couldn't quite lift the pace enough to reach the target.

It was always an intimidating target for Western to pursue, and even in defeat the team could take plenty of positives out of the match.

"It's great to see them show that determination after they lost early wickets. They were able to dig in and keep working towards that goal, even if it seemed a bit daunting," Western manager Rachel McCann said.

"Katie Letcher coming in at the middle and scoring 42 was great, but they all shared the batting around a bit today."

Earlier in the day Western comfortably chased down North Coast's total of 48 to claim their second victory of the tournament.

Western managed to pass the North Coast total before the halfway mark and went on to

record a total of 6-145.

Blayney's Taylor Hobby had a match to remember with the ball, picking up figures of 4-8 from three overs in her take down of the North Coast top order.

Fellow Blayney player Dimity Parton was the next best with the ball (2-3 from two overs).

Parkes' Abigail Simpson was the standout performer with the bat as she blasted seven boundaries on her way to 60.

"It was a really convincing bowling effort, and getting someone like Hannah Faux can be a big turning point," McCann said.

"Getting those early wickets and keeping pressure on in the field was the difference."

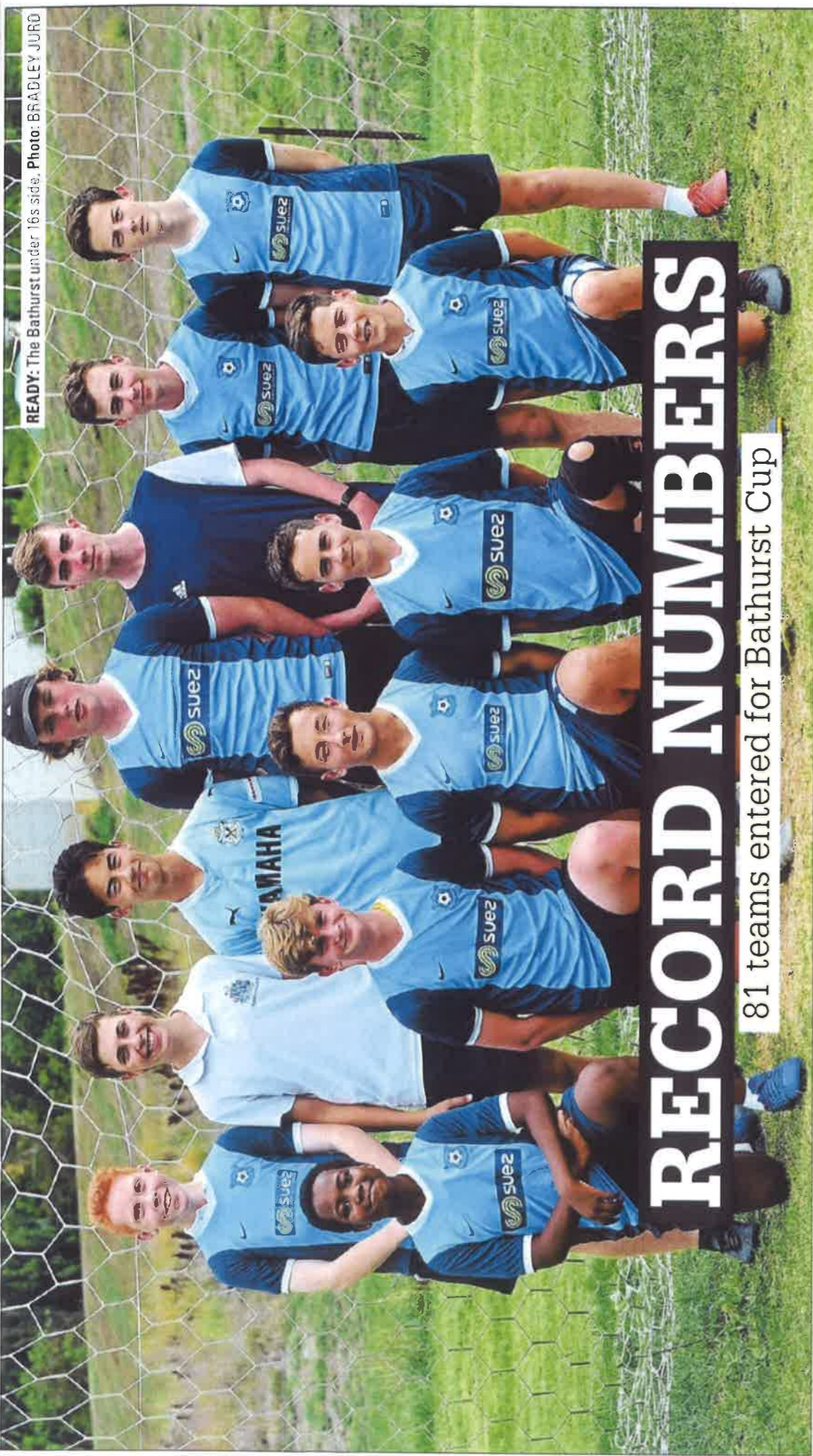
Western finished the Twenty20 phase of the tournament with two wins and two losses.

Teams will now play 50 over matches across Wednesday and Thursday.

*Tuesday 11th February Western Advocate*

*Western Advocate Wednesday 14th February*

READY: The Bathurst under 16s side. Photo: BRADLEY JURD



81 teams entered for Bathurst Cup

# RECORD NUMBERS

## SOCCER

BY BRADLEY JURD

THE Proctor Park and Police Paddock precinct is expected to be packed to the rafters this weekend, as it gears up to host the Bathurst Cup.

All up, 81 teams have entered for this weekend's boys pre-season tournament - a record - including two Bathurst District Football teams (13s and 16s) and four Western NSW FC teams across the four age groups of 13s, 14s, 15s and 16s.

Bathurst District Football president Andrew Speed said numbers are massively up from last year's total of 60,

an increase of more than 35 per cent. "We're estimating 1300 players and officials and between 3000-4000 spectators, so it's going to be pretty big," he said.

"Apparently you can't get any accommodation in Bathurst at the moment, so we've had a couple of teams say they can't find anywhere to stay. I've suggested Oberon, Blayney or Lithgow."

The tournament has been well supported in recent years by teams from outside the Western zone including ones in Sydney, Canberra, Wagga Wagga and Albury.

Teams from the West-

ern region have also been entered including Dubbo and Orange.

Speed said the popularity of the Bathurst Cup is because of the quality of the fields and amenities at the city's soccer complex.

"It's the best run pre-season tournament in NSW," he said.

"We just manage to get better and better every year. The fields also help, the amenities and everything else too."

"Most of the Sydney teams start in the next week or two, so it's very well timed for all teams too."

While the newer fields at

Proctor Park have taken a hit during the drought, Speed believes they'll be at 100 per cent come the kick-off of the Bathurst District Football season in late March/early April.

"We're struggling a little bit with the drought, but council have done a good job to have the fields looking good," he said.

"They're about 70 per cent right, but when we oversow with rye, they'll come good for our local season."

"They haven't obviously been able to get the full water on it that it's use to, but the fields look good."

Eight fields will be in

Games will kick-off as late as 8pm on Saturday and 5.20pm on Sunday.

"It's pretty full on," Speed admitted.

And to help cope with the officiating of the 184 games, Football NSW will provide more than 30 referees to help assist with the Bathurst ones.

In 2019, the under 13s was won by Sutherland, under 14s by Blacktown Spartans, under 15s by South Coast and under 16s by Blacktown Spartans.

Bathurst will also host the girls' equivalent tournament - the Proctor Park Challenge - at the same venue from February 22-23.

We're estimating 1300 players and officials and between 3000-4000 spectators, so it's going to be pretty big.

**Bathurst District Football president Andrew Speed**

operation on Saturday and Sunday, with the first games kicking-off at 7.30am on both days.

# Goldminers ready for the new season

## BASKETBALL

BY ALEXANDER GRANT

THE competition Bathurst's junior basketballers have been practicing for has finally arrived.

This weekend will see the opening round of the Western Junior League take place across the Riverina, with Bathurst Goldminers team in

eager to apply what they've learned after a long build up across summer.

"All of our teams head off to different locations in the Riverina, from Griffith to Leeton to Narranderra to West Wyalong. Then we get a couple of rounds at home after that," she said.

"The demand was there and we chose to put one

girls are returning to their respective under 18s squads.

In 2019 the Goldminers under 16s boys were championship division grand finalists while the under 14s girls were victorious in division one.

A new year brings about plenty of shuffling as players go up age groups, and there's also plenty of new faces in



Western Advocate Friday 14th February

Western Advocate Saturday

# Western's best on display

## CRICKET

BY BRADLEY JURD

SOME of the state's best junior girl cricketers will make the journey to Bathurst this week for the NSW CHS Girls Cricket Championships.

Running from February 17-20, 10 regional teams - including a Western side - will contest four Twenty20 matches and two 50 over matches.

Only one Bathurst-based player was included in the Western side - Kelso High Campus student Chloe Stapleton.

The year 9 student said her Western side may struggle at the tournament because of a lack of training.

"The past few years we came last," she said.

"There's not much time for training because we're so far apart. We've lost some of our 12 year students, so it won't be easy."

Western's only training run came on the Sunday prior to the tournament commenced, before the team begins its campaign on Monday with two Twenty20 matches against South Coast



**BIG EVENT:** Kelso High Campus year 9 student Chloe Stapleton will feature in the Western side at the NSW CHS Girls Cricket Championships in Bathurst this week. **Photo: BRADLEY JURD**

and North West, with both teams play its first 50 over games to be played at the Sportsground.

Then on Tuesday Western will face North Coast and Hunter at George Park 1 and Watson Oval respectively. Wednesday will see West-

ern play its first 50 over match, with an opponent and venue to be determined. All 10 teams are in the one group and at the end of five matches, the teams are sorted into a ladder based on wins and points.

George Park 1 and the wooden spoon decider between ninth and 10th will be played at George Park 2. Bathurst last hosted the championships back in 2016. "Bathurst has had it a few times and it's a pretty good

town to host this event as there's so many grounds in such a short distance from each other," championships manager David Amaral said.

"There's been players that have previously played in this carnival that have gone on to play for NSW or Australia."

Western last won the tournament back in 2012, when it was held in Cronulla, winning 12 titles since 1977.

This year's teams include Western, Hunter, North Coast, South Coast, North West, Riverina, Sydney East, Sydney North, Sydney South West and Sydney West.

The Sportsground, Morse Park 1 and 2, George Park 1 and 2, Loco Oval, Watson Oval, Brooke Moore Oval and St Stanislaus College will host games.

**BATHURST:** Taylor Hobby (Blayney HS), Caitlin Keen (Con-dobolin HS), Ella Tilburg (Blayney HS), Alex Morley (Dubbo College South), Abigail Simpson (Parkes HS), Ellen Dolbel (Orange HS), Amali McNeill (Wellington HS), Katie Letcher (Broken Hill HS), Chloe Stapleton (Kelso Campus), Marites Woods (Parkes HS), Dimity Parton (Blayney HS), Maddison Spence (Parkes HS)

# Mixed bag for home squad

## CRICKET

BY ALEXANDER GRANT

A THRILLING final over victory and a crash down to earth in the following game - Western got to experience their share of highs and lows from the opening day of the NSW CHS Girls Cricket Championships on Monday. Western overcame South Coast by six wickets in the first of their four Twenty20 matches for the tournament, chasing down their opponents' score of 9-73 on the third last ball of the innings.

Parke's Maddy Spence led the way for Western in the chase with her unbeaten 31 at the Sportsground, which included all five of the runs needed to win in the final over of the match.

The Western opener received support through the innings from Wellington's Amali McNeill (17), Broken Hill's Katie Letcher (10) and Parke's Abi Simpson (8 not out).

Another key to victory for Western was their superb bowling at the death.

They gave up just 10 across in as many overs and had South Coast batters five through nine all out for ducks.

Western's opening bowling combination of Blayney's Taylor Hobby and Dimity Parton finished with enviable figures of 2-12 and 2-6



**BANG:** Blayney's Dimity Parton sends this North West delivery long. **Photo: CHRIS SEABROOK**

respectively. Western's big highlight was a team hat-trick, with two of Parton wickets separated by a run out.

The hosts sought to repeat their effort against another round one winner, North West, but found runs hard to

come by after losing the toss and being sent in to bat. Openers Parton (23) and fellow Blayney player Ella Tilburg (25 not out) were hard to remove but North West kept the run rate under control.

McNeill (24 not out) put

half century before her side reached the target in the 14th over, then finished 78 not out. North West hit 3-126 from their 20 overs. "It was a slow start with the bat but we managed to chase down those runs, which led to a tight but exciting finish



**ON THE MOVE:** Ella Tilburg runs between the wickets in Western's second match of the day. **Photo: CHRIS SEABROOK**



**FOLLOW THROUGH:** Tilburg punches this shot away through cover in the clash against North West. **Photo: CHRIS SEABROOK**

in our first game," Western coach Rachel McCann said. "That gives the girls a bit of confidence going into their next round games."

"In this game there was some consistent batting that was just too hard for us to break down."

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