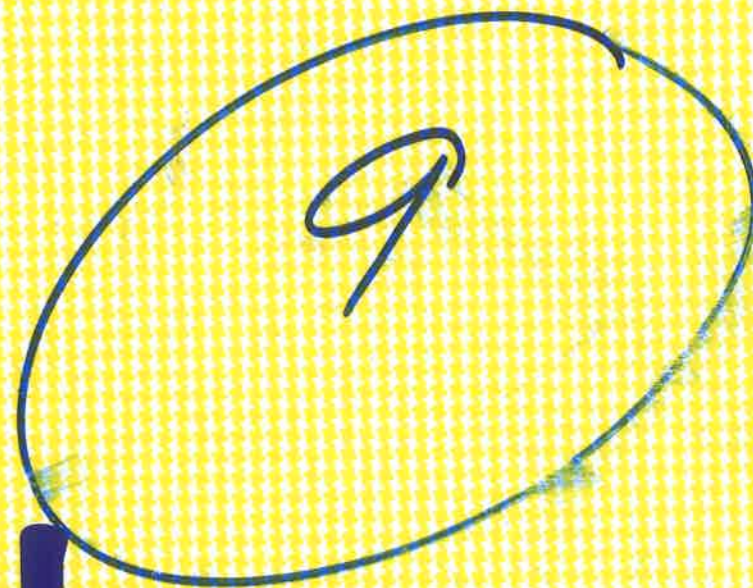
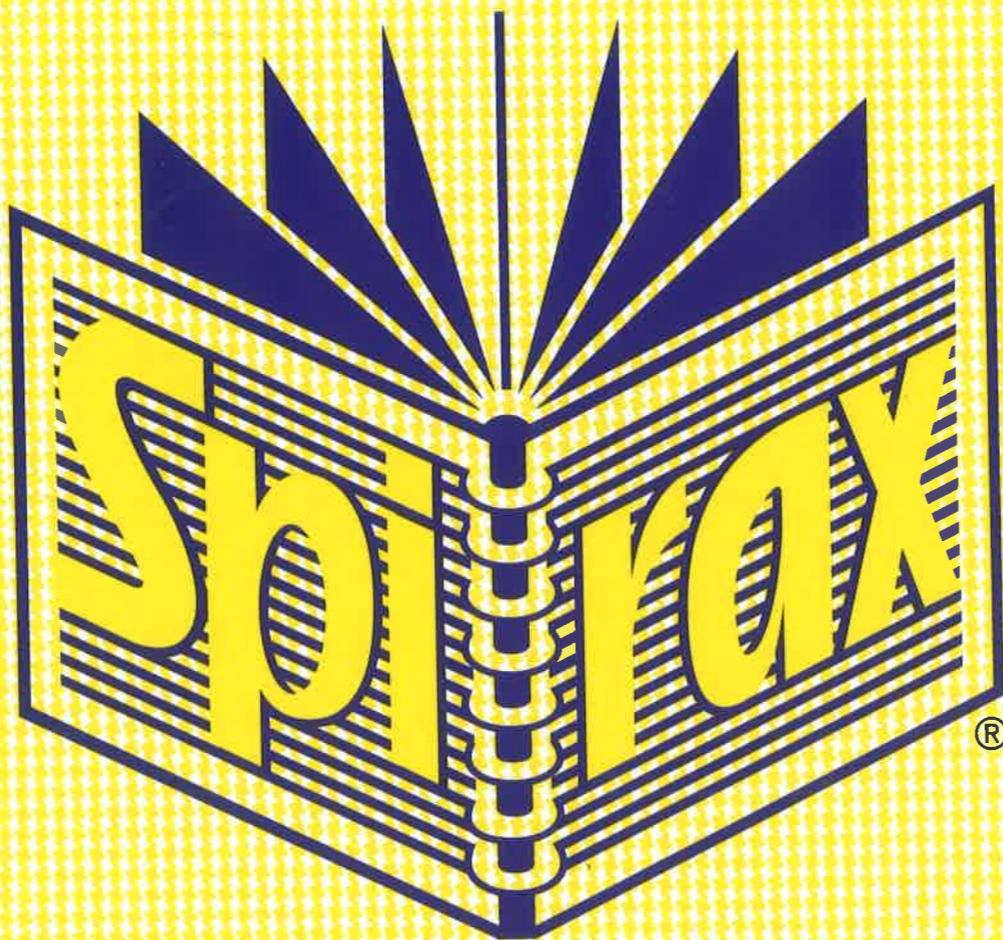


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Under 17s off to championships



CONTENDERS: The Bathurst under 17s boys indoor hockey team of (back) Tobbie Muldoon (coach, back), Nick Hill, Tim Eslick, Murray Bennett, Andrew Brown, Luke Thorncraft (middle), Keegan Brooke, Darcy Davis, Dylan Webber and Jacob Weal, Taylor Newton (front) that will look to win their division two State Championships. Photo: CHRIS SEABROOK

111509chocky

Boys looking to bring home title

HOCKEY

By MARK RAYNER

BATHURST under 17 boys will go into this year's Indoor Hockey State Championships with the intention of winning the division two title, according to coach Tobbie Muldoon.

The team have been training hard over the last few weeks to put the finishing touches on their preparations along with the under 17s girls side and they are now ready for the tournament that kicks off in Wollongong on Friday.

"We should go pretty well, we have a few good players. We

Muldoon said.

He admitted it have been a relaxed build up to the championships and despite having a younger team than a lot of their competition, they have their sights set on the trophy.

"We've had a few training sessions but that's about it," Muldoon said.

"There's only four 17-year-old players in the team, it's a relatively young side but we are going out there to win it and bring home the title."

While the team is officially known as Bathurst, it is a combined team from both Bathurst and Orange.

They will start their compe-

Saturday will see them start against Illawarra 2 and then the Highlands.

Bathurst will take on Penrith on the final morning of the competition and if they finish in the top two they will line up in the final on Sunday afternoon.

Meanwhile the girls will be going for glory in division one and they will kick off their tournament with matches against Campbelltown and South Coast on Friday before matches against Sydney 1 and Macarthur 1 on Saturday.

Their final round game will be against Sydney 2 on Sunday morning and like the boys, if

Fierce competition in Remember Them Race



TOP PERFORMERS: The top 10 from the Remember Them Race, Marlan Renshaw, Robert Barlow, Conor Trott (fastest time), Michael Robinson, Jas Lee, Greg Westman, Jake Thornton, Rob McAlary, Cruz Conroy, Tim Scott, Chris Cotton.

CYCLING

EVERY race which the Bathurst Cycle Club conducts throughout the year is keenly contested, but on Sunday there was even more reason for those who took part to win.

Three years ago a trophy was handed to the Bathurst Cycle Club (BCC) that was once raced for many years ago. It is the Fallen Soldiers Trophy, dedicated to the members of the BCC that went away to war but never returned home.

When the trophy came back into the BCC hands, it was decided that a race would be held on the Sunday closest to November 11, Remembrance Day, and called the Remember Them Race.

The 2009 event was a group handicap over 25 kilometres. A different format was used which saw riders going off in only four bunches, equivalent to their bunch in a scratch race, with a 10 minute gap from

these riders were better than thought, and they took advantage of their generous mark and were never caught by the other three bunches.

Making a move out of the D grade bunch coming down the Rockley Road from the Ryan's Road turn was the 2008 winner Cruz Conroy, Jake Thornton, Chris Cotton, Peta Gillard and Jas Lee.

Unfortunately, Gillard, who was looking like a favourite for the win, got a puncture and had to withdraw from the race.

Lee was tailed off the group leaving the young riders Thornton, Conroy and Cotton to set the pace at the front of the race.

By Perthville it was Thornton and Cotton that were now leading the race, the pair working strongly together as they and still had a four minute lead over the C grade group.

At the 14km mark at Georges Plains, Thornton, a triathlete using the BCC racing

At the Newbridge turn, the 18km mark, the three other bunches were still riding on their own, gradually making up ground on the leaders. C grade were two minutes behind, B grade four minutes and A grade five minutes.

With 2.5km to go at the turn onto St John's Road, the win was certain as Thornton had a sizeable gap over Conroy, who had caught Cotton, and was not slowing the slightest. Lee was also bringing in Cotton, which made it look like it was going to be close for third place.

Crossing the line for his first victory, in only his third ever bike race, Thornton took out the win in 43 minutes 23 seconds. Twenty seconds later Conroy came in second and it was Lee who powered home for third ahead of Cotton.

Rounding out the top ten were all D grade riders - Tim Scott, Rob McAlary, Greg Westman, Michael Robinson, Robert

Griffith belts 167 off 112 balls for Kelso High

COOP THAT MUDGE

CRICKET

By SAM DEBENHAM

SHE may have had a promising but unfulfilling two days playing her role in the two City versus Country under 19s fixtures last weekend, but Bathurst cricketer talent Lisa Griffith found a good way to take out her frustrations out on Tuesday.

Griffith walloped an astonishing 167 for Kelso High School against Mudgee High in the Marie Cornish Trophy fixture on the back of her representative appearances on Friday and Saturday.

Her massive innings was part of a gargantuan 1-272 total for her side which also included contributions of 57 not out from Jess Watterson and 35 from Esther Hotham.

For good measure, Griffith backed up her batting exploits with the ball, going wicketless but conceding just 17 from her eight overs as Mudgee did pretty well themselves to make 6-220 in their reply.

Mudgee's Jessica Edwards made 108 in a superb rearguard but Griffith's knock ensured her team would claim the victory.

"The thing about it was that the bowling actually wasn't that bad," Kelso High coach and scorer Graeme Hanger said.

"These girls could seriously bowl." Griffith slammed 25 fours and a six before being dismissed in the 30th over with the score on 202.

Hanger also paid tribute to the innings of Watterson, the pint-sized Year Seven student lending stout support to Griffith.

"This little girl has batted for 40 overs and carried her bat, how many Australian batsmen have batted a whole innings in a one-day international?" Hanger said.

"We take on Parkes next in a Western Region semi-final but we aren't sure when or where yet."

Meanwhile, Griffith finalised her preparations for the upcoming Cricket Australia (CA) Cup with her two appearances for Country last week.

Already part of the NSW second XI who will contest the CA Cup against the other state second XIs, Griffith had little to gain but simple match practice during the two fixtures in Blacktown while most of her teammates and opponents were playing for a spot in the state under 19s side.

That team will also take part in the CA Cup after a lack of entries from

Massacre in Mudgee

HOW GRIFFITH DOMINATED

- 167 from 112 balls
- Innings lasted 95 minutes
- 25 fours
- One six
- Reached her century in 68 balls
- Scored at 5.5 per over on her own
- First wicket partnership of 202 with Jessica Watterson
- 0-17 from eight overs with the ball

other states to play an under 19s tournament.

In Friday's first game, Griffith started promisingly with the ball before eventually going wicketless for her 10 overs and being taken for 50 runs as City racked up 216 batting first.

The Bathurst player then made 15 before being stumped off the bowling of Katie Mack. Country eventually dismissed for 181.

In game two Griffith fared a little better with the ball, capturing 1-29 from eight and picking up the key scalp of Mathilda Carmichael for 52 as City made a hefty 240.

Griffith made it comfortably to 17 opening the innings but her nemesis for the two games - Mack - threw down the stumps and caught her short of her crease.

Country were rolled for a gallant 196.



PROLIFIC: Lisa Griffith is more known for her exploits with the ball in Bathurst senior cricket, but she clobbered Mudgee High for 167 on Tuesday in a stunning performance with the bat.

11.06p.chy1

Friday 20th November 2009.

Runs, wickets and a catch as Griffith's hot form continues

Tuesday 24 November 2009

CRICKET

LAST week Lisa Griffith produced a devastating knock to crush Mudgee's Marie Cornish Trophy hopes and on Sunday the Bathurst cricket talent was once more causing pain for bowlers as she helped Campbelltown-Camden to victory in the Sydney

Cricket Association women's first grade season opener.

Five days after smashing a stunning 167 off 112 deliveries to lead Kelso High School to victory over Mudgee, Griffith returned to the crease to open the batting for Campbelltown-Camden in their match against Eastern Suburbs.

Playing at Raby Oval, Griffith's

team won the toss and was sent in to bat, but from that point onwards the talented teenager set about making it a winning start to season 2009-10 for her side.

Opening the batting with Kate Waetford, Griffith made sure the Eastern Suburbs skipper was soon regretting her decision to bowl first.

Griffith cracked 81 runs off 104 deliveries while Waetford was even more destructive as her 90 runs came off 92 balls.

The pair were only given 33.1 overs to face before their innings was called, but having scored at 5.7 runs an over they reached a handy 189 and remained unbeaten.

In reply it was again Griffith and Waetford who shone as they took three wickets apiece and ensured Eastern Suburbs finished empty-handed.

Griffith claimed 3-20 off her 10 overs, which included four maidens, and she also took a catch to complete an excellent all-round performance.

National spotlight for Cirkus troupe

ONCE again Kelso High's Cirkus Surreal is preparing to do the city proud as they travel to Melbourne today.

The troupe will perform at the National Schools First Awards ceremony which will be held tomorrow at the National Gallery of Victoria.

Julia Gillard will announce the inaugural Schools First National Award winner from the eight states and territories that will be represented on the evening.

Kelso High campus is the recent recipient of a \$50,000 Schools First Local Impact Award. The award recognises the outstanding community partnership Denison College of Secondary Education has developed with Bathurst State Emergency Services (SES) for their Cirkus Surreal program.

Even though the partnership did not go on to win the NSW State Impact Schools First Award, they were thrilled to receive an invitation to perform at the awards ceremony on Friday.

There will be 15 students from the high school ranging from Years 7 to 11 who are leaving for Melbourne this morning. Many of them have never been on a plane before and are extremely excited about the trip and opportunity to perform to over 250 guests.

Their last practice session was held yesterday at the school amid plenty of movement and colour as they held a full rehearsal of the acrobatic floor routine, complete with music. A representative of the SES was also attended.



TALENTED: Eden Abreu, Olivia Meek, Elanor Nunn, Heidi Annand, Marlon and Gabby Northey, Tom Horsepool, Murray Fussell of Cirkus Surreal rehearse ahead of their performance in Melbourne. Photo: ZENIO LAPKA

112509kelso2

Apprentice showcases his skills for leaders



BRIGHT SPARK: Kelso electrical apprentice Gavin Press demonstrates some of the tricks of his trade to Climate Change Minister Penny Wong.

112409gavin

ONE of the region's top apprentices has taken the opportunity to showcase his skills at a gathering attended by federal politicians in Canberra.

Kelso's Gavin Press won a Medallion of Excellence for electrical installation at the 40th WorldSkills International in September this year.

He was among Skillaros chosen to take part in a special Try A Trade day on the lawns of Parliament House to help promote the government's Kickstart apprentices program.

Among those impressed by the Skillaroo demonstrations were Deputy Prime Minister

Julia Gillard, Employment Participation Minister Mark Arbib, Climate Change Minister Penny Wong, Material and Science Minister Greg Combet and Parliamentary Secretary for Employment Jason Clare.

MPs enthusiastically took on the challenge of Try A Trade and did exceptionally well with the tools on hand.

While manoeuvring mortar on a trowel and learning how to generate power via a special bike constructed by the manufacturing team, the MPs also gained some insight into new sustainability practices used in each of the trades and how that has impacted the industry and

the consumer. WorldSkills Australia CEO Mark Callaghan said Kickstart was a "fantastic initiative" to boost the number of young people starting apprenticeships.

"It is through initiatives such as the Kickstart program together with the showcasing of role models such as the 2009 Team Australia Skillaros that will hopefully entice more Australians to take up a trade apprenticeship," Mr Callaghan said.

Around 400,000 Australians are already involved in Australian apprenticeship schemes, covering more than 500 occupations.

Thursday 26 November 2009

ME AND MY CAR



MOKIN': Michael Siers with his Mini Moke which he has been driving since he was just seven years old. Photo: CHRIS SEABROOK

112509cmoke1a

New life for a paddock-basher

MICHAEL Siers is only 17 but he has been behind the wheel of his popular Mini Moke for 10 years.

When he was seven-years-old Michael and his older sisters learned how to drive in the car, which they used as a paddock-basher at their grandparents' property.

Michael was so small he couldn't reach the pedals without three or four pillows propped behind him.

Since getting his licence early this year, Michael and his dad have been working on getting the moke up to road-use standard so it would pass registration.

'It's a really fun first car to have.'

Now the quirky little vehicle has been given a whole new lease on life and is Michael's first car.

Michael said his favourite thing about his 1967 Mini Moke is that it doesn't have any roof or doors. "It's very free," he said. "It is really good in summer because it is very breezy. It's free air-conditioning."

He said he gets lots of interest in his car wherever he goes.

"Everyone notices me when I am driving down town. Sometimes they beep their horns at me and I just have to beep back," he laughed.

"It's a really fun first car to have."

The Mini Moke was conceived at the same

time as the Mini sedan which was first produced in 1959.

The British Motor Corporation, or BMC, tried unsuccessfully to market the idea to the military as a vehicle in the same style as the Jeep and Land Rover. Eventually they released the car to the public in 1963 and it became a surprise success. Having failed as a military vehicle it became an instant hit as a civilian utility vehicle.

This car found its niche as it was produced in Australia from 1966 to 1981 where almost twice as many cars were produced here than anywhere else in the world.

30th November 2009



GREAT SHOW: Gabby Northey, Tom Horspool, Mark Graham and Murray Fussell strike a pose from their routine. Photos: ZENIO LAPKA 112509zkelco1

Cirkus Surreal ready to take on the big smoke

THERE was plenty of movement and colour as the Cirkus Surreal troupe from Kelso High held a special practice session on Wednesday. They were practicing for their performance at the

inaugural Schools First National Awards Ceremony in Melbourne on Friday. Some 15 students in Years 7 to 11 flew to Melbourne yesterday for the special ceremony. Kelso High was the recipient of a \$50,000 Schools First Local Impact Award which recognised the outstanding community partnership Denison College had developed with Bathurst State Emergency Services.



TOUGH STUFF: Crystal Rowley and Mark Graham. 112509zkelco4



STRONG GIRLS: Amelia Meurant and Heidi Annand. 112509zkelco5

Monday
30th November 2009

Staines swims for a nationals berth

YESTERDAY was an important moment for Bathurst swimmer Rachel Staines as she was attempting to qualify for the 2010 Australian Disability Championships in the 100 metres freestyle.

A week earlier she came desperately close to clocking a qualifying time at a carnival in Forbes – missing out by a tenth of a second. Staines did have some consolation as she produced a personal best effort of 49.9 seconds in the 50m freestyle.

Staines looked a good chance of recording the time she needed yesterday with the Australian Disability Championships taking place in February next year.

Tuesday 8th Dec 09

Catches win matches

GOOD CATCH: ORC's wicket keeper Jeremy Gillespie caught out Rugby Union's Kesh Pillai in a recent Bathurst District Cricket

Association first grade match. ORC went on to be the eventual winners proving catches win matches. Photos: CHRIS SEABROOK



Kesh Pillai

Thursday 10th December 09

District ablaze

in summer's first days

Black sentinels all that remain

By **BRENDAN ARROW**

FIREFIGHTERS continued to monitor a major blaze, approximately 1780 hectares in size, burning in the vicinity of Martin Bird Lane yesterday.

Spot fires in inaccessible areas broke out throughout the afternoon as north westerly winds gusting at speeds of up to 30 kilometres per hour fanned the flames.

The fire, burning around Ophir Road, Oaky Creek Road and Vittoria Street, Vittoria had firefighters undertaking property protection as required.

The blaze flared up again in the late afternoon, with the Rural Fire Service again shutting the Mitchell Highway between Dunkeld and the Millthorpe turn-off about 6pm.

Earlier in the day reporters were shown around the Macquarie Woods area where the fire threatened to destroy the forest and closed the highway on Monday night.

Rows upon rows of black, ash-covered tree trunks stood where green pine trees were just days ago, some still smouldering.

Thicker smoke could be seen in the distance.

The ground was totally



FIRE UPDATE: Rock Forest residents Wayne Stephens and Christine Drinan discuss a residents' meeting scheduled for last night with RFS volunteer Sue Wakefield. Photo: JUDE KEOGH

1209no2

blackened, just like the majority of the hills in the area where the fire raced across the dry grass 24 hours earlier.

Bruce Reynolds from the RFS said he flew over the site earlier in the morning and smoke could be seen coming from pockets where the fire had not been contained.

"It is going to take some time for the fire to fully die down," he said.

"In total we had 30 tankers and more than 100 firefighters in the area establishing containment lines on Monday night.

"The majority of the area destroyed was grazing land, as well as 60 to 70 hectares of

a pine plantation."

Early estimates had the cost of the damage to the plantation at \$100,000, with assessments still to be done on whether any of the wood could be salvaged.

Mr Reynolds said Ophir Road, Cashens Lane and Martin Bird Lane remained closed to non-residents,

with patrols being regularly conducted on the Mitchell Highway.

Last night residents were invited to attend a meeting at the Rock Forest Rural Fire Brigade Station to receive updates on the fire situation and strategies as well as to help assess the total damage caused by the bushfire.

9th December 2009.

Decade award for Toireasa

TOIREASA Gallagher has been awarded the 2009 Kelso High School Decade Award.

The school inaugurated the award 12 years ago as a means of recognising students who graduated from the school 10 or more years ago who have gone on to achieve outstanding success or have excelled in their chosen field.

Toireasa started Year 7 at Kelso High School in 1993.

As a youngster Toireasa wanted to be a fireman ... but her love of bikes also surfaced early.

Her father and sister were racers, so Toireasa didn't stand a chance.

Toireasa won the Devro Junior Sportsperson Award in 1996.

In 1997 a bad crash caused Toireasa to lose her sight for a brief period.

Her first overseas trip to the Netherlands in 1998 saw Toireasa place seventh in the World Junior Championships.

She created local history by becoming the Devro Junior Sportsperson of the Year for a second time in 1998 before going on to claim her first NSW title in 1999.

Her form on the bike in 2000 resulted in her being offered an eight-month professional contract riding in the Netherlands.

In 2001 she won a bronze medal at the

Oceania Championships and won gold in the tandem sprint piloting for Sarnya Parker at the International Paralympic World Championships in 2002.

Toireasa was named Bathurst Senior Sportsperson of the Year in 2002 and 2004.

In 2003 she travelled to the Czech Republic – returning with five medals from the European Cycling Championships.

Toireasa and her riding partner Lindy House bagged two silver medals at the Athens Paralympics

In 2005 the pair set a new tandem world record for the most distance ridden in one hour – 42.93km.

Toireasa won the NSW Road Time Trial in 2006, and with her riding partner Lindy Hou was voted the female AWD Cyclist of the Year.

At the Arafura Games in Darwin in 2007 she shared six gold medals with Lindy.

Toireasa rode in four events at last year's Beijing Paralympic Games.

She and Lindy placed fourth in the road time trial, fourth in the road race and won the one kilometre time trial and the individual pursuit.

Although she has returned to Bathurst to work as a massage therapist, Toireasa is still riding and coaching locally.



OUTSTANDING SUCCESS: Toireasa Gallagher has been awarded the 2009 Kelso High School Decade Award.

Wednesday 2nd December 2009

Strong Parkes side ends Kelso's knockout hopes

CRICKET

By SAM DEBENHAM

KELSO High have been bundled out of the Western Region Girls Cricket knockout competition after copping a 10-wicket hiding from Parkes High on Monday at George Park 1.

Just a few weeks after Lisa Griffith smoked 167 against Mudjee in the Marie Cornish Trophy in a high-scoring win for the Kelso side, a slightly depleted

outfit could not manage a wicket against a strong Parkes team.

After winning the toss and batting, things weren't looking so bad for Kelso as Jessica Watterson (31) helped her team to a position of solidarity at 0-41 before fellow opener Jessica Daymond fell for eight.

Esther Hotham helped build on the good work of the openers by adding 35 and at 2-105 the Bathurst school was on top.

However Parkes bowler Lyndal Matthews quickly ensured that

any advantage Kelso High boasted was only a brief one.

She bagged 4-35 in seven overs to rip the spine out of the top order, as only Alicia Auld (11) and Teigan Cox (14) were able to join Watterson and Hotham in double figures.

Kelso lost their last six wickets for just 17 as Rebecca Cowling (3-26) came to the party, dismissing the team for 147.

Any chance of defending that total would depend on taking some early wickets to put pressure

on the Parkes side but they were not forthcoming.

Representative star Keeghan Tucker led her side from the front, and though she went wicketless earlier in the match, she more than made up for it with the bat and finished with a classy 89 not out as she and Matthews (35 not out) knocked off the required runs in just 19 overs.

Only Cox (0-23 from four) and Melissa Downey (0-4 from one) managed to keep the run rate below a run a ball as each of the

other bowlers copped plenty of stick from Tucker's blade.

While the rest of his side still has plenty of quality, Kelso High coach Graeme Hanger admitted that the absence of captain Lisa Griffith left a huge gap in the side.

"It has been a long time since we've had a side without a Jess Cox or a Lisa Griffith, we really missed Lisa today," he said.

"Without her there the bowling lacked a bit, and she obviously makes a big difference with the bat."

28 WESTERN ADVOCATE, Wednesday, December 2, 2009

Thursday 3rd December 2009

Griffith adds a national victory to her record

CRICKET

By SAM DEBENHAM

LISA Griffith has completed her Cricket Australia Cup campaign and now boasts national championship success following the NSW side's defeat of Victoria in Tuesday's final.

Griffith and her team-mates completed a near flawless tournament with a comfortable win over their southern rivals in Sydney, winning by 69 runs in the decider.

Griffith didn't play a huge role in the final, falling without scoring as NSW made their way to 9-177 in the first innings after batting first.

One of the stars of the tournament, Claire Coski, held the NSW top-order together once more with 31, before Rhiannon Dick chimed in with 46 towards the back end of the innings.

Though it looked a mediocre total on paper, it proved to be well and truly enough as Kate Waetford tore through Victoria to take 5-20 from 10 overs of quality

medium pace.

Griffith took the new ball and bowled tightly, but went without a wicket to finish with 0-12 from five overs, forced to take a back seat to Waetford's brilliant spell that saw Victoria crumble for just 108.

That thrashing was nothing compared to the win over Queensland in round seven. NSW routed their opponents for just 76, a quick enough kill that meant Griffith was required with neither bat or ball in the seven-wicket win. She delivered a bigger con-

tribution in Monday's round six Twenty20 match against Western Australia.

Though she could only manage five with the bat in a handy NSW innings of 7-111, Griffith returned a vital 2-19 from four overs with the ball after it looked like the Sandgropers would pull off an upset victory.

At one stage they were in relative cruise mode at 1-52, but Griffith helped put the breaks on and restrict the Western Australians, who finished well short after their 20 overs on 7-95.



WINNER: Lisa Griffith and her NSW second XI team-mates won the Cricket Australia Cup in a canter, finishing with a defeat of Victoria on Tuesday. Photo: ZENIO LAPKA 121508zrlckets

48 WESTERN ADVOCATE, Thursday, December 3, 2009

Wednesday 3rd December 2009



TALENTED: There were plenty of talented entrants who participated in the Country Women's Association scholarship recently. 113009winner2

Rachel wins CWA scholarship



WELL DONE: Country Women's Association scholarship winner Rachel Harvey from Kelso High being presented her certificate by Spencer Harvey. 113009winner

BATHURST Branch of the Country Women's Association of NSW recently held the Scholarship Presentation in their Rooms.

Fourteen of the 16 entrants and their families were present with all being introduced to the gathering and presented with their participation certificate.

Congratulations to all who entered, the judges had a difficult task choosing the winner.

The recipient is Rachel Harvey, a Year 10 student from Denison College, Kelso High Campus. Rachel was given her Winner's Certificate and upon returning to school in 2010 will receive her \$500 cheque.

Rachel considers history as being her best subject and very much enjoys drama.

In a few weeks time, Rachel leaves for a training session at Tewantin, north of Brisbane prior to travelling to Egypt with "TenMission: a group intending to renovate a dormitory at an Orphanage as well as spreading the word of the Gospel.

Rachel is also very involved with her Youth Group at Church and the Bathurst Guides Unit.

Bathurst riders shine at meet

CYCLING

ANGUS Tobin and Hollee Simons were the stars of the show for Bathurst at the prestigious Cronulla Criteriums in Sydney on the weekend as both riders took out their respective divisions at the event.

Tobin looks to have cemented a state team spot in the 2010 under 19s NSW team after his recent performances and didn't disappoint again with an impressive win in the division two event on Sunday.

The Orange resident who rides for the Bathurst club defeated impressive Canberra junior Ed Bissaker in the finish plus a number of former top level national medallists including Tyler McLachlan, Jono Cridland plus mountain biker Adam Socha.

Simons' win was in the under 15 womens event in which Bathurst's Jess Marshall also performed well, where Simons impressed everyone with her endurance to stay with the older girls and the male riders to record one of the best wins of the day.

The meet started with the masters event where Bathurst's Mark Simons, David Jones and Mick Marshall did not have much luck in the masters one to four event, particularly Jones who was hampered by a fall as the event was won by Stewart Campbell, while former Olympic gold medallist Kevin Nichols won the masters five to eight category.

All of Bathurst juniors performed well during their respective events, with Harrison Jones strong in the under 17s and Harry Carter the driving force in the lead group in the under 15s boys race, finishing fourth in the sprint finish.

Craig Eves rode a great race in the division three seniors event along with Jarrah Deans, with the pair up the front early and Eves battled on for a solid finish.

The main event of the day saw Dean and Blair Windsor line up alongside Craig Hutton and Connor Trott in the men's division one race.

As expected the race came down to a sprint between the local Sutherland Shire 'mafia' with former track star Ben Kersten too fast for Chris Sutton and Graeme Brown, with Blair Windsor's Budget Forklifts team mate Richard Lang next home.

In a demanding race characterised by aggressive riding and a wind swept course, Kersten rode a smart race covering a number of dangerous moves. Kersten was always tactically well placed in the peloton conserving much needed strength for the final run into the line.

The race was animated early on by new Garmin-Transitions signing Matt Wilson, but after two laps the Victorian was reeled in by a peloton clearly interested in a bunch sprint.

"The finish into that strong southerly suited me, I jumped first at 150 meters to go and immediately gapped Graham Brown by about a length and had enough strength into the head wind to hold off C J Sutton," Kersten said.

The womens race also came down to a sprint with Rochelle Gilmore defeating Dubbo star Megan Dunn in the dash to the line.

Wednesday 17th December

Wednesday 17th December 2009

MY FIRST JOB



VARIED CAREER: Denison College principal Kathy Compton's first job was at a post office as well as sewing dresses for dolls. Photo: CHRIS SEABROOK

Building a career in teaching

By MIRIAM SIERS

THE first principal of Denison College of Secondary Education, Kathy Compton, started out her career as a desk girl at Guildford Post Office in Sydney over Christmas when she was 18 years old.

Ms Compton said she used to help out over the busy time of year selling stamps and packing parcels.

"But it was a different era, I didn't take credit cards in those days," Ms Compton laughed.

She worked there over two Christmases starting in her first year of university.

"It gave me enough money to buy my Christmas presents, if not much else," she laughed.

'I used to make dolls' outfits from scraps of material and sell them for Christmas presents.'

"I did enjoy it. One of the things I learned was the importance of working with people, customers and their needs.

"I always had my head in books and I think at the post office was the first time that I really realised how important it was to work with people. It certainly taught me life skills."

Ms Compton also made a bit of pocket money while she was at university by sewing little dresses and clothes for dolls.

"One of my passions was sewing and I used to make dolls outfits from scraps of material and sell them for Christmas presents," she said.

"When I went to my aunty's place I used to go through her treasure box for scraps of material. I don't think I ever bought anything."

She said people heard about her creations by word of mouth and they were popular as Christmas or birthday presents.

"I learned about trying to be a bit creative and innovative," she said.

Ms Compton said she did not always want to be a teacher.

"When I left my last year of school I really wanted to be an architect. But at that stage someone in the business had to sponsor you and that was not really done for girls so much," she said.

"I am still fascinated by building designs and how buildings meet the needs of people.

"But my second love was history and English so teaching seemed the way to go."

City recognises two of our best

By **BRENDAN ARROW**

BATHURST residents' Nola Ramsay and Nicholas Geyer could hardly contain their excitement yesterday as they were acknowledged as the 2010 Citizen and Young Citizen of the Year respectively.

As part of the Australia Day celebrations, Mrs Ramsay and Mr Geyer were given their awards in front of a large crowd on the banks of the Macquarie River.

While the pair were announced the 2010 winners in December, they both agreed that the joy of receiving one of Bathurst's most prestigious awards had not rubbed off yet.

"It certainly has not diminished, I was shell shocked when I won it, I think it took about a week to sink in," Mrs Ramsay said.

"I have loved seeing all of the Australian flags and smiling faces and it was great welcoming 19 new Australians at the citizenship ceremony."

Mrs Ramsay, who is perhaps best known as president of the Bathurst Eisteddfod Society and president of Riding for the Disabled, was given the award for her years of volunteer work in the community.

Mrs Ramsay also serves as secre-

tary/treasurer of the Western Group of Show Societies, treasurer of the Central West Brain Injury Action Group and assistant treasurer of the Bathurst Professional Women's Club.

Mrs Ramsay is also on the management committee of a home for disabled people learning independent living skills, is a volunteer with the Brain Injury Rehabilitation Program, serves on the executive committee of the Western District Exhibition which make up the displays at the Royal Easter Show.

"I counted 12 organisations that I'm involved in mostly on a executive level because that is what I like," he said.

"I want to keep doing it because without volunteers these organisations could not function."

Mr Geyer was equally well known for his volunteer work and was honoured to receive the Jack Aubin Young Citizen of the Year award.

The charming, modest young man is a volunteer firefighter with the Rural Fire Service, teaches RFS cadets and also is a member of St John Ambulance after starting out at the RFS cadet at Kelso High School.



OFFICIAL DUTIES: Young Citizen of the Year Nicholas Geyer and Citizen of the Year Nola Ramsay cut the Australia Day cake during the Rockley Celebration. Photo: BRENDAN ARROW. 012610baau4

Wednesday / Thursday Western Advocate
25th/26th Jan 2010



HELPING OUT: From left Courtney Hooper, Lachlan Hooper, Braden Hooper, Sarah Harvey and Caroline Harvey manned the jelly bean guessing competition at Rockley.

012610baau1

Western Times 28th Jan. Thursday



TOP DAY: Winners of the 2009 Miss and Master Rockley titles, (left to right) Miss Rockley Junior, Brittany Hands, Miss Tiny Tot, Clancy Fitzpatrick, Miss Rockley Teen Killarney Meekin, Master Rockley Tiny Tot Cody Howe, Miss Rockley Keirney Barwick and Master Rockley, Mitchell Perkins. 013100proct3

Western Advocate 28th Jan Thursday



CELEBRATING: Nikayla, Mahalla, Darren, Leanna and Emmitt Smith. 012610etr14

Tuesday Feb 2 Western Advocate



GOOD GUIDANCE: Michael Coles, right, with coach Michael Diamond after winning the National Junior Trap Shooting title in Brisbane.

COLES ON TARGET HE'S ON TARGET

SHOOTING

By MARK RAYNER

THE goal of competing at the Junior World Cup is one step closer for Bathurst shooter Michael Coles after he took out the National Junior Trap Shooting title in Brisbane last week.

The talented 19-year-old shot 112 of a possible 125 targets at the event to finish one target ahead of his closest rivals in Russell McCloy and Michael McNabb.

This weekend he will look to recapture that form when he lines up in the Australia Cup at Cecil Park Gun Club, and a good start there would help him towards a chance of representing his country.

"We have got the Australia Cup, which is one of the biggest events behind the nationals. There are four Australia Cup events and at each you have 125 targets. These events count towards your ranking and the Junior Australian Team is picked on those rankings," he said.

"In the last couple of years the International Committee started a World Cup that has been held in Italy and Germany. Australia took three juniors to the last one so hopefully if I can do well in that I could earn a place in that team. That would be pretty good."

One of the biggest challenges that Coles faced in the national titles came when he entered the second and final day of the shoot with a one-shot lead and had to overcome nerves as he held

on to win.

He set up his win with a strong performance on the opening day of with rounds of 24, 23 and 23 of a maximum 25, putting him on a total of 70 - one ahead of McNabb and three ahead of McCloy.

"I think there was a bit more pressure on me on the second day. Overnight I knew I was going to have to shoot pretty well if I was going to win," Coles said.

"I wasn't as happy with how Sunday went, I shot rounds of 21 and 21."

It might not have been quite as strong as his first rounds but it was enough to give Coles the title and he was delighted to claim the Brisbane event.

Making his win even more impressive was the fact that he has

only been shooting since he was 16, a lot less time than most of his rivals.

"It's the highlight of my career so far. It was only my second time at the national titles in three and a half years so it's great," he said.

"Most of the guys probably started shooting at the age of 13 or 14 whereas I was closer to 16. It probably puts me at a bit of a disadvantage."

But Coles has one advantage over most other juniors as he attempts to represent his country - and that is that he is guided by two-time Olympic gold medal winning shooter Michael Diamond.

"I've been coached by Michael for the last couple of years.

"He's an excellent coach. It's been good having him there and a

big advantage mentally."

Coles first met Diamond when he was given a coaching session with him as a 16th birthday present.

The Bathurst shooter made such a strong impression on Diamond that he has been coached by him ever since.

"He has taken me under his wing and it works out well because he is at most of the same events as me. He used to live at Port Macquarie and I saw him every three months but he moved up to the Gold Coast and I have still been able to see him every couple of months," Coles said.

Diamond also competed at the national titles, finishing in second place overall with a score of 121 out of 125.

Thursday 4th Feb Times

Chantelle takes centre stage in Sydney

LEADING OzScot highland dancer, Chantelle Burke joined a Scottish Army piper from the world famous Edinburgh Military Tattoo, to pay special tribute to Governor Lachlan Macquarie's Scottish heritage at the official launch of the Macquarie 2010 Bicentenary Celebrations on Sunday.

The Macquarie 2010 Bicentenary is a year-long commemoration program to acknowledge the legacy of Governor Lachlan Macquarie and his wife, Elizabeth Campbell.

Governor of NSW Professor Marie Bashir was joined by the Premier of New South Wales, Kristina Keneally at Government House for the occasion.

Governor Bashir said it was an honour to launch the commemoration program which will pay tribute to a most influential predecessor.

"Lachlan Macquarie was a courageous and visionary man who set the direction for a prosperous and egalitarian nation. His contribution is seen in every aspect of our modern society.

"From infrastructure development, the establishment of architectural landmarks and our extensive education system - the origins of which can be attributed to Governor Macquarie - the impact of his 12-year tenure will be remembered as one of the most significant of any Australian Governor," Governor Bashir said.

Guests were also treated to a preview of how the year will be celebrated with a performance from Wayne Harrison's new interpretation of the award-winning play Macquarie by Alex Buzo performed by two of Australia's leading actors, Colin Friels and Anita Hegh as Lachlan and Elizabeth Macquarie.

This year is the 200th anniversary of Lachlan Macquarie becoming governor of NSW.

Five years later, on May 7 1815 he raised the union jack on the banks of what is now the Macquarie River.

Events planned for Bathurst this year include a Macquarie dinner, Proclamation Day celebrations and an exhibition of works by Bathurst artists at Bathurst Regional Art Gallery.

The Bathurst Coin and Collectables Club will feature Macquarie's Holey Dollar in their exhibition in April.

However, our biggest celebration will come in 2015 when Bathurst celebrates its 200th anniversary.



SCOTTISH BACKGROUND REMEMBERED: One of Bathurst's top highland dancers Chantelle Burke, a member of OzScot Highland Dancers, performed with a Scottish Army piper from the Edinburgh Military Tattoo during the launch of the Macquarie 2010 Bicentenary Celebrations at Government House on Sunday.

020110Chantelle Burke

Western Advocate Monday 8th Feb



THREE CHEERS: From left, Cheryl Cole, Brett McFarland and Melissa Lewis at The Oxford.

Family and friends happy to join party

IT was three cheers all around for the happy couple as John Williams and Vivienne Bateman celebrated their engagement with friends and family members recently.

Proud parents Clive and Cherie Bateman were joined by John and Ligaya Williams for the special event at The Oxford.

Around 70 people enjoyed the night with some travelling from as far as Canberra, Sydney and Tamworth.

After meeting at university through mutual friends, John proposed on one knee in front of an open fire place while on a weekend away in the Blue Mountains.

The happy couple plan to get married in October this year.



HAPPY FAMILY: Above, Vivienne Bateman with her fiancé, John Williams and their two children.
Photos: CHRIS SEABROOK

Tuesday 9th Feb. Western Advocate

‘He had a great sense of humour and so many friends.’



Loving dad's tragic death

By JACINTA CARROLL

RICHARD Bowker lived for his family, and now they are trying to come to terms with his death after the 28-year-old was killed in a car accident near Blayney.

Mr Bowker, 28, of Perthville, was killed last Thursday night in a head-on collision while on his way to

start a night shift at Nestle Purina.

His death has shattered his family and friends, who yesterday described him as a funny, loyal and dedicated person who loved life and his family.

His mum, Anne, described her son as "beautiful".

FAMILY MAN: Perthville man Richard Bowker was devoted to his wife, Patrina, and children, Jeremy and Makayla.

020810Richard

VOLUNTEER'S VIEW

Holiday fun for children's volunteer

By **BRENDAN ARROW**

AT 21, the last thing Sophie Lawson wanted to do was sit at home on the couch doing nothing. So instead she went to the Bathurst Information and Neighbourhood Centre (BINC) to join their volunteer program.

Since then, Ms Lawson has done her bit to help out a range of people and is currently involved in a program which makes sure children living in the Kelso area to miss out on having holiday fun.

The Kelso Activities Project (KAP) addresses the need for school age children who live in the East Kelso and Bathurst areas to have easy access to place based activities during school holidays at no cost.

The project provides a range of activities that incorporate team sports, social skills, healthy eating and creative thinking in a child-safe and friendly environment.

"We help the kids out with whatever they want to do during the holidays so that they can have some fun," Ms Lawson said.

"The kids can come out

'We help the kids out with what ever they want to do during the holidays.'

here and have water fights, play pool, air hockey, ping pong and even table soccer.

"It is a lot of fun."

The KAP program was designed by Charles Sturt University policing students who volunteered with BINC during 2009 after identifying that there was a lack of activities that young people could participate in.

Ms Lawson added whether it was having a water fight or sharing a cake with everyone, she was delighted to have become a volunteer.

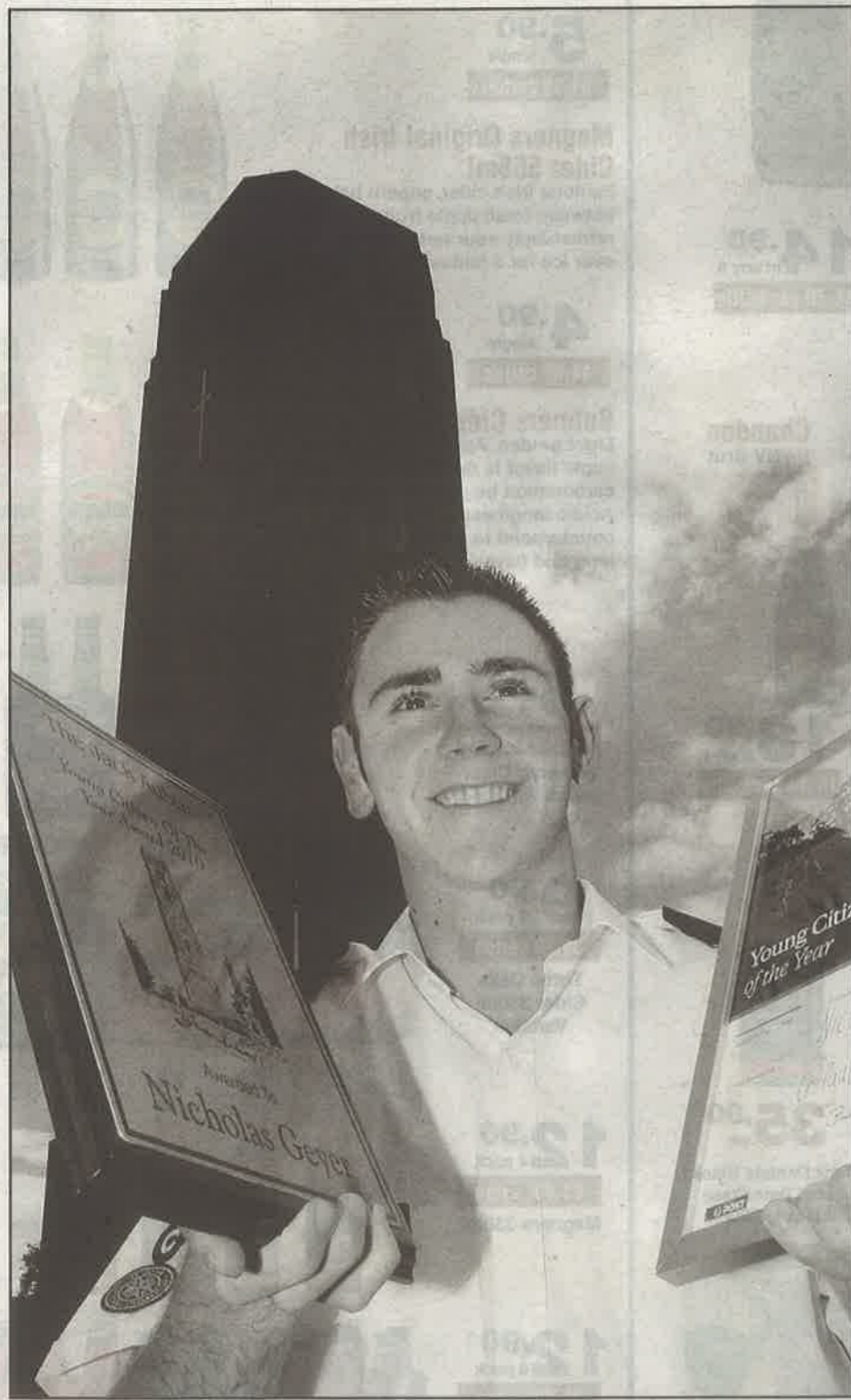
"When I became a volunteer I was looking for a job for a long time and it was suggested to me go to BINC and join some of the volunteer programs," she said. For more information on becoming a volunteer contact Lisa Pierce at BINC on 6332 4866.



VOLUNTEER FUN: Sophie Lawson does not mind getting a little dirty during volunteer work for the Kelso Activities Project. Photo: **BRENDAN ARROW**

011310havol

VOLUNTEER'S VIEW



ON THE GO: Bathurst Young Citizen of the Year, Nick Geyer, is still setting lofty goals for himself. Photo: ZENIO LAPKA

020410zgeyer3

Young man a St John cadet for seven years

By TERRY JONES

A VOLUNTEER from the age of 11, Bathurst Young Citizen of the Year, Nick Geyer laughs when you suggest to him that he will be working most of his life because he started getting involved so young. But it does not phase him.

Now approaching his 18th birthday in May, Nick thought he'd like to "give it a go" joining the St John Ambulance when he saw cadets working in the crowd at the Pantech Parade up main street during the Bathurst 1000 seven years ago.

"I knew a person a few years older in the Cadets," Nick said. "I said to myself, I can do that. I'll give it a go."

Nick became a St John Ambulance cadet, spending Monday nights alongside an original 15 regulars at the meetings and courses where various emergency scenarios were created and boys and girls were taught to respond with appropriate treatment.

There was training in all aspects of ambulance work. Nick sat for and obtained his preliminary First Aid Certificate and was only 14-years-old when he became a Senior St John Ambulance Cadet, working his way forward for his Advanced Life Support and Advanced First Aid Certificate.

'I said to myself, I can do that.'

Not only has Nick progressed in the cadets, he has over two years been a member of two Bathurst cadet teams, three of whom have been NSW First Aid Champions. In 2007 with James Adams and Brooke Woodward and 2008 with Heidi Starr and Megan Bourke.

He has also involved himself with St John Ambulance, three years ago he joined Rural Fire Services at Perthville-Georges plains where he lives. He's become the brigades training officer, ensuring members of the brigade obtain competency levels to respond to bushfires that have already become part of his life.

While Nick reads a lot since obtaining his Higher School Certificate from Kelso High School last year, it is always a book about fire fighting, medical treatments and nursing. He had been involved with St John and the RFS in his last year studying for the HSC, while also attending the College of Technical and Further Education to obtain Assistant Nursing Certificate 3, to work at Macquarie Care.



SISTER AND BROTHER: Sharen and Mark Campbell celebrating Marlene Naylor's 70th birthday.

020610c70th2a

Is it time for park's long sleep to end?

By MIRIAM SIERS

FOLLOWING the outstanding success of Victoria Park's new adventure playground, the use of Centennial Park has been called into question.

Councillor Graeme Hanger has put the spotlight onto the park bordered by Seymour, Bentinck, Rocket and Lambert streets, calling for opinions on whether more should be done with the park.

"We have Victoria Park and Prince's Park and Centennial Park," he said. "Prince's Park has Bathurst Public School on it and now Victoria Park has the fantastic new adventure playground. I'm really just throwing this open to the community: should something be done or nothing be done here too?"

Cr Hanger said being on a 10 acre block the park had a lot of potential, whether it was just being beautified or having something more significant done to it.

Resident Don Wiburd grew up in Bathurst and said he remembers circuses used to set up big top tents with their elephants at the park.

"It looked just like this but that path is not as used as it used to be in the railway days," Mr Wiburd said, pointing to a dirt track leading from the Rocket/Bentinck streets intersection to the Seymour/Lambert streets intersection.

"It is really quite amazing



WIDE OPEN SPACES: Don Wiburd has many memories of Centennial Park from his childhood and Councillor Graeme Hanger wants to know if something should be done with the rare city space. Photo: PHILL MURRAY 010810pgr-

that it has been kept like this since the origins of the city," Cr Hanger said.

Centennial Park was named to mark centenary celebrations of European settlement in Sydney.

Christopher Morgan, who has been commissioned by Bathurst Regional Council to write the third volume of the History of Bathurst, said the

park went to sleep in the 1890s, and still sleeps.

In his research he discovered the reserve which became Centennial Park existed from 1862, and in 1863 the first council began to take an interest in the planting of trees around Bathurst's public spaces for the eventual beautification of the city.

He said the first public tree planting was in Prince's Park but nothing was done in the reserve [Centennial Park] at that time.

However in 1887 aldermen interested in celebrating the Centenary of European settlement in Australia began a campaign to plant several trees in the city.

'Should something be done or nothing be done here?'

Friday 26 Feb Western Advocate

Tomorrow's LEADERS



DENISON COLLEGE (BATHURST): Lucy Smith (captain), William Jones (vice-captain), Daniel Rust (vice-captain), Taylor Hickey (vice-captain), Sarah Bradbury (vice-captain) and Nick Wade (captain). 020910pbxhl



DENISON COLLEGE (KELSO): Renata Simpson, Rohan Fahey, Lisa Griffiths and Alexander Williams. 021110pkelo

University roadshow in town

SENIOR high school students can learn more about university life and potential career paths when the Regional University Roadshow rolls into Bathurst on Tuesday.

With Denison College, Kelso campus hosting one of the events, career adviser Denis Behan says the roadshow, now in its ninth year, is a wonderful opportunity for his students as well as students from other local high schools.

"A large percentage of Bathurst

Tertiary study information available

school graduates complete their tertiary education at regional universities and this is a chance to hear from three different universities in the one session which enables them to consider a number of options for future study," Mr Behan said.

"Often regional students have difficulty attending university open days, so here the universities come to them. The sessions

are very informative and give lots of time for questions about both the study options and the admissions process."

Year 12 is a time when most students decide on their path for the future. Everyone wants to be successful and to make the best choices, but accessing the right information at the right time is not always easy.

That's where CSU, Southern

Cross University and the University of New England can help.

CSU prospective student adviser Katy O'Brien said the Regional University Roadshow provides senior high school students with accurate and timely information regarding university education.

"By pooling resources, Charles Sturt University, Southern Cross

and the University of New England are able to provide excellent advice to students in one visit, maximising the study options presented to students while minimising the amount of time students need to be away from the classroom," she said.

The Regional University Road Show will be in Bathurst on Tuesday, visiting Denison College, Kelso campus with students from 11 surrounding schools invited to take part in the presentations.

Western Advocate 1st March Monday

Western NSW are prepared for their premier challenge

Western Advocate 2nd March
Tuesday

SOCCER

By MARK RAYNER

THE step from Women's Super League up to the Premier League is expected to be a tough one for the Western NSW Panthers but the under 16s showed on the weekend that they are up to the task.

The Panthers took out their division of the Proctor Park Challenge against several established teams in the Premier League including a 2-0 win in the final over their old rivals Inter Lions.

Western just had too much class in the final as scored goals in both halves while managing to block everything that was thrown at them and it has coach Adrian Cox confident that his side will perform well in the tougher competition.

"It was a good team effort, they played really well. They controlled the ball and passed well so it was a good effort. We haven't had any training or played as a team yet, that's our first hit-out so I'm very happy," he said.

"You're playing against teams that have been up in the Premier division for the last couple of years so it's good to get that first hit-out at that level and it gives us an idea of where we are at. I think we have a pretty good season ahead of us."

Chloe Callaghan and Renee Gersbach scored goals at opposite ends in the decider as the home side frustrated their opponents.

Inter tried to respond late in the game and they had back-to-back opportunities, but they were held out by good work from goalkeeper Jessica Daymond.

First she successfully took down a Lions attacker in a one-on-one situation to prevent her from scoring and her second stop resulted after she spilled a save but dived desperately onto the ball before the attacker could get her foot to it.

Cox said that the talented goalkeeper didn't have the busiest job over the two days but was reliable when she was needed.

"She didn't have to do a lot but when she was called upon she stepped up to the mark and made some great saves. We saw at the end there that she made two important saves," he said.

Western went through the early rounds of the competition undefeated, beating the Illawarra



UNDER ATTACK: Bathurst striker Carol Prosser (right) tries to escape the attention of a Western Panthers player in their under 16s match at Proctor Park on Sunday. Western won the match 2-0. Photo: CHRIS SEABROOK

022810csoc1

Stingrays 2-0 plus the APIA Tigers and Bathurst districts team by the same margin. They had a 1-all draw against Macarthur Rams but it was enough to set up the final clash with Inter.

Cox said the win was even better because his team hadn't had a training session together in 2010 and he expects his side to continue their improvement during the opening rounds of the

competition.

"We should start the year with a lot of confidence after playing against those teams and there should be a good season ahead. The girls will improve because we will get to train together as a team a bit more regularly," he said.

"It's hard because we all come from different centres - we have girls from Dubbo, Wellington and Cootamundra - so to get together

and train as a team isn't easy, we probably only do it four or five times a year.

"They should show improvement during the year and getting that level of competition each week is going to help us.

"It'll be tough, every game will be tough because we've stepped up from the Super League, which is like first division, but we will have to play our best every week."

Western Advocate 2nd March
Tuesday

Late wicket disrupts Western's chance

CRICKET

By MARK RAYNER

WESTERN have gone agonisingly close to winning both of their matches on the opening day of the NSW Combined High Schools Girls Cricket Championships in Bathurst.

The home side scored a comfortable 10 wicket win over the South Coast in their opening match at the Sportsground and looked to be on track for a clean sweep against Hunter until a late wicket disrupted their chase and they went down by a solitary run.

Hunter set Western a target of 99 for victory after making 5-98 off their 20 overs. Opener Kelsey Miller top scored for the visitors with a knock of 39 while Chelsea Bower also made an important contribution later in the innings with an unbeaten 36.

Bathurst pair Lisa Griffith and Bec Cady opened for Western and after showing good form in the match against South Coast they looked set to put together another big partnership until Griffith hit a shot that was heading for the boundary but found the hands of a Hunter fielder.

Taylor Stanley joined Cady at the crease and the pair looked like they were going to continue on but Cady was dismissed and soon after Stanley was run out. The score was then 3-69 with eight overs to go.

However the team made just 21 runs in the next six overs and they were still searching for nine runs from the last 12 balls. The 19th over didn't help, with just one run added to the total and the final over proved to be nerve racking for both sides.

Western found runs and with one ball remaining in the match they needed one run to tie or two to win. Instead Hunter claimed a wicket to give them victory.

Western manager Craig May said he was disappointed with patches of play that ended up proving costly for his team.

"The second game was a cliffhanger and the one that really got away from us. I thought we were a little bit disappointing in the middle to later stages of our [bowling] innings, we gave away some boundaries that we didn't need to and instead of chasing 80 we were chasing 98 and in the end that was very crucial," May said.

"We batted ourselves into a fantastic position with Lisa Griffiths making a solid start. She only made 11 but it was a solid start. Cady again was fantastic with 42, she and Taylor Stanley made great contributions.

"I thought our shot selection wasn't what it should have been. In the end we struggled and needed one run to tie and lost the wicket."

There were no such struggles in the opening game of the day with South Coast posting just 7-45 off their 20 overs and Shenae Spencer the only player to break into double figures.

They found it hard to make runs against the Western bowlers with Cady among the best, conceding just five runs off her four overs.

Emily Aberline did a good job of cleaning up the tail, taking three wickets while dropping just one run.

Griffiths and Cady easily passed the total after 13 overs but the team batted out their innings and finished on 2-91. Griffiths was dismissed for 25 while Cady went on to post 50 not out.

The manager was very happy with the performance with the bat and the ball from his team.



GOOD STARTS: Lisa Griffith was good for Western in both matches making 25 against South Coast and 11 against Hunter when she looked to be headed for a big score. Photo: CHRIS SEABROOK

030110cwestn1



OUTSTANDING: Rebecca Cady was outstanding with both the bat and ball for Western yesterday, finishing as top scorer in both matches and amongst the best bowlers. Photo: CHRIS SEABROOK

030110cwestn2

"I think there were a lot of good contributions, the bowling was tight and kept them off the board and then we chased them down easily."

"Rebecca Cady was fantastic with her 42 not out," he said.

May said that his team would be out to win their next two 50 over matches against Sydney West and Riverina but admitted that

they would need luck to make the final.

"I think we need to take it game by game. Tomorrow we play Sydney West and hopefully we can get in and bat out our full 50 overs and post a competitive score," he said.

"Unfortunately a loss makes it very hard to qualify for the final so all we can do is win our next two games and maybe results will go our way and we can earn a spot."

Western's Griffith to captain CHS



HIGHER SELECTION: Bathurst's Rebecca Cady has been named in the CHS side. Photo: CHRIS SEABROOK 030210westm

CRICKET

By SAM DEBENHAM

WESTERN have concluded their Combined High Schools Girls Cricket titles with a brilliant win over Sydney North at Watson Oval yesterday as Lisa Griffith put in a starring performance with the bat to guide her side home.

The victory sealed a highly respectable third-spot finish for the Western side who had to work hard for their victory.

Bathurst local Griffith capped off a superb day by being named captain of the CHS side announced at the conclusion of the carnival, which was taken out for the second straight year by the North Coast side.

Having had an indifferent few matches after a promising start to the carnival, Griffith anchored her side's run-chase with a quality 74 as Western successfully chased down their target of 163, winning with three wickets in hand in the 47th over.

Her performance was supported well by Bathurst's other representative Rebecca Cady who made 28, while Wellington High student Brooke Forgiome smashed 20 from 10 balls as the game began to get tight in the dying stages at the All Saints' venue.

Cady was also named in the CHS side on the back of a brilliant all-round carnival in which she was arguably her team's best player.

Earlier in the third-place play-off, Taylor Stanley continued her own outstanding form by claiming 5-15 with the ball, and was given strong support from fellow Wellington High player Lammie Croker who bagged 4-23.

They were able to dismiss Sydney North for 162 before their successful effort with the bat.

Stanley and Parkes Highs Keeghan Tucker were also selected in the CHS side which will contest the Lords Taverner's Trophy in Orange in three weeks' time.

Meanwhile the final of the event was taken out by North Coast in thumping fashion against neighbours Hunter in their clash at the Sportsground.

Hunter batted first and were able to manufacture just 89 in their innings, which was always going to be tough to defend in the 50-over format.

And thus it proved, as North Coast not only ran down their target but were able to do it without losing a solitary wicket, and ensured that they would hang onto the trophy for at least another 12 months.

It completed a good week of cricket around the district, which saw eight of the local grounds incorporated into the tournament, and given the quality of cricket on display it was a good effort from local grounds staff to continually present them in ideal condition.

Students cleaning up

Group plan to revitalise St Pat's wetlands

By BRENDAN ARROW

KELSO High students have jumped head first into environmental protection mode and gotten their hands dirty in preparation for Clean Up Australia Day.

The group of six students - along with their teacher Phillip Warner - have cleaned up a wetlands area at the back of the St Patrick's Sporting Complex.

The students first visited the site three weeks ago with the intention of helping the Conservation Volunteers Australia (CVA) revitalise the habitat, but discovered two massive piles of rubbish that had been illegally dumped.

"It was disgusting to see all of rubbish piled up and dumped illegally so we thought we would come back and clean it up," Mr Warner said.

"But CVA took care of the rubbish and apparently filled a five tonne truck twice getting rid of it all."

So instead the students cleaned the rest of the area, collecting old shoes, crates and plastic bags.

Mark Heinz from Kelso High said cleaning up the wetlands was vital as any rubbish left there could be detrimental to the plants and animals that will call the area home.

"It is important we get it



DOING THEIR PART: Kelso High students Mark Heinz and Michael Pharo removing some of the rubbish they found at the St Pat's wetland. Photo: PHILL MURRAY 022410pkelso

all so animals do not eat it and so it doesn't choke the water ways," he said.

"Seeing all this rubbish really makes you understand that when you dump a piece of rubbish it all adds up and is very bad for the environment."

CVA has ongoing plans for the St Pat's wetlands and are hoping to encourage

water birds to the area while also making it more accessible for residents.

"We have already built a walking track, with the help of Central West Catchments Authority and the St Pat's Club, to allow people to see this site," CVA's John Fry said.

"We hope in the future to connect to other walking

tracks to allow even greater access to this site.

"We also have plans to bring in some dead trees to allow the water birds to perch and protect themselves from foxes and cats."

■ Clean Up Australia Day is this Sunday, March 7 but Bathurst's official clean-up will be held a week later on March 14.

'Filled a five-tonne truck twice getting rid of it all.'

Western Advocate
Friday March 5th

Western Advocate March 11th Thursday 2010



HONOURED: Graeme Hanger has been honoured with a Silver Life Membership of Combined High Schools (CHS) Cricket during the State CHS Girls Cricket State Championships at Bathurst. 030510hanger chs

Schools applaud a superb innings

WHEN it comes to his two passions – teaching and sport – Graeme Hanger certainly has the runs on the board.

To mark a mighty innings, last week he was presented with Silver Life Membership of Combined High Schools (CHS) Cricket during the State CHS Girls Cricket State Championships at Bathurst.

Although the surprise honour may have hit him for six, Mr Hanger's actions certainly made it clear that he is not pulling up stumps.

He was still swinging away the day after receiving the honour, doing the rounds of venues to ensure the carnival he was managing ran smoothly.

While he was ensuring that every side had the best chance to play on its

merits, as he performed his duties Mr Hanger proudly wore his Western Region colours and an undisguised pride in his home town, Bathurst.

The sun certainly shone on Mr Hanger and cricketers who converged on the Central West from all over the state.

His enthusiasm and energy as a teacher at Kelso High and a diligent promoter of junior sport are legendary among the thousands of youngsters that he has benefited and the hordes of parents who have watched proudly from the sidelines.

Mr Hanger's life membership – the highest honour in a single CHS sport – acknowledges his role in managing state carnivals in boys and girls for well

over a decade, his commitment to putting Bathurst on the map by hosting NSW All Schools finals and the finals of the prestigious Marie Cornish and Alan Davidson cricket knockouts for girls and boys.

Topping his exemplary service to cricket, Mr Hanger has also lent his organisational flair to managing state hockey, volleyball and basketball carnivals.

The State CHS Girls Cricket State Championships concluded on March 4. The Western Region side comprised six cricketers from the girls cricketing stronghold of Wellington, two each from Bathurst and Mudgee and representatives from Cobar, West Wyalong and Parkes.

Western Advocate Friday 12th March



YUMMO: Grace A'Hearn, teacher Kim Baker, Jess Nugent, Russell Nankervis and Laura Allen catered for the NSW Combined High School Girls' Cricket Championships recently. 030910food

Students cater for hungry cricketers

KELSO High Campus students Grace A'Hearn, Laura Allen, Jess Nugent and Russell Nankervis provided the catering for 149 cricketers visiting Bathurst for the recent NSW-Combined High School (CHS) Girls' Cricket Championships.

The students are studying Hospitality (Certificate II Kitchen Operations) as

part of their Year 12 course.

They are required to "prepare, cook and serve food" and catering for the cricket championships was a wonderful opportunity to put their skills into practise.

The menu for the four days included Caesar salad, ham salad rolls, pizza and servings of fruit salad and fruit juice. The

food was fresh, healthy and much appreciated by the cricketers.

"The students achieved many competencies in mastering these numbers in catering and are one step closer to achieving their Certificate II," their teacher, Kim Baker, said.

"It was a great outcome for all concerned."

Friday 12th March Western Advocate

‘Just listen to your body. I didn’t, I was fatigued and things were playing up in my body and I thought I would be right.’

NORTH SENDS A WARNING

TRIATHLON

By MARK RAYNER

NICK North has sent a warning to athletes who think that there might be something wrong with their health.

“Just listen to your body. If you think there’s something wrong, get it checked out,” the Bathurst triathlete said.

“Just listen to your body. I didn’t, I was fatigued and things were playing up in my body and I thought I would be right.”

North was recently diagnosed with chronic fatigue syndrome and a small heart murmur, but it was more than four months between when the problems arose and when Dr Nick Dutton made a diagnosis.

Last September North was reaching the peak of his form and all set to go Triathlon World Championships, but the 20-year-old felt that his body wasn’t recovering from training quite as well as it should.

He brushed it aside and went on to finish 24th in his age division out of 90 racing against the world’s best.

When he returned from the competition he was still feeling affected, but after a two-week break he tried to return to training. He couldn’t.

“Leading up to the World Championships I just noticed that I was training ridiculously hard and doing three to four sessions every day and was just feeling that I’m not recovering and just thinking ‘Well maybe I’m fatigued, I’ll have a week off before worlds and hopefully I’ll feel better,’” he said.

“At worlds I did a great effort and I was happy with it, but after worlds I had a couple of weeks off and it just hit me then, I was struggling to get back into the water and struggling to get back on the bike and running. I did a couple of races and just wasn’t where I wanted to be and where I should have done well I wasn’t doing as well as I wanted. I started questioning ‘Why aren’t I competing to what I’m used to?’

“It was a couple of months later that I thought ‘I really need to know what’s going on. My body isn’t responding to what it normally does and with all this training my body should be bouncing back. I’m still young and I should be fit.’

“I just thought ‘Something’s wrong, I’m feeling fatigued, I’m struggling to get up in the morning and I’m always tired and when I do anything my body is hurting.’

“It wasn’t until about January that I went to the doctors and he said you probably have a post viral syndrome, but then I went to Dr Nick Dutton and he confirmed I had chronic fatigue syndrome and that I needed to have a break. My body was

telling me that, I think I didn’t want to listen to it and I needed someone to tell me I had chronic fatigue before I actually stopped.”

North said if he had his time again he wouldn’t take as long to get to a doctor and have a check-up.

“Definitely not, knowing that I was sick and thinking it was just the flu, I’ll be a lot more conscious of it, even if it is just a common cold I’ll get it checked out because going to get it checked is better than not training for months. Any little symptoms – I’ll be on to it straight away,” he said.

One of the biggest problems for North has been adjusting to not training every day and he said it has been hard to cope with.

“Going from training three to four times a day to absolutely nothing at all now I suppose it developed into a bit of situation where I felt depressed and letting people know and I’m on medication now because I would usually wake up at 4am now I wake up at 8am get ready for work, go to work, come home and go to sleep, knowing I can’t do anything now,” he said.

“I suppose finding out that I do have chronic fatigue and a soft heart murmur, now I know this and now I can get better without thinking ‘Why can’t I do anything?’ As much as I didn’t want to hear it, I did want to hear it because I knew something was wrong, I didn’t think it was in my head. Now I have to rest and get better for next season.”

North has been told he will have to miss the remainder of this season and he will also need to take it easy over winter, but if he is feeling better after that he can look at resuming training at the start of next season.

While there is a long way to go, already North has felt that he wants to get back and his mother Carol has noticed that.

“That’s what Dr Dutton said, a few months ago Nick wasn’t even thinking triathlon or training but since February Nick was saying ‘I want to try’ and Dr Dutton said that’s good,” she said.

“He said ‘If you do something and wake up the next morning and feel good, you’ve hit the nail on the head, if you wake up the next morning and you’re sore and tired, you’ve done too much.’”

North wanted to thank his colleagues at Winning Edge Cycles, who he has credited with being two of his biggest supporters as he goes through his recovery.

“Steve Buckland and Greg Westman have been two major helps for me, as much as the others have been there, these two boys coming to work every day have helped me more than anyone else,” North said.

“I’m just trying to get better and hopefully I will be back out there soon and racing.”



SEASON OVER: Nick North will miss the rest of the triathlon season after being diagnosed with chronic fatigue syndrome. Photo: CHRIS SEABROOK 042508rhl-1



WELL DONE: William Bullock, Sandie Thomas, Linda Lea and Loraine Vandye. (Canter lady Lender here) 031810bowling

Bowling trophies presented

ALLANS Bakery League recently held its Ten Pin Bowling presentation night at Crepes Royale. A great night was had by all the bowlers with the highlight presenting the trophy for the best bowler. Coming in first place was Linda Lea, second Sandie Thomas, third Loraine Vencye and fourth William Bullock. President Jan Munro said all the bowlers played really well and thoroughly enjoyed the season of bowling. "Linda Lea bowled very well and deserved to take out the title of champion," she said. Special thanks to Lisa Sams and her staff at Crepes Royale for putting on a fantastic night.

Western Advocate Tuesday 23rd March

Bathurst City mentor praises defeated rivals



ON THE CHARGE: Esther Hotham heads towards goal. Photo: MICHELLE COOK 0417mobxity

HOCKEY

By MICHELLE COOK

BATHURST City won their women's Premier League Hockey match on Saturday but coach Jillian Long came away praising opponents Kinross-CYMS. The Bathurst side won the second round clash 3-1 in a testing match for both sides in Orange. Bathurst City were leading 2-1 at the break thanks to goals from Nikki Braun and Esther Hotham, while Mel Wood bagged the point for Kinross-CYMS. Kelsey Willott gave Bathurst City a two-goal lead with 22 minutes remaining in the game and her side was able to hold on despite a number of attacking raids from the Orange team. Long was happy with the win and impressed by her opponents. "It was a great game. I thought [Kinross-CYMS] played very well and I think they're going to be a force for the semi-finals," Long said. "We got lucky on some of the shots and scored from them. They had plenty of shots. So I think other teams will

have to watch them." Long was also impressed with her own side, which was without six regulars. "We had a lot of personnel away," she said. "There were six players away and we had a few debutantes. We had the basic 11 and those young kids did very well. It was a good, hard game and it was a great game." Hotham impressed Long as did Taylor Thomas and Tanya Lowe with their commitment and running. Kinross-CYMS captain Kate Pulbrook said her side was always in the game despite losing the match. "It didn't feel like it got away from us at any point in time," Pulbrook said. "I think they [Kinross-CYMS players] stepped up to the strength. They were strong on the ball and they needed to be. Short, quick passes worked and that's what our goal came from, which was good we got rewarded for our hard work." **BATHURST CITY 3** (Nikki Braun, Esther Hotham, Kelsey Willott) **defeated KINROSS-CYMS 1** (Mel Wood)

Monday April 19th
Western Advocate

April 1st Western Times Thursday



WINNERS: Front, Matthew McLennan (FC/Denison College Kelso High Campus) with Shane Fitzsimmons AFSM (NSW RFS Commissioner). Back, Bill Horspool, Bryant Oliver, Ethan Martin, Jake Miles, Harley Barnes and Bobby Fish (absent: Luke Fish). Photo: CHRIS SEABROOK

Kelso High wins RFS championships

STUDENTS from Kelso High, Bathurst High and La Salle in Lithgow showcased their fire fighting skills during Rural Fire Service Championships last week.

The championships were held between the schools to put to work the skills 42 cadets in Years 9 and 10 had learned over a 10 week program.

Kelso High School won the championships and received their awards from NSW RFS Commissioner Shane Fitzsimmons.

Matthew Apps, fire mitigation officer with the RFS, said he was

impressed with the talent shown throughout the course.

"I was very impressed. Last year La Salle won the championships and this year Kelso High School won the championships. Some cadets were nearly as good as some of our seasoned fire fighters," Mr Apps said. "The point is for the comradery, team work, honing their skills and to showcase their talent and also to get ready for the Australian Championships next year."

He said next year the RFS were going to expand the program to include The Scotts

School and All Saints' College too.

The graduation ceremony was held on the Kelso High oval last week where the winning team were presented with their perpetual trophy.

The ceremony followed a championship day to showcase the skills the cadets had learned over the 10 week program.

If any high school students over 16 are interested in joining the Rural Fire Service they should call in and see Matthew Apps at the Lee Street Rural Fire Service station or phone 6333 1333.

Feedback

Text: 0413 698 439, Email: mail.westernadvocate@ruralpress.com
Mail: PO Box 11, Bathurst NSW 2795

Monday May 3rd
Western Advocate

There is still good news to be heard

AS AN old Bathurstian I'm still very interested in Bathurst.

I have left a message with federal member Bob Debus and John Cobb as to what they are doing to save St Vincent's and improve hospital services - no answer - but I will try again.

On Wednesday, I had a fall and a friend took me to casualty at the Bathurst Hospital.

A friendly nurse ripped off the bandage from my leg and ruptured the outer skin. People had been waiting three hours

to see a doctor - but I didn't have to wait.

There are good things happening with Macquarie Rivercare.

Wayne Feebrey and I are checking shade houses given to five schools to encourage students to care for the environment.

At Kelso High School a young teacher "Matt" had students planting seeds and propagating plants to eventually go along the riverbank.

And Phillip Warner then showed us a wetlands with magnificent trees, plants and shrubs. It is a credit to Kelso High School - so all is not bad news.

Nevill Barlow

OUR COMMUNITY



AIRFARES HELP: Receiving a \$2000 cheque from Rotary president Greg Madden are, from left, Dianne Meurant, Cirkus Surreal member Amella Meurant and Stephanie Brown, watched by Rotary Club of Bathurst East youth director, past president Doug Coates, PHF.

Rotary backs Surreal trip

RECENTLY the Rotary Club of Bathurst East was approached by the deputy principal of Kelso High School, Stephanie Brown, for help with funding for a trip to America by members of Cirkus Surreal.

Stephanie outlined how the group of 21, after performing in New York, would travel to Canada - performing all the way - to meet and work with world-famous Canadian cir-

cus group Cirque du Soleil, and the opportunities that the trip would offer to the young performers.

The club agreed to assist and last week Stephanie and a member of Cirkus Surreal, accompanied by her mother, attended a Rotary meeting where they were guest speakers. They also accepted a cheque for \$2000 to go toward airfares for the trip, which will take place about this time

next year. This is among the largest donations made by the club this year, and is an example of the club's ongoing support for Cirkus Surreal, going back to the group's earliest days.

If you would like to know more about the work of Rotary in our community, contact president Greg Madden of the Rotary Club of Bathurst East on 0417 048 248, or speak to any Rotarian.

April 28th
Western Advocate

Western Advocate Thursday
22nd April

Simons bounces back from crash to claim national gold

GOLLY HOLLEE THAT'S GOOD

CYCLING

CRASHING when flying down the slopes of Mount Panorama is hardly the sort of build up a cyclist would want a week out from the national titles, but it failed to deter talented Bathurst junior Hollee Simons as she claimed gold and silver medals plus the prestigious polka dot jersey at Mountain Climbing Australian Championships.

Simons is part of the newly formed Kenny Spring junior women's cycling team and the inaugural under 15 and under 17 Mountain Climbing Australian Championships, which were held over the weekend at Mount Buffalo, Victoria, was her second event with the outfit.

She made her debut for the Central West team during the Blayney to Bathurst cycling weekend and during Saturday's Mount Panorama Criterium, she crashed coming down The Esses.

Under 15 talent Simons still carried the marks of that crash as she began her campaign in the two-day championships, but the pain was quickly forgotten as she produced a pair of outstanding rides.

"I really surprised myself over the two days. I was a bit worried about my left knee, it wasn't great after the crash last weekend," Simons said.

"I'm so happy to win my first Australian championship title, especially in the mountains. Mount Buffalo is such a great place for this type of race."

In glorious conditions the championship started with a mountain time trial.

With a strong field in the under 15 women's division, including Emily Nichols who won the NSW Hillclimb title at Mount Panorama a week earlier and national track sprint champion Courtney Field, fourth seeded Simons had a challenge ahead of her.

Simons came out of the start gates and attacked the six kilometre time trial course. Nervous moments followed as the time were posted, the Bathurst talent taking the win by 36 seconds over Victorian Field to collect her first Australian title and gold medal.

On day two Simons lined up for the mountain climb road race, the start point being located 15km from the summit of Mount Buffalo.

Although the climb to the top is an unrelenting average eight per cent incline, the attacks started just after the first kilometre, forming a select group of four of the best under 15 female climbers in Australia - Nichols, Field, time trial bronze medalist Emma Bilston and Simons.

With the others in the leading group aware that Simons had the upper hand in the general classification battle given her 36 second lead from the time trial, the three competitors worked tirelessly to drop the Bathurst junior.

In the last 500m the four were still in a tight group and in the final uphill sprint for the line Field got the win by one second over Simons with Nichols taking the bronze.

This meant the overall general classification for the championships went to Simons by over 35 seconds, giving her the prestigious polka dot jersey.

The Kenny Spring team also fielded two under 15 riders at the Junior Sydney Grand Prix Criterium at Homebush Olympic Park on the weekend.

Cyntrah Micarelli and Jessica Marshall were out numbered by the NSWIS trio of Josie Talbot, Lara Batkin and Bridget Mulany.

NSWIS filled the first three places with Marshall leading out Micarelli for fourth and fifth respectively.



THE SPOILS: Bathurst talent Hollee Simons shows off her gold and silver medals as well as the polka dot jersey she won at the Mountain Climbing Australian Championships on the weekend.

0420210411msh

Thursday 6th May Western Advocate



END OF HARD WORK: Paul and Jenny Stirling with their daughter, Emma and her boyfriend Richard Thomas. Photos: CHRIS SEABROOK 050510csu5

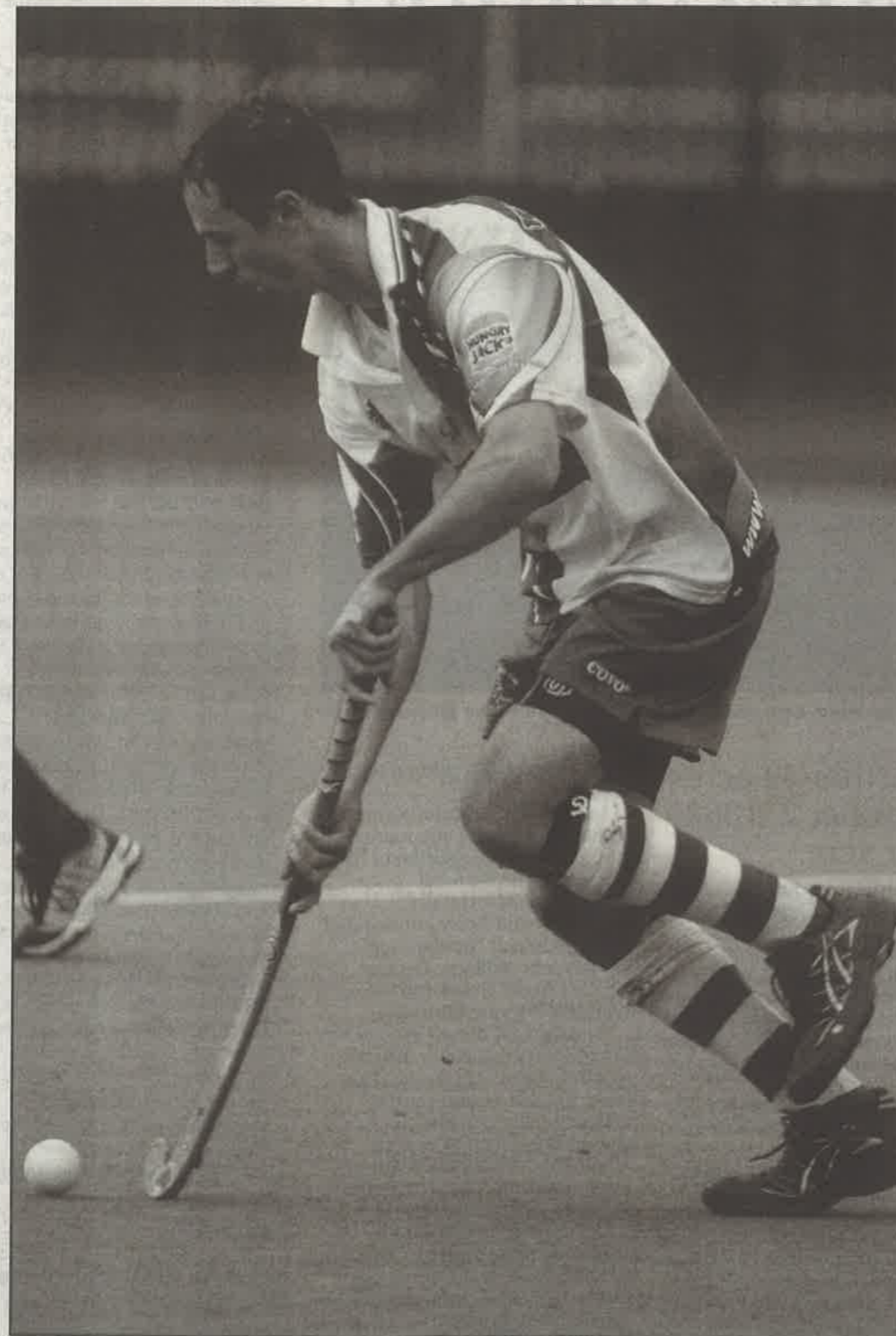
Monday 10th May Western Advocate



HAVING FUN: Craig Day, Jodie Muldoon, Beatrice Kenworthy and Mathew Dean. 050810cdebs4a

Monday 10th May Western Advocate

CAPTAIN'S CORNER



HOCKEY STAR: Kel Cooke's one of the top hockey players in the Premier League. 0908agcook

Kel's love for hockey began at a young age

BY TOM MACKEY

KEL Cooke's blue and white through and through.

He's the former skipper of the Bathurst St Patrick's men's premier league hockey side and at present is pretty happy with his side's form after a tough win over Souths in the first game of the season.

The 20-year-old is also coach of the Bathurst Under 17 district side and comes from a well-known local sporting family.

Kel enjoys his hockey and was glad to be able to knock over arch-rivals Souths.

"It was good to finally beat them," Kel said. "We played really well everyone was really committed."

Like most youngsters, Kel had a hockey stick in his hand at a young age.

"I got into hockey when I was just six-years-old after my family and friends encouraged me to have a game," he said.

"So, I joined the minkeys and worked my way up from there."

"My favourite position on the field would have to be an inner, where I can get involved in both attack and defence."

'I joined the minkeys and worked my way up from there.'

"When I was younger I used to really look up to the Naylor brothers Matt, Brent and Jarrod who all played international hockey."

"I enjoyed watching them play and would try and take some of their tactics into my own game."

Playing and training means that Kel's gone through a fair few hockey sticks during his career.

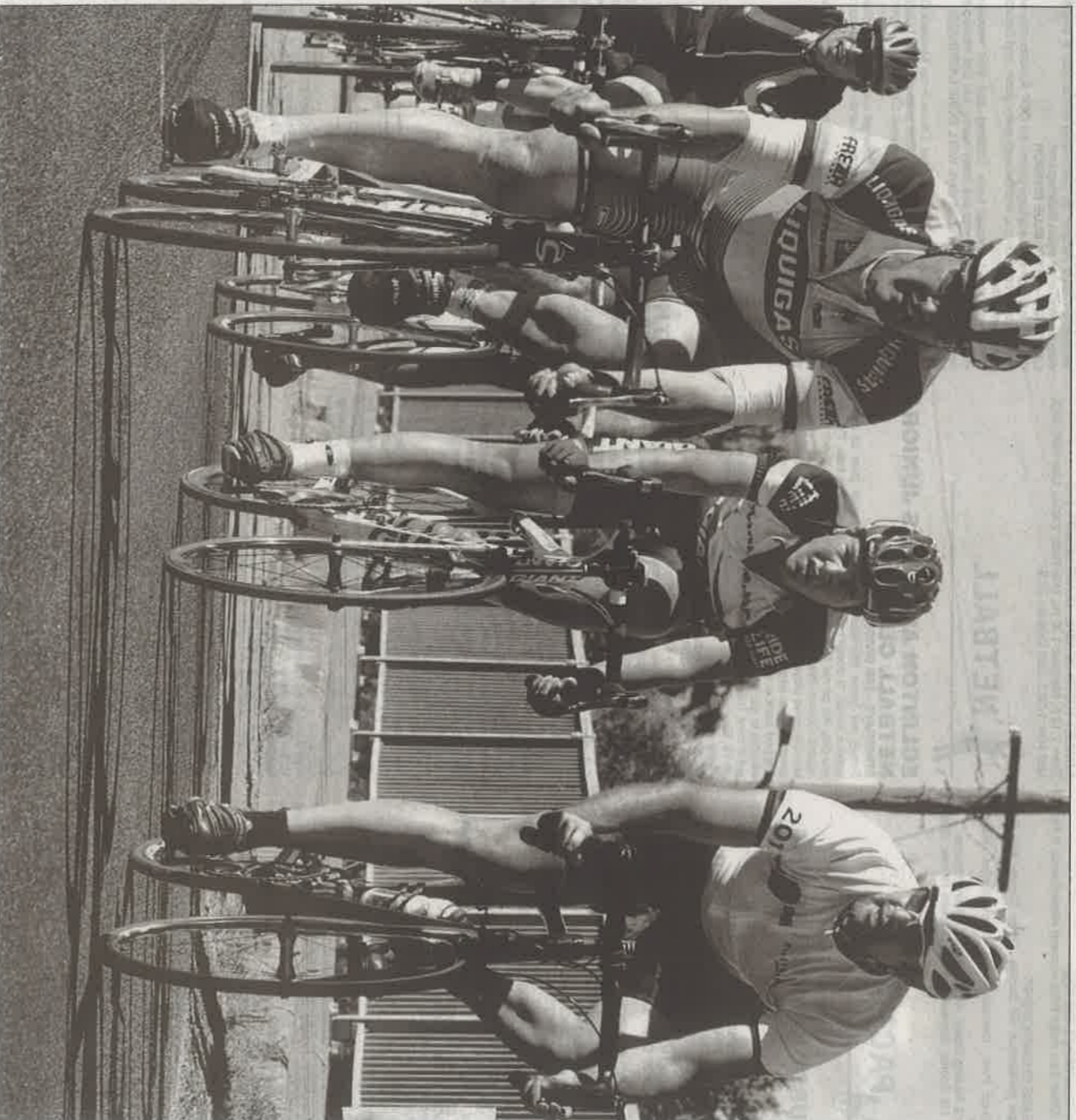
"At the moment I am using a Voodoo V3 which has been a good stick. It hasn't given up on me yet."

Kel encourages everyone who is interested in hockey to come down to the training sessions and have a go.

"It's always good to see new faces to the club and as long as your having fun and in the right spirit then you cant go wrong," he said.

Moana
18/5/21
p. 10/21

Jones has the speed



WORKING HARD: Tim Scott (right) and Dave Jones (left) lead eventual winner Harrison Jones (centre) in the Bathurst Cycling Club's 40 kilometre handicap event. pic:Bill May/Johnny Turbo

Emerging talents get a chance to shine

CYCLING

EVEN with a huge Bathurst contingent away competing at Cootamundra, the Bathurst Cycling Club's race still attracted a very large field on the weekend.

With the absentees it allowed some up and coming talent to move to the scratch bunch for the 40 kilometre handicap event, with juniors Dan Stibbard, Harrison Jones and Harry Carter joining Simon Egar, Dave Jones, Tim Scott and Steve Scott as the race's back markers.

Geoffrey Hawkins led the event early before overtaken by Ali Corcoran, Greg Wills and Tina Compton.

However, world masters champion Rosemary Hastings' bunch of Marian Renshaw, Angela Jones, Geoff Short and

new starter Adam McKay were fast early and soon took control.

By the half way mark a number of groups were forming behind the leaders with Michael Robinson's eight minutes, 30 seconds bunch, which included Paul Waine, Pat Corcoran, Laura Auberson and Cyntriah Micarelli, catching the Ian Hill group made up of David Lowe, Rhyle Barker, Tom Wilding, Paddy Corcoran and Michael Morton.

Meanwhile, at the back of the field the scratch bunch were working hard to pull back a hard-riding block group which was being driven along by Simon Hine, Mick Marshall, Rod Esdale, Nathan Bankovic, Tony Hogan and former top Dubbo rider Graham Peardon.

Things certainly changed on Quarry Hill with Hine attacking and riding through the entire field to turn in front

with Renshaw, who looks in great form going into this weekend's NSW Masters Road Championships.

Marshall, Tamsyn Moana-Veale, Ali Corcoran, Chris Cady and Bankovic were also strong on the climb to join the leaders on the run back down the hill.

However, the scratch bunch had ridden a very controlled race, keeping together, and working smoothly had the leaders in their sights.

In the ride to the finish line scratch took the lead with promising junior Harrison Jones kicking clear to take the win and record the fastest time. Peardon crossed in second place with Egar third in front of junior state champion Harry Carter, Steve Scott, Hine and Bankovic.

Eighth went to Marshall over Tom McClelland with the impressive Moana-Veale rounding out the top 10.



Weekend Advocate
15/16 May

FANTASTIC DAY: The smiles could not be wiped from Kay Alliband, Les Fraser and Rani Alliband's faces. 051610zcolonial1

Taking a step back in time

ANOTHER fun day of history for all the family was held at historic Abercrombie House recently. The day of colonial-themed displays and re-enactments ensured a fantastic family day out, with convicts, soldiers, bushrangers, carriages, tours of the house, market stalls and children's colonial games

keeping everyone entertained.

A large crowd was able to step back in time to see what life was like in colonial Australia.

Even a Cobb and Co. stage coach dating back to 1895 was on display at one of Bathurst's most well known and significant houses.

Grand final replay for under 16s

SOCCER

By **SAM DEBENHAM**

AFTER what coach Andrew Fearnley describes as a shocking start to the 2010 Super Youth League season, the Western NSW Panthers FC under 16s are nearing their peak according to their coach as they take on Dulwich Hill today in Sydney.

The under 16s - who are simply a one-year-older version of the under 15s side which took out last year's premiership - have only tasted defeat once since losing both their opening matches and will look to further improve their record in a grand final replay.

Having cultivated a strong rivalry with Dulwich Hill in the last few years, the Western side gained bragging rights with their victory.

Western (sixth) and Dulwich Hill (eighth) have both fallen off the pace a little since then but there is plenty of motivation for both sides today, according to Fearnley.

"We're pretty pumped up for it, there is plenty of rivalry there going back a few years now," he said.

"Their team isn't all that different in terms of the players they have, but the big thing seems to be that last year they were a side who ground out games and found a way to win the tight ones, whereas this season they seem to be on the end of a lot of really close results.



SIMILAR FORTUNES: While Jack Press (left) and his under 14 Western team-mates have four wins from 10 games, the club's under 16s have overcome a slow start to have three wins to their credit. Photo: PHILL MURRAY 051510ppan3

"They've only scored four goals, but they've only let in seven as well so it's not as though they are being beaten easily."

Since their two defeats to start the competition, Panthers FC have picked up four wins and three draws, to sit outside the cru-

cial top five on percentage only.

Fearnley says that he believes the team are better than that ranking suggests and, with only one more away trip and a massive 10 home games after this round, they are poised to make a good run to the finals.

"We've only lost one since the second round and that was to Macarthur (fifth) who I believe are the best team we've played," he said.

"We have taken points off the top four teams, and with only one more away game after this week, finishing in the top three is our aim.

"Within this squad there is a lot of fight, it is the biggest characteristic they've got. We've come back from 3-1 and 2-nil down, and won from 1-nil down last week so I'm confident that if we play our best we will finish strongly."

Even with a very busy mid-season schedule that has included double-headers and CHS commitments for many players, only Jayden McLeod is under any sort of injury worry, but Fearnley expects him to be fit regardless.

The sides will meet at Arlington Oval this afternoon.

WESTERN NSW PANTHERS FC UNDER 16s: Dane Russell, Andrew Collins, Jayden McLeod, Grant Koch, Jacob Tratt, Dale Lane, Johnathon Goodacre, Mitch Hutchings, Thomas Meehan, Sam Ogg, Martin Hunter, Michael Glencorse.

Weekend Advocate
15/16 May

Trip for junior cycling talent

■ From page 56

"It offers them that extra chance to ride overseas and good coaching."

Having turned 15 on May 22, Jones is a member of the under 17s A grade squad.

The Tour of New Caledonia is for under 15 to under 17 riders and it involves four stages over two days of competition. It opens with a three kilometre time trial followed later that afternoon by a 50 kilometre road race.

Day two will have two road race stages - one over 30km and the other over 40km. It is in these events that Angela Jones anticipates her son will perform well.

"I'd say he'd do well in the 50km road race on the first day, but on the second day the 40 and 30 will really suit him, they are a bit shorter so are right up his alley," she said.

"Harrison will be riding in very different conditions though, it will be very hot and humid over there."

In the lead-up to the tour Jones has been riding around 350km-400km each week in training and competition.

Head coach of The Flying Kangaroos, Inverell-based Kurt Pollock, is happy to let the 15-year-old set his own program. That is little surprise given the success Jones has found in recent times.

On the second weekend of April he finished second in his division of the Mount Panorama Criterium and backed that up the following day by placing eighth in the 70km Blayney to Bathurst short course event with a time of one hour, 47 minutes and 14 seconds.

He placed seventh in the Bathurst Cycling Club's Rockley Cup handicap event, was third in the under 17 Sydney Grand Prix criterium and on Sunday in Pokolbin placed third in the open 60km road race.

The trip to New Caledonia will be Jones' first overseas venture, his mother reporting he is "ecstatic" to be making the trip.

JUNIOR TALENT IS FLYING HIGH

CYCLING

By ANYA WHITELAW

EACH day when Harrison Jones finishes school he runs home - such is his eagerness to get on his bike and to train.

It is that sort of commitment which will see the 15-year-old Bathurst cycling talent compete in the Tour of New Caledonia next week.

Jones will make the trip to New Caledonia among 12 Australian cyclists, the Year Nine Kelso High School student riding as part of The Flying Kangaroos team.

The Flying Kangaroos team, which was launched in February this year, consists of road and track riders from across NSW and far north Queensland who are divided into under 15, under 17 and under 19 squads.

An indication of the potential team officials see in Jones and his fellow squad members is that The Flying Kangaroos are backed by Cervello Professional Cycling and Heinrich Haussler.

Australian-born Haussler, who is now based in Germany, is a professional road cyclist who won stage 13 of last year's Tour De France.

According to Harrison Jones' mother, Angela, his selection in the squad was based on his efforts in a wide range of cycling events.

"Selection is based on his performances overall, it is a development squad. The kids in this squad have been performing at a high level and have shown that they have got something," she said.



FIRST TIME TOURIST: Bathurst 15-year-old cycling talent Harrison Jones will compete overseas for the first time next week when he and his The Flying Kangaroos team-mates contest the Tour of New Caledonia. Photo: CHRIS SEABROOK

panorama

YOUR WEEKEND MAGAZINE

Weekend Advocate 29+ 30th May

Community journey also a personal one

By JO JOHNSON

THERE was a precise moment, not long after I'd moved to Bathurst, that I decided to join the SES."

Decorated SES volunteer Trevor Gunter says he vividly recalls why he began his journey with the State Emergency Services 17 years ago.

"It was January 1994 and there were huge, huge bushfires in the Blue Mountains. I remember thinking 'I live on a property in the bush: what if that was me? What if one day I needed help defending my home?' I suppose by joining the SES I was sort of paying my dues in advance."

Mr Gunter was recently awarded the National Medal for his service to the SES at a ceremony held in Bathurst. He was one of five recipients of the medal on the day and is only the third Bathurstian to ever be presented with the honour.

His list of achievements doesn't stop there.

Mr Gunter was the Controller of the Bathurst branch of the SES for 11 years. During that time he orchestrated his teams' response to land searches, road crash rescue and storm and flood control. He was also on the scene when his current place of employment, Kelso High School, burnt down on August 19, 2005.

The IT administrator has been working at the school for 15 years but was on campus with a very different role that night.

"We assisted the police and fire services by securing the area and providing lighting and road blocks. That night is forever etched in my mind."

But Mr Gunter admits he has similar feelings towards every road crash rescue he has attended.

"It's not a good thing to see nor is it a once in a lifetime event unfortu-

'You always remember what accident occurred where.'

nately. But you always remember what accident occurred where."

Mr Gunter's main interest lies in land search and navigation, though he has nationally accredited training in road crash rescue, general rescue, storm response and chainsaw operation as well.

"Finding someone alive in a land search is a huge reward. Even executing a task to its planned structure is positive."

It's also good to see how a new member reacts when they put together a system of pulleys and rope with little resources that is workable up the face of a cliff. The SES teaches people to be self-reliant and self-resourceful."

Mr Gunter was a driving force behind the redrafting of the National Search and Rescue Manual. He acted as the SES representative for NSW.

"It was nice to be recognised for the skill-base I have developed over the past years."

Raised in the lower Blue Mountains, Mr Gunter has always had a passion for the outdoors.

"I love caving, climbing, four-wheel driving. I'm lucky the SES gave me formal training for something I'm so passionate about."

Being a member of the SES is a community journey, but it is also a personal one."



LABOUR OF LOVE: Trevor Gunter has been awarded the National Medal for his service to the SES. 052810gntmr

Tuesday 1st June Western Advocate



LITTLE CUTIE: Jean Ryan and Matthew Leven are delighted to announce the birth of their daughter Jacie Rebecca Leven. Jacie was born on May 20 and is a sister to Leah and Abby.

052510cbab1

Kelso's school cash tip

KELSO'S Denison College campus has set the trend for others to follow - it beat 1552 national applicants to be awarded the 2009 Schools First award winner, taking home a \$50,000 cheque for its outstanding Cirkus Surreal program.

With entries are about open for the 2010 awards and with \$5.2 million in prizemoney up for grabs, the team at Kelso High is urging other local schools, community groups and businesses not to miss out on the chance to share in the cash.

The awards are granted to schools like Kelso who take learning beyond the blackboard and establish outstanding partnerships with their community. Applications open on June 28, so visit www.schoolsfirst.edu.au to get involved.

Tuesday 1st June Western Advocate

Western Advocate 2nd June Wednesday

Inter-Town wins to Panthers

SQUASH

By MARK RAYNER

BATHURST Panthers teams have shown that Bathurst is among the leading squash centres in the Central West by winning three grades at the AXA Inter-Town Squash Titles on the weekend.

Panthers failed to take the A grade title with the men getting convincingly beaten by a strong Wagga side but they took out both men's and women's B grade as well as the women's D grade.

Last year Wagga was too skillful for Bathurst to handle in A grade and Panthers player and tournament organiser Dave Fuller said nothing had changed in the past 12 months.

"Wagga always looked too strong on paper and they proved to be too strong on the court as well," he said.

"They won last year but they were stronger this year because Aaron Fife came in at the number one and up until last year he was the Australian under 19s number one so that gave them added strength.

"There was just nobody else in that league and he didn't drop a game all weekend."

The team of Fife, Craig Ambla, Stuart Ockerby and Sean Rogers were able to get on top of Fuller, Daniel Pollard, Matt Larkin and Jason Black to the tune of three rubbers to one.

The Bathurst A grade women took out their division last year but they didn't have the same level of success in 2010, missing out on the finals and being forced to watch as Springwood



SUCCESS: The Bathurst Panthers team of Lisa Griffith, Tania Matthews, Kayla Palmer and Felicity Steele (not pictured) took out the D grade Inter-Town Squash title when they defeated Rylstone on the weekend.

0530squash2

claimed the title with a 3-1 win over Wagga.

Bathurst's success came in the lower grades with Panthers taking out the men's and women's B grade titles.

The men's team of Mick Lindsay, Geoff Murphy, Harry Delaney and Nick Ioannides ran out 3-1 winners over Springwood while the women's team of Maureen Baines, Barb Murphy, Jackie Cousins and Mona Moana-Veale had a decisive 4-0 victory against Forbes.

Cowra got on top of Rylstone in C grade men's while Dubbo beat Rylstone to first place in the C grade women's.

Panthers beat another Rylstone team in D grade women's, with Tania Matthews, Lisa Griffiths, Kayla Palmer and Felicity Steele getting up in a close one, winning 5-3 after the teams were drawn 2 rubbers each.

Rylstone did leave with one title, taking out the men's D grade with a 4-1 win over

Panthers. Fuller said the weekend was a big success and thanked Bathurst Squash Centre, Kinross Wolaroi School in Orange and Bathurst Panthers for the use of their squash courts.

"Bathurst did really well in the grades and overall it was a very successful weekend. Everyone had a great time, everyone went home with smiles on their faces, even though they were a bit sore and sorry for themselves ..." he said.

Western Advocate Tuesday 8th June

Western fourth in club championships

SOCCER

By SAM DEBENHAM

WESTERN NSW Panthers FC have temporarily wrested fourth spot in the Super Youth League club championship from Parramatta after a good day against the Schofield Scorpions on Saturday at Alec Lamberton Field.

Panthers FC secured three wins and two draws, and in a big tick for their defence did not concede a single goal across the five matches.

The day opened with a scoreless draw between the under 13s sides, the result enough to keep the Panthers FC team in fifth in their minor premiership - however no other ties were played on Saturday so the table will only be accurate once round 13 is complete this Saturday.

"Schofield came out a little bit stronger in the first half but we played a lot better in the second, we just couldn't convert that into a goal and probably didn't get the rub of the green with a couple of calls," said under 13s coach and Western Football operations manager Andrew Fearnley.

The first victory of the day came in the under 14s clash, with Panthers FC winning 2-nil on the back of goals to Jarrah Hale and Jayden Mounsey.

Both goals came in the first half as the home side established their dominance



GOOD WIN: Jack Press and his Western NSW Panthers FC under 14s team-mates had a strong 2-nil win over Schofield on Saturday. Photo: ZENIO LAPKA

early, and they clinically shut their opponents out of the match after half-time.

The under 15s match saw another scoreless draw, a frustrating result for Western after they dominated most of the play.

"The game wasn't as tight

as the score suggests, Western were on top for most of the match and defended quite well but just couldn't find that deciding goal," Fearnley said.

The result is still enough to momentarily put Panthers FC in second spot, though

Saturday could see that change.

Two second-half goals catapulted the under 16s side to a strong win in their match, as Jacob Tratt and Johnathon Goodacre found the back of the net.

"The boys didn't change too much from what they were doing before half-time, they knew it was just a matter of scoring that first one and a win would come," Fearnley explained.

"Eventually they got one from a corner to Jacob Tratt and a second followed soon after, it was a good win."

The under 18s game looked headed for another nil-all draw before a late strike to Jayden Tumeth McLeod which broke the deadlock.

"It looked like a similar game to the two earlier draws, they had their chances but couldn't convert before they finally scored with 15 minutes to play - it was pleasing to get a win there because they've had a tough time of it lately," Fearnley said.

"It wasn't the most impressive performance but they did what they had to do."

Western will enjoy a day off on Saturday as the other sides contest their round 13 matches - aside from the under 18s who play a catch-up game against Macarthur - before the club hosts Parramatta at Proctor on Monday.



FORUM: Cultural services director Annabell Miller and Councillor Graeme Hangar.

Tuesday 8th June



SO CLOSE: There was a lot of action during the Super Youth League matches at Alec Lamberton Field on the weekend. Photo: ZENIO LAPKA

Western Advocate Monday 7th June



STRUGGLE: Collegians and Churches United do battle in womens B grade soccer on Sunday. Photo: ZENIO LAPKA 060610zlocal3

Snap Shot

GIRL POWER: Jess Hotham scored two goals, Kristy Conroy one goal, Lucy Weal one goal and Mardi Watts one goal for Bathurst when they played against South Coast yesterday. The girls were the goal scorers in a game they won 5-2 as part of the three day Women's State League Hockey played at the Cooke Hockey Complex over the Queen's Birthday Long Weekend. Photo: CHRIS SEABROOK 061410cbxhokyw3a



GREEN AND GOLD: Bathurst marksman Michael Coles has taken the biggest step of his career so far after being selected to represent Australia at the World Titles in Germany in August. 071609coles

Sharp shooter Coles takes on world

SHOOTING

By SAM DEBENHAM

FOUR months after reaching the peak of his career to date, Bathurst trap shooter Michael Coles will have another contender for his career highlight after he was named to shoot at the World Championships in August.

Coles won the national junior trap shooting title in Queensland in February, shooting 112 of a possible 125 targets to claim the Australian crown – now he will take on the world.

He will fly to Germany to compete on August 2 and 3 in the junior competition after accruing enough ranking points during the Australia Cup series to finish in a tie for second in the national standings, with the top three all selected to compete.

"Based on the rankings system I knew when I finished that I was likely to go, and I got an email on June 2 to confirm that I'd been picked. It was a great feeling," the 19-year-old said.

"I'm still thinking about the fact that I've made it this far but at the same time I'm already thinking about wanting to do well. I have a fair idea of what I've got to do to be able to compete. If I go well I can set myself up a little bit and get in more senior teams down the track."

Currently ranked 14th in Australia overall and equal second among juniors, Coles can thank two outstanding performances at the Australia Cup meets in Melbourne and Sydney for his qualification.

By his own admission, his first effort in Sydney's Cecil Park was below par but he shot his personal best score in the second round at Melbourne in March before

returning to Cecil Park and again performing strongly to ensure he did what was required to make the cut.

"I'm pretty happy at the moment. I'll start doing a but more training but what is most important is competing more," he explained.

"It is more a matter of competition than training, practice doesn't really help if you aren't doing it in competition."

Coles comes from a family full of pedigree in the sport, and says that the response from those closest to him has been a proud one.

"My grandfather [Clive Coles] is pretty excited, my brother Brad was with me competing at the events recently so he got to see it all and my dad has to take me to all the events. They're all pretty excited actually," he says.

"I'm really looking forward to it."



STUDY DAY: Year 12 students from throughout the Central West picked up a wealth of study tips from HSC markers at a study day held at Charles Sturt University yesterday. Photo: ZENIO LAPKA 06171022au

Students get tips from HSC markers

YEAR 12 students from throughout the Central West picked up a wealth of tips during the 2010 Higher School Certificate Seminar Day held at Charles Sturt University.

Organisers estimate about 300 Year 12 students from Bathurst, Blayney, Boorowa, Cowra, Kandos, Lithgow, Molong, Oberon, Orange, Portland and Canowindra took part.

The day is an initiative of secondary teachers in the region, and is sponsored by CSU.

Head teacher teaching and learning at Denison College's Kelso campus, Jackie Christie-Johnson said one of the features of the day was having experienced HSC markers in attendance.

"The markers tell the students what they look for when they are marking and give them tips on how to maximise their marks," she said.

"Things like, if the question asks you to define

something, to make sure that you do actually define it, or if the questions asks for a two-line answer, don't write 10 lines."

Markers came from as far afield as Sydney and Condobolin. The day began with a session on English, which is the one compulsory area of study for the HSC.

"From there, the students choose which sessions they want to attend," Ms Christie-Johnson said. "All subjects are covered, from the very academic to the less academic, and all Year 12 students attending government schools in the Central West are invited to attend."

"About 100 students from Denison College are attending the study day.

"It is really good for them to come and listen to other teachers and have exposure to the markers as well as life at university."

Monday 21st June Western Advocate

Students win trip to Japan

By EMMA DEAN

TWO lucky Bathurst students have won a four week trip to Bathurst's sister city in Ohkuma, Japan.

The annual council-funded scholarship, which was open to Bathurst high school students, was won by Year 11 Denison College students Maddie Pleming and Jarrod Grabham.

Both students have been studying Japanese since eighth grade and the two will travel to Japan in September as part of the twentieth anniversary celebrations of the two cities.

Maddie and Jarrod will spend four weeks in Ohkuma with host families and attending the local high school, giving them a chance to totally immerse themselves in the Japanese language and culture.

"Japan is so interesting, it is very different from Australia and our way of life," said Maddie, who visited the country last year. "I'm looking forward to spending time with my host family."

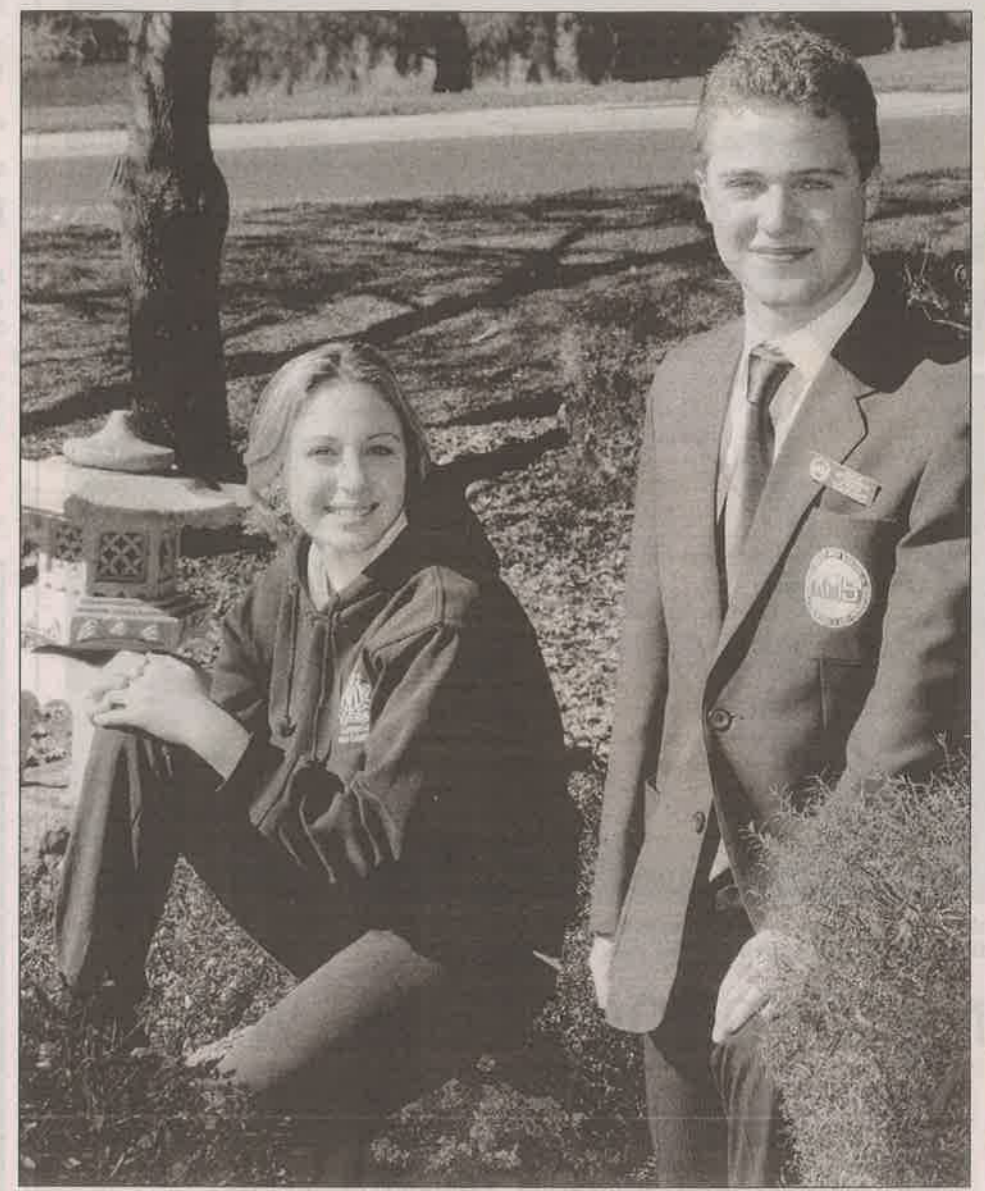
Ohkuma is located three hours north east of Tokyo and is part of the beautiful Fukushima prefecture.

"We've been learning about Japan for so long, it'll be good to apply what we've learned and actually see the culture," said Jarrod.

The two are looking forward to the trip and acting as ambassadors for their schools and country.

The Bathurst Regional Council will also be taking a delegation of council representatives and community members to Ohkuma in November to further cement ties between the two cities.

Anyone in the community who has an interest in Japan and would like to get involved, there will be a meeting Tuesday, July 13 at the council chambers in Russell Street.



KONNICHIWA: Madeline Pleming with Jarrod Grabham are off to Japan, thanks to a Bathurst Regional Council funded scholarship. Photo: CHRIS SEABROOK 060710cjapan1

Tuesday 22nd June Western Advocate



PIGEON droppings have accumulated over at least three years in parts of Bathurst town square, Councillor Bobby Bourke says.

Cr Bourke has supported the plan to eradicate pigeons has said that it was a community environment council to be involved because certain about was the need for One thing Cr Bourke was biers of birds.

'This is where the plan to eradicate pigeons has go, says Bourke

was by way of tapping, robbing nests of eggs or more radical methods to reduce numbers of birds.

Pigeons need to go, says Bourke

In the mind of Councillor Bobby Bourke. Photo: PHILL MURRAY 061810pbobby

Western Advocate 24th June Thursday (Kesh Pillai)



ACTION: Tim Roebuck, Bathurst Bushrangers, booting the ball in the match against Dubbo Demons. Bathurst Bushrangers won the match. Photo: CHRIS SEABROOK

Kennedy ready to face Demons

Young Bushranger gets his chance in the forward line

AUSTRALIAN RULES

By **BRENDAN ARROW**

THE Bathurst Bushrangers will be looking to extract every possible benefit they can when they take on the Dubbo Demons in the Central West AFL tomorrow at George Park.

Having already beaten the visitors by 41 goals the last time the two teams met at George Park, Bushrangers' coach Brian Matheson is set to blood some new first grade players this time around.

James Kennedy, just 16-years-old, is set to benefit from Matheson's decision with the under 17s ruckman expected to slot into the first grade forward line.

"I've really enjoy coming up and playing reserve grade the last few games, it has been good," Kennedy said.

"It has been great developing my skills, which I have then taken back down to the under 17s."

While the Year 11 student admitted he had mixed emotions ahead of tomorrow's match, he knew he would have plenty of support from his father Mark Kennedy - the man who kicked the winning goal for Bathurst's reserve grade team in the 2009 decider.

"I'm a bit nervous because I hope to do everyone at the club proud," James Kennedy said.

"But I think dad will be talking to me for the whole week leading up."

Kennedy said he would head out on the park with clear goals in his mind, which would hopefully help him enjoy his first grade experience.

"I'll be out there doing my best for the team, I like being a team player," he said.

"It is important not to be too selfish with the ball but still get in there and give it a hard go."

News that Kennedy will most likely be starting in the forward line was music to the debutant's ears with Bathurst already boasting to massive wins over the Demons this season.

When the teams first met in May, the Bushrangers annihilated the visitors by 285 points as they booted 47 goals to three at George Park.

Matheson had ordered his players to show Central West AFL rivals Demons no mercy and that's exactly what they did.

As the score line suggested, the Bushrangers were ruthless throughout the four quarters as Matt Archer and Matt Pakulshi booted nine goals each.

The third term was Bathurst's best for the match as they held Dubbo scoreless and added 14 goals five to push their lead out to 212 points at the final change before finishing



LOOKING TO FIRE: Bathurst Bushrangers' James Kennedy will make his first grade debut against the Dubbo Demons tomorrow. Photo: PHILL MURRAY

strongly with a further 14 majors in the final quarter.

With that in mind, Kennedy said it would be pretty special if he could slide one of his kicks through for his first goal in the top competition.

"It would be good to be up there in the forward line against Dubbo, hopefully I can get a few goals," he said.

"It is a big aim [to get a goal], but if it doesn't happen playing first grade will still be a good experience."

The Bathurst Bushrangers will take on the Dubbo Demons tomorrow at George Park.

In cold conditions, a Bright performance

WITH early morning rain, and a cold wind reducing attendance at the first range of the C R Kelly Cup it was not surprising most performances were lack-lustre.

Graeme Bright, however, started the day with a rush as he set the score to beat.

Bright's decision not to clean his rifle over the past three weeks appeared to pay dividends with a 49.07 stage highlighted by a very tight group with many shots falling in the super V ring.

Only a last shot inner spoiled his excellent stage.

Dennis Lavelle looked likely to challenge Bright but a double inner finish put paid to that idea; and Adam Parkinson fell out of sync with the wind changes, stringing together 4 inners in a 45.02 score.

John Coghill also faltered with an inner, magpie, inner finish in a rough 44.01 score line.

Jan Sibera's form abandoned him as he repeated Coghill's poor finish, a far cry from the heroics of last week.

Bright had a wild second stage 46.02, which convinced him that it was time to run the brush through his barrel and remove the fouling built up after more than 100 consecutive shots.

Coghill and Parkinson both had improved second stage 47.04s, but where as Parkinson's dropped shots were scattered throughout his stage, Coghill added a high magpie to an early

With the in-form pair of Jeff Eppleston and Graham Willis the only F Class contenders, the day held hope of a close match. So it turned out to be, but not in the way envisaged.

Eppleston peppered the super V until an uncharacteristic inner four imposed itself on his scorecard; the 56.5 still a good tight shoot.

Willis started slowly and slipped an inner four onto his card in an unconvincing 53.01.

The second stage was a reversal of the first with Eppleston's group widening to frightening proportions as he struggled to a 54.1.

Willis tried hard to grab the opportunity but his task was made difficult by a double bulls eye start and his score of 56.3 was 1.2 points short of the mark.

Winners on the day were Bright (A grade COW), Parkinson (B Grade COW) and Eppleston (F Class).

The regional Champion of Champions and Peacock Cup shoots will be held at Lithgow next Sunday, July 4 with Bathurst's Steve Williams and Jeff Eppleston going up against other district champions in a bid to represent the Blue Mountains District Rifle Association in the NSW State Champion of Champions in late July.

The C R Kelly Cup will continue next Saturday at



BMEC: Gabbi and Michelle Bolt at the Memorial Entertainment Centre for the Wattle Foyer Soiree.

Talent on show at soiree

IT WAS a special event with no ticket needed to gain admission. The Wattle Foyer Soiree was back at the Bathurst Memorial Entertainment Centre on Wednesday night.

The open invitation was for anyone to turn up with their music and put their name on the chalk board to perform.

It was also a special free networking event for high school drama teachers. Chris Seabrook was there to capture the event for the *Western Advocate*.