

SPIRAX 533 SKETCH BO
KELSO CENTREPOINT NEWSAGENC



9312828005336

\$3.30

Kelso High



Sketch Book

GENUINE DRAWING CARTRIDGE

20 SHEETS 110 gram

No. 533



9 312828 005336
Made in Indonesia

By **Esselte**
Corporation



BIG EFFORT: The top 10 from this year's Jack McKay Memorial race.

mckay09top10_1

Carter climbs up for impressive solo win

CYCLING

BLAIR Windsor set a course record, but it was emerging talent Harrison Carter who took out one of the major events on the Bathurst Cycling Club calendar on the weekend - the Jack McKay Memorial.

McKay, who died in 1997, was one of Bathurst's most popular cycling identities and helped promote his chosen sport through his role at the *National Advocate* and *Western Advocate* newspapers.

Under the name of 'the pedler' he spent over 50 years in the local newspaper industry and along with friend Jack Gunning, was responsible for the publicity that has provided the foundation for the club's modern day profile.

The Jack McKay Memorial event is contested on a demanding 55 kilometre course that includes the infamous Caloola Hill before finishing at St Johns Road at Georges Plains.

It uses a handicap format, which was the favoured format for McKay when he was a competitor, with riders of all levels having a chance to win.

With some riders getting almost 40 minutes start from the two scratch markers - contact riders Blair Windsor (Budget Forklifts) and Tim Guy (Team Ride Sport) - the pace was on right from the start.

Early leader Glen Allan was joined by

The results

2009 JACK MCKAY MEMORIAL

- 1st. Harrison Carter (16min) 1hr 32m 38s
- 2nd Graham Wheeler (16min)
- 3rd Drew Carter (8min 30sec)
- 4th Blair Windsor (Scr)
- 5th Peter Cady (7m 30sec)
- 6th Dan Watson (2min)
- 7th David Jones (8min 30sec)
- 8th Conner Trot (3min 30sec)
- 9th Jarrod Bell (3min 30sec)
- 10th Steve Brillely (7min 30sec)
- 11th Bruce Goddard (3min 30sec)
- 12th Tim Guy (Scr)

Fastest Time Blair Windsor 1hr 20min 01sec

Country Championship medallist Angela Jones and a charging Phil Cole, who was making up for lost time after missing his start. The trio held a good lead early and were not challenged until Caloola Hill, where recent NSW junior state medallist Carter climbed through the bunches to move into the lead with Graham Wheeler.

This pair combined well to establish a good lead by the cross-road turn over the hard riding Jill Harris, who had also broken away from her handicap partners on the hill.

Back in the field two large chase groups had formed with the seven minutes, 30 seconds bunch and the eight minutes, 30 seconds group combining.

At the same time scratch markers Windsor and Guy were working well with the block (two minutes) markers Dennis Martin and Dan Watson and were able to chase down the three minutes, 30 seconds bunch to form a very fast moving group at the rear.

In the closing stages of the event the back marker group made a real surge at the leaders, picking up the other large chase bunch and the luckless Jill Harris.

However, Carter and Wheeler had built a solid lead and were never really threatened. Carter showed his potential when he attacked Wheeler in the final few kilometres to ride away for a very impressive solo win, stamping himself as a very exciting prospect for the future.

Wheeler was also responsible for a strong ride in second place.

The big chasing bunch then fought it out for the minor placings with sprinter Drew Carter showing his speed to take third in front of Windsor, Peter Cady and Watson.

Windsor's finishing time of 1: 20.01 was a new course record and indicated both the quality of the chase from himself and Guy, plus the input of Watson and Martin.

26.3.09

SPORT

Sports Editor Anya Whitelaw

Email sports.westernadvocate@ruralpress.com



Golden Win for Flames

- Page 42



Western Advocate



Bathurst hockey talents Bryce Hitchcock, Luke Thorncraft, Emily and Christine Brady and Sam Macpherson have been selected for the NSW Bushrangers tour of South Africa in July. Photo: ZENIO LAPKA 032009zhockey

STARTS TO JOIN TOUR

HOCKEY

By MARK RAVNER

THE NSW Arrows and Waratahs may have already played their matches in Bathurst for 2009 but fans will get to see several players earmarked as the future of the side running around in the Premier League.

Bathurst players Emily and Christine Brady, Bryce Hitchcock, Luke Thorncraft and Sam Macpherson have all been named for the NSW Bush Rangers' 17 day tour of South Africa.

The tour players will compete in the Cape Town International Hockey Festival, spend time at the Pretoria High

Performance Unit and enjoy plenty of sightseeing.

The Bush Rangers will spend the first four days at the Pretoria University High Performance Centre and will have the support of staff during that time. "They will be analysing our running and hitting style and telling us what we can do to improve it," Christine Brady said.

The High Performance Unit has played host to some of the biggest international sporting teams. The Australian Cricket World Cup squad and English Rugby Union World Cup team have both made use of the Pretoria University facilities.

The NSW team will then have a break and take in some of the South African landscape before returning to take part in the Festival.

Emily Brady said she is looking forward to playing hockey over there but also to the opportunity to see another country. "It will be pretty good. I get to meet new people, visit a lot of new places and see a different culture," she said.

The Bradys will also take part in the optional tour of Egypt when the obligations are completed in South Africa.

Emily said that getting to see the pyramids and to experience the history that the country is famous for would be a highlight. Any of the five players who want to know what to expect before they leave only has to talk to Molly Bright, who travelled to South Africa with the Australian schoolgirls side in August last year. "We haven't talked to Molly yet but we all play for Souths so we will probably talk

about it as it gets closer," Christine said.

Christine and Emily said they didn't really know what to expect from the South African sides or the teams from other nations that would also take part in the Cape Town festival but they expected to learn a lot. "I think they [South Africa] don't know a lot," Christine said.

"England will be one of the main foreign teams coming and all of the teams will have different systems so I think we can learn something from them and bring it back to Bathurst."

The NSW Bush Rangers have also confirmed that they will tour again in 2011. The 2010 carnival has been cancelled due to the 2010 Football World Cup being held in Cape Town.

Christie comes to the rescue for '75

SOCCER *March 31st 09*
By SAM DEBENHAM

A LATE strike from James Christie has helped Bathurst '75 Panthers FC salvage a draw in their State League season opener against Sydney side Hakoah on Saturday at Alec Lambertton Field after it had appeared that they were destined to start with a 1-0 loss.

Christie found the back of the net through traffic during a scrappy exchange with four minutes to play after Hakoah had scored the only prior goal mid-way through the second half.

It was a match that was dominated for long periods by the visitors but in light of their general lack of possession, Panthers captain-coach Mark Rooke was pleased to get away with a share of the points.

"It was certainly a hot day, that was one of the big things. They [Hakoah] had most of the possession, we didn't play our best but we hung in there and came away with the draw, so that was pleasing," Rooke said.

"They made the semis in their division last year so they were always going to be a pretty strong side, and they were.

"But we held pretty good shape for most of the match, our defence was solid."

In attack Rooke said his side lacked the spark to get

past the Hakoah backs for the majority of the match, but that changed once the home side switched to a 3-4-3 formation late in the match, ultimately leading to the equaliser.

"That just allowed us to get that extra man down there and stretch them a bit," Rooke explained.

"Everyone had a good solid performance, I wouldn't say there were any stand-outs across the field.

"It was a starting point that we can work on, the fitness is one thing that needs to improve and that will only happen with match practice."

The next assignment for Panthers FC will be Gladesville-Ryde on their home turf in Sydney and Rooke is hopeful that they will be able to field a stronger side after several players were precluded from Saturday's action due to failed registrations.

He also announced a key signing in the shape of former Bathurst '75 Western Premier League star Adam Collins, who is likely to play at the next possible opportunity.

"Adam has been talking about coming over for a few years now, it is great to have him sign with us," Rooke said.

BATHURST '75 1 (James Christie) drew with HAKOAH 1



PRESSURE: A Hakoah player gets up for a header despite the attention of his Bathurst rival. Photo: PHIL MURRAY 032909zsoccer3

Western women start their season with a draw

SOCCER *MARCH 31st 09*
By BRENDAN ARROW

WESTERN NSW Panthers FC have started their 2009 women's Super League competition campaign with a solid nil-all draw at home against the Blacktown Spartans on Sunday.

The 2008 runners-up stepped onto the Alec Lambertton Field full of vigour right from the kick-off and created plenty of chances up front.

Captain Gillian Rosconi started as Panthers' sole striker and almost had a goal within the first 10 minutes of the match.

But the Blacktown custodian was up to the challenge as the visitors quickly altered their defence to try and prevent Rosconi from influencing the game.

That forced Western coach Paul Waine to change tactics and bring right midfielder Olivia Bird into the front line to provide assistance.

The move almost had the desired effect as Bird found herself running at the goal regularly only to be denied by a well positioned Spartans' custodian.

Heading into break scoreless, Waine stressed the importance of spreading the ball wide in attack.

"We tended to go forward maybe too soon, we tried to change that at half-time with Annie [Holliday] trying to get down wide and she certainly got a bit more ball in the second half and created some chances," he said.

"Overall we maybe probably should have scored."

While Panthers created plenty of chances, it seemed the precise final touches commonly seen the last year were

nowhere to be found.

"We've gone away from how we played last year, we've changed the formation a little bit to suit the new players that came in," Waine said.

"Maybe the new formation doesn't quiet gel yet, so I'm thinking about going back to the formation that scored us lots of goals and only conceded four last year."

Despite being held to a draw by a side that only won three times in 2008, Waine said there were plenty of positives to take from the match.

"I'm not unhappy, I would been very disappointed if we hadn't created chances, unfortunately last year those early chances went in, this year they just haven't," he said.

"Gill Rosconi had one early which could have settled us down, but overall I think it was pleasing to create the chances, disappointing none of them went in but that's the way things go."

"It would have been worse if they had scored late."

Waine added while the team still need some time to start working properly together, he was confident the Western Panthers would be premierships contenders again.

"There's no reason why we can't, we've got a great squad of 23 quality players who can all step into first grade," he said.

"I liked to see that increase to 29, that's our squad, but we certainly have got great depth in our senior ranks this year."

In other matches the Panthers under 12s were the only home side to lose, going down 2-0, Shian Chatfield scored in the Panthers' 14s 1-0 victory while the 16s and reserves sides both had massive 4-0 triumphs over the Spartans.



UNDER PRESSURE: Western NSW Panthers FC's Olivia Bird keeps the ball away from her Blacktown Spartans opponent while her team mate Annie Holliday looks on. Photo: ZENIO LAPKA. 032909zsoccer1

STATE STARS



ARROWS IN THE MAKING: Bathurst talents, from left, Rebecca Lee, Molly Bright, Claire McGarity and Mardi Watts will all run out for the NSW under 18s side at July's national titles while Watts and McGarity will also line up for the under 21s side next week. Photo: ZENIO LAPKA

Bathurst duo to play for twin national titles

HOCKEY APRIL 5th 09
By SAM DEBENHAM

TWO Bathurst girls will have the opportunity to put themselves firmly in the representative hockey spotlight when they run out for the NSW side at the national under 21 women's titles in Sydney starting next Tuesday.

Bathurst City star Mardi Watts and her Souths counterpart Claire McGarity have both been selected to represent their state at the championships where they can further press their claims for even higher honours.

The pair will be joined by former Souths player Tamsin Lee, who has just completed her first season with the NSW Arrows in the senior Australian Hockey League competition.

Another Bathurst player in Molly Bright had been selected in the initial squad, but she was forced to withdraw due to a knee injury that kept her off the training paddock, while Jess Hotham was named as a shadow player for the squad.

The side will contest the tournament from April 14 to 25 and the girls are hoping they can acquit themselves well.

"This is my first time in that particular side - I didn't really expect to be picked," Watts explained.

"I have played with a few of those girls in the Sydney competition - it is a pretty young side this year."

At just 18 Watts and McGarity will come up against plenty of older and more experienced rivals, but both have played a lot of hockey at representative level and have shown in the past that they are up to the task regardless of the opposition.

"I certainly wasn't expecting it, I wasn't in the squad to start with but I was invited to try out," McGarity said.

"The 21s is a pretty high level.

"NSW finished fourth last year so obviously we'll be trying to do a little bit better - there is a junior world cup squad which will be selected but I'm not playing for high selection so much, I just want to play the best I can."

After being picked for the 21s squad, it was almost a foregone conclusion that the pair would be involved in the state under 18s side which will play their own national championship in Canberra starting on June 30.

Bright will get her chance to represent the state as she is back to full fitness, while Tamsin Lee's younger sister Rebecca was also added to the line-up.

"It was very disappointing to miss out

on the 21s championships but I had some problems with my knee ligaments and cartilage damage, though it is better now," Bright said.

"Instead I will try and put my focus on local Premier League and my HSC as well I guess."

Lee was understandably excited to be picked in the under 18s team after a number of years trying to crack the side.

"I've been trying out for this team since I was 14 so I've become a bit used to getting rejected," Lee joked.

"It's four times lucky now though. I played at the half-state carnival and didn't get picked from there so I was actually a bit shocked to be named, I didn't expect it in the slightest."

"I'm very excited about it. Tamsin has been going really well for NSW so that's given me something to aspire to."



STATE CAMPAIGN: Coach Ken Bassingthwaite with the Western CHS boys side selected for the state titles in June. Photo: PHILL MURRAY

040809phoc

Bathurst represented in state campaign HOCKEY

By **SAM DEBENHAM**

THREE Bathurst players have been selected as part of the Western side to take on the best in the state at the Combined High Schools state championships in Albury after trials were held at the Cooke Hockey Complex yesterday.

Kelso student Sam Macpherson will captain the side which will contest the titles in mid-June at the border town, while Bathurst High students Luke Thorncraft and Bryce Hitchcock are also in the squad.

Coach Ken Bassingthwaite named his side immediately after the trials, with 14 players selected to take part from over 30 who tried out.

Lithgow will boast the biggest representation with seven players, including Macpherson's co-captain Matt Writer.

Bassingthwaite is confident the side can repeat their effort of making the semi-finals last year before eventually finishing fourth at the 10-team carnival.

"We have a younger side this year, and I think it will probably be a little bit better," the coach said afterwards.

"The semi-finals are once more a realistic goal... whether or not it happens, who knows but yeah realistically that's what we are aiming for."

The 10 sides will be divided into two pools of five, with the top two from each going through to contest the finals. "The mid-field and forward line are both pretty strong I think but

especially the mid-field, there is a lot of mobility in that side," Bassingthwaite explained.

"Matt [Writer] and Sam [Macpherson] have both been there before and we have in total I think six guys who were part of the side last year so their experience will be pretty valuable.

"I'm expecting big things from Eli Shirt [Lithgow], while Jack Elliot [Parkes] was in Year 8 when he played last year, and in Year 9 now he has certainly become faster, stronger, bigger and more skilful so those are two guys I think will be pretty important."

Bassingthwaite says that there has been a gradual drop in the quality of the Western side over the last decade.

9th April 09

Western CHS Squad

Sam Macpherson (Kelso)
 Matt Writer (Lithgow)
 Jack Elliott (Parkes)
 Luke Thorncraft (Bathurst)
 Andrew White (Cowra)
 Eli Shirt (Lithgow)
 Chris Williams (Lithgow)
 Jacob Townsend (Parkes)
 Tim Eslick (Orange)
 Ian Nightingale (Lithgow)
 David Reid (Lithgow)
 Bryce Hitchcock (Bathurst)
 Luke Sheppard (Lithgow)
 Nic Milne (Canobolas)

29th April 09

BATHURST UNITED

B GRADE WHITE WOMEN: Played out a 3-all draw with Blayney in what was a very physical affair, but to their credit the young side stood up for themselves and produced some excellent soccer.

Best for the Whites were Lucy Smith and Caitlin Crowley while the goal scorers were Jaimi Inwood, Sarah Malcom and Lucy Smith.

B GRADE GREEN WOMEN: Scored a tough 1-0 win over Churches. The winning goal was scored by Cassie Hoskins, who was also given the three points best and fairest award.

Kym Lamb, Nicola Wright and goalkeeper Maddy Galagos all had great games in an impressive performance.

C GRADE WOMEN: Produced an impressive 14-0 win over Bathurst '75 with Kelsey Tuttle and Bec Inwood both collecting hat-tricks.

Nikki Byrne and Jaimi Inwood beat their rival goalkeeper twice each, Inwood's effort including a successful finish after running the entire length of the field.

Goal scoring machine Kelly Williams made it two for the season while others to play well were Raquel Lech, Michelle Kilby and Tanya Smith.



PLAY SAFE: Bathurst United's Kelsie Tuttle clears the ball away from an Oberon defender. Photo: CHRIS SEABROOK

041909csoc4

Six Bathurst juniors to represent Group 10



NEW GENERATION: Emerson Meehan (11), William Kennedy (11), Darcy Christie-Johnson (11), Jarrod Seager (11) and Jared Colling (11) along with Alan Simmons (See page 46) will all represent Group 10 at the Country Championships at the end of May. Photo: PHILL MURRAY

IN GOOD HANDS

RUGBY LEAGUE

By MARK RAYNER

The future of Bathurst rugby league looks healthy with six players from St Pat's and Bathurst Panthers selected in the Under 12s representative side that will take part in the Country Championships in Lithgow at the end of the month.

William Kennedy,

Emerson Meehan, Jared Colling and Alan Simmons from St Pat's and Darcy Christie-Johnson and Jarrod Seager from Panthers will all make their debut for Group 10 in the competition on May 23 and 24.

A 20-man squad was selected from a possible 30 and probable's match in Blayney last Sunday and they will have their first training session at St Pat's Sporting

Complex on Sunday May 10.

The session will focus on getting the positional play and game structure right before the championships get underway at the end of May.

"The teams come from everywhere.

"Last year they held the competition down in Albury, but this year we are just lucky they are holding it down in Lithgow so we don't have to

worry about travel," Under 12s trainer Peter Colling said yesterday.

"I'm not sure how many teams are coming but I have been told there would be around nine groups in that age bracket whereas they used to have 13.

"They come from everywhere basically, and they will get a few games."

■ To Page 46



ALAN SIMMONS

League's future is secure

■ From Page 48

The under 12s are the youngest group side selected and most clubs are represented. The Mudjee Dragons missed out on having anyone selected, but even smaller teams like Blayney, Oberon and Kandos are supplying players.

"St Pat's had the most representation out of the clubs, not that it matters, but it was a shock, I didn't think we would," Colling said.

"We got four but Bloomfield and CYMS also had a few; Panthers and Blayney had two and Kandos and Oberon also had one selected. The big surprise was that there were no players selected from Mudjee."

There is plenty of league pedigree within the side, with William Kennedy, the son of Mudjee Dragons' centre William 'Bubba' Kennedy, selected.

While his father is a centre, William junior is shaping up as a talented fullback. He has also been selected in the PSSA open rugby league team that will play in Griffith on June 30.

Meanwhile Jarrod Seager is following in the footsteps of older brother Brent, who is establishing himself in the forwards of the Panthers' first grade side.

The players will also get back into club rugby league this week with the junior season kicking off. St Pat's will travel to Mudjee to take on the Dragons while the Bathurst Panthers visit Lithgow.

GROUP 10 UNDER 12s

SQUAD: William Kennedy (St Pat's), Emerson Meehan (St Pat's), Zac Browne (Cowra), Mitchell Joel Burton (St Pat's), Egan Ryan (St Pat's)

30 APRIL 2009

**Congratulations to
Natalie Grives**
on your graduation from
CSU today!
May you always be as happy,
confident and
successful as you are now.
All our love Annalea, Brett
and Millie
XOXOXO

2421911pw
MAY 7th 2009

Hunters keep Bathurst out of the top four

BASKETBALL

By COURTNEY WARD



THE Bathurst Goldminers missed out on the opportunity to crack the women's State League top four on Saturday afternoon when going down 73-62 to the Newcastle Hunters.

Heading into the clash it was only for and against that had Newcastle ahead of the Goldminers, but with Bathurst holding the home court advantage they were confident of taking over from the visitors in fourth spot.

It was not to be. In the first quarter at the Bathurst Indoor Stadium, the 'Miners started slowly and found themselves 6-2 down after five minutes.

This forced coach Matt Chapman to call a time-out and it worked wonders.

After the talk the Bathurst came out on fire, scoring the next five points and briefly taking the lead before entering the first break down by one (12-11).

Youngster Chiara Porter was the star of the quarter, scoring eight points.

The second stanza, unfortunately, was when the hosts lost the game, as Newcastle out scored them

23-12. "It's not our defence that is a problem, it's our ability to put the ball through the hole," Chapman said.

Still, both Emma Paterson and Lisa Medway had good quarters, scoring some tough baskets.

Following the main interval, the Bathurst were determined to get back in the game and reduce the 14 point deficit.

The hosts managed to reduce the margin to just four on the back of some effective full court defensive pressure.

But that's as close as they got to a win on their home court as Newcastle extended the lead to 17 with 10 minutes left.

Still, Bathurst did not give up, winning the last quarter by six, but it was too little, too late.

Understandably, the 'Miners were unhappy with the result, but Chapman took the positives from the game, saying that he was happy with the defensive effort.

NEWCASTLE HUNTERS 73 (A Craig 30, C Lindsay 17) **defeated BATHURST GOLDMINERS 62** (Lisa Medway 17, Chiara Porter 9, Sam Gaal 9)



Spot the ball

Spot the ball and you could win a \$30 gift voucher for a pair of shoes courtesy of Shane Cantrill's SportsScene. Simply cut out the grid and mark where you think the ball is (eg. A7). Drop your entry into the box at the Western Advocate or send it to "Spot the Ball", Western Advocate, 163 George Street, Bathurst, 2795.

Name:
Address:
Phone:
Grid Position:



Winner: No Winner Solution: F8

SURROUNDED: Bathurst's Melissa Smith tries to find her way through the Newcastle defence in Saturday's State League women's match.
Photo: CHRIS SEABROOK

050909cgoldmw2



AUTUMN STROLL: Bathurst Relay for Life chair Kylie Holford, Bryan Mullan, Harold Ford, Councillor Graeme Hanger, and Bathurst relay member Ellen Jones step out in George Street yesterday. 051309bvwalk

Students send walker on way

By ALICE COOMANS

COUNCILLOR Graeme Hanger joined Bathurst Public School students yesterday as they stretched their legs to support the Cancer Council's Relay for Life.

Castle Hill Primary School principal Bryan Mullan is walking from Orange to the Cancer Council's Hills Relay For Life at Castle Hill Showground on Saturday to raise cancer awareness across western Sydney and western NSW.

He started the Bathurst leg of his walk from Bathurst Public School where he was joined by students and Cr Hanger.

The send-off yesterday was one of five mini-events hosted by primary school students that Mullan will visit along the way.

Funds raised at local Relay For Life events are used to fund initiatives that help cancer patients in the local area.

"Cancer will affect half of all Australians and I'm passionate about involving the whole community in the fight back against the disease," Mr Mullan said.

"I've been participating in the Hills Relay For Life since 2001. It's a fantastic community occasion, attended by people of all ages and walks of life."

14th MAY 09.

Best wishes from the families of
Cameron Korb-Wells
 &
Theresa (Tess) Ly
 on their recent engagement.

Congratulations
 to them both.

26th MAY 09

Local schools meet for Education Week launch

By MIRIAM SIERS

BATHURST'S rich public education was on show at the launch of Education Week yesterday.

With musical performances by combined choirs, drama students and a performance by Cirkus Surreal, dignitaries were kept entertained throughout the official proceedings at the Bathurst Memorial Entertainment Centre.

In his official welcome, Mayor Paul Toole said he was pleased to see representatives from all of the school communities in the region.

"Schools are more than just buildings and curriculums. They are a unique partnership between parents, students and teachers," Councillor Toole said.

"Education week and today's events are an opportunity to acknowledge the unique strengths of our public education system."

The Education Week Address was given by the Department of Education and Training's Regional Director Carole McDiarmid.

"Education Week is a celebratory time for public schools ... this week is a celebration of the innovative ingenuity of school leaders that can be seen in practice each week," said Ms McDiarmid.

A new online learning site, weCONNECT, was also unveiled at the launch.

"Technology is breaking down distance and creating new opportunities. E-learning sites like weCONNECT highlight one of the strengths of public education - the ability to share the resources, expertise and enthusiasm that are an asset of our network of 2,240 schools statewide," Ms McDiarmid said.



RICH EDUCATION: Western NSW regional director Carole McDiarmid officially opens Education Week at Bathurst Memorial Entertainment Centre on Monday morning. Photo: CHRIS SEABROOK 052509cedwk3a

Being the director for a day

IT may have been a case of jumping in at the deep-end, but Year 11 student Renata Simpson wasted no time in getting down to business as Regional Director for a Day.

The Denison College Kelso High campus student was on the job with Western NSW regional director Carole McDiarmid from early yesterday.

While the official launch of Education Week at the Bathurst Memorial Entertainment Centre was top of her agenda, before that she had already visited several Bathurst educa-

tion offices and schools.

Renata earned the experience of Regional Director for a Day after her application was chosen by a regional panel.

Students from public schools across the Western NSW Region are engaging in the leadership development activity during Education Week.

Zofia Zayons, a Year 11 student from Broken Hill High School will have the state's "top job", taking over Director-General Michael Coutts-Trotter's chair for the day tomorrow.



DOWN TO BUSINESS: Denison College Kelso High campus Year 11 students Renata Simpson and western NSW regional director Carole McDiarmid. 052509renata

26th MAY 09.



CHALLENGE: Gemma Lord will walk the famous Kokoda Track in August after being awarded a Bathurst RSL scholarship. Photo: BRIAN WOOD 052509kokoda1

RSL sets Lord a challenge

GEMMA Lord's on a mission. She's determined to get fit enough to survive a 10-day, 155 kilometre pilgrimage to walk the famous Kokoda Track.

The quietly spoken girl from Walang near Bathurst has been awarded the Bathurst RSL Club

Kokoda Youth Leadership Challenge.

Announced by Bathurst RSL Club president Jim McFerran yesterday, this is the first time the local RSL has been involved in the Kokoda initiative.

■ To page 2



READY TO PLAY: Bathurst Tennis Centre's development squad is looking forward to the Bathurst Open Championship. They are with sponsor, Bank of Queensland Bathurst branch manager Chris Siegert, back, second from right.

Top players will attend TENNIS

BATHURST will host the first annual Bathurst Open Championship over four days, starting on August 29 this year and it's hoped the tournament will create as much interest as the junior open.

Organisers believe the tournament will attract some of the top tennis players in Australia with prize money and trophies worth more than \$4000 up for grabs.

Bank of Queensland are on board as major sponsor of the tournament as well as supporting the Bathurst Tennis Centre's Regional Tennis Development Squad and providing them with shirts.

Gemma, 18, said she was shaking from excitement when she received the good news from Mr McFerran while working at Lenard's on Sunday.

"Really, I didn't think I had much of a chance, but always remained positive and kept my hopes up," she said.

Gemma's overseas sojourn is from August 18-27 and is worth about \$6000. She will link up with about 20 other young Australians for what she describes as the trip of a lifetime.

"I have to get fit now," Gemma said. "I guess that means going for lots of long walks. I've had a look at the topography of the Kokoda Track and it's tough. It goes from sea level to about 2000 metres, so there's a lot of mountainous terrain."

Mr McFerran said Gemma was one of nine finalists to make it to the interview stage.

"It was tough. We could have proudly send any one of them," he said.

"[But] Gemma stood out because she showed such a great sense of humility, despite having already achieved so much in her life."

26 MAY 09.

Skipper Maguire scores seven tries

RUGBY LEAGUE

By ANYA WHITELAW

HE played the perfect captain's role as he ran in seven tries in three games for the Group 10 under 14s, but even this outstanding effort from St Pat's talent Paul Maguire could not seal his team the Country Rugby League South Western Cluster title on the weekend.

Maguire lined up as five-eighth for the under 14s side, which also featured Saints' Dillon Toole, Matthew Woolmington and Campbell Scott, and was outstanding in his playmaker's role at Lithgow's Tony Luchetti Sportsground.

He scored five tries in his side's 60-0 win over Group 20 Razorbacks and picked up a brace as he led Group 10 to a 24-4 victory in their final match against Group 11 Western Reds on Sunday.

Group 10's other game was a 16-all draw against Group Nine Gladiators and in the end it was this result which cost Maguire and his team-mates the title.

The Gladiators scored four tries to Group 10's three in this contest so were declared winners on a countback. As they also comprehensively defeated the Reds (22-0) and Razorbacks (28-6), they were named cluster champions.

While Group 10 was disappointed not to defend the cluster title they had won 12 months earlier on a countback over Group 11, their efforts were impressive.

B and A Building Supplies Group 10 Junior Rugby League president Craig Stringer

praised Maguire for his performances.

"In his game against Group 10 Paul scored five tries and was just the star of the show," Stringer said.

"In his other two games he was very dominant up against some very strong teams in Group 11 and Group Nine."

Second rower Toole ran in tries against the Gladiators and Reds while Woolmington booted five goals across the three games.

The Group 10 under 13s side also took part in the two-day carnival at Lithgow and finished with win and two losses.

This side featured a host of St Pat's players with Cody Cummings, Caleb Ransome, Jack Mackey, Brad Brown, James Scott and Aiden Norris all representing Group 10.

Brown scored two tries in Group 10's 16-18 win over Group 20 Razorbacks on Saturday, but the hosts went down to both Group Nine (16-4) and Group 11 (36-4).

Group 11 were named champions in this age group as they also defeated Group Nine (18-4) and Group 20 (36-4).

"They [under 13s] are still developing, they have got a lot of new players in the team and it will take them awhile to get used to playing together," Stringer said.

"Overall things are looking really good, they should be strong teams in the future as well."

Stringer said the quality of the referees and linesmen over the weekend was very high and "all games were played in very good spirit."



TOUGH WEEKEND: Group 10 under 13s talent Brad Brown, who plays club football for St Pat's, takes on the Group 20 defence on Saturday. He scored two tries in this match as his side won 16-8, but it was to be their only victory of the Country Rugby League South Western Cluster tournament.

052609group10

I-Learn - A successful partnership

The iLearn program which commenced last year has been very successful in easing the transition of students from primary school to high school.

The program involves Year 6 students from feeder primary schools attending Kelso High for one Wednesday each term and engaging in a variety of lessons which extend their primary school education.

Students from other Bathurst schools who

are intending to enrol at Kelso High in Year 7 also participate in this successful program.

Besides engaging in a variety of interesting activities, students become familiar with the new surroundings and environment and this helps to ease any anxiety they may have about coming to high school the following year.

Further information is available by contacting the school.

Impressions of High School

Stories by Year 7 students, asked to give their impressions of high school

Before high school in the holidays I was really nervous and excited at the same time. It was one of the biggest changes of my life and it wasn't only a change of school. At home my parents were suddenly getting really tough with me and expecting a lot more of me because I was in high school.

School was heaps of fun with my school friends and it was weird having six different teachers a day and six different subjects all in the one day. I have met lots and lots of new people and made many new friends.

- Bethany

High school is loads of fun. I really like the tissu in circus and it is giving me muscles. I am having lots of fun in all my classes.

- Elanor

High school is great. It is heaps cool. I love it. I have made many new friends and I have met different kinds of people. Most of my teachers are okay. I like the fact how we don't stay with the same teacher all day. It is a lot different from primary school. It's different because there are so many more students and lots more teachers.

The only bad point is having to carry so many books around.

- Alex

High school has been a major step for me in my life and I am enjoying it. It's way better than primary school and it's a reason why I actually do my homework! Some of the things I enjoy are sport, computers and art. I can use tools that I have never seen before and learn more about the world.

- Keegan

Cirkus is probably the bet school related activity that I have gotten into. All the circus performers are kind and help you a lot.

- Murray

High school is very different to primary school. What I like about high school are the different things like doing experiments in the lab and information technology. The best thing is PE. I like doing sport and prac. The best sports are bin ball and soccer.

- Jack

Coming to high school has been a big but fun change. Before I came I was a bit nervous but now I have got used to it and enjoy it. Some of the biggest changes are the different classes, more homework and I have made more friends.

Sometimes I miss primary school and my old friends but high school has been great so far.

- Madeline



ABOVE:
Members of Kelso High School's
Cirkus Surreal troupe rehearsing.



RIGHT: Members of Cirkus Surreal
on the aerial hoop.

28 MAY

Students to get facts on careers

MORE than 1000 Year 12 students from across the Central West will converge on the Charles Sturt University (CSU) campus at Bathurst today.

They will be attending the annual Central West Careers Advisers Association FACTS (Facts About Careers and Tertiary Study) Day.

Final-year students from Bathurst, Lithgow, Kandos, Oberon, Blayney, Cowra, Orange and Molong will have the opportunity to meet and receive information from around 120 representatives from more than 60 career and employer organisations.

The organisations include universities, private providers, TAFE, Centrelink, police and other government agencies.

Katy O'Brien, a prospective student adviser at the CSU Orange campus, said events such as the one at result from the university forging closer ties with careers advisers in all schools, be they private, independent or state schools.

"This day offers our regional school students the opportunity to experience our University by attending the campus, and incorporates access to educational providers and a motivational speaker," she said. "Some schools will also take the opportunity to tour the campus while here."

Ms O'Brien said parents are also invited to attend the annual FACTS Day from 10am to 2.30pm in the CD Blake Auditorium.

"There are two sessions, one in the morning and one in the afternoon," she said.

"Students arriving for each session are split into two groups with the first going into the careers expo and the second to the motivational presentation by keynote speaker Bruce Buchanan of the Orange Business Enterprise Centre ..."

The heater's on, but leave those windows open

TOO COOL FOR SCHOOL

By JACINTA CARROLL

WINTER is coming, and with it freezing conditions.

But students at Kelso High can expect to have the external windows and classroom door open, no matter how cold it is.

That's the advice the Department of Education has issued to prevent students inhaling dangerous levels

of toxic omissions including carbon monoxide, nitrous oxide and formaldehyde from the school's unflued gas heaters.

The heaters are in the spotlight after it was revealed yesterday that public students across the state are being exposed to dangerous gas levels above World Health Organisation standards.

■ To page 3

Heater policy too cool for schools

■ From page 1

Noel Creenaune, Bathurst organiser for the NSW Teachers Federation said the risks posed by heaters were nothing new.

In fact, local union members had been part of a long running campaign for substitute classroom heating.

"Last year, a teacher at Kelso High School had to be hospitalised after passing out in the classroom," he said, adding that the union had rallied to get alternative heating in Kelso High School's new campus before building began.

Teachers Federation member Rob Bartulovich confirmed the teacher was hospitalised last year.

"Yes, one staff member was hospitalised and we were told the reason was the results of carbon monoxide in the air from the heaters," he said.

"We've already put in a long hard fight [to have things changed] but it seems it's something the government wants to ignore," he said.

"The heaters are low nox [noxious], but still unflued, so they insist at least one window and a door be open to allow for cross-ventilation.

"This is just a ludicrous situation given the depths of our winter."

Mr Bartulovich said the union has raised the issue on a number of occasions, but feels the government is burying its head in the sand.

"I give an open invitation to [Education Minister] Verity Firth to come and sit in the classroom for an hour in the middle of winter with the door and window open, to see if she still thinks its a good idea," he said.

A department spokesperson yesterday

said unflued gas heaters "continue to provide effective and efficient heating in schools".

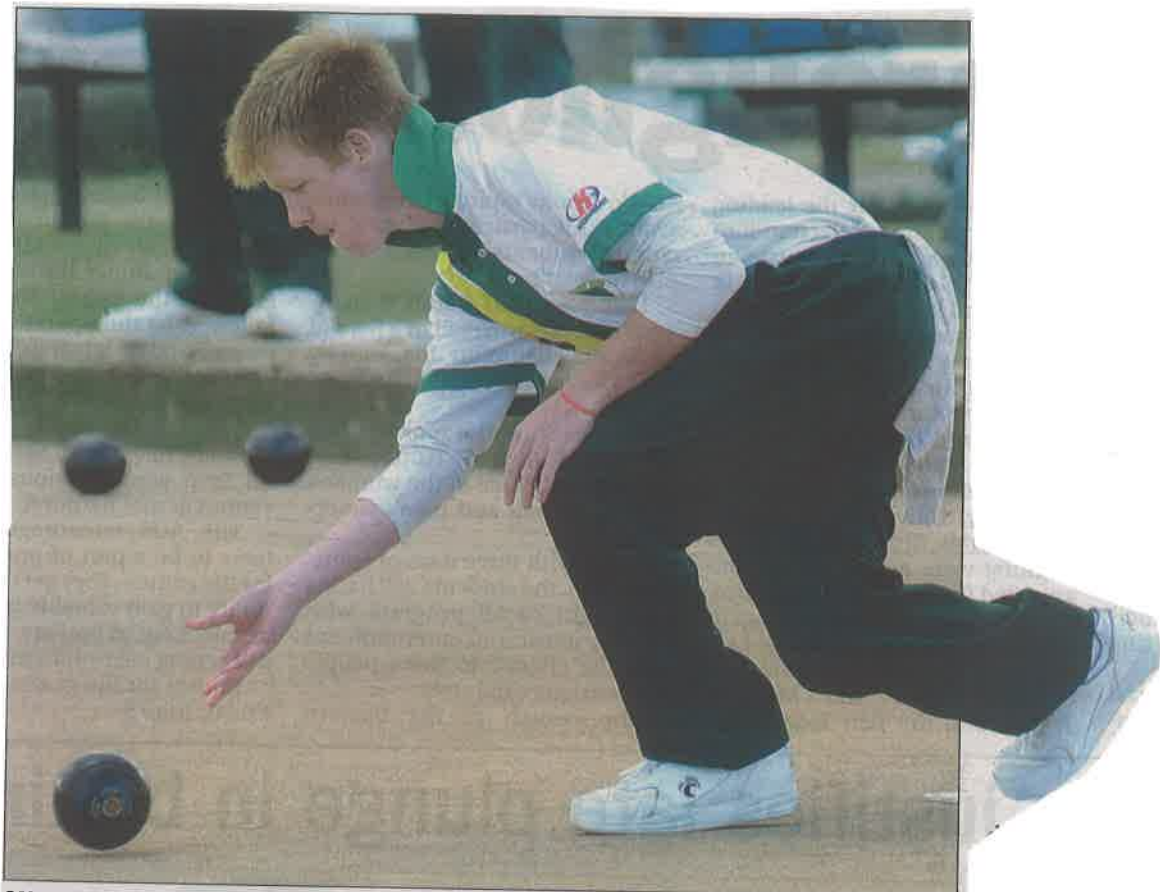
"The majority of people who have gas heating in their homes will have unflued gas heaters," the spokesperson said. "When used in accordance with instructions these heaters are safe, efficient and effective."

The spokesperson said the department had commissioned the Woolcock Institute for Medical Research to undertake a study into low emission unflued gas heaters in schools.

"Monitoring will occur over the winter months of 2009 and 20 schools will be randomly selected by the Woolcock Institute to be included in the study."

The study will make recommendations to the department and the details of the study will be released publicly.

28 MAY Advocate



ON A ROLL: Jarrod Urza sends one down in a pairs championship match at the Majellan Club on Saturday. Photo: PHILL MURRAY.

052309phrrod

MAJELLAN MEN'S BOWLING CLUB

SUNDAY was an excellent day attracting 32 devoted players with a few extras who attended for the High Tea only. It featured belated Mothers Day Tributes from

all our gents who expressed appreciation for the excellent work the ladies contribute in meeting the needs of tournaments and the pennants format.

Nobody is looking for full houses as they are now a fantasy but if we could find a further five or six men and women attending that would be fantastic. Presently we have a combined total of around 112.

The ladies had a Freebie Day - no change and each received a scratchy ticket and a lucky door prize ticket. There were no excited screams, although Pat Deakin's statement: "I only won a free ticket," could become a winner.

The runners up for the occasion were Dawn Howarth and Tony McNamara with 21-15 win on Rink 3. The eventual winners were A. Burgem, Marlene Naylor and K. Thurtell at 16-13 on rink 4.

Our bowls Secretary, Bill Josh is unfortunately very ill in the Base Hospital and may be transported to Sydney. Members extend our best wishes or a very speedy return to much improved health.

Thanks to our greenkeeper Mark Charters for our excellent greens, to the bar staff for their service and to Beryl Hannagan, Marlene Naylor and Barry Quigley for compiling the cards. Thanks to Big Al for collecting the money, a member who donated all the wines, and Barry Quigley who collected the raffle money.

Barry thanked all on behalf of Bill Josh and wished. Madame president, Betsy Thornberry thanked the men for their delightful day.

Last Sunday featured a major pairs match, between Athol Hannagan and John Hobson against Rob Bull and Laci Kosyta who won the break and moved to 5-0. Athol and John, who were ready for action, fired back to level 5-all at the 5th

end when Rob and Laci increased their momentum and went to the lead of 11-5, on the 7th. Athol and John found a little extra and went to 18-12, before their opponents came again to trail 17-18. Athol and John came once again to close the great game at 22-17 upon the 20th. On the 21st Rod and Laci collected the last end with a further two shots, but their opponents has already closed the game - that made a 22-19 victory.

In the B minor pairs Gray Cameron and Phil Mullavey played Jarrod Urza and Clyde Shiels. Phil and Gray won the break to lead 10-1 at the 8th when Clyde and Jarrod lifted to trail 9-12. Phil and Gray thought enough was enough annihilated their opponents 22-14. **Wrong Bias Al.**

28th MAY Times

GETTING TO know you

Hans Stroeve

Age: 52 and going strong.

Where were you born? St Leonards, Sydney.

Family? Wife Wendy and two sons - Alex, 18, and Evan, 16.

How long have you lived in Bathurst? In my 31st year - moved here straight from uni - nearly a local.

What do you do for a living? I have taught Mathematics at Kelso High since I arrived in 1979.

What does that involve? Every day is different, but it all revolves around planning lessons, marking, staying in contact with parents, and organising the multitude of extra things that come up every day.

Hobbies? Not that exciting I'm afraid - most things involve whatever my sons are up to, but I also like to read, listen to music, and appreciate the odd wine.

Favourite movie? Tough question - I could possibly narrow it down to *Being John Malkovich*, *Galaxy Quest*, *Snatch* and *Pulp Fiction*. If you included TV I would have to add *Monty Python* and *Fawlty Towers*.

Favourite book? Another hard one - I read a lot of murder/mystery/thriller stuff. My latest favourites are two in a series by Stieg Larsson - *Girl*



With the Dragon Tattoo and The Girl Who Played With Fire.

What kind of music do you listen to? I love to listen to Blues, especially the old stuff. But in my house I come a poor second to what the boys listen to so I have grown to enjoy Tool and System of a Down.

Do you have any favourite quotes? We make a living by what we get, we make a life by what we give (Winston Churchill) and Teachers open the door. You enter by yourself (Chinese proverb).

What do you like most about Bathurst? The fact that I seem to know or have taught

everybody in it! A visit to the shops takes a long time.

What do you like least about Bathurst? There is nothing I dislike about Bathurst. I never fail to enjoy the sight of the first lights of Bathurst as I come over the hill on the way back from Sydney.

Who is your hero? Sounds corny I know but my family are my heroes. My wife Wendy never ceases to amaze me, and my boys have forever changed me as both a person and a teacher.

Pet peeves? People who don't make the most of their natural abilities or circumstances. Whingers in general.

What makes you smile? My

sons - they always do things that brighten my day.

What would be the first thing you took if your house was on fire? The usual things - my family, photos and Alex's car!

Favourite meal? Hard to go past anything Wendy cooks (I have cooked maybe six times since we married 20 years ago - but I do a lot of washing up), but her Tandoori Chicken has got to be up there.

Favourite drink? Like a nice wine, red or white, I'm not fussy.

What do you want to do before you die? See both my sons set up for their futures.

MAY 29th 2009.

Helping hand for CSU students

SCHOLARSHIPS worth more than \$330,000 will be presented to 94 students at a special ceremony at Charles Sturt University in Bathurst today.

The Charles Sturt Foundation manages donated funds to enable students to apply for financial scholarships to assist them to meet the costs of their continuing higher education.

CSU's stakeholder and community relations manager Jan Hudson said during the past 12 months more than 40 new donors have made significant contributions to the Foundation, some worth \$1 million.

"These contributions reflect the support and confidence of the corporate and community sectors through investment in the enhancement of educational pursuits of young Australians studying at CSU, many of whom would not be in a financial position to undertake their studies without this level of support," Mrs Hudson said.

"We sincerely thank all past and current donors, and welcome new contributors."

Scholarship recipients will have the opportunity to meet donors before the presentation ceremony.

Mrs Hudson said the Charles Sturt Foundation was established to support the university, its students and their educational activities.

"Since 1982, Charles Sturt Foundation Scholarships have assisted more than 2600 students with more than \$4 million worth of scholarships," she said.

"In 2009, scholarships valued at almost \$800,000 will be awarded to 220 CSU students across all campuses."



FORWARD PLANNING: Jessica Frecklington, Emilykate Clements and Torin Jones from Canowindra High School checking out what CSU has to offer from Jessica Brody, the prospective student adviser from the Wagga Wagga campus. Photo: ZENIO LAPKA

Students flock to CSU careers expo

By ALICE COOMANS

YEAR 12 students from across the region travelled to Charles Sturt University yesterday for the annual Central West Careers Advisers Association Day.

More than 1000 students came to Bathurst to learn about careers and tertiary studies from the 60 organisations who were gathered there.

They ranged from universities to private training providers, TAFE, Centrelink, the police and other government organisations.

Canowindra High School students Jessica Frecklington, Emilykate Clements and Torin Jones had been up early to make the hour and a half trip to Bathurst, and were excited to start learning about life after the HSC.

"Just being on the location of a university, and seeing how big the campus is, is fantastic. There are just so many options on display here," Jessica said.

"It has been so useful," said Emilykate.

"We would have had to go to so many open days to get the information that is on display here - and there are people here from everywhere: Canberra, Melbourne, and Sydney."

Dinner to mark 20th anniversary

CSU will mark its 20th anniversary with a gala commemorative dinner in Bathurst on Tuesday.

More than 300 guests will travel from overseas to attend the dinner. Dignitaries include the heads of other universities, politicians, business leaders, academics, staff and alumni.

Anniversary committee chair, Professor Lyn Gorman said the dinner was a chance to celebrate the university's past and its future.

"CSU will continue to support our regional communities and provide graduates for a range of professions needed throughout Australia and elsewhere in the world," she said.

CSU head of the School of Accounting and Computing Science, Associate Professor Ross Wilson, said the day had been a success for the university, with many students wanting information about its courses and residential services.

"It is a fantastic opportunity for students to see what careers are available and where they are available, and what students need to do to get in," he said.

1st June 2009.

Girls are pushing the boundaries at school



READING CHALLENGE: Jessica Whybrow, Samantha Thompson, Shannon Reedy and Amy Constant.

052909reading

SOME of Kelso High School's most gifted students are extending their boundaries even further, taking up the Premier's Reading Challenge.

The challenge aims at improving literacy skills and educational opportunities through reading.

A group of Year 8 students, from the school's all girls classes, have signed up and are reaping the benefits already.

English teacher with Kelso High School, Jo Ryan, said it was the first year her class had entered the challenge.

"The class is a special all girls class, with many of our top students," she said.

The idea behind the segregated class, which is in its pilot year, was to see how far the girls could excel when taking on new challenges, which is precisely the reason Mrs Ryan encouraged the students to enroll in the reading challenge.

"We want to see how far they will go if we give them an additional push" she said, adding many of the girls were also participating in Shakespeare workshops and involved in debating and public speaking.

And according to Mrs Ryan, so far, the class is "blitzing it" in both the reading challenge and the pilot program.

"The (all girls) program is

going really well. When it comes to doing drama and acting things out, they are really excelling," she said.

One of the students, Jade Flynn-O'Brien said she's really enjoying being in the class and undertaking the Premier's Challenge.

"Mum encouraged me to be involved, because I really love reading," she said.

And while the Premier's Challenge only requires students to read 20 books from a selected list, she said she's already finished over 40!

"I love reading, and you get to learn so much through the books," she said.

3rd June 2009

SOCCER REPORTS



FOOT IN: A Pandas third grade player (left) lunges to try and knock the ball off the feet of his Churches United rival on Sunday. Photo: ZENIO LAPKA

053100

a great effort.

CHURCHES UNITED

UNDER 6 REDBACKS: Churches Redbacks played Macquarie Tomcats in an entertaining match. There was some great runs by Liam Forde and Eileen Cosgrove combining with Taii Borgstahl and Isaac Buttsworth holding the mid-field together.

Play see sawed up and down the field with Churches making good opportunities but were unlucky not to finish them. Beau Scott worked hard all game, and he is improving with every match. Player of the Week was awarded to Eben Adams.

UNDER 7 ROOS: Roos played extremely well in tough and windy conditions against Oberon. Isaac Hope scored a treble for the day with Dylan Potter chiming in with one goal.

Oberon hit back with two goals of their own but Churches held on to run out winners 4-2.

UNDER 7 C: Churches played Macquarie United Devils in a very hard match play went very close. Luke Furbank and Cody Howe were the scorers for Churches. Samuel Taylor and After the result for Churches was a 1-1 draw.

UNDER 7 D: Churches played Macquarie United Devils in a very hard match play went very close. Luke Furbank and Cody Howe were the scorers for Churches. Samuel Taylor and After the result for Churches was a 1-1 draw.

UNDER 7 E: Churches played Macquarie United Devils in a very hard match play went very close. Luke Furbank and Cody Howe were the scorers for Churches. Samuel Taylor and After the result for Churches was a 1-1 draw.

UNDER 7 F: Churches played Macquarie United Devils in a very hard match play went very close. Luke Furbank and Cody Howe were the scorers for Churches. Samuel Taylor and After the result for Churches was a 1-1 draw.

UNDER 7 G: Churches played Macquarie United Devils in a very hard match play went very close. Luke Furbank and Cody Howe were the scorers for Churches. Samuel Taylor and After the result for Churches was a 1-1 draw.

UNDER 7 H: Churches played Macquarie United Devils in a very hard match play went very close. Luke Furbank and Cody Howe were the scorers for Churches. Samuel Taylor and After the result for Churches was a 1-1 draw.

UNDER 7 I: Churches played Macquarie United Devils in a very hard match play went very close. Luke Furbank and Cody Howe were the scorers for Churches. Samuel Taylor and After the result for Churches was a 1-1 draw.

Going off without a bang

A FEW strange happenings have cropped up at the Bathurst rifle range recently.

While the 900 yards is never easy, Graeme Bright made the job that little harder for himself.

Midway through a good first stage Bright pulled the trigger to the sound of a 'pop' instead of a 'bang'. Three attempts later he realised that during reloading he had forgotten to put gunpowder in a number of his rounds.

Not to be outdone, Jan Sibera encountered three "missfires" before discovering he had failed to load a bullet into the breach.

For the sake of Parade, we hope they keep up the good work.



June 3rd 2009
Advocate



AUSTRALIA DAY HONOUR: Western NSW regional director Carole McDiarmid with her husband Kevin McDiarmid and daughters Caria and Luisa at Government House.

050209carole

Educator receives medal for service

THE region's leading educator has been honoured for her years of service.

Western NSW regional director with the Department of Education, Carole McDiarmid, of Bathurst, was presented the Public Service Medal by NSW Governor Marie Bashir during a ceremony at Government House this week.

Mrs McDiarmid was the only educator to receive the honour, announced during the Australia Day awards in January.

She said she was proud to be joined at the presentation former long-serving Forbes Public School principal Robert Lytton, who received a Medal of the Order of

Australia. "It was wonderful to see this Mr Lytton's exemplary service recognised in this way," Mrs McDiarmid said.

"Like so many of our public education staff in communities large and small across Western NSW, Mr Lytton's service extended well beyond the school."

Mrs McDiarmid was educated at Condobolin Public and Condobolin High schools before studying at (the now) Charles Sturt University in Bathurst and the University of New England and completing the many degrees and graduate diplomas that have informed her professional practice in classrooms and schools.

4th June Times 09

GETTING TO know you *Lesley Macready*

Age: 51

Where were you born? Sydney

Family? Husband, Rod; son, Tim and his wife Abra (Sydney); daughter, Alison (Newcastle)

How long have you lived in Bathurst? Three years

What do you do for a living? I am temporarily employed for three days a week by Denison College (at Kelso High) for Moodle administration. I also teach Scripture.

What does that involve? My work at Kelso High involves putting questions on the Bathurst Schools' online learning site and trying to solve any problems with access or content that come through the Moodle Help Desk. Scripture involves me going into five local public schools to teach children some of what God reveals about Himself in the Bible.

Hobbies? Line dancing, reading, sudokus, cryptic crosswords

Favourite movie? "While You Were Sleeping", although it's hard to beat watching "Cool Runnings" with a group of Papua New Guineans!

Favourite book? The Bible, and I'm currently also enjoying Jodi Picoult's books.

What kind of music do you listen to? It depends on my mood: Jazz, Blues, Queen, Bon Jovi, Beach Boys, Pink, Nickleback... I confess that I really like Boy Bands!

Do you have any favourite quotes? "God is most glorified in us when we are most satisfied in Him." John Piper

"Harbouring resentment is like drinking poison and then waiting for the other guy to die." Michael Palmer in "The Patient"

What do you like most about Bathurst? The colours: autumn leaves, spring flowers and the stunning sunsets

What do you like least about Bathurst? Pedestrian crossings too close to roundabouts

Who is your hero? My daughter, Alison

Pet peeves? Bad grammar, especially the misuse of apostrophes

What makes you smile? Some of the variations on my name that kids come up with: Mrs Greedy, Mrs Creepy and Mrs McCreamy

What would be the first thing you took if your house was on fire? My father's album of photos he took when he was in the navy during World War II

Favourite meal? Roast Dinner

Favourite drink? Chocolate milkshake in summer, hot chocolate in winter

What do you want to do before you die? Whatever God has in store for me.



Region's top trainees named



OUTSTANDING: Department of Lands graphic services manager Stephen McRobert (left), CWGA Bathurst manager Darren Jacobson with Trainee and Apprentice of the Year Samantha Cain and Gavin Press.

060509apprentices

BATHURST'S Gavin Press and Samantha Cain have respectively been named the most outstanding Apprentice and Trainee for 2009 in the Bathurst region of Central West Group Apprentices.

Gavin has recently completed an Electrical Apprenticeship through Central West Group Apprentices, being host-employed by AJS Electrical. Gavin has had amazing success at WorldSkills competitions and will represent Australia at the international competition in Canada later this year.

"It's a great honour to be the Apprentice of the Year. I'd like to thank Central West Group Apprentices, the team at AJS Electrical and my TAFE teachers for all their support and encouragement," Gavin said. Samantha Cain has com-

pleted a Business Cert III traineeship through Central West Group Apprentices, being host-employed by The Right Advice. The former Bathurst High student is now studying for a degree in Primary Education at the CSU.

Both Gavin and Samantha were selected because of their commitment to training, gaining various qualifications, high presentation skills and community involvement.

"Gavin and Samantha are outstanding young people. They are both highly skilled and extremely dedicated to their jobs and study," CWGA Bathurst regional manager Darren Jacobson said.

Gavin and Samantha were chosen from around 200 apprentices and trainees employed by the Central West Group Apprentices in Bathurst and surrounding areas.

At the awards presentation, the Department of Lands Graphic Services were announced as the Host-Employer of the Year. Manager Stephen McRobert received a trophy to acknowledge their commitment to training and providing a work environment which allow apprentices to thrive.

"These awards celebrate and recognise the outstanding achievements of apprentices, trainees and business in our community. The Bathurst region is lucky to have so many high achievers, which made the judging process very difficult," Mr Jacobson said.

Gavin and Samantha will now compete for the Central West and State Apprentice and Trainee of the Year titles. The Central West awards ceremony will be held on June 12 in Orange.



CHEERS: Pat Taylor and Sandra Howarth at the annual Evans Arts and Craft show opening night.

060609b

11th June Times 09.

Weekend Advocate 6th June

Students step up to aid the fight against cancer

By **BRENDAN ARROW**

DENISON COLLEGE Kelso High Campus students are putting their best boots forward to help local man Harold Forde raise money to find a cure for cancer.

The Year 8 class has the task of decorating boots of various styles before they have daffodil bulbs planted in them by the Kelso High horticultural class. The flowering creations will be sold later this to raise funds.

Kelso High art teacher, Liz Gallway said the entire class had embraced the project with many different designs and patterns emerging.

"We began working on the boots at the start of the term and already the Year seven students are looking forward to doing it next year," she said.

"For the kids this is probably the first time their ever done something like this so seeing what they have created is amazing.

Some are fantastic while other students have surprised me with their artists approach to the task."

In Australia cancer remains one of the biggest health problems with an estimated one in two men and one in three women diagnosed with cancer by the age of 85.

It is also a leading cause of death in Australia with more than 39,000 people estimated to die from cancer each year. Each year 106,000 new cases of cancer are diagnosed in Australia.

Ms Gallway said she hoped the school could continue to be involved in the boots project for many years to come.

"We are hoping this will become an annual event for us," she said.



PAINTING UP A STORM: Kelso High Year eight students Kimmekka Glover, Jack Press and Melissa Cosgrove with some of the boots their class has painted for Harold Ford to sell on Daffodil Day. Photo: ZENIO LAPKA.

060409zboots1

11th June 09

Bathurst talents dominate group sides

RUGBY LEAGUE

By SAM DEBENHAM

AN amazing 18 Bathurst players have been named in the Group 10 under 15s and 16s squads to compete in the Country Rugby League titles which get underway in Cootamundra this weekend.

The local group had by far the biggest representation across the two sides, supplying almost half of the 39 players selected.

Encouragingly, Oberon had a big contingent picked in the under 15s side with seven, while Cowra had eight players selected across the two squads.

In the under 15s side, Panthers youngsters Joel Moreta, Joe Bugg and Blake Lawson all earned a call up while a quartet from St Pat's also made the cut.

Kurt Toole, Ben Whitley, Josh Lander and Kynan Murray all got the nod courtesy of their form for the blue and whites.

Meanwhile Panthers dominated the under 16s team, supplying nine members of the squad.

Katon Crawford, Andrew Mendes, Jake Davis, Ricci Arriola, Doug Hewitt, Luke Carpenter, Brady Cheshire, Jack Siejka and Blake Seager will all suit up for Group 10, and even more incredibly all nine look likely to start the first match against Group Six.

Joining the nine will be St Pat's pair James Woolmington and Luke Milgate to complete the Bathurst connection.

While the under 16s do battle with Group Six tomorrow after-



'We have a pretty good side, some strong forwards and a very good back line that will let us spread the ball.'

- Coach Wade Judd on the under 15s

noon, the under 15s will face Group Nine in the opening match at 10am.

Both sides will also boast a local factor in the coaching ranks with St Pat's prop Wade Judd taking charge of the under 15s with Nick Lander joining him as manager, while Paul Larson will coach the under 16s with former St Pat's forward Sam Baumberger to train the side.

"We have a pretty good side, some strong forwards and a very good back line that will let us spread the ball," Judd said of his squad.

Larson wants his side to stick to the basics and expects his forwards to provide the momentum against Group 6 tomorrow afternoon.

"We will be looking to keep it simple and not make too many mistakes," Larson said.

"We have some big forwards that will lay the platform for the talented backs."



TACKLE: Pat's Tim West, Panthers' Kean Peard and Pat's Brent Dennis during the Pat's versus Panthers match. Pat's won 28-22 at Carrington. Photo: PHILL MURRAY

061309pr12

16th June 09



HOCKEY TALENTS: Craig Day, Taylor Newton (GK) and Nick Milligan, from the under 17 Bathurst District Junior Boys Hockey Team have been selected to play in the Western Conference under 17 Boys Hockey team to compete at Hockeyfest in Sydney from the 19th - 25th July 2009. They will compete against not only other NSW teams, but also teams from the Netherlands, Fiji, Wanderers-Belgium, New Zealand and Japan.

Naylor siblings have a talent for hockey



KEY ROLE: In her third season of Premier League with St Pat's, Kirralee Naylor has become a vital part of the team's forward structure. Photo: ZENIO LAPKA

HOCKEY

By **SAM DEBENHAM**

OLDER siblings can cast a pretty long shadow at the best of times – when one of them happens to be a former international hockey player the shadow can get very big indeed.

That scenario faces St Pat's young gun Kirralee Naylor on a weekly basis as she plies her trade in women's Premier League, but on the evidence so far in her hockey career it hasn't hindered her in the slightest.

She is the sister of Matt Naylor, a former member of the Kookaburras men's national side.

He won a gold medal in 2005 as part of the successful Champions Trophy side and scored numerous goals for his country. Matt Naylor also skippered the NSW men's Australian Hockey League side for a season.

Kirralee Naylor – currently studying for her HSC at Kelso High School – has established herself as a key member of the Pat's starting line-up this season.

While playing mainly as a striker, she has the versatility to play in the midfield, where she regularly lined up in 2008, or at left back.

"This is my third season of Premier League, but I was a ball girl for the team for as long as I can remember and I have always looked up to a lot of the girls that I'm playing with now," Naylor explained ahead of her side's encounter with Cougars this afternoon.

"Three-quarters of the team are those girls – the ones with experience who have been there for a while. I have learned so much from people like Kristy Conroy, Carly Sandry, Bec Clayton and Lucy Weal – the list goes on."

Amongst all those key figures though, St Pat's have added plenty of youth to their side so far this season and Naylor says that when that is taken into account, their four wins from six matches has been a productive start to the competition.

"I think we're going really well, we have a lot of younger players now who are doing a good job, especially having as little experience as they do," the 17-year-old said.

"Personally I think I was a bit shaky in the first few games going from the midfield to striker but getting some more fitness since then has helped, particularly match fitness – when your fitness is good your play tends to follow.

"It is definitely hard mixing Year 12 studies with hockey but loving both helps give me motivation and playing on the weekends is definitely a good release from the hard work."

As Premier League resumes this afternoon after another general bye last weekend, Naylor and her team-mates will be out to maintain a spot in the top four when they host Orange side Cougars at Bob Roach Field at 12.20pm.

"I don't know a lot about them, they are pretty strong through the middle I think, but we will learn more about that at training," Naylor said on Thursday.

"It is a bit of a disadvantage coming back from a week off, it has been one week on and one week off so far this year which makes it really hard to get our fitness right and to get all our combinations going."

Weekend Advocate 13th June 09.

soccer

BATHURST DISTRICT REPORTS

Under 15s unlucky to miss final RUGBY LEAGUE

WHILE their under 16s counterparts took out the Southern division of the Country Championships, the Group 10 under 15s side missed out after coming up against eventual champions Group 9 in the opening round of the tournament.

Group 9 handed out a 34-6 defeat to the 15s, coached by St Pat's forward Wade Judd and featuring four St Pat's youngsters and three Bathurst Panthers.

Kurt Toole, Ben Whitley, Josh Lander and Kynan Murray all represented St Pat's with distinction while Panthers youngsters Joel Moreta, Joe Bugg and Blake Lawson also acquitted themselves in fine fashion.

The large Oberon contingent earned high praise from their coaching staff also - the Tigers supplying seven players including Cody Sharah, Damien Cooke, Billy Kitt, Zac Elwyn, Mitch Hollihan, Jackson Brien and Wayne Sellers.

With that defeat consigning them to the repechage pool, the side managed to regroup and defeated Group 11 8-4 in an old-fashioned arm wrestle.

Their campaign ended when they met Group 6 on Sunday and went down 34-20.

"We played very well in that match actually and were right in it with 10 minutes to go at 22-20 down, but we had a player sin-binned and from there they ran away with it, but I thought we were pretty unlucky," team manager Nick Lander said.

"Cody Sharah at fullback and Billy Kitt at half were very good, Ben Whitley at prop had three very good games and Zac Elwyn was impressive at hooker also."

- SAM DEBENHAM



CROSSING IT: Bathurst United's Jalmi Inwood (left) centres the ball under pressure from Pandas rival Lisa Gordon in Sunday's B grade clash at Proctor Park. Photo: CHRIS SEABROOK

061409wsoc2

17th June 2009



TENSE MOMENT: Bathurst United White player Bec Inwood charges towards goal in Sunday's B grade match at Proctor Park but she still has Pandas goalkeeper Jennifer Waldron and defender Kieraly Smith to beat. Photo: CHRIS SEABROOK

061409wsoc1

Williams nudges out Bright in a tight FA Wilde trophy round

SHOOTING

THE Bathurst Rifle Club's club champion Steve Williams and runner-up Graeme Bright fought out the second round of the FA Wilde Trophy in typical fashion on Saturday.

Bright started in less than sparkling form with a string of bulls eyes either through or touching the bulls eye line. He eventually dropped a shot for a fortunate 49.03.

Williams, on the other hand, had little trouble posting a 50.06 possible.

In the second stage Bright tightened up considerably to lay a 50.05 possible on the target and throw the ball back to Williams.

A wild four o'clock inner threatened to

derail Williams, but a bag of centres and no further mistakes got him home by five centre bulls eyes.

There was no such closeness in the B grade scores as Ron Gibson seriously challenged the A grade pair, just missing a possible with a last shot inner four. His second stage was equally as impressive with another 49, spoiled only by a late inner four.

Jan Sibera had a steady shoot, compiling stages of 47.04 and 48.04 using his smaller 5.56 calibre which he often uses on the closer ranges.

Dennis Lavelle and John Coghill were never in the hunt for honours and bemoaned several windage related errors, particularly in their first stage 46s. The pair shot 48s in their second stages with Lavelle

boosting his score with five centre bulls eyes.

Keith Redding kept well away from the magpie line and shot better than his handicap dictated with a 90.03. Tim Robinson had a scintillating first stage, with a run of four centre bulls eyes, before a couple of inners dampened his spirit.

However, a less successful second stage 43.03 couldn't stop his progressive handicap falling for the fifth week in a row to a respectable 5¼ points.

Geoff Willis again experienced difficulty interpreting the elevation knob on his telescope but still managed a 108/120. A stiff scrubbing of the molycote barrel before the shoot didn't have the desired effect and no further physical effort will be expended on

the said steel tube.

Williams and Bright travelled to Eugowra for the Parkes Rifle Club open prize meeting last week and met with great success.

The two Bathurst shooters were the only contestants with double possibles after the first two ranges. Williams went on to win the event but Bright faltered at 600 yards, dropping two points in the fading light and eventually finishing fifth.

The FA Wilde trophy concludes this Saturday at 600 yards.

SCORES: R Gibson 98.05 (2¼) 100; K Redding 90.03 (12¼) 100; J Sibera 95.08 (4¼) 99¼; S Williams 99.13 (1/4) 99¼; G Bright 99.08 (0) 99; D Lavelle 94.08 (4¼) 98½; J Coghill 94.03 (4¼) 98¼; G Willis 108 (9½) 98; T Robinson 90.08 (5¼) 95¼.

Souths share the points with Ex-Services

HOCKEY

By MARK RAYNER

SOUTHS and Ex-Services have fought out a thrilling 3-all draw in women's Premier League Hockey after the Bathurst side led by two goals at half-time.

Playing at Bob Roach Field, Souths raced to a 2-0 lead with Molly Bright scoring a brace of goals before Servies hit back with one of their own.

The two blues scored another before the break to take a comfortable lead, but the visitors came out determined in the second half and were able to draw level.

Souths coach Brett Corby said it was just a five minute period in the second half that allowed Ex-Services back into the game and felt his side still had opportunities to win.

"We had a lapse there where they knocked two quick ones in. I thought we lost composure and we got that back and put a bit of pressure on them towards the end of the game, but unfortunately that didn't result in some goals at the end," he said.

The highlight of the first half was a brilliant team goal for Souths when they were leading 1-0.

"Our second goal was awesome, we broke away with three players. The three on two eliminated one player, then they eliminated another play and the third [Molly Bright] beat the keeper. That was an excellent team goal and something we can strive towards," Corby said.

Debbie Orrock then scored her first goal for the visitors to make the score 2-1 and they would have been happy to go to the break trailing by one.

However, Keely Hunter had other ideas and she scored Souths' third to restore the two-goal buffer before the siren.

The half-time speech by Ex-Services coach Gail Kennewell worked wonders as the visitors came out more positive while Souths were



DOUBLE: Molly Bright (centre) scored two goals for Souths in their 3-all draw with Ex-Services on Saturday. Photo: PHILL MURRAY

by scoring two more goals for Servies to level the match at 3-all and make for an exciting conclusion to the game.

However, neither team could break the deadlock. Souths had a short corner with just minutes left in the match but they couldn't convert and had to settle for sharing the points.

While his side still have work to do to ensure they make the finals, Corby said he was still pleased with the effort shown by his team.

"Even when those couple of goals were scored, they have come off and will digest that and find out what happened so we can fix it next time, so that is very positive."

Corby said Clare McGarity had continued her impressive form with another good performance and he also praised captain Carly George for her efforts.

"Clare in the middle was good. Carly George at the back was pretty solid. I had her off for that five minute

City's minor premiership bid gains pace

HOCKEY

By DANIEL BRIGGS

BATHURST City's charge towards the women's Premier League Hockey minor premiership gathered further pace with a clinical 5-1 victory over Kinross-CYMS at the Orange Hockey Centre on Saturday.

The defending premiers looked like racking up a cricket score after racing to a 4-0 lead at half-time, before a more committed green and gold outfit put greater pressure on the defending premiers in the second half to prevent a bigger blow-out in the scoreline.

Kinross-CYMS started brightly and managed to get inside City's circle several times in the opening exchanges, but a three-goal Bathurst City blitz from the 10th to 16th minutes effectively sealed the result for Jillian Long's side.

Long was pleased with her team's performance in a dominant opening stanza, but concedes there are still areas City can improve in.

"I thought we were really good in the first half, we played well and scored some good goals," said Long, whose side now assumes the outright competition lead after Panthers' 2-1 defeat on Friday night in a deferred Lithgow derby match against Zig Zag.

"Kinross-CYMS were a lot better in the second half. They marked us a lot closer and put a lot of pressure on us. They're quite a young side and you can see they are developing. They are going to win a lot of games in the future."

"Our defence held up well in the first half, but we are still tend-

ing to concede that one goal every week, and that's something I'd like to see us stop."

After repelling some early raids from Kinross-CYMS, City got on the board in the 10th minute when a miscued Mel McNab shot from a penalty corner dribbled past the outstretched foot of Kinross-CYMS goalkeeper Amy Symons into the net.

The visitors started to dominate play and only took five minutes to double their advantage when Donna Bateup pounced on a perfect cross from speedster Mardi Watts.

The game was as good as over just one minute later when Rebecca Lee found some space out wide before setting up a goal for Katie Lindsay.

Bathurst City were relentless in their search for a fourth goal and were finally rewarded five minutes before half-time when McNab powered a much more convincing shot into the bottom left-hand corner of the net from another penalty corner to secure a 4-0 lead at the break.

Kinross-CYMS reduced the amount of space City had to play in during the second half, but the visitors still went five goals ahead in the 45th minute when Jess Hotham scored after a neat interchange of passing with Lindsay.

Shea's troops were finally rewarded midway through the half when Jade Williams found the back of the net after a quick break.

City were well-served by Watts, Hotham and Annika Dicker.

BATHURST CITY 5 (Mel McNab 2, Jess Hotham, Donna Bateup, Katie Lindsay) **defeated KINROSS-CYMS 1** (Jade Williams)



IN CONTROL: Bathurst City's Mardi Watts traps the ball in her side's match against Kinross-CYMS. Photo: MARK LOGAN

CAPTAIN'S CORNER



RUGBY STAR: Karah Armstrong admits she turns plenty of heads when she tells people her preferred sport. Photo: ZENIO LAPKA.

061809coach

Karah's got rugby covered

By BRENDAN ARROW

KARAH Armstrong is one person you do not want to meet on a rugby union field. With almost a decade of experience in competitive rugby, the Kelso High teacher knows the ins and outs of the game better than most.

After years of playing touch football, Armstrong made the switch to rugby union in 2000 when a friend suggested she take to the field for the Grenfell Pink Panthers.

When Armstrong was in her second year of studying at Charles Sturt University she made the switch to the CSEwes and loved it.

"I don't really know why I like rugby union so much, the social side of things is great but the fitness and competitiveness of it is good as well," she said.

'People always look at me weirdly when I say I play rugby.'

"At CSU we have a good bunch of girls which makes it more fun and easier to play."

Despite her years of experience Armstrong admitted she still gets a few odd faces staring at her when ever she reveals her sport of choice.

"People always look at me weirdly when I say I play rugby," she said.

"Certainly when you get first timers at the games they are a bit shocked, because they expected us to be playing like an under 7 team.

"But it is not like that at all and it has even gotten a lot faster over the years I've been playing."

As CSEwes' captain, Armstrong said the 2009 season has been very up and down with a 70-5 win over Orange, a 70-5 loss against Narromine, which she did not play in and, most recently, a 24-17 loss to competition leaders Dubbo.

"I think I bring a lot of talk and structure to the

team," she said.

"A lot of the first-time girls who are still learning the rules certainly listen to me, but they've just got to learn to keep their hands out of the ruck."

Besides educating the current CSU side about the finer points of rugby, Armstrong added that once her younger school students found out she played rugby they wanted to get involved as well.

"All of the girls at the school want to play and it is good that they can now play in the Western Zone rugby union competition," she said.

"Being their coach is great, because they tend to listen to you and, because some of the girls have played for the last two years they understand the rules more, which makes it easier."



BIG STAGE: Disabled swimming prodigies Rachel Staines (left) and Emilie Miller will both compete at the Australian Paralympic Youth Games in Melbourne later this year. Photo: ZENIO LAPKA.

081208zpara1

Paralympic Youth Games selection for inspirational swimming duo

SWIMMING

By SAM DEBENHAM

TWO of Bathurst's brightest and indeed most inspiring athletes have achieved selection to what shapes as the biggest competition of their lives.

Rachel Staines and Emilie Miller will both compete at the inaugural Australian Paralympic Youth Games in Melbourne in October after being informed of their selection earlier this month.

Staines, who was born with cerebral palsy which affects her ability to move the right side of her body, and Miller, who suffers paralysis as a result of a training mishap in Lithgow, have both done enough in terms of qualifying times to get a start at the extravaganza which kicks off on Monday, October 5.

The Games will consist of seven different sports - swimming, athletics, wheelchair basketball, seven-a-side football, hand-cycling tennis and table tennis. The parents of both young stars say it will be both a highlight and hopefully a stepping stone to something bigger.

"She is over the moon, she can't wait," Allan Staines said of his talented daughter, who has recently set 100 and 200 metre breaststroke short course records in her S-7 classification.

"This will be a big highlight of her career, she has worked hard for it and it is the next step towards her being noticed by the Paralympic coaches and her goal to compete in London in 2012."

Continued page 26

Paralympic Youth Games selection for swimming duo

From page 28

Staines has qualified for virtually every event imaginable, beginning with the 50m races for all strokes, going up into the 100m breaststroke and freestyle, the 200m individual medley and the 400m freestyle.

On top of the competition itself, one of her main challenges will be simply deciding which events to contest and which to leave out, a decision she will make with her father - who also looks after some of her coaching - and her main coach Rhonda Hausfeld.

The news of her selection comes on the back of some other big news in her career.

"She has also been selected to swim by NSW Swimming with the state individual medley squad," Allan Staines explained.

"They are taking part in three training days - she has been to one while the others are coming up - she is one of only four multi-disability swimmers to be picked for that squad."

Meanwhile, Miller's qualification for the Melbourne Games means that another box gets ticked as she too aims at one day competing at the Paralympics.

Proud mum Donna Miller says her daughter is already stepping up her preparations in anticipation of the event.

"She has been doing a lot of work in the Health World gym, three or four sessions a week doing weights and things like that as well as her pool sessions, she loves that environment with the footy boys and geeing them up," Donna Miller said.

"Emilie is really looking forward to this whole experience - the actual experience of just being a part of it will be huge but the results themselves are just as important to her. If she goes down there and doesn't swim her quickest times - look out! I'm not going to be driving her home!"

Miller's times have dropped dramatically in the handful of meets where she has swum in the time since her accident, specialising in the 50m backstroke.

Getting this sort of recognition for her efforts so far will doubtless be a massive motivator for her to continue her improvement.

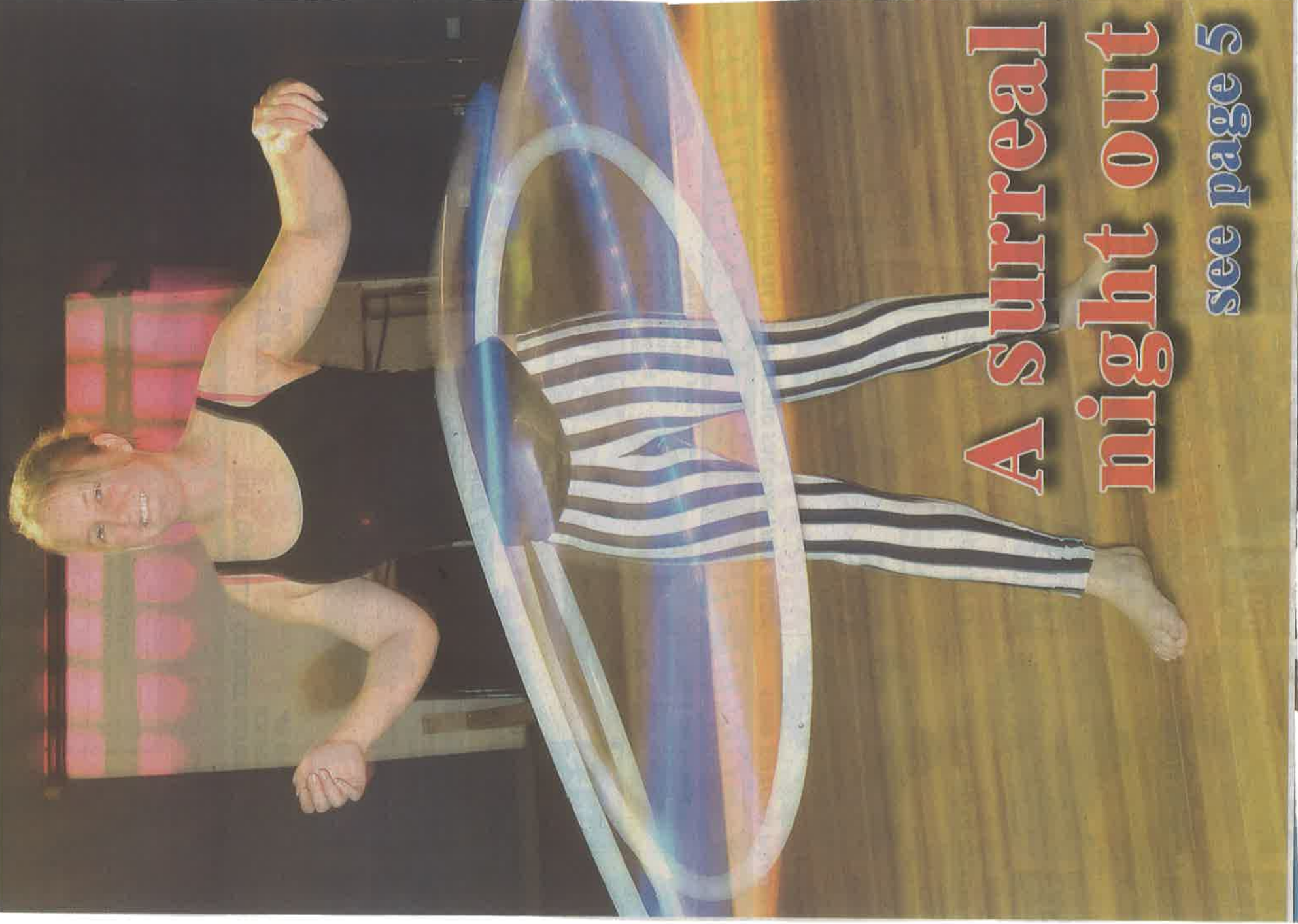
"She is very excited, this is a great chance for her to meet other people in the same situation with the same attitude, they get the full gear and they get to watch all the other sports as well," Donna Miller explained.

"She is going to use it as an opportunity to meet some other kids, to swim some good times and also to get the attention of the Paralympic selectors.

"We also need to pay tribute to the... her Rachel Cupitt is her

WESTERN Times

THURSDAY, JUNE 25, 2009



**A surreal
night out**

see page 5

Times 25th June 09.



TALENTED: Mark Graham, 15, Michael Little, 14, Mariah Northey, 14 and Crystal-Dawn Rowley, 15 from Cirkus Surreal at Kelso High are preparing to perform at the Quota conference this weekend. Photos: PHILL MURRAY

062309pkels04

Denison College of Secondary Education

Kathleen Compton, Geoff Hastings and Paul Stirling bring to the Principalship of Denison College of Secondary Education a depth of experience in collegial, strategic planning and implementation to ensure that our campuses embrace the opportunities afforded in this very dynamic twenty-first century educational and social environment. A central focus is on using technology to create a rich, diverse pedagogy that extends the classroom walls to the world. The Denison College online learning website <http://www.denisoncollege.nsw.edu.au/moodle/> is providing learning opportunities 24/7 using web2 tools such as chat, forum, wikis and blogs and is leading learning by engaging students from over 30 other schools in the Western Region in this initiative.



Denison College
OF SECONDARY EDUCATION

Videoconferencing across schools for debating, Higher School Certificate seminars, virtual excursions and integrated VC and computer based quiz shows has also extended the learning opportunities for our students. All our year 9 students will benefit significantly from the issue of personal laptops in Semester 2 expanding their horizons every day. Denison College Principals are leading this revolution in our campuses, in our regions and across New South Wales.

LEFT: Paul Stirling, Kelso High Campus
MIDDLE: Kathleen Compton, College Principal
RIGHT: Geoff Hastings, Bathurst High Campus



30th June 09 Advocate

Hectic schedule but Western scrape.....

INTO SEMIS

HOCKEY

By SAM DEBENHAM

WESTERN have done just enough to sneak into the semi-finals of the NSW Combined High School Sports Association girls' hockey semis which get underway today at the Cooke Hockey Complex.

The local side which features four Bathurst players in Bec Bosianek, Kiralee Naylor, Esther Hotham and Zoe Watts, won their opening two matches on Tuesday before they stumbled in their first match yesterday.

In a rematch of last year's semi-final which Western won before going on to win the decider also, South Coast got the better of the home side in taking a narrow 2-1 win.

Western had their chances to at least equalise and get a draw but they were unable to beat the stubborn South Coast defence in the dying minutes.

"It was just a very tight game that could have gone either way right the way through," Western coach Hayley Lyons said.

"Both our goalkeeper and the South Coast goalie were outstanding. We actually had a penalty corner with a minute left on the clock but unfortunately we were unable to put it away."

Soon after completion of that match, they were back in the thick of it against Sydney West, but according to their coach the hectic schedule probably began to catch up with them.

"We finished 1-1 in that game and to tell the truth it was probably a match we would prefer to forget," Lyons said.

"The girls just seemed pretty flat out there and although we created plenty of chances to score we couldn't do it so hopefully after that performance the girls get a good rest."

For the second day running Bosianek was named among her team's best playing in the unfamiliar role of fullback.



STILL GOING: Western's chances of defending their CHS girls' hockey title are still alive after they scraped into the semi-finals yesterday. Western's Zoe Watts (left) is seen in action against South Coast yesterday morning. Photo: PHILL MURRAY

Bathurst City show their premiership credentials

HOCKEY

By **BRENDAN ARROW**

BATHURST City have finally produced glimpses of the form on Saturday they will need to claim a third consecutive women's Premier League Hockey title according to their coach Jillian Long.

The experienced coach's comments came on Saturday after her side absorbed a mountain of early pressure before unleashing their attacking style to defeat St Pat's 2-0 at Bob Roach Field.

Just like in round one of the competition back in April, the Saints came out hard to try and catch City napping.

While it took just eight minutes for the blue and white army to secure their first short corner of the match, the dual defending champions' determination won out in the circle.

Time after time, wave after wave the City defence turned away their attacking opponents, clearing the ball just in the nick of time.

As Pat's pressed high up the field, City did themselves no favours by turning the ball over very easily in their own half.

On more than one occasion, City goalkeeper Renee Aberley was forced to produce diving saves in order to maintain her clean sheet.

As time went on City's confidence and momentum with the ball grew. Striker Jess Hotham came within centimetres of scoring 15 minutes into the half when she beat Pat's goalkeeper Tracey Jolliffe, only to see the ball travel too deep to have a shot.

Coming out from the sheds from half-time locked at nil-all, City were again forced to defend deep in their own quarter as St Pat's looked to break the deadlock.

However, this time as City began to find space and St Pat's struggled to go with them.

Fifteen minutes into the half another save from Aberley allowed City to break down the right side of the field through Jess Hotham.

The NSW representative took on the defence at speed before offloading the ball into the circle, finding her sister Ester Hotham unmarked. She then slotted home the opening goal.

In an attempt to equalise, St Pat's coach Ben Weal changed his formation to have four forwards.

His efforts had the opposite effect though as Kirsten Howard intercepted a pass on half-way before linking with Jess Hotham to score City's second and kill off any chance of a comeback.

Long said with such variety between the two halves, she was happy to come away with the win.

"St Pat's did very well in the first half, they



ON THE CHARGE: Bathurst City's Rachel Miller makes an attacking run in Saturday's local derby. Photo: PHILL MURRAY

had a lot of attack and it didn't look good for us for a while there," she said

"Rena Aberley had an absolute blinder, some of the shots that she saved was the difference between a win or a draw or loss.

"The second half was better but we just need more consistency, if we can play that sort of hockey for the full 70 minutes then we are going to be very hard to beat."

Long added while a ball to the knee of Tanya Lowe was the only real dampener for City, she

expected her young side to continue to improve on the road to the finals.

"Tanya got a ball to the knee and it split her open, so we'll just have to wait to see how she recovers," she said.

"Right now though we look good, but we now have to put the accelerator down and get more consistent, once we can do that, if we can do that, than we are in with a chance."

BATHURST CITY 2 (Ester Hotham, Jess Hotham) defeated ST PAT'S 0.

Fitness and confidence are missing

HOCKEY

FITNESS and regaining confidence are the two things St Pat's will look to improve after a demoralising 2-0 loss to Bathurst City in women's Premier League Hockey on Saturday.

According to St Pat's coach Ben Weal, those were the main things his side lacked in their match against the dual defending premiers.

"We had our chances to win the match, just didn't put them away," he said.

"We turned the ball over a bit too easily in attack and against a side like that, you keep on doing it and they'll eventually get a couple of breakaways and slot some goals away like they did."

Just like in round one of the competition, the Saints came out hard to try and catch City out.

However, unlike the match in April which finished 2-1 in the blue and white's favour, City repelled their attack before sisters Ester and Jess Hotham shot true for the win.

"I really thought that first 25 minutes we played quiet well, we just didn't take our chances," Weal said.

"I don't know if our fitness is quite there, I spoke to a few of the girls a little bit and I think we were down a little bit on fitness. We probably need to work a little bit harder on that at training.

"I think they were a bit quicker to the ball and also trapped everything, where as we had the ball bouncing away from us a bit."

- **BRENDAN ARROW**

2nd July 09



PERFECT DAY: Bathurst players, from left, Zoe Watts, Esther Hotham, Kiralee Naylor and Bec Boslanek were part of the Western side that won both games at day one of the CHSSA girls' hockey championships in Bathurst yesterday. Photo: PHILL MURRAY

Western make perfect start to hockey titles

HOCKEY

By SAM DEBENHAM

THE Western Combined High Schools' side has made a perfect start to the CHS Sports Association girls' hockey titles in Bathurst, winning both their matches yesterday and setting themselves up for a high finish.

Featuring four Bathurst players in Zoe Watts, Esther Hotham, Kiralee Naylor and Ben Boslanek, the Western side - who are defending the title they won in 2008 at Goulburn - smashed Hunter 7-0 in their opening match yesterday

morning before backing that up with a tough 2-1 win over Sydney North in the afternoon.

Hotham starred in the morning game, slotting three of her side's goals in a dominant display.

The second match was more the contest their side had been expecting as they withstood a second half fightback from the Sydney North outfit.

"We were up 2-0 until about 15 minutes to go when Sydney North got their goal, but we managed to hold them out pretty well," Western coach Hayley Lyons said.

"It was a great start to the tournament, the girls hadn't

had a run together since the trial day so I was most happy with how things went."

The 10-team competition will today pit Western against the South Coast at 9.15am this morning before they back up to face Sydney West at 11.35am.

"Hopefully we will improve a little bit on today's performance, the girls are very keen to keep going although they are pretty tired at the moment," Lyons said.

"The Bathurst girls did very well, Esther didn't even realise that she'd scored three of them, and Bec who doesn't normally play fullback was very strong

in that position."

Lyons said that South Coast looked to be a strong side from what she saw of them yesterday.

Naylor, who was part of last year's winning side, was happy with the efforts of herself and her team-mates also.

"The standard of hockey is very high, but I think after today that maybe we can go undefeated and go through the finals and win again," she said. "I don't think I went too badly, but it is always hard when you kind of fall into a team with a group of girls that you have never really played with before."

Juniors show their champion potential

TENNIS

By ANYA WHITELAW

WHEN the Central West Champion of Champions tournament is conducted in August only the best players from across the region will be involved, but if the form shown in Sunday's Junior Development Series round is

any indication, Bathurst should have strong representation. A total of 15 tournaments will be staged across the Central West as part of the Junior Development Series and after the completion of these, the top eight players in each age group advance to the Champion of Champions event. On Sunday the Bathurst

Tennis Centre (BTC) hosted the penultimate round of the competition and with points at a premium, 98 players converged on the city.

At the end of the day around 1400 games of tennis had been completed and amongst the success stories from the under 10s to under 21s age divisions were a number of Bathurst talents. ■ Continued page 26

From page 28

The under 21s age division saw Eglinton's James Church finish runner-up to Oberon's Guy Fletcher while Aimee Buckland, a Dubbo talent who is now based in Bathurst, was the best of the girls. She beat Lithgow's Jessica Dellabosca in the final.

In the under 14s two Bathurst talents reached the finals, but unfortunately both Georgia Davis (BTC) and Adrian Hotham (Eglinton) had to settle for second place.

Gabriella Mitton (BTC) took the under 12

girls' honours as she downed Oberon's Caitlyn Foley in the final while Grace Schumacher (Eglinton) was runner-up in the under 10 girls' division.

According to tournament director Andrew Mitton, who is the BTC coach, it was an excellent effort given the talent the tournament attracted.

"We had players come from as far as Nyrangan and then from places like Penrith and Richmond," he said.

"Of all the tournaments so far this year,

this one was probably this highest quality, we had a lot of top players attend given Bathurst's central location.

"They are playing for points to qualify for the Champion of Champions, the top eight in each age group progress and Rod [Schumacher, Eglinton Tennis Club coach] and myself hope to have 15 plus players there."

Though qualifying for the Champion of Champions and then going on to reach the state final in October is the goal of the lead-

ing players, the Junior Development Series is important to all those that take part.

"It's basically a grass roots competition, it is a feeder for players to eventually play in national tournaments," Mitton said.

"Kids who have just been playing in local competitions use this as a first step, it's their first tournament tennis, and what we are finding is that more and more players in this competition are nationally ranked. Of my Bathurst kids who played on the weekend five are nationally ranked."

Bathurst tennis juniors show their champion potential

38th June 09

6th July 09

Bright's in scoring form for her state HOCKEY

IT was a confidence filled Molly Bright who took to the field against Western Australia yesterday afternoon, the Bathurst hockey talent having notched up three goals in two games as she helped the NSW under 18s continue their unbeaten run at the national championships in Canberra.

Bright is one of four Bathurst players in the state side - Claire McGarity, Rebecca Lee and Mardi Watts also playing a role in NSW being a dominant force in the opening week of the annual under 18s competition. Adding to the local connection is assistant coach Angela Hennessey and manager Maureen Marwick.



MOLLY BRIGHT

However, it was Bright, who plays Premier League Hockey for Souths, who stole the spotlight on Saturday afternoon as she helped her side to a 2-0 win over Northern Territory.

In a tight first half in which NSW dominated possession but was well held by Northern Territory, it was Bright who made the breakthrough a minute out from half-time.

As she had done two days earlier against Queensland, Bright found the mark from a penalty corner to give NSW a 1-0 lead heading into the break.

The second period saw NSW continue to pressure their rivals but it took until the 58th minute for the win to be confirmed, Bright again showing her touch from the penalty corner set play.

This 2-0 win had NSW on top of the ladder heading into yesterday's clash with Western Australia and the good news for assistant mentor Hennessey was that her Bathurst quartet was all in good touch.

Like Bright, co-captain McGarity scored in NSW's 3-2 win over Queensland on Thursday.

At that stage both NSW and Queensland were undefeated so when Souths talent McGarity found the mark in the fifth minute it was a boost to her team-mates. Bright's goal came in the 11th minute.

Watts also has a goal to her credit, having scored from open play mid-way through the second half in NSW's opening 5-0 win over

6th July 09

NSW show off their firepower HOCKEY

By **BRENDAN ARROW**

NEW South Wales will head into today's grudge match against Queensland full of confidence after a pair of strong performances during the first two days of the National Under 18s Women's Championships in Canberra.

Bathurst's Mardi Watts got her name on to the scorers sheet in NSW's 5-0 victory over South Australia on day one before Bec Lee, Molly Bright and Claire MacGarity produced good performances in their hard fought 2-1 win over ACT.

On Tuesday, as the skies clouded over and the temperatures dropped, South Australia paired off against NSW in the final match of day one.

In a solidly contested first half, NSW showed their first signs of fire power 10 minutes before the break when captain

Emily Smith converted from a short corner.

As the match progressed, Smith went on to show the rest of the team how it is done by slotting home three more goals with impressive displays of skill in the field and from penalty corners.

A field goal midway through the second half to Bathurst's Mardi Watts made sure the victory was well out of South Australia's reach, as near misses in the final stages prevented NSW from scoring an elusive sixth goal to equal Western Australia on top of the ladder at the end of day one.

NSW assistant manager Angela Hennessey said while the team lacked structure in the opening half, the entire side really pulled together after the break.

"It really is early stages in the tournament and we are out there to achieve a few team goals," she said.

"The second half against South Australia was a lot better than our first."

Yesterday NSW had to fight all the way to secure their second win in as many matches, when they came up against tournament hosts the ACT.

Hennessey said her side's execution was not as good as they had hoped, but still showed good passages of play.

"With the score locked at nil-all at half-time, Pippen Saunders and Jenna Cartwright both converted half chances to get us on the board," she said.

"Both goals came after dominate passages of play through the midfield before we were able get the ball into the circle."

While ACT scored from a penalty stroke with four minutes left in the match, Hennessey said the side had gotten through relatively unscathed.

NSW will take on Queensland today at 10am.



GENEROUS: Adam Windsor and Jed Rumble from Good Guys Bathurst with Kelso High principal Paul Stirling and the school's new portable hard drives. Photo: PHILL MURRAY

070309pk/leo

Good Guys lend a helping hand

THE team at Bathurst Good Guys have saved Kelso High thousands of dollars.

They have provided the school with 65 portable hard disk drives for staff at the absolute cost price.

Since the tragic fire of 2005 the staff at Kelso High have worked tirelessly in improving their computing and technological skills in order to assist students in their learning.

After the fire all staff were provided with laptops to help in their lesson management.

The Federal Government's Digital Education Revolution means students in Years 9 to 12 will also be provided with laptops and it is important the staff laptops

utilise the same software and are kept operating at optimal level.

The first phase of the government's initiative will see a number of staff get some of the new laptops which are expected to arrive in the last week of term two, with student laptops rolling in next term.

The assistance of the Good Guys will help Kelso High staff backup all data, store additional student work and provide a more portable storage of files to assist in work the students will be doing. It is a fantastic effort that local businesses are willing to contribute to the outstanding work being carried out in NSW public schools.

4th July 09
Advocate

7th July 09

Rooke's men put away seven goals against competition strugglers '75 are ready to take the next step

SOCCER

By MARK RAYNER

A 7-1 THRASHING of Penang FC has given Bathurst '75 Panthers FC a much needed confidence boost as they enter the next stage of the State League division two competition.

After playing all of the sides in their northern pool twice, Bathurst will now face all of the southern teams once to determine who will make the top five.

With the combined ladder looking very congested, the comprehensive win over Penang could prove crucial for '75.

"We understand that the next month could prove vital and the win on the weekend could be an important one. It gives us confidence moving into this stage of the competition," Rooke said.

Penang might sit at the bottom of the State League ladder, but they proved to be a worthy adversary during the first half against Bathurst, restricting them to just one goal.

Tony Clancy opened the scoring for '75 midway through the first half to give them the lead at the break, but their opponents came out and levelled the scores at 1-1 in the opening stages of the second period.

However, it was all Bathurst from there as the home side scored the next six goals, three of



PAINFUL: Bathurst '75 player Ken Barwick is carried off the field after injuring his hamstring in the match against Penang on Saturday. Photo: CHRIS SEABROOK

070409cbx751a

them to James Christie and another to Clancy to give him a brace.

Debutant Justin Boustani also scored his first goal in State League's top grade after coming up from reserves to play the last 20 minutes of the match.

"It was great to see James Christie's name back on the score-sheet, he scored three great goals including an individual goal with some superb finishing," Rooke said.

While he was happy with the

finishing, Rooke wasn't so happy that his team missed out on a clean sheet. Still, he was satisfied with the effort.

"It was good to score those goals but to concede one was disappointing. I guess they are a diffi-

cult side to play against, so I was pleased by the performance of everyone in the team," he said.

This weekend Bathurst will take on Hawkesbury in the crossover round and Rooke knows it is another big game for his men.

"Hawkesbury are sitting up the top in their division, so it won't be an easy game, but we understand that the next month will be vital for our chances," he said.

Unfortunately for '75 they haven't been able to shake their injury and suspension concerns with Ken Barwick taken from the field with a hamstring problem and John Holden sent off. Rooke said both could miss a few weeks.

"I thought [the situation] was getting better but Ken Barwick could be out for up to a month and John Holden could miss a couple of weeks. We get some players back and then we lose a few more," he said.

However in a positive for the side, Adam Collins and Clancy both made it through their return matches.

"Adam Collins came off the bench in his comeback from injury, so he is back in time to help us push for a finals spot and we have Tony Clancy back too. He has missed a few weeks with suspension and injury," the captain said.

BATHURST '75 PANTHERS FC 7 (James Christie 3, Tony Clancy 2, Justin Boustani, Penang own goal) **defeated PENANG FC 1**



CELEBRATION: Helping Elaine Barnes celebrate her 80th birthday in fine style were: Harley Barnes, Gazza Evans (back), Ben and Josh Barnes, Sheree Rowe and Kurt Barnes.

062709c80th3a

7th July 09

ME AND MY PET



LUCKY POOCHES: Erin holding Ralph, Hannah (centre) and Alyce Kissell holding Rosie. Photo: MIRIAM SIERS

070609pet

Meet these girls' best friends

By MIRIAM SIERS

RALPH and Rosie are some pretty lucky pooches – there are three gorgeous sisters who spoil them rotten!

The two family dogs belong to Erin, Alyce and Hannah Kissell, who love them to death.

Ralph was saved from the pound six years ago and is a toy poodle cross terrier.

The poodle is regarded as one of the most intelligent breeds of dog and was originally bred as a retrieving dog. The name poodle comes from the German "pudelhund" which translates into "puddle dog" – reflecting its original role as a water dog or retriever.

"He was a yucky old dog when we saw him then Alyce started playing with him and we

'He is getting old, blind and deaf. Rosie is his guide dog.'

thought, he has character," Hannah said.

"Once he cleaned up he was really cute. He's just like a teddy bear and he's very playful."

The Kissells have lots of fond memories of waking in the morning as Ralph jumped on their beds and buried his head in their blankets.

"He is a good cuddler," Erin said.

Now Ralph is about 10 years old and is much slower than he used to be.

"He is getting old, blind and deaf. Rosie is his guide dog," the girls laughed.

Rosie joined the family when a dog belonging to some family friends had puppies. Hannah fell in love with Rosie and "begged and begged" her mum and dad to let her have one.

Rosie looks like a sausage dog with a bit of a

cross of everything and has been part of the Kissell family for five years. And this little black pooch has a very unusual trick.

"When we say 'konichiwa' she nods her head," Hannah said.

The girls noticed when Rosie got excited about people coming to the door her head would nod. So whenever they noticed Rosie's head going up and down they started saying the Japanese greeting. Now she can do it on cue!

Ralph also used to make the girls laugh when he played with the dog next door.

"He used to walk the next door neighbour's dogs. They'd be on the leash and Ralph would carry the other end in his mouth and walk around with it," the girls laughed.

Times 8th July 09



PERFORMERS: Heidi Annand and Amelia Meurant from Cirkus Surreal at the opening of the Quota International Conference at Bathurst Memorial Entertainment Centre. Photo: CLARE LEWIS 062609bme3



DRESSED UP: Ruby Hackfath, Rachel Staines, Cassandra Holding and Krystan-Rose McGovern from Kelsa High's Cirkus Surreal all dressed up for the opening of the Quota International Conference at Bathurst Memorial Entertainment Centre. Photo: CLARE LEWIS 062609bme2

10th July 09

Queensland will be difficult Watts would welcome a late birthday present

HOCKEY

By MARK RAYNER

A PLACE in the final of the Under 18 womens National Championship would be the perfect birthday present for Bathurst talent Mardi Watts.

Watts celebrated her 18th birthday yesterday but would view a victory against Queensland today as the perfect present, even if it's a day late.

The Bathurst City player and Bathurst team mates Molly Bright, Claire McGarity and Rebecca Lee have been strong performers for their state during the tournament, but they will have to lift again if they want to beat a Queensland team that has grown in confidence and ability as the competition goes on.

Queensland finished on top of the table after the classification rounds with five wins and a draw from their six games while losses to Western Australia and Victoria cost dropped NSW to fourth for the finals.

"Queensland have gotten stronger as the tournament goes on. Hopefully we can improve for this match," NSW assistant coach Angela Hennessey said.

Despite their opponent's strength, Hennessey believes her team have every chance of getting through to their to the final.

"I think you have to go into every game with the belief that you can win and I'm confident that our girls have the ability," Hennessey said.

"We beat them 3-2 in the round game but that means nothing, the girls know that once

you get into the finals the round games count for nothing."

The team used a rest day yesterday to celebrate Watts' birthday but today they will all focus all of their attention on beating their Northern rivals.

"We had a birthday lunch for Mardi and then decided to try and take the girls' minds off hockey before they have to go out and play against Queensland," Hennessey said.

NSW had the opportunity to finish on top of the ladder when they took on Victoria in their final round game but their rivals came out firing and scored two goals in the first five minutes and NSW were forced to play catch-up.

Watts scored from a penalty corner to get them back in the game and they levelled the scores with 10 minutes remaining in the

first half.

However, Victoria came back and knocked in another two goals of their own to take a 4-2 lead to the break and they were able to defend that in the second half, running out 5-3 winners.

Hennessey said there were some positives to come out of that game but the team know they need to put in a stronger effort against Queensland if they want to make the final.

"The kids were under the pump from the outset but they did really well to come back, but Victoria were able to win the match 5-3," she said.

"There were positive passages of play but the girls realise they need to be tighter in defence, tighter in the press if they want to do well against Queensland."

10th July 09

Soccer stalwart to start charity game

THIS Sunday's social sporting event of the decade, the Salvos Red Shield Celebrity Soccer match will be kicked off by long time local soccer identity Walter (Wally) O'Donoghue

The match will be played at Bathurst's home of soccer, Proctor Park with the much celebrated kick-off taking place at 11am.

The name 'Wal' is synonymous with soccer in Bathurst, with thousands of players, particularly juniors having heard the name Wal since he started in the game locally in 1974.

In his first year he started referee classes, and passed with a score of 82 per cent. He refereed until ill-health caused him to give it away in 2008. During that time he took charge of matches in Bathurst, Canberra, Forbes, Parkes, Sydney Oberon and Dubbo.

He was involved with the Panda Soccer Club where he coached sides, and was on their committee for five straight years in the mid 70s. He was also involved with Bathurst '75 in the 1970s.

Wally also was a prime mover in building of the Bathurst District Football clubhouse, and was a general labourer in all aspects, and has a 'brick' in the clubhouse.

For Bathurst soccer, which he got involved in through Mitchell Soccer Association in 1974, he was junior vice president for four years in the 80s and 90s, president for two years (1994 and 95).

He currently is an inactive life member of Bathurst Referees, also a life member of Mitchell Soccer Association and western NSW Amateur Soccer Federation.

SUPERSTARS: Greg Westman, Matthew Windsor, Graeme Burke, Geoff Hastings (c), Peter Sargent, Mick Ford, Rob Beaumont, Andrea Moore, Capt Daniel Ross, Steve Ingwersen, David Craig.

ALLSTARS: Bobby Bourke, Mark Windsor, Tony Campbell, Hans Stroeve (c), Brendan Bradshaw, Guy Dover, Marcus Chapman, Hugh Whitfeld, Brian/Terry Nightingale, Jim Hunter, Glen Gaunt, Jim McFerran, Paul Newman, Peter Harrison, Ron Hemming, Bob Debus.

28th July 09



RISING STARS: Bathurst hockey talents, from left, Allie McGarity (Souths), Esther Hotham (Bathurst City), Kate Brown (Pat's) and Zoe Watts (Souths) all attended the recent under 15s Hockey NSW High Performance Camp. Hotham impressed enough to be named in the state side. Photo: PHILL MURRAY

Difficult choice for Hotham

HOCKEY

By ANYA WHITELAW

SACRIFICING the chance to play in a Premier League Hockey grand final is not a decision that is made lightly, but for Bathurst talent Esther Hotham the choice to do so may lead her to an even bigger reward.

Hotham has been named in the NSW side to contest the Australian Under 15 Girls Championships from September 24 to October 3 in Brisbane, an event in which her state is expected to be in the hunt for a podium finish.

Unfortunately for Hotham, who this year has become a regular in Bathurst City's Premier League Hockey side, the grand final for that competition falls on September 26.

Given Bathurst City currently lead the competition and have reached and won every women's grand final since forming at the start of 2007, they have a good chance of being there again.

Hotham could also potentially miss out on three other grand finals.

Continued page 26

State selection gives Hotham a difficult choice

From page 28

She plays under 15s and opens for Kelso in the junior competition as well as being a member of Kelso's A grade women's team.

"I will miss out on the grand final, but it is probably worth it," the 14-year-old said.

While Hotham is modest when it comes to talking about her skill for the sport, for those who have seen her in action it is obvious.

She has worked hard to improve her game and in Premier League, where she is pitted against older, more experienced rivals, she is by no means out of her depth. Hotham illustrated this on Saturday as she was amongst the goal scorers in Bathurst City's 6-0 win over Parkes.

It was not the first time she had contributed to the score for the two-time defending champions either, her efforts this season including a double against Lithgow Zag in round eight.

"Playing Premier League helps a lot, you are not just playing against juniors so you get more experience," Hotham said.

After impressing for Bathurst's under 15s back in May at the NSW State Championships (South), Hotham and fellow Bathurst talents Kate Brown, Zoe Watts and Allie McGarity were invited to trial for the state side.

Hotham had been part of the 2008 NSW team, but knew that selection again would not be a given with 33 players attending the Hockey NSW High Performance Camp at Sydney's Olympic Park from July 20-22.

"It was three full days of working on your fitness and doing trials... it was very hot," Hotham said. "I got selected last year but I wasn't really expecting it this year. It was a lot of different girls this year."

Souths talents McGarity and Watts as well as Brown, who plays goalkeeper for St Pat's, were among the youngest to trial for the squad and while not getting the nod this time, will bring more experience with them to the 2010 state trials. All three play Premier League which should also help their chances.

Striker Hotham, who not surprisingly said the best thing about her position is scoring goals, will join her NSW team-mates in trying to improve on their third placing at nationals last year.

23rd July 09



NEW CENTRE: Bianca Dennis, Tiffany Stedman, Kynia Knight, Tre Dennis and Trevor Morgan in the Community Technology Centre. 072009kelso1

Volunteers needed for TR@K centre

A NEW after school program is up and running at the Community Technology Centre at the Kelso Community Centre.

The program is called TR@K (Technology and Recreation at Kelso) and aims to provide a safe, supportive environment for high school

students to access computers and the internet, catch up on and get help with homework, eat a healthy afternoon tea and participate in group activities.

The centre is seeking volunteers to help out in various positions including tutoring and mentoring, helping with

cooking, general supervision and coordinating activities.

Volunteers will gain experience working as a tutor, supervise and get involved in a range of games and activities such as music, sport, art, computers, drama and cooking and run a one-off workshop in their area of interest.

TR@K runs throughout the school term on Monday, Tuesday and Wednesday afternoons from 3:30 to 5:30pm.

Call Annelie on 6330 8300 or 0450 612 922, email trak.kelso@gmail.com, or visit the Kelso Community Centre to find out more.

29th July 09



LEARNING EXPERIENCE: Bathurst's Tim Porter takes part in a training drill during a session with the Central Coast Mariners last week.

Bathurst duo train with Mariners

SOCCER

By SAM DEBENHAM

BATHURST pair James Christie and Tim Porter took their first step towards a potential future in the professional ranks of their sport after completing a training camp with A-League soccer side the Central Coast Mariners in Dubbo last week.

The Mariners were in the Central West to contest a pre-season match with the Wellington Phoenix and held several training sessions in the lead-up to the Saturday match of which Christie and Porter were a part.

The duo were added to a Central Coast youth academy squad earlier this year, and while that group has been training on a weekly basis, this was the first chance for the two players to get up close and personal with members of the senior side.

Thursday saw a light training session at Apex Oval before a more intense session on

'More than anything it just taught me how physical and how much stronger the older guys are.'

Friday which involved sprints and ball work followed by an 11-on-11 match which gave all the developmental players a chance to mix it with the top tier of Australian domestic soccer talent.

"I learned a lot from the two days," Christie said.

"More than anything it just taught me how physical and how much stronger the older guys are in that squad compared to the players in the Central West. They are just so big and strong.

"I tried to put myself out there as much as

I could during the two days, even though they were a lot stronger I tried to match it with them as much as I could. I learned that I definitely need to improve my fitness and speed."

According to Christie, both he and Porter acquitted themselves well in such illustrious company, and Christie himself noticed a difference as soon as he set foot on the field during Saturday's Bathurst '75 Panthers FC's State League division two match against White City.

Christie bagged a double in his team's thumping 8-0 win and admitted that he went onto the field a slightly different player than the one who had appeared in previous weeks.

"I had a lot more confidence for starters, and I felt like I had a bit more time when I had the ball out there," the striker said.

"The next step for me is to look at finding a club in Sydney next year and hopefully get a bit closer to making the cut at senior level with an A-League side."

30 July 09

Pat's on track for a grand final spot



BACK TO BASICS: St Pat's Kirralee Naylor can't quite control the ball in an attacking movement during Saturday's Premier League Hockey derby against Souths. Photo: PHILL MURRAY

072609peouths

HOCKEY

By ANYA WHITELAW

OVER the next five weeks St Pat's will be attempting to cement themselves a spot in the women's Premier League Hockey grand finals and according to coach Ben Weal, it will be the basics that get them there.

Following Saturday's 14th round Pat's jumped into third place on the ladder thanks to a 2-1 local derby win over Souths, but their Bathurst rivals and Orange teams Ex-Services and Kinross-CYMS are not far behind.

Pat's, already having sat out

their two scheduled byes, will help their cause but they still need to produce good hockey.

Hockey that is better than what they displayed against Souths when from 20 circle penetrations and three penalty corners they managed just two goals.

"We made it a harder on ourselves I think with just not being spot-on with our basics," Weal said of the win over Souths.

"Things like not trapping the ball properly and not giving the ball to players in attack.

"We had a couple of opportunities I think to score easy goals, but players took it themselves and took it too far and made a

mis-trap. Just our basic skill level isn't quiet there still.

"Basics is what wins games. The Champions Trophy was just on, and if you saw that, you saw things that wins games at the highest level is basic skills. They just do the basic things very well. We just need to hone that basic skill level so it is at a premium."

When Pat's did do the basics right on Saturday they looked good - their first goal the best indication of this.

The blue and whites quickly worked the ball out of attack, Lucy Weal carried it down the right wing and her cross went straight to the stick of an unmarked Amelia Burke on the

far post.

She put away the goal, but importantly Burke wasn't the only one providing Weal with a good lead.

Of the top six teams in the competition Lithgow Panthers are the only side Pat's haven't beaten - having lost 2-0 back on April 18 then drawing 1-all on July 11.

It is a good sign as Pat's push for a finals berth and to qualify high enough to ensure themselves of a second chance.

"I think we've played our hardest three games of this second round so we'll just keep building from here," Weal said.



TOP TEN: Craig Hutton (centre) pictured with fellow Bathurst cyclists Conor Trott and Gus Tobin, managed a top 10 finish in his division at last week's Cycling NSW Time Trial Championships on the Central Coast.

Windsor heads to Gippsland tour

CYCLING

Standout results turned in

AFTER a top five finish in the Jon Brooks Memorial Event in Queensland, followed by a win on the weekend in Bathurst, local Team Budget Forklifts contract rider Blair Windsor is off to Victoria for the fifth Lakes Oil Tour of Gippsland.

The event signals the start of the major events on the Australian domestic scene as it is the first round of the Australian National Road Series Team Championship, with a number of the big Oceania-based cycling teams heading back home to participate in the nine stage event starting at Traralgon, Victoria on July 29.

Tour director John Craven said he was thrilled by the field size, up 70 per cent on last year.

"It's not only the numbers with a record field of 143 cyclists from all

A NUMBER of Bathurst cycling club members travelled to the Cycling NSW Time Trial Championships at Calga on the Central Coast last week, and turned in some standout results.

Former national champion Dennis Martin was defending the title in his division of the masters classification but finished with the silver medal after a close second to Goulburn specialist Graham Albion.

World masters champion Rosemary Hastings though added another gold medal to her mantlepiece in winning the masters women's title (fifth to seventh division) from Marian Renshaw, who besides taking the silver in the combined masters women category was the leading performer in the masters women fifth division category.

Others to finish with a top ten ranking included Jarrah Deans and Craig Hutton in the under 19 division, and Ryan O'Donnell in the very competitive masters second division

Australian states and New Zealand participating, it's the quality which will make this tour a great spectacle," Craven said.

The race will feature riders such as former New Zealand world champion Jeremy Yates, Beijing Olympian and soon to be Garmin Team rider Jack

Bobridge and recent Columbia HTC signing and world track champion Leigh Howard.

Meanwhile, after picking up National Series points for his top 10 result in Melle Kermese in Belgium, Blair Windsor's older brother Dean is looking forward to a bit of a

break from the bike after the weekend's 2009 Kreiz Breizh Elites in France.

The Drapac Porsche rider got involved in some early attacks in the UCI Continental Tour event but missed the major placings in all four stages so plans to freshen up before heading back to the southern hemisphere for the Tour of Caledonia in September.

In other local cycling news, a number of Bathurst juniors will contest the NSW Road Championships on the weekend at Kurrajong, with Craig Hutton, Gus Tobin and Coner Trott all considered strong chances in the under 19 division, while Tim Guy would be one of the favourites in the under 23s race

On the wider regional scene Dubbo's Megan Dunn is off the UCI Junior Road World Championships in Russia in a weeks' time.

1st August 09 Weekend Advocate



GOING GREEN: Bunnings' Richard Black with Macquarie Tutorial Centre students Mark Prosser and Shane Leonard planting trees as party of National Tree Day. Photo: ZENIO LAPKA

Students get involved in Tree Day

By BRENDAN ARROW

BATHURST residents have answered the call to roll up their sleeves and get their hands dirty as part of National Tree Day tomorrow.

Yesterday, school students took their turn with the shovels and began digging, hoping to beat last year's effort when 250,000 budding environmentalists at 2200 schools all over the country learnt how easy and fun it is to help the environment.

Head teacher at Macquarie Tutorial Centre, Anthony Johnston said he was delighted to have all of the students involved in the national initiative.

"We have students from different schools in Bathurst and this program helps bring them together," Mr Johnston said.

"National Tree Day allows the students to learn about the environmental side of things, like how to plant trees and care for them, but they are also improving the grounds for future students.

"As these trees grow they will also provide a bit of privacy for the students so that they don't feel like they are in a bit of a fish bowl."

National Tree Day is Australia's largest community tree-planting

event. In its 14-year history more than two million volunteers have planted more than 13 million native trees and shrubs.

To assist the students, staff members from Bunnings in Bathurst donated their time and expertise to properly educate all of the keen gardeners.

"It is fantastic being here as part of National Tree Day," Bunnings complex manager Greg Sutton said.

"Our trained team of horticulturists have enjoyed the opportunity to show the students how plant native trees which support the local ecosystem."

4th August 2009



GIFT OF LIFE: Kelso High School student Sarah Stackman, 16, gives blood with the help of Blood Bank nursing unit manager Rosalie Coelho.
Photo: PHILL MURRAY

Students enthusiastic blood donors

STUDENTS from Kelso High School have given blood for the first time.

Teachers were not sure what to expect when they announced that the mobile blood van was coming to the school last week and were surprised when more than 50 students put their names down.

Teacher/librarian Jackie Christie-Johnston said there were more student vol-

unteers than spaces available at the mobile unit. She said targeting schools was a fantastic idea and one she would like to see the Red Cross continue on a monthly basis.

"To get the kids on board is a fantastic thing. They can start giving blood at 16," Ms Christie-Johnston said.

"If they start giving blood before they leave school, they are more likely to contin-

ue throughout their lives."

Year 11 student Hunter Nottle was one of those who gave blood.

"It seemed like a good thing to do. One person can save three lives," he said.

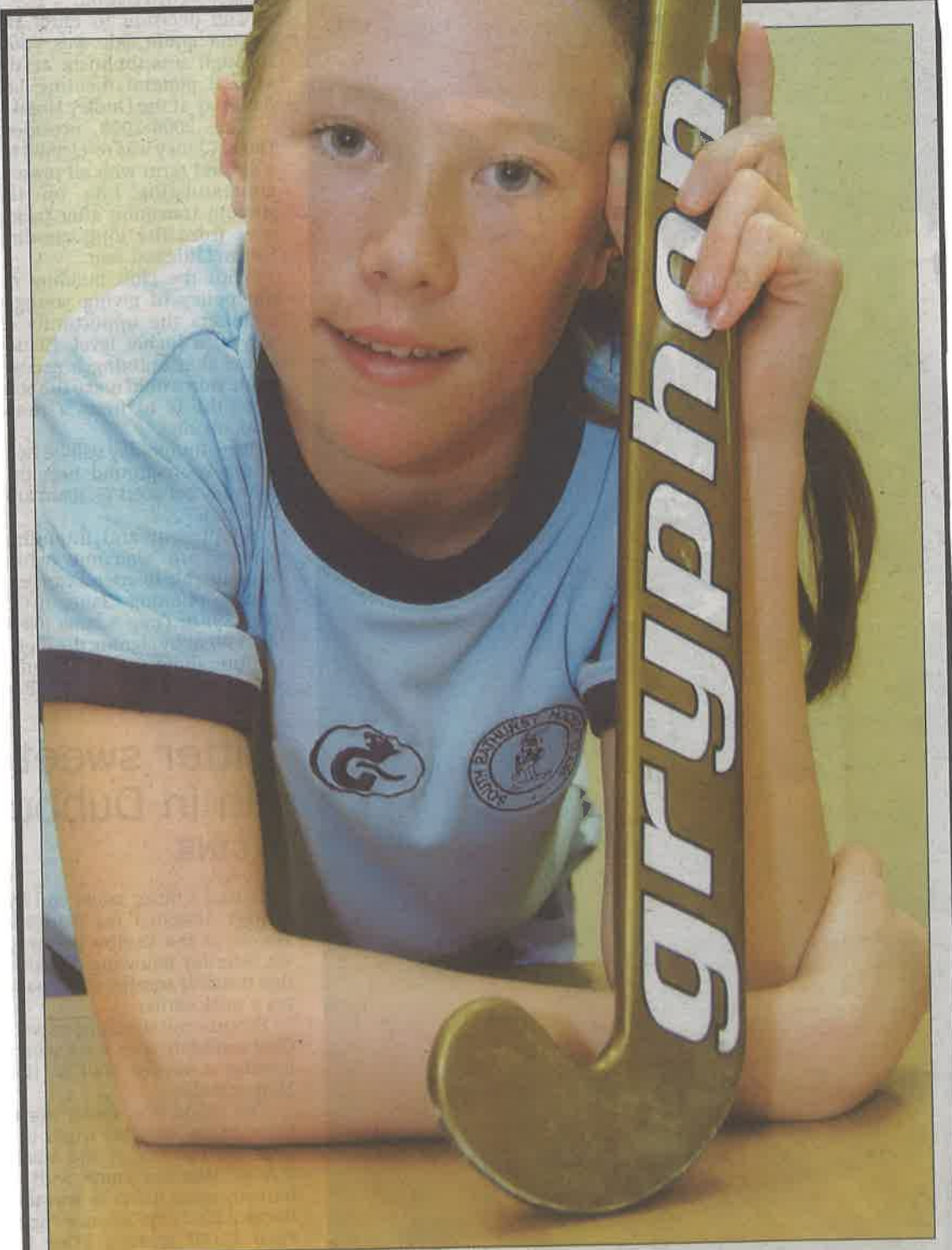
"I'm surprised so many people wanted to do it. Would I do it again? Definitely."

The blood van visit was organised by teacher Graeme Hanger.

SPORT

Sports Editor Anya

vocate@ruralpr



FROM BLUE TO BLUE: Souths youngster Jessica Watterson will step out in the NSW colours in October at the Australian under 13 Invitational Championships in Coffs Harbour. Photo: ZENIO LAPKA

Watterson's a rising hockey star

representative campaign which Watterson is the fact that there will be plenty of familiar faces
WESTERN ADVOCATE, Wednesday, August 5, 2009 6

6th

Catchment's champions take out major award

Legendary land managers and excellent environmentalists have been rewarded in the 'Champions of the Catchment' competition.

The Central West Catchment Management Authority (CMA) held the awards to recognise the work being done in the management of natural resources across the region.

Central West CMA board member Reg Kidd said the competition had unearthed some impressive people and work.

"There are fantastic things happening in our catchment," Mr Kidd

said.

"The Champions of the Catchment Awards provide a great opportunity for the CMA to recognise the dedication and fine efforts of our land managers for their best management practices that care for and improve the overall condition of our environment.

"This is the best way of getting their stories out there."

The winners of the competition have now received nominations to represent the catchment at the NSW Landcare Awards to be held in September at Port Macquarie.



Champions of the Catchments' winners and runners-up.

6th August 2009

List of winners and runners-up

Individual Landcare Award: winner Pip Job, Yeoval; runner-up Stephen Nott, Wellington.

Primary Producer Award: Timothy Woods, Wellington; runner-up Adam and Leonie Coleman, Quambone.

Rivercare Award: Macquarie River Bathurst Inc; runner-up Cabonne Council.

Nature Conservation: Boundary Road Reserve Landcare Group, Bathurst; runner-up Macquarie Marshes Environmental Trust.

Education Award: Denison

College - Kelso High Campus Waterwatch; runner-up Orange High School.

Indigenous Community Award: Orange Local Aboriginal Land Council.

Landcare Community Group Award: Wuuluman Advisory Group, Mudgee/Wellington; runner-up Boundary Road Reserve Landcare Group, Bathurst.

Local Government Award: Bathurst Regional Council and Orange City Council; runner-up Cabonne Council.



FUTURE FIREFIGHTERS: Kelso High careers adviser Denis Behan (left) with the Rural Fire Service cadets and volunteers.

080309RFScadets

Youthful firefighters learn new skills

THE Rural Fire Service Cadet Program has started its first session for the year.

The program, which traditionally runs over a 10-week period during school term, covers basic fire fighting principles and has evolved as a key recruiting platform for volunteer firefighters of the future.

Classes began at Denison College's Kelso High campus last week.

Kelso High is one of the pioneer schools in the district. It is the fifth year the program has been offered at the school.

Rural Fire Service community safety officer for Lithgow/Chifley Zone, Gillian

Kearney said the program's success relies on a sound partnership between the participating school, the students and the RFS facilitators, largely drawn from dedicated volunteers who make themselves available during school hours each week to assist.

She said Bathurst was fortunate in having a team of experienced volunteers who had conducted the program as a team since its inception.

"Participating cadets have the opportunity to see what it is really like to be part of a team," Ms Kearney said.

"The program reinforces desirable ideals

in people, including leadership, teamwork, dedication and responsibility.

"It is also a bonus that they have fun along the way and learn new skills, which all helps with future employment."

Ms Kearney said the other big plus was that quite a few local brigade numbers have been boosted by graduating cadets joining their ranks. This is vital for the long term viability of the RFS.

The Bathurst High Campus of Denison College started the program this week.

La Salle Academy in Lithgow will also be participating this year.

Kelso High women win in a penalty shoot-out

SEMIS SPOT

SOCCER

By MARK RAYNER

KELSO High School women have qualified for the semi-finals of the Combined High Schools competition after a 3-2 penalties win over Narooma High School at Proctor Park yesterday.

Kelso players gave onlooking students, parents and teachers heart attacks as they created countless chances during the game only to have them scrape the bar or see them saved by the Narooma goalkeeper.

Even during extra time, the game was the home side's for the taking but they just couldn't convert their opportunities and the match went through to a penalty shoot-out.

It didn't start well for Kelso when they missed their first shot but they made the next three while Narooma made their first and third but missed their second and fourth. Both teams missed their fifth chance but it was enough for Kelso to book their spot in the semi-finals.

They will play in Sydney next Thursday but won't know their opponent until closer to the match.

Phillip Warner was a very proud coach after the game but admitted he did start to get worried during the game.

"I think I nearly had a heart attack. I'm very pleased with how they went. It was very nerve-racking to go down to that," he said.

"We've actually been into penalty shoot-outs before, this is our third time winning by penalty shoot-out. The only thing was that they scored first and that's the first time we have been in that position.

"In the past we have been able to get the break first up but for us to miss and them to score, that's when I was having the heart attack."

■ Continued page 46



DOMINANT: Kelso High School blocked their Narooma opponents out of the game but had to wait until the penalty shoot-out to claim the win. Photo: PHILL MURRAY

080509pkels01

game went into extra time

From page 48
While the game finished regular time and extra time as a nil-all draw, Kelso High dominated the attack and it was only the desperation of Narooma that kept them in the game.

Kelso created chance after chance, spending large periods of the game camped in their opponents' half but they just couldn't find the net.

During the second half, the visitors found themselves with a handful of opportunities through counter attacks but the Kelso defence was always able to get back and diffuse the situation.

With time ticking down both teams kept the crowd on edge but the match went through to extra time.

Fatigue began to kick in during the first 10 minutes of extra time but both teams battled on valiantly, Narooma lifting their attack but it was Kelso that had the better of the chances.

Twice they were able to get the ball into position only for the final shot to go astray. They also had a free kick within shooting range that didn't amount to anything.

The second period of extra time panned out the same way, a corner kick went over the crossbar and two more shots found the hands of the Narooma keeper.

Narooma then had an opportunity to take an unlikely victory when their striker found open field with only the Kelso goal-

keeper, Jessica Daymond, to beat but the defence rushed back and Daymond battered the ball away.

Thankfully for the home side, Daymond kept her cool and was able to save three out of five penalty shots to secure the win.

Warner knows his team can turn their goal-scoring drought against Narooma around when they make the trip to Sydney next Thursday.

"Hopefully [we can score goals], the girls have the ability and I've seen them score excellent goals in the past but today we couldn't get it in and hopefully next time we will be able to win without our goalie saving the last goal in the penalty shoot-out," he said.



FINAL FOUR: Kelso High School have qualified for the semi-finals of the CHS competition. The game will be played in Sydney next Thursday. Photo: PHILL MURRAY

080509pkels01

Podium finish for in form Trott

CYCLING

BATHURST Cycling Club's club champion Conor Trott backed up his good recent form with a third behind Tamworth's Sam Spokes - who rides for Drapac Porsche feeder team RAK - in the under 19s state championships last weekend.

The championships were contested on a demanding course at Kurrajong with Trott unable to match the pace up front as Spokes and Port Macquarie's Kevin Hawes fought out the major placings.

Unlucky to miss the medals was Craig Hutton, who finished fourth in the titles, while the third Bathurst club rider in the event Gus Tobin just missed the top 10 in finishing 14th.

Another Bathurst talent in Blair Windsor finished round one of the Australian National Road Series with a tumble in the final Paynesville criterium

stage of the 2009 Tour of Gippsland on August 2.

The nine stage tour signifies the start of the major cycling event season in Australia, the overall win going to recent Columbia HTC signing Leigh Howard (Jayco/AIS), who won four stages of the prestigious event.

Windsor's fall was one of many on the circuit at the fittingly titled Paynesville, also coming down was his Budget Forklifts team-mate Malcolm Rudolph, whom the Bathurst rider had been leading out for the sprint jersey competition.

Both Windsor and Rudolph were very relieved that the fall didn't effect the placings, with Rudolph defeating Savings & Loans rider David Pell by a solitary point to claim the jersey.

Team Budget Forklifts also won the climbers' jersey through Queenlander Cameron Jennings.

After the tour Budget

Forklifts team owner Tim Leunig was full of praise for Windsor's part in winning the two jerseys.

He is keen to put the Bathurst talent in the upcoming events on the national calendar, which continues with the five-day NRS Tour of Geelong starting on September 12.

Meanwhile a tired Mark Renshaw has admitted that all the kilometres are catching up with him at the moment as the Mark Cavendish-Renshaw show rolled into Holland on August 3.

The British sprinter won the 2009 Draai Van De Kaai with Renshaw finishing eighth.

The Bathurst sprint ace is hoping that a few days off back in Monaco will get the legs firing again for the next big event on his program, the 14th running of the Vattenfall Cyclassics on August 16 in Hamburg, Germany.



TOP RIDE: Bathurst Cycling Club's Conor Trott placed third at the under 19s state championships.

050609baconqr

9th August 2009